

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

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## AQAR 2020-21

### ENGLISH

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

### **Details of the activities of the Department of English under 2.3.1:**

Student-centric approach in the learning is not only the trend of the time, it has made the learning process more productive and engaging. It includes those methods through which the necessary interest and skills of the programme offered can be imparted in the student. And in this process the students can support each other's progress and make the entire process natural and collaborative. The department of English offers various opportunities for the students to get along with this method.

**Outcome of Learner-centric learning:** The entire **process of learning is more personalised**. And here students benefit the process of learning no matter what is their individual pace, also the targeted learning tasks make the students more productive and engaging, they are in a position to understand different learning in the whole process, which is much different from the normal and unidirectional learning, it is also an attempt to assess the existing skills and knowledge too in a more student centric manner and to encourage them in a better manner and it even address the student's needs and interests. In the process the **students take ownership of their leaning. Along with competency – based leaning**, the pattern offers the scope of **learning to happen anywhere and anytime**, which can lead to the real process of learning.

Students engage with learning in different ways and one of those methods devised from the very beginning is the enactment of plays and poems, which was a very common practice even in traditional Literature classrooms. With the advent of technology at the tip of the hand, new methods of course replaced the old ways, but this was a practice that is more student centric from the time of establishment of the department. The dramas of core papers were often enacted in classrooms, and from the general English (common Course) text books, they were enacted for the whole college. This practice benefitted both the literature students who partake in the activity and also the audience- student group from other streams, for better understanding of the play.

**Flipped classroom** is a common student centric teaching methodology, that is in practice for some time in the department. Students are given notes or videos related to the topic of discussion and then a detailed study of which is conducted in the classroom. As students of literature, more than the traditional lecturing sessions, it is their personal level of reading that makes them grow individually, and hence a practice of the kind, which is more student centric and more suitable for literature studies in the department.

This method of student centric flipped classrooms will help the students for their future endeavours too.

**Outcome:** Student-centered learning engages students in their own success - and incorporates their interests and skills into the learning process. Rather than having educators hand down information, students can engage with their teachers and peers in real time – preparing them to participate in a skilled workforce later in life.

**Peer Learning** is another practice of the department which has given exponential rise in the results and student performances. As mentioned in criterion 2.2.1, the practice exists in the college to identify Advanced, Medium level and Slow Learners in the first semester itself. There are a series of programmes that are implemented by the department to cater to the needs of these groups. Or it is that a lot of work is put by the department to distribute every activity of the department among the three sections of students. And faculty in charge of every class take serious attempts in that regard.

Peer Teaching is a method by which one student in material on which the first is an expert and the second is a learner. It is learning with and from each other in an informal and formal setting. Learning from peers is as critical as learning from teachers, this becomes a source of encouragement and motivates students to push boundaries and take up challenges. By evaluating each other's learning and exchanging feedback on performance, students can operate in a cooperative and active environment. This promotes accountability, kinship, interdependence and deeper understanding of concepts

and the student tutor gains a deeper understanding of a topic by teaching it to another student.

The Department of English have implemented peer teaching in classes to enhance students' learning and language abilities. The peer teaching program offered up to fifteen hours of teaching and learning each semester to undergraduate and postgraduate students. Teachers train and mentor advanced learners from senior most batches to teach their juniors as well as batchmates. All student tutors receive on-going training both in best current tutoring practices and on tutoring strategies relevant to their tutoring discipline. The selected student tutors also participate in Leadership sessions where they learn, practice and reflect on skills like communication and problem solving.

Learners meet with their student tutor weekly in a convenient public location on campus such as an empty classroom or the library. When students teach and learn from their peers, they develop better clarity about the content being taught, while the student tutors developed future ready skills like collaboration, problem solving and became stronger communicators. It also created a culture of students learning from each other and taking ownership of their learning hence reducing over dependency on teachers.

The student tutors trained the learners exceptionally well under the guidance of teachers. Through Peer Teaching Program students received more time for individualized learning and direct interaction between students promoted active learning. Student tutors reinforced their own learning by instructing others. Learners felt more comfortable and open when interacting with a peer. In short, Peer Teaching Program provided benefits to both Student tutors and learners. **Outcome:** Peer teaching and learning in the department resulted in building team-spirit and more supportive relationships; greater psychological well-being, social competence, communication skills and self esteem in students.

**Remedial education** (also known as developmental education, basic skills education, or academic upgrading) is assigned to assist students in order to achieve expected competencies in core academic skills such as literacy and numeracy. Remedial

teaching is given either during the lessons to which the need for support is connected, or outside lessons. Various flexible groups are used in remedial teaching. The initiative about giving remedial teaching is primarily done by the teacher. It can also be done by the student or guardian.

The task of each teacher is to monitor the learning and growth of the student and the possible needs for support that may arise. Remedial teaching is organized in mutual understanding with the student and the guardian. They will be given information about the forms of remedial support and its importance to learning and school attendance.

Academically weak students are identified from their performance in internal assessment tests. They are counseled and remedial classes are scheduled for them after normal working hours as well as on Saturdays to improve their academic performance. Student-Faculty Interaction Period is allotted exclusively meant for slow learners to interact with faculty and to clarify their doubts in various semesters. Time Tables are prepared and included remedial classes for slow learners and student's doubts with respect to various aspects of the subject are cleared.

In this academic year, the department had organized remedial classes from the start of the July itself. Decision was taken by the department to prioritize students who scored less in the previous semesters in addition to regular semester students. Weak students are identified by the tutors on the basis of their performance in the internal exams. Of the four / six semesters, maximum students were enrolled in final semester. Final semesters together recorded the highest participation of students. The main facets of remedial coaching carried out in the English department are well organized classes, exact screening, perfect training and repeated exams. These strategies have facilitated us to upraise the students' performance in university examinations to a great extent.

Students' feedback from various department were collected by the remedial coaching committee. **Outcome:** This is a direct, student-centric method devised by the Department with the faculties of the department to improve academic performance of the

students. 97% of students found it to be beneficially. 91 % of students want to increase remedial coaching hours.

### Sample Report of Remedial Coaching:

#### Remedial Teaching

The beneficiaries of the remedial teaching were students of the first year History and Economics batch (2018-'21). The remedial teaching was conducted for the papers, ENG1A02- 'Ways with Words: Literatures in English' and ENG2A04-Zeitgeist- Readings on Contemporary Culture'. Fifteen hours of remedial teaching was imparted for the students. The class was open for all the students of the batch, though weaker students were specially insisted to attend the class. The class was conducted at noon hours from September 2018 to January 2018. The remedial hours had its positive effect on the students regarding their vocabulary and writing skill. The students wrote lesson -related essays more creatively and relevantly than before. The students produced the summaries of the lessons highlighting the essence. The students comprehended the deep meaning and thus linked the substance of the essay with social realities. The list of students who attended the class is attached herewith.

For students from the Department of History:

Sl. No	Reg No.	Name	Remarks
	SHASAHIR01	Amrutha C S	
	SHASAHIR02	Ashlee Varghese	
	SHASAHIR03	Nimya T J	
	SHASAHIR04	Surya A R	
	SHASAHIR05	Amala Davis	
	SHASAHIR06	Anisha K A	
	SHASAHIR07	Anjali Joseph	
	SHASAHIR08	Anjana T	



1.	SHASAHIR09	Anna Mary K J	
2.	SHASAHIR10	Ann Mariya K S	
3.	SHASAHIR11	Ardra Ramachandran	
4.	SHASAHIR12	Ardra Devi	
5.	SHASAHIR13	Arunima T S	
6.	SHASAHIR14	Arya Das P D	
7.	SHASAHIR15	Athira M B	
8.	SHASAHIR16	Binwil Davis	
9.	SHASAHIR17	Devika Premlal	
10.	SHASAHIR18	Jaina C J	
11.	SHASAHIR19	Jismi Biju	
12.	SHASAHIR20	Jismi K V	
13.	SHASAHIR21	Jumiya Jose	
14.	SHASAHIR22	Keerthana C Anto	
15.	SHASAHIR23	Krishnaja M U	
16.	SHASAHIR24	Krishnendu Unnikrishnan	
17.	SHASAHIR25	Mahitha P M	
18.	SHASAHIR26	Mariya Jose	
19.	SHASAHIR27	Mariya V B	
20.	SHASAHIR28	Meegha Jimmy	
21.	SHASAHIR29	Merin Paul	
22.	SHASAHIR30	Nandhana K S	
23.	SHASAHIR31	Nayana M Vijayan	
24.	SHASAHIR32	Nimisha I B	
25.	SHASAHIR33	Roshmi Thomas	
26.	SHASAHIR34	Sneha T S	
27.	SHASAHIR35	Sona Benny	
28.	SHASAHIR36	Soorya John	

29.	SHASAHIR37	Suhana M L	
30.	SHASAHIR38	Swathy Krishna	
31.	SHASAHIR39	Vaishnavimol N M	
32.	SHASAHIR40	Varna Vineesh	
33.	SHASAHIR41	Varsha K	
34.	SHASAHIR42	Yaseera A K	
35.	11965	Anjana T	

For Students from the Department of Economics:

Sl.No.	Name	Remarks
1.	AiswaryaT.S	
2.	ArundhathiK.V	
3.	Aswathy Das K	
4.	Janet Joy	
5.	Krishna V.U	
6.	LakshmipriyaV.S	
7.	Lakshmi Unnikrishnan	
8.	Amrutha Anilan	
9.	Anupama Bharathan	

10.	AthiraN.V	
11.	Essin Joy	
12.	Geeshma Raju	
13.	Jesna Jaison	
14.	Lakshmi Manoj	
15.	Maria M.V	
16.	Maya Narayanan	
17.	Rajalakshmi V.S	
18.	RevathyS.J	
19.	Sandra K.S	
20.	Sona M.B	
21.	Sreemol Baburaj	
22.	Varsha Vasu	

Teacher-in-charge

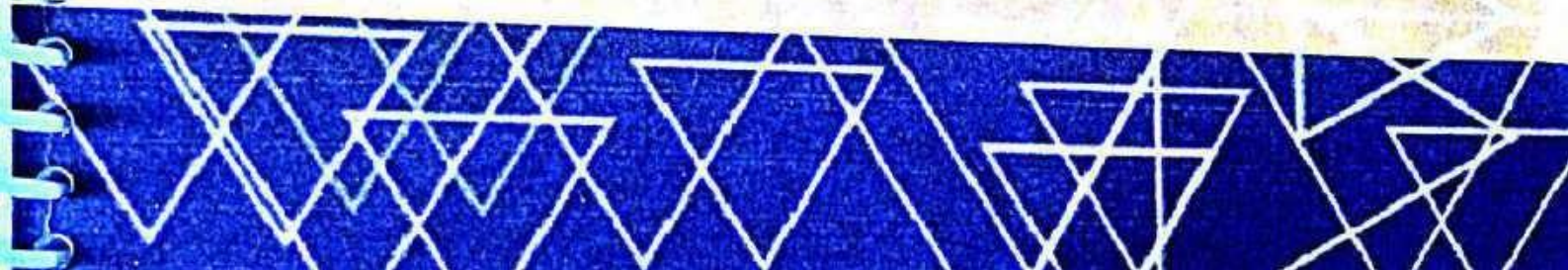
Head of the Department

Another important attempt for student centric activities is the Forum of **Reading Club** as devised by the Department. The convener of the Club is the Head of the Department and each year, there is a faculty coordinator and two students coordinators elected for the same. Various activities to enhance the reading habit and enhance the literary and imaginative faculties of students are devised by the Club. This also an attempt to bring out the inherent literary capabilities of the students. Another important activity of the Club is to bring out the **hand magazine** every year. Also there were times were weekly assignments given two students intended to provide impetus to students to read and debate upon a book of their choice. **Outcome:** This inculcated a habit of reading and literary discussions a must-to-do among the BA and MA English students.

With the advent of Covid pandemic, there were many attempts on Student centric activities, one such is the video compilations of the students on select topic as assignments and their distribution among themselves, effectively done under the directions of Dr Sr A Princy Anto. Ms Sandra Juliet Jose of the department, devised a technique of InsertLearning in her pedagogy.



**Honey pot**



# EDITORIAL

It gives me immense pleasure in introducing to you 'Honey pot' a storehouse of artistic pieces of the students of the English Department. I believe that encouraging students to dream big and take on the challenges in life is a continuous process. This magazine is yet another endeavour in that direction. Every student has innate potential. If their talents are identified and nurtured, they will be able to thrive in today's environment of multiple opportunities. This magazine brings forth articles of brilliance and I hope that it will be initiation to the students to enter the unknown horizons of literature.



# Acknowledgements

Our Sincere thanks to...

The Almighty  
Principal

Bindhu mam

Darby mam

Teachers, Eng. Dept

Friends

# MESSAGE

Honey pot is praiseworthy for all the wonderful literary and artistic imaginations, which formed it. All these stand for the much cherished and untold dreams and wishes, though collected in a piecemeal fashion. Now the time is ripe for the publication of these artistic expressions. I specially thank Ms. Bindu Jose, HOD of the Dept. of English and all other staff members for their good will and wholehearted co-operation for this endeavour. I congratulate Ms. Alhisa K.V, the student editor who visualized, mobilized and fulfilled this New letter

with warm regards

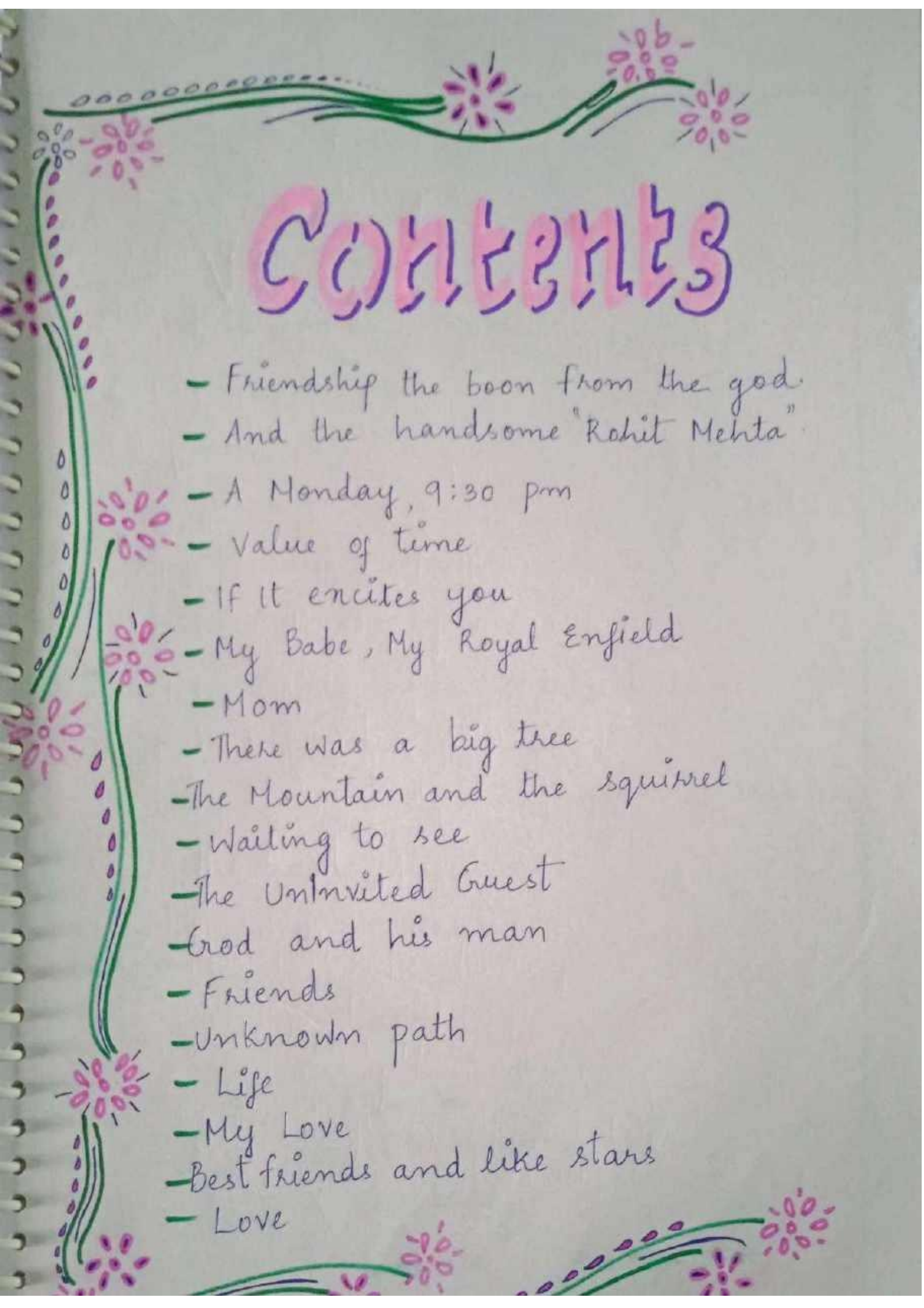


Darby Mathew



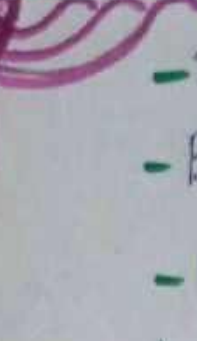

# Honey POE

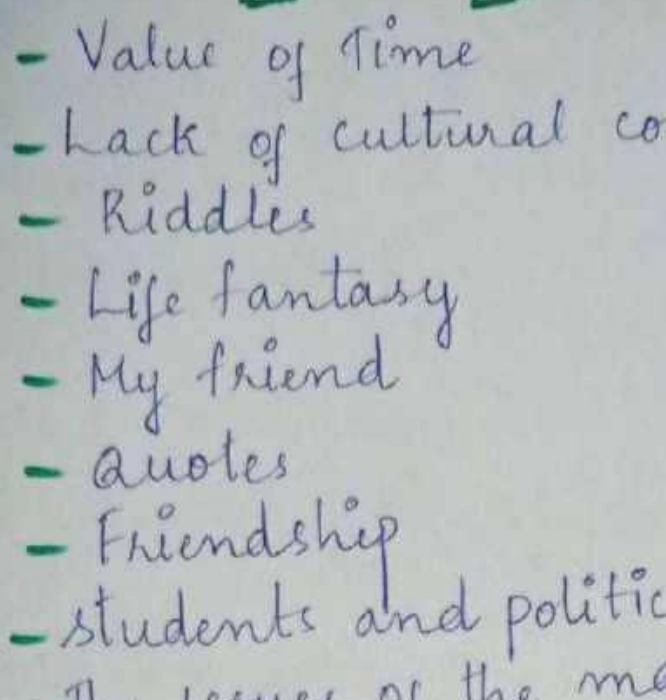

... It's nothing but Sweetness  
Inducing pleasure, calmness and Wisdom

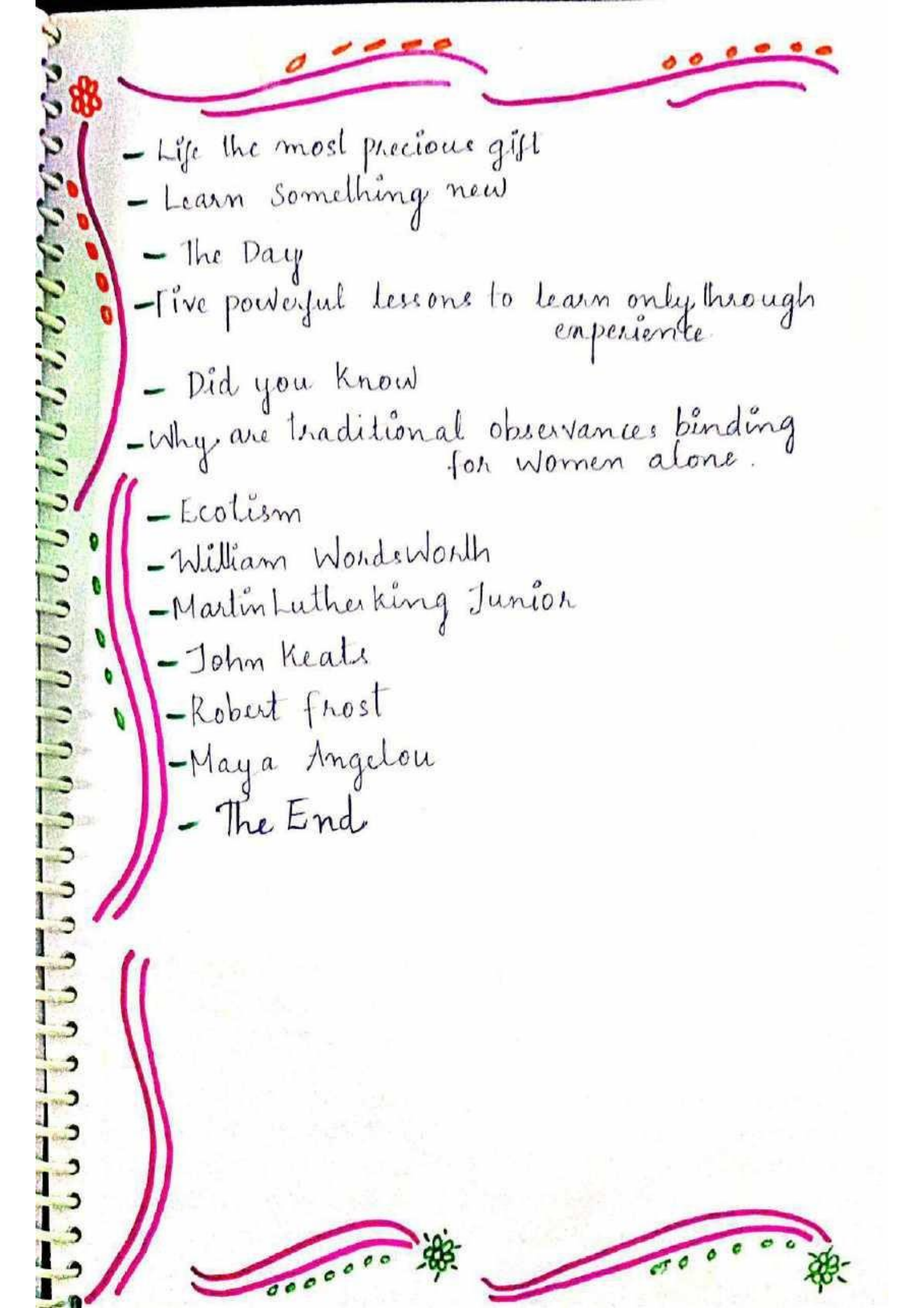


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- 2<sup>nd</sup> October 2018
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## FRIENDSHIP THE BOON FROM THE GOD

The hands which showed me the way  
from dark to the bright  
The words which consoled me  
The eyes who shared my tears  
Are my friends - my ever well wishers

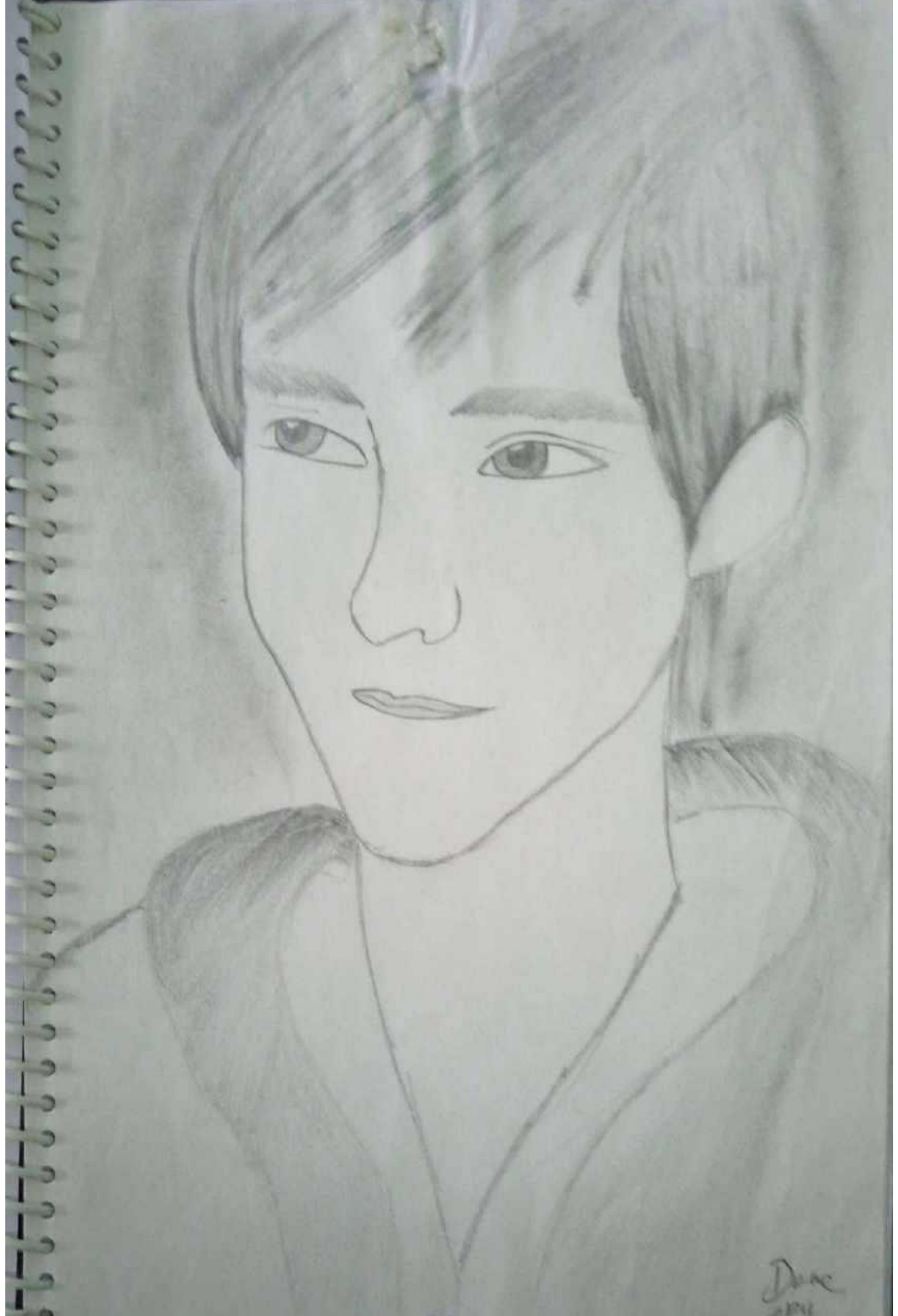
They stood by me through my thick and thin  
showed light upon my hope  
encouraged me to live the tough life with hope  
nourished my thoughts and aim.

Like the swishing wave from the sea  
They swished to me in my difficulties  
To lend me a helping hand

which word in the world could  
express my love for them

Thankyou God! you have blessed me  
with the great boon - my friends.

This life is not enough for me  
To share my happiness and sorrow with them  
Lend me one more life my God  
To live with my friends  
who mean to me more than my life  
To Realize more the value of  
Ever sinking ship - 'Friendship'



Dora  
2014

A Monday, 9:30 pm

Dialogues like the thornes:

Cause it makes the pain.

Laugh like the green:

cause it makes a silence.

Footsteps like fragrance:

Cause it makes the presence.

Eyes like the water drops:

Cause it gives a delight.

Costumes like the petals:

Cause it makes the beauty.

At the brim of solitude...

Tears at the brim of light...

A painful scar in the mind...

The absence which made the scar...

Mind like a drenched sponge...

At the brim of solitude...

The poem is addressed to...





Jismi P.S  
III<sup>rd</sup> DC English



#

the Voice of the Soul  
is the Voice of the Soul



## My Babe ; My Royal Enfield

Thy name entice me,  
Thy sound enthrall me;  
such an ~~ecstasied~~ love.

I'm possible  
To love you.

I'm possible  
To hug you.

I'm possible  
To touch you.

I'm possible  
To kiss you.

A journey with you  
Evacuates as a dream.

Thy name,  
My heart beat;  
Thy sound,  
My alarm.

Thy presence,  
My wind;  
Thy smell,  
My breath.

Time to be yours,  
When the clouds change...

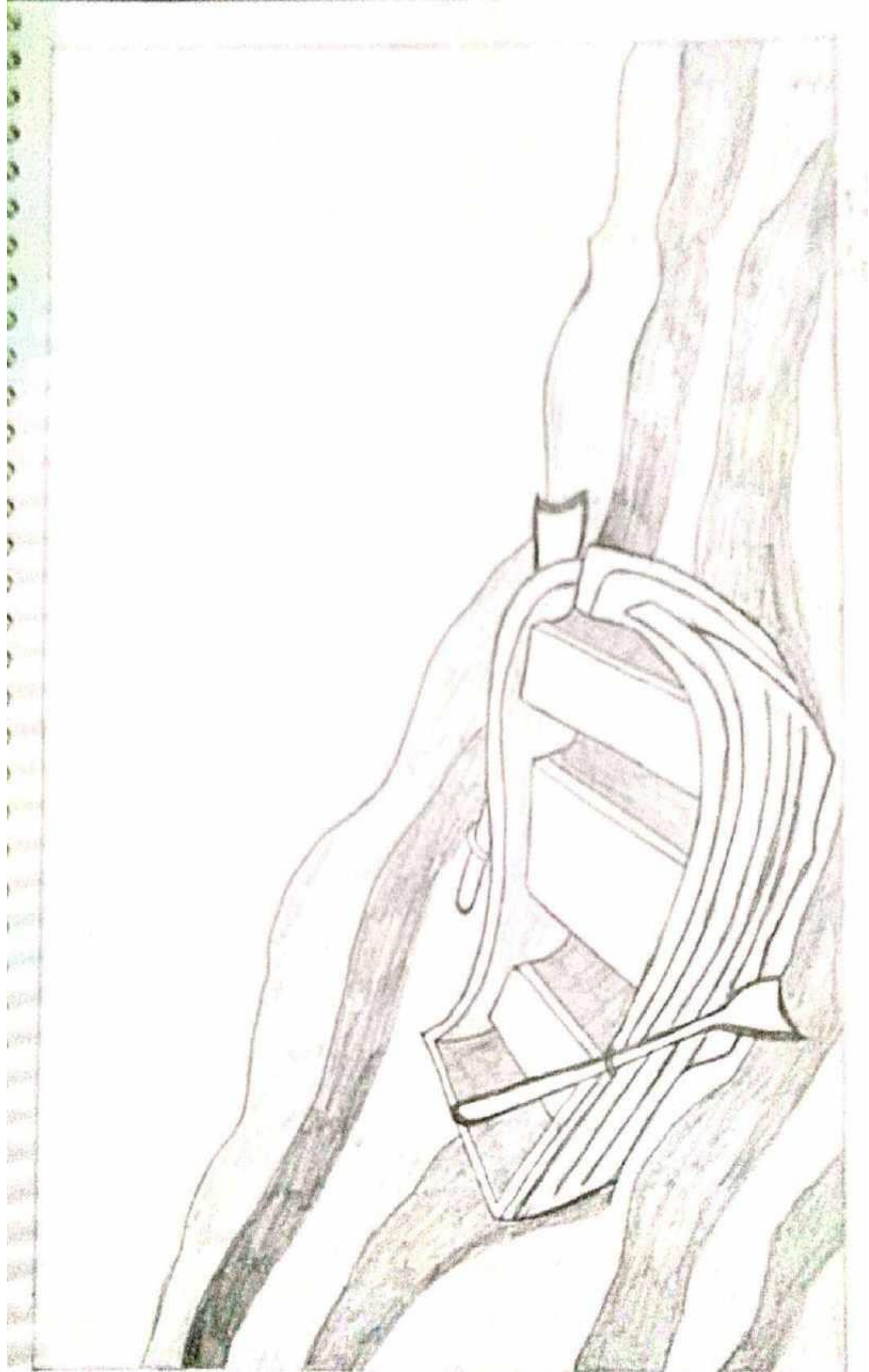
# MOM

If I could give you diamonds  
For each tear you cried for me...  
If I could give you sapphires  
For each truth you've helped me see.  
If I could give you rubies  
For the heartache that you've known  
If I could give you pearls  
For the wisdom that you've shown  
Then you'll have a treasure, Mom  
that would mount up to the skies  
that would almost match  
the sparkle in your kind & loving eyes.  
But I have no pearls, no diamonds,  
As I'm sure you well aware  
So I'll give you gifts more precious  
My devotion, love and care.

## The Mountain and the squirrel

The Mountain and the squirrel  
Had a quarrel,  
And the former called the latter "Little pig"  
Bun replied,  
"you are doubtless very big"  
But all sorts of things and weather  
Must be taken in together,  
To make up a year  
And a sphere.  
And I think it no disgrace  
To occupy my place.  
If I'm not so large as you,  
you are not so small as I,  
And not half so sphy.  
I'll not deny you make  
A very pretty squirrel track;  
Talents differ; all is well and wisely put;  
If I cannot carry forests on my back,  
Neither can you crack a nut.





# Unknown Path

Can you hear me now,  
Can you feel my pain,  
like the shooting stars

flying away . . .  
into the darkest part of  
the horizon

Your path cannot be traced.

There is only the darkest  
memories left behind

like concrete walls

all locked up deep

down in you

locked . . . .

Shocked . . . .

dreams scattered





*Handwritten signature*

# Best Friends are like Stars

Best friends are like stars on a cloudy night  
You may not see them but you know they are always there  
Through thick or thin their friendship will always shine  
bright

You both can share the times of laughter and the times  
of sorrow  
and those little secrets shared are safe and kept  
forever  
there's never a doubt each of you will be there  
come tomorrow

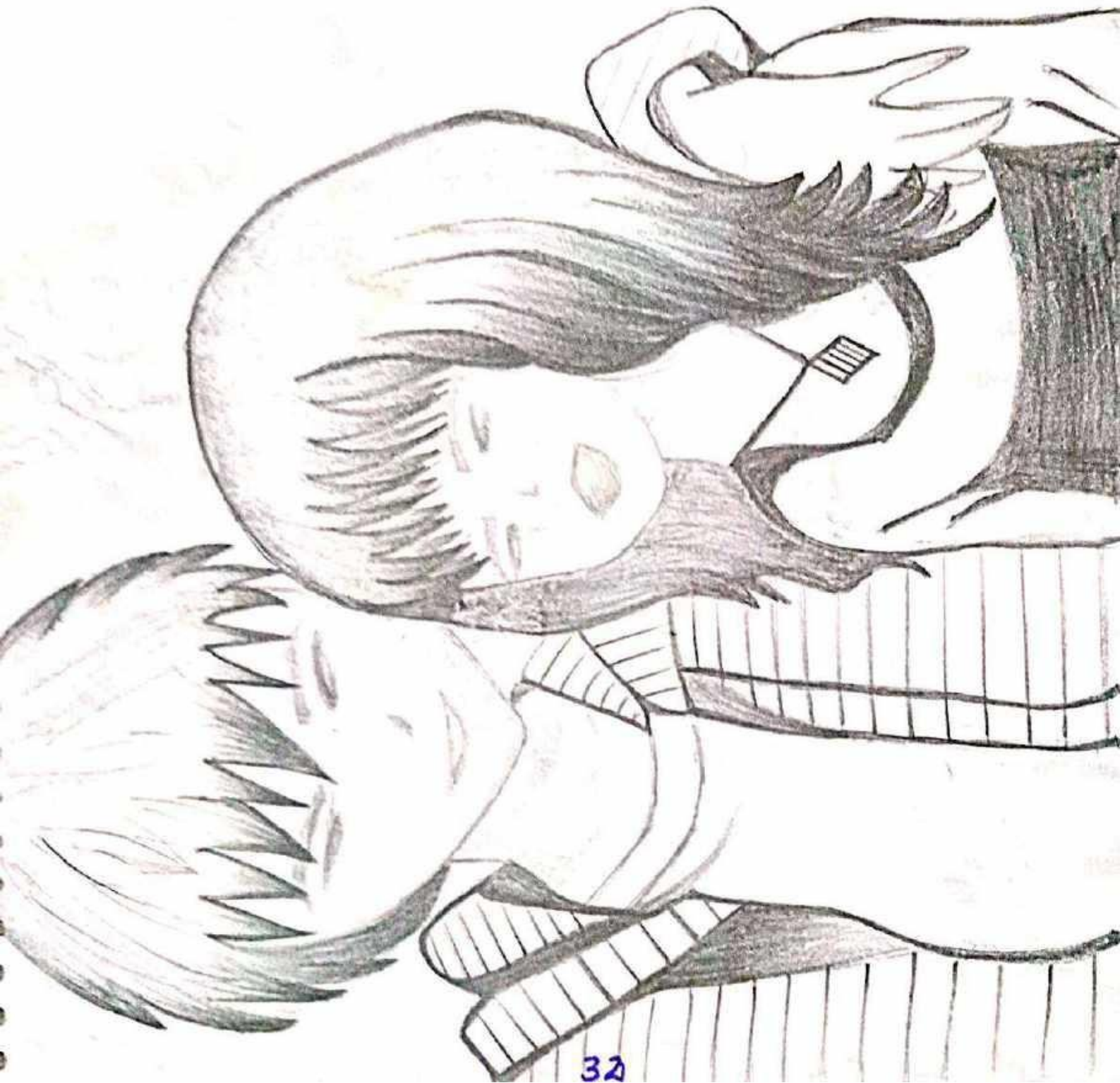
Even if life's path changes along the way and  
one moves away

distance and time can never change the bond  
between best friends

that truly special friendship in each others heart  
is there to stay...



Dani  
by  
Sara



# LOVE

When I fell  
You lift me up  
You are always with me

In my sorrows and happiness  
You gave meaning to my life  
You added sweetness to my life  
You lighten the hardness of my sorrows

You are the half of me  
A better half

I don't know what feeling is this  
May be this is called

**LOVE!**

## Bird of Hope

Let me echo, those days -  
that sprinkled me with -  
great memories.

Memories of exquisite power,  
which cools -  
my burning soul.

As time fled,  
I too glide,  
and my feathers -  
brimmed with hope..

Then leaned..  
a hand -  
hand of hope and aspire.

It caught me tight and,  
made me fly -  
breaking all the shackles that -  
slunged me.

As we whizzed,  
I too missed,  
the melancholy-  
down in me.

It persuaded me,  
with glee and-  
cherished with aspire.

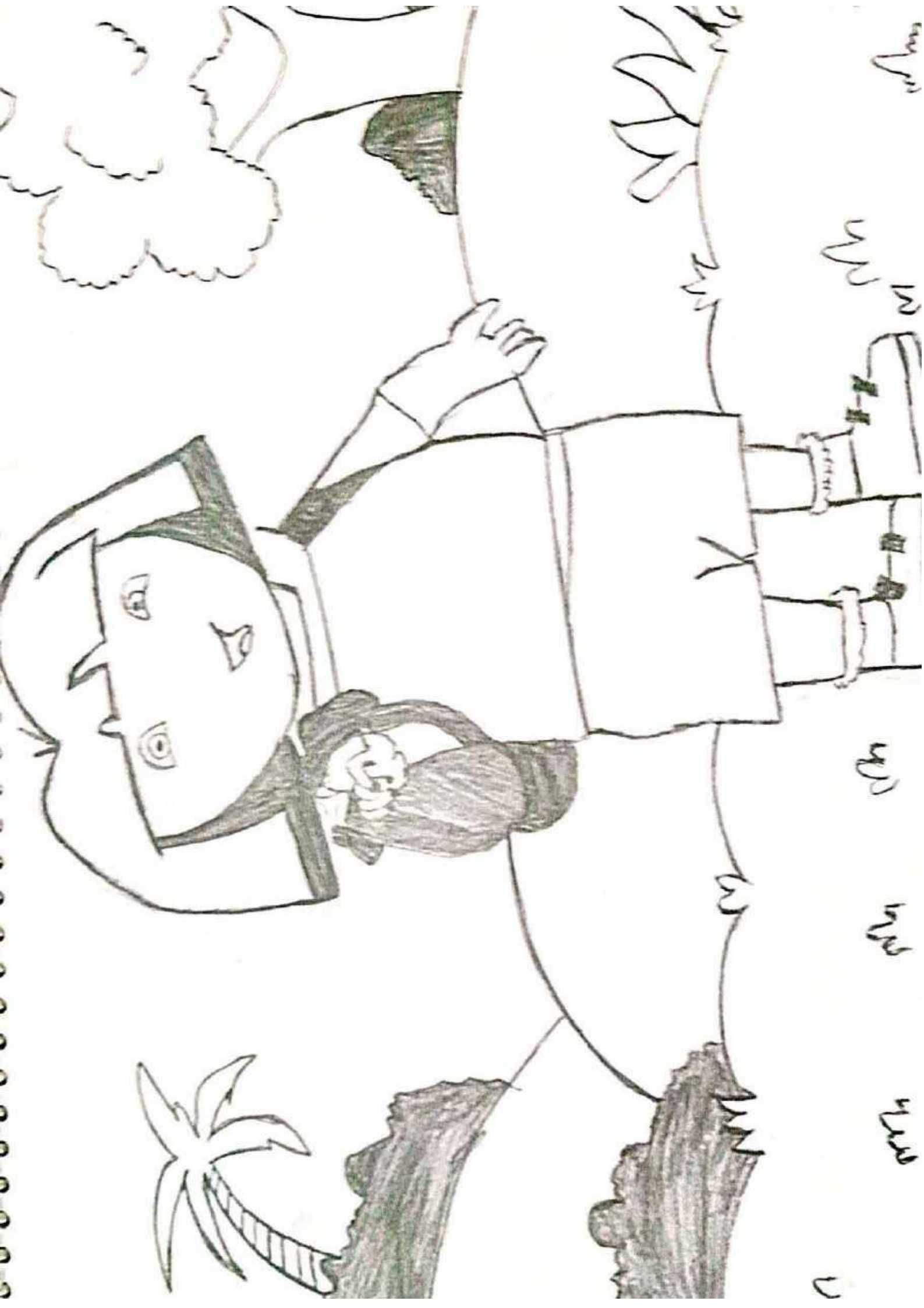
I too soared,  
as we cut through-  
the air.

The hands which,  
caught me tight escorted,  
a pragmatic spirit -  
decided to grow out of me

The Bird,  
made me fly and I-  
cherished my dreams.  
Succored to spot my passion and  
to effectuate my dreams..

You -  
the inexplicable power,  
the mesmerising spirit and -  
the Bird of Hope

- Badhira K.H  
III. A.C. - English





# My Mother

She is my World...

She is my Doctor, who cares for me.

She is my Lawyer, who advocates for me.

She is my Tutor, who teach me everything.

She is my Saviour, who protects me from  
all dangers. ....

She is my best friend, who is always  
with me. ....

She is my Angel, who always pray  
for me. ....

She is the best mother, who take care of  
my family. ....

I am very lucky to have such a beautiful  
mother. ....

She is like the Sun, who always shining for others.

She is the unknown author of many lives.

She is like the Rainbow, who makes my life  
Colourful. ....

I Love My Mother. .... I Love My Mother. ....



## ANONYMOUS "YOU"

She was on the other side,  
You were walking in.

A sudden glow in her eyes:  
Delight.  
Two hours ago, she went back;  
A thing what she expected.  
A delighted feeling in her mind,  
The reflection of your smile.

Now, a Wednesday,  
Unexpected fulfilling of her wish.  
Expected the same,  
And she received it: "Rapture."

A reflection throughout the day;  
A happy young lady.  
Everyone, she met.  
Reflected the smile: "Rampant."

You made the beautiful scar,  
In her mind; not an easy thing.



# THINK


# It is easy to realize that it is not the anger outburst or irritating behaviour of other people around us that disturbs us, but it is our inability to handle the disturbances caused by that disturbs us

# It is our reaction to the problem that creates chaos in our life

# A problem is not the problem, but our attitude towards the problem is the problem

# Take serious things lightly, take light things seriously

- Devisya Suleran  
III DC English



# YOU ARE THE WAY



I am Confused.

Because,

I don't know

Which way I should Choose.

Help me O' Lord.

The Father of Heaven.

Help me, to choose a path.

You are the way

So, Show me the way.

I know you are the Pioneer.

Lead me O' Lord.

I am a Sinner.

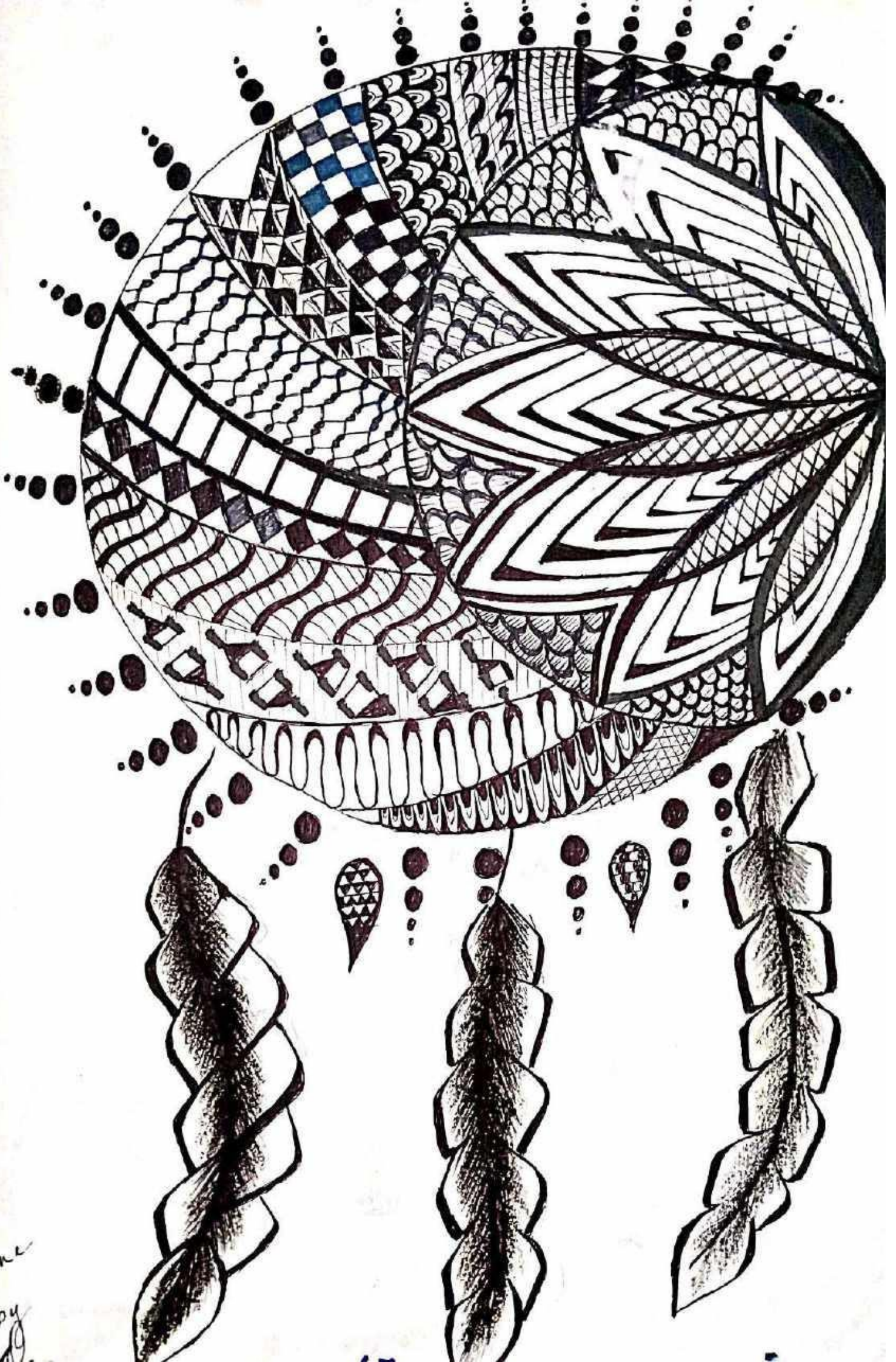
I failed to love you.

O' most merciful God!

Forgive me.

Please Give me a second chance,

And I want to Prove my love for you.




me  
by

# INTERESTING

# FACTS...!

"I'm" is the shortest complete sentence in the English language

Snails can sleep for 3 years



Penguins are able to jump 2 metres high

Earth is orbiting around the sun at 66,000 miles per hour

You see your nose at all times - your brain just chooses to ignore it

It can take up to 70 years for a banana peel to fully decompose in nature



Stephy George  
III DC English

# VALUE OF TIME ...

Time and tide waits for none. will remember it till my last breath." The loneliness is scary and experiencing it is very difficult.

Still we extend many commitments for next days, next weeks, next months and so on by saying many excuses. In this high tech world all are very busy and not even had time for ourselves. We can understand many things only when we share. Each person will speak from their own experiences and we can expand our knowledge.

Be friendly with others and find some time for others, because a true friends cares like a mother, guides like a father, teases like a sister, irritates like brother and above all, loves you a lot. Being a friend if you do small things with love and enthusiasm, it can bring wonderful changes in other's life. Mother Theresa often said, "do what you can do it well". To be more effective, we should motivate each other and give time for other too.

While writing this article, remember a heart touching sentence from a Malayalam movie, told by an old woman to the heroine - "The time you have spent for me, without any benefit for yourself is valuable to me than anything and I

**"Take Time To be friendly, It Is the road to Happiness..."**



# FRIENDSHIP



Friendship had a great value in our life. But we should choose the right ones. Good friends are assets to our life. They will help us even without thinking about the consequences. Good friends will always correct our errors and will help to overcome our difficulties. They will always try to make us happy. They will be there with us and will support us in good and bad circumstances.

Good friends are those who will be with us even if they know the defects of our character and who helps us to overcome the defects.

Devika TS  
1<sup>st</sup> Dec English



The Past is already gone. The future is not yet  
here. There's only one moment  
for you to  
Live  
- Buddha

## Students and Politics

The question whether students may take part in politics has provoked a lot of controversies. Some, especially students believe that students should take active part in politics and should contest election. Others are of the opinion that students should not enter active politics and that they should confine their attention to studies.

The first and foremost duty of a student is to study. In fact, that is the meaning of the word student. Our country is lagging behind other countries in respect of education. It is education that enables a person to lead a happy life. Students should first equip themselves intellectually before thinking of politics. Ignorant and uneducated people cannot render any service to the society. Without intellectual maturity, they cannot carry out the duties of a leader.

Our dream is to build a glorious India. This dream can be realised only if all our youngsters attain intellectual expansion and enlightenment. It has been rightly said that the first in beauty should be the first in power. Here beauty implies intellectual enlightenment, ethical excellence and spiritual elevation.



Done by

## Religion and Civilization

Land over a billion people has been the cradle of three religions Hinduism, Buddhism and Jainism. Here people worship the mountains, the rivers, the morning Sun, and the glittering stars. Millions yearn for the opportunity to take a dip into the many sacred rivers that flow from the Himalayas to cleanse their body and soul. When dead their ashes are immersed into these rivers.

India's agony over religion is not yet over. The sacred rivers flow from their sources up in the Himalayas, but their water is contaminated by the bodies killed in caste and Hindu Muslim violence. The bell rings in the temples and the mosque, but the politics of hate has reached their precincts. Nineteenth century thinkers discovered much to their dismay, that all was not well with their great religion. Each of the alternatives is momentous and the choice before the people is searching and inexorable.

# ECOTISM

This is cozy, safe and just perfect to bring  
our young one to life. Sigh...



By  
Akshita  
II BA English.

# William Wordsworth

William Wordsworth (1770-1850) is one of the most famous of all Nature poets. He set off the romantic revival in English with the publication of Lyrical Ballads in collaboration with his friend, Samuel Taylor Coleridge in 1798. His preface to Lyrical Ballads is still an influential work on the philosophy of poetry. Wordsworth published his masterpiece, The Prelude, a long autobiographical poem in 1850. Many of his poems are set in the English Lake District, where he lived. He writes mostly about man-nature discourses, and his poems often portray rustic life.

Wordsworth wrote profusely. He wrote some of the finest poems on nature in any language. Besides, Lyrical Ballads, Lyrical Ballads, Prelude (A long autobiographical poem), Lines Composed Near Tintern Abbey, ode on Intimations on Immortality, Resolution and Independence, Michael, Lucy Gray and Solitary Reaper are some of his important works.

Navya C.R  
I<sup>st</sup> DE English

## Martin Luther King Jr.

Human rights icon, Martin Luther King Jr. was a Baptist minister, activist and America's most prominent spokesman of non violent racial integration. He was the founder of the Southern Leadership Conference, an organization formed to provide new leadership for the Afro-American Civil Rights movement. In the eleven year period from 1957-1968 King travelled over six million miles and spoke over twenty five hundred times, appearing wherever there was injustice, protest and action. In 1963 he won Time magazine's Man of the year award. In 1964, King became the youngest person to receive the Nobel Prize for peace. His assassination in Memphis Tennessee in 1968 shocked the whole world:

His works include why we can't wait; where do we go from here; chaos and community. It is one of the most memorable speech in the history of the world.

Ammruthanandha.p's  
I<sup>st</sup> DC English.



## John Keats



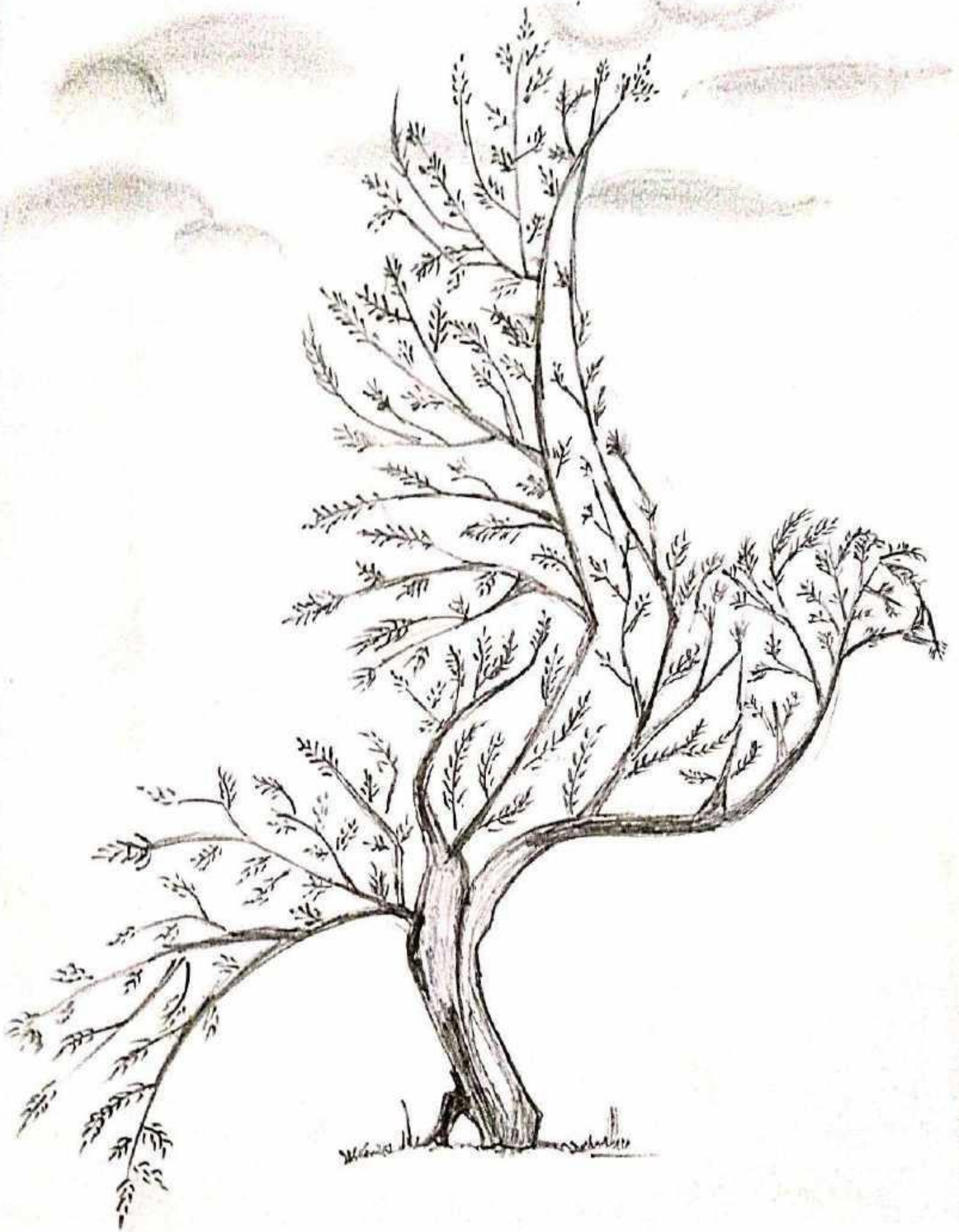
John Keats (1795-1821) was born in 1795 as the son of Thomas Keats, a stable keeper, and Frances Keats. He was raised in Moorbelds in London and attended the Clarke school in Enfield. After the death of his father due to an accident in 1805 and his mother due to tuberculosis in 1810, he and his three siblings were brought up by his uncle Richard Abbey.

Keats was a romantic poet. Romanticism, a movement said to have begun with the publication of Lyrical Ballads by William Wordsworth and Samuel Taylor Coleridge in 1798, is defined as a principled protest against classicism. Though 1798 is considered that year that inaugurated Romanticism, romantic strains were visible in the poetry of William Blake published a decade prior to Lyrical Ballads. Romanticism is a kind of liberalism brought into literature following the ideals of the French revolution such as liberty, equality and fraternity.

# Maya Angelou

Maya Angelou was born on April 4, 1928 as Marguerite Ann Johnson in St. Louis, Missouri, America. She has a career that spans a wide range of professions as an author, poet, etc. She has written seven autobiographies and several volumes of poetry. Two of her most loved poems are Phenomenal Women and Still I Rise. She was the first black woman poet to read her poems; at the inauguration of President Bill Clinton in 1993, which increased her popularity. Angelou's most famous autobiography; I Know Why the Caged Bird Sings (1969) describes a shattering moment in her life. As a civil rights activist Angelou worked with Martin Luther King and Malcolm X who inspired her greatly. On the Pulse of the Morning is a poem that echoes Martin Luther King Jr.'s famous "I Have a Dream" speech. Most of Angelou's works discuss themes such as identity, family, racism and gender and many of these works have been prescribed in schools and universities internationally. Many of her statements have become quotable quotes: "Try to be a rainbow in someone's cloud". Maya Angelou was nominated for the National Book Award in 1970, and for the Pulitzer Prize in 1971. The literary voice revered globally for her poetic command and her commitment to civil rights fell silent on June 9, 2014.





CHAITHRA-T  
1st BA-Engl



# My Dreams My Wings...

I have a big dream  
It helps to me live hopeful  
It is not easy to reach my dream.  
However every day and night  
I am running towards my dream.  
Challenges are come one by one to my runway  
But I am not ready to stop my run.  
Whenever I see these obstacles  
I am also forced to look my wings.  
Yes, I have wings  
It is not meant for crawling.  
My dreams are my wings  
I can fly higher than eagle.  
My wings are never quit  
I can fly and I can reach  
Towards my big dream.

- Aleesha Roy -

1st BA English.

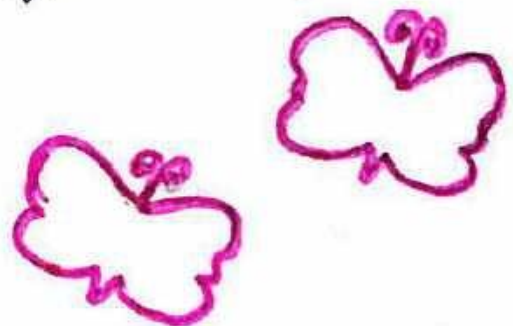
# To Sleep

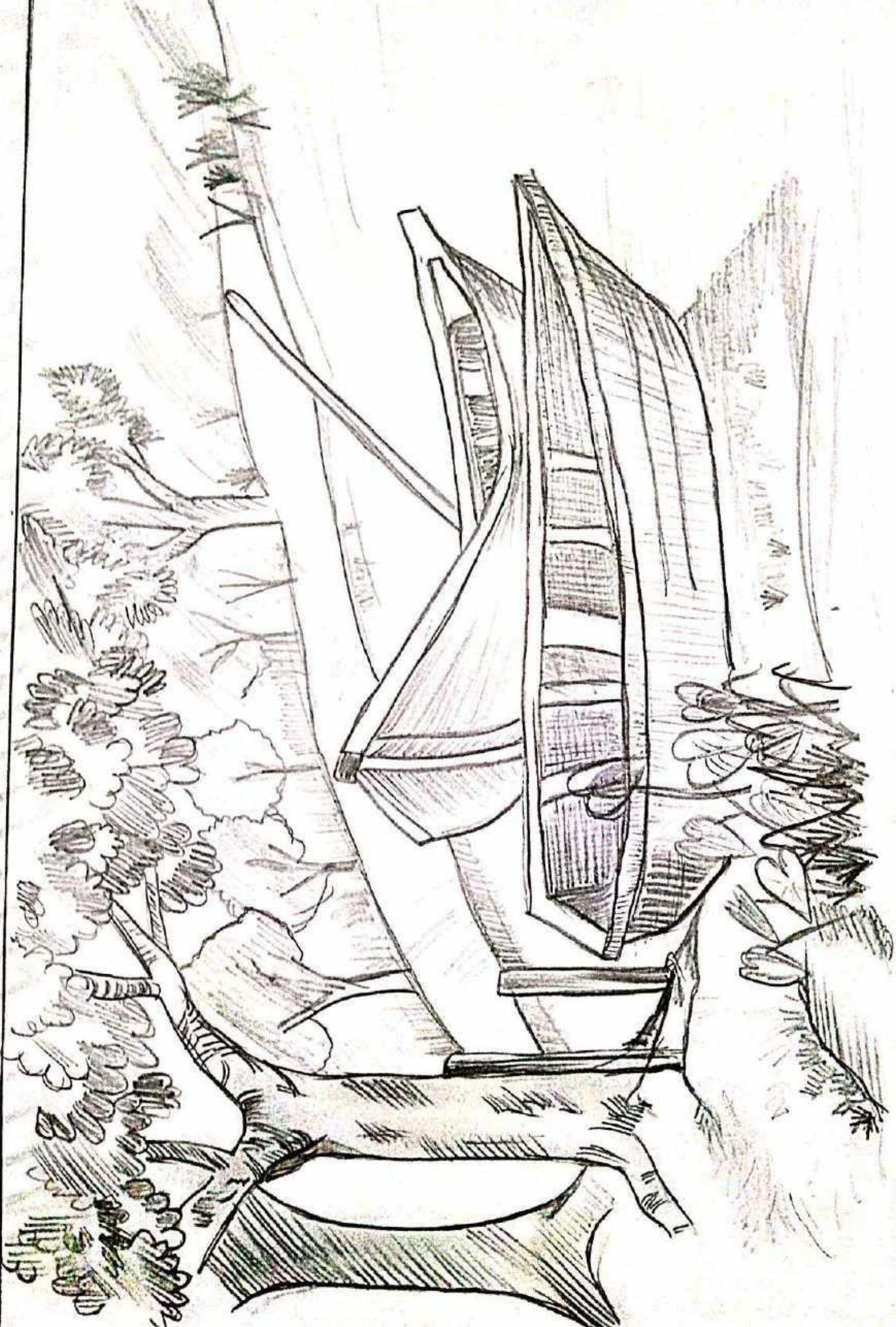
A flock of sheep that leisurely pass by  
One after one; the sound of rain, and bees  
Murmuring the fall of rivers winds and seas,  
Smooth fields, white sheets of water and pure sky;

I've thought of all by turns and still I lie  
Sleepless; and soon the small birds melodies  
must hear, first utter'd from my orchard trees,  
And the first cuckoo's melancholy cry.

Even thus last night and two nights more I lay  
And could not win thee, sleep! by any stealth  
So do not let me wear to-night away:

Without Thee what is all the morning's wealth?  
Come, blessed barrier between day and day  
Dear mother of fresh thoughts and joyous health!







# GOOD MANNERS

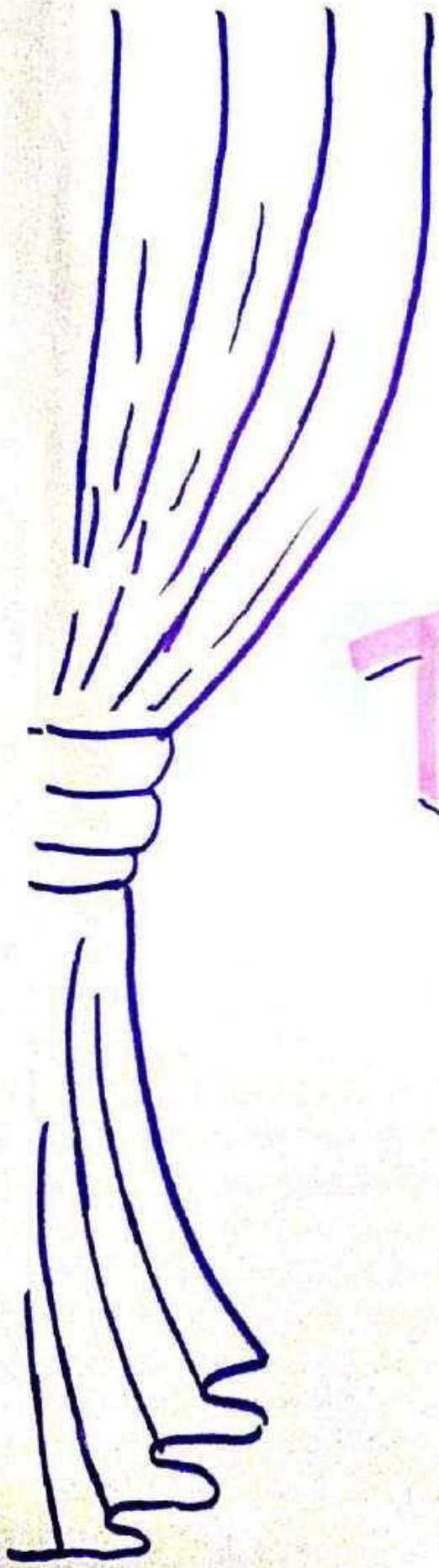
Good manners are the real test of a gentleman. A man is honoured in society only if he possesses good manners.

Good manners should be taught from childhood. Children should be taught to respect their parents, teachers and elders.

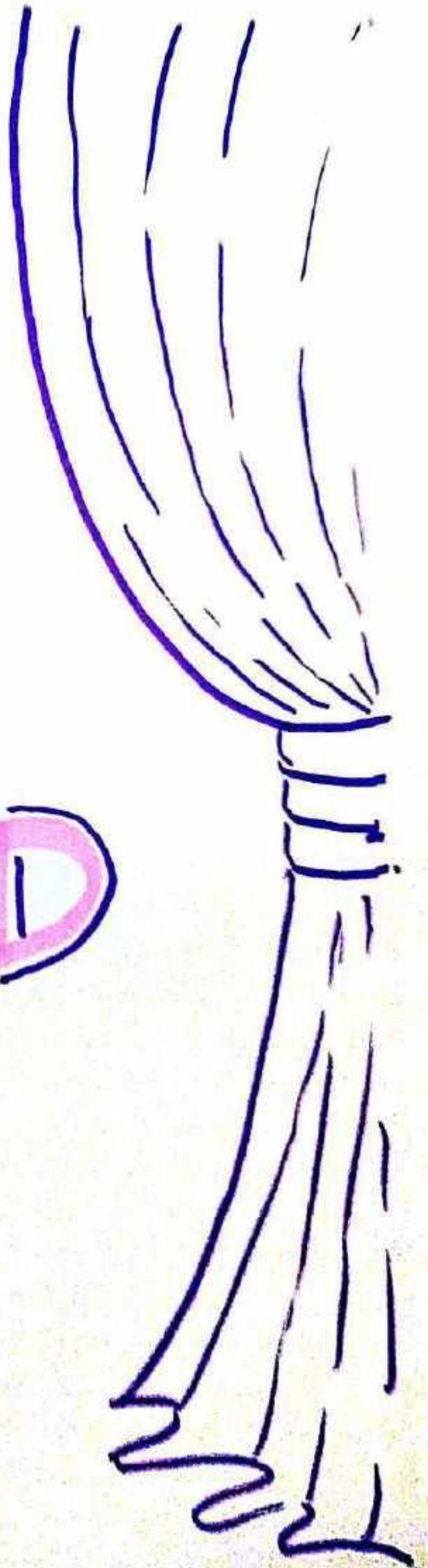
A person of good manners is always honest. He does not cheat anybody. A person of good manners always speaks the truth, he never tells a lie. Everybody trusts him.

Good manners make people's company pleasant for us. We can guess correctly how a good mannered man will react to a situation.

We gain a lot and lose little. The world would be a happier place if there were more good mannered people.



THE  
END





Hand-drawn cursive text, possibly a signature or name, written in black ink with red outlines. The text is stylized and appears to be 'Sara' or similar.



# EDITORIAL

It gives me immense pleasure in introducing to you **"Hakuna matata"** a repertoire of artistic pieces of the students of English Department. The word

**"Hakuna matata"** means 'No Worries'.

There is only one life. Happiness and Sorrows are like the two sides of a coin. Through this magazine, the students present their ideas on how to overcome the worries in life.

**Hakuna matata** brings forth articles and drawings of brilliant and I hope that it will invoke the aesthetic pleasure in the readers to nuances of literature.

Delma Davis  
Editor

# Acknowledgement

Our sincere thanks  
to.....

The Almighty  
Principal  
Bindhu Ma'am  
Darly Ma'am  
Teachers, Eng-Dept  
Students

# MESSAGE

Season of mists and mellow fruitfulness,  
Close bosom-friend of the maturing sun;  
Conspiring with him how to load and bless  
With fruit the vines that round the thatch-  
eaves run;

Just as autumn season  
conspired with sun, to load the vines with  
fruits, the students of the Dept. of English  
jovially worked together, to bring out  
'Hakuna matata'. I heartily congratulate  
all the students, who enthusiastically contributed  
their creative expressions. My sincere thanks  
to our Head of the Department Ms. Bindu Jose  
and to all the faculty of the Dept. of English.  
Best wishes!

(Dally)

Darly Mathew



J-hakuna  
matata

... Bid goodbye to all the worries  
and enjoy the colours of Life ...

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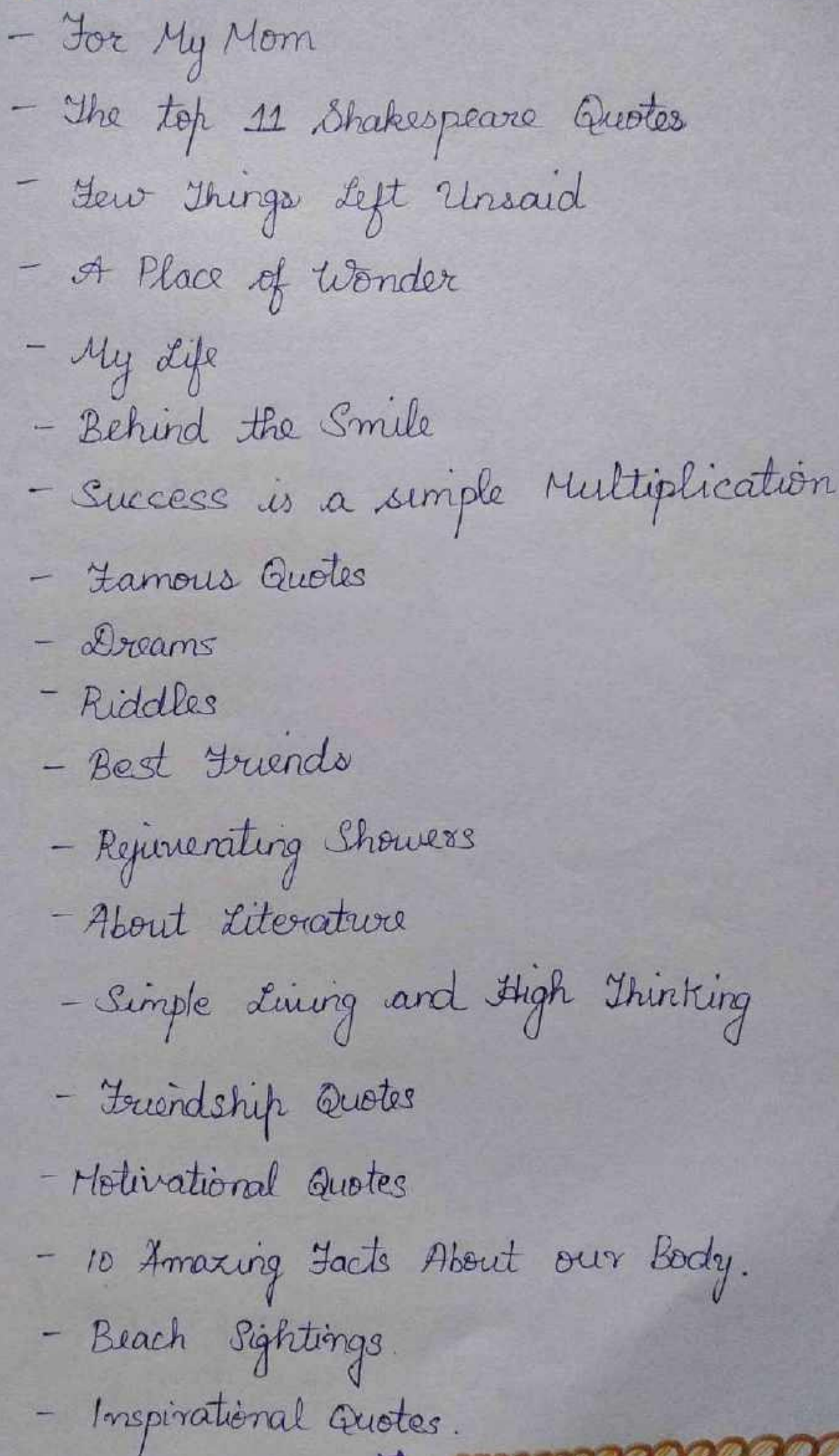
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- I think You Are Beautiful
- Life is A Mixture - An Offer To Our Creator
- In the Heart of Night.
- Wake up..... O Indians
- Heaven on Earth
- Nature My Mother
- Smile
- Second Level of Crush.
- Exams
- Outburst of the Earth
- Peace
- Nature.

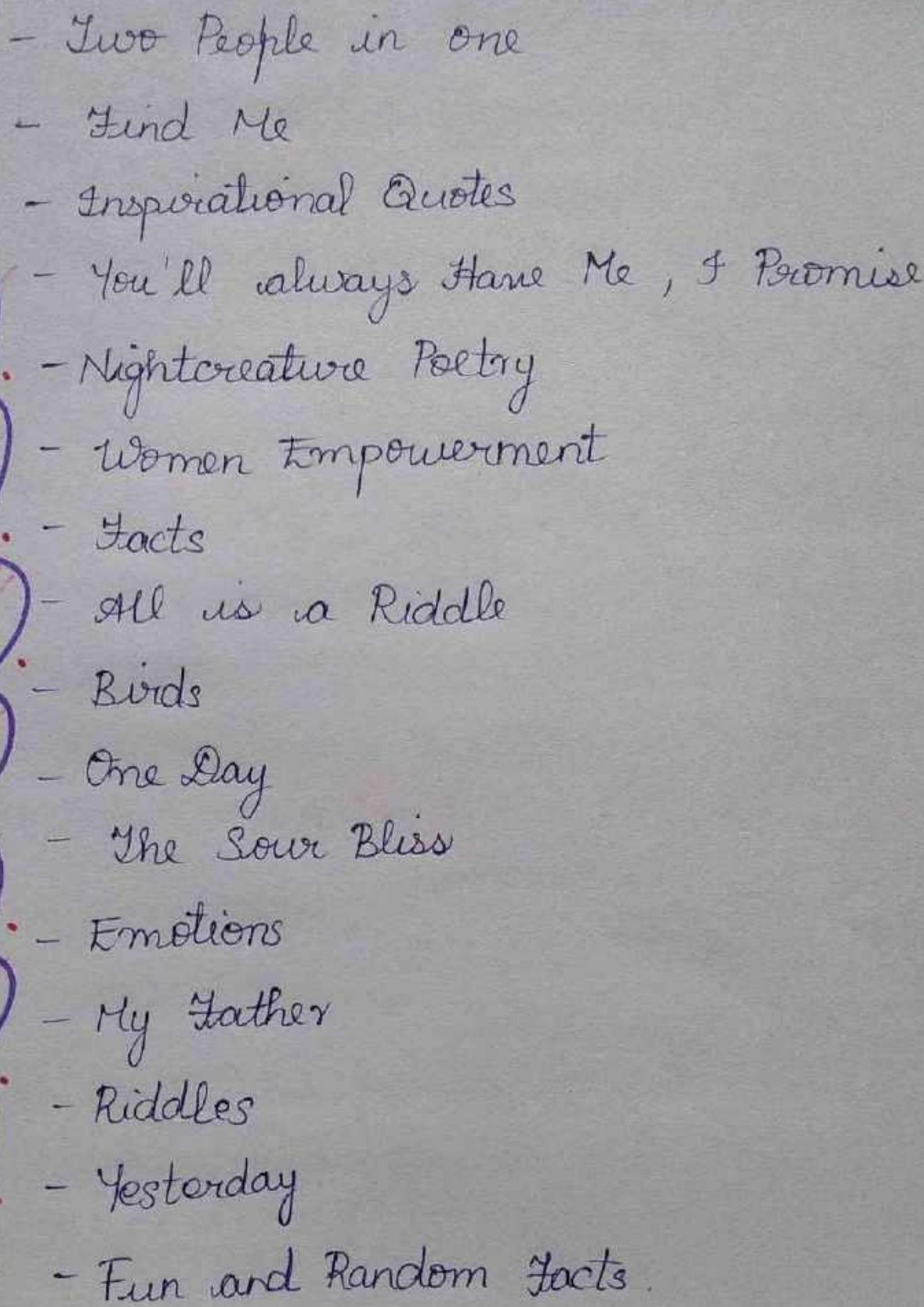




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- Life
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- Tidus Achates
- The Better You
- The Eyeball
- Home
- I'm Long Gone
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- No More Tears
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# Before She dies...

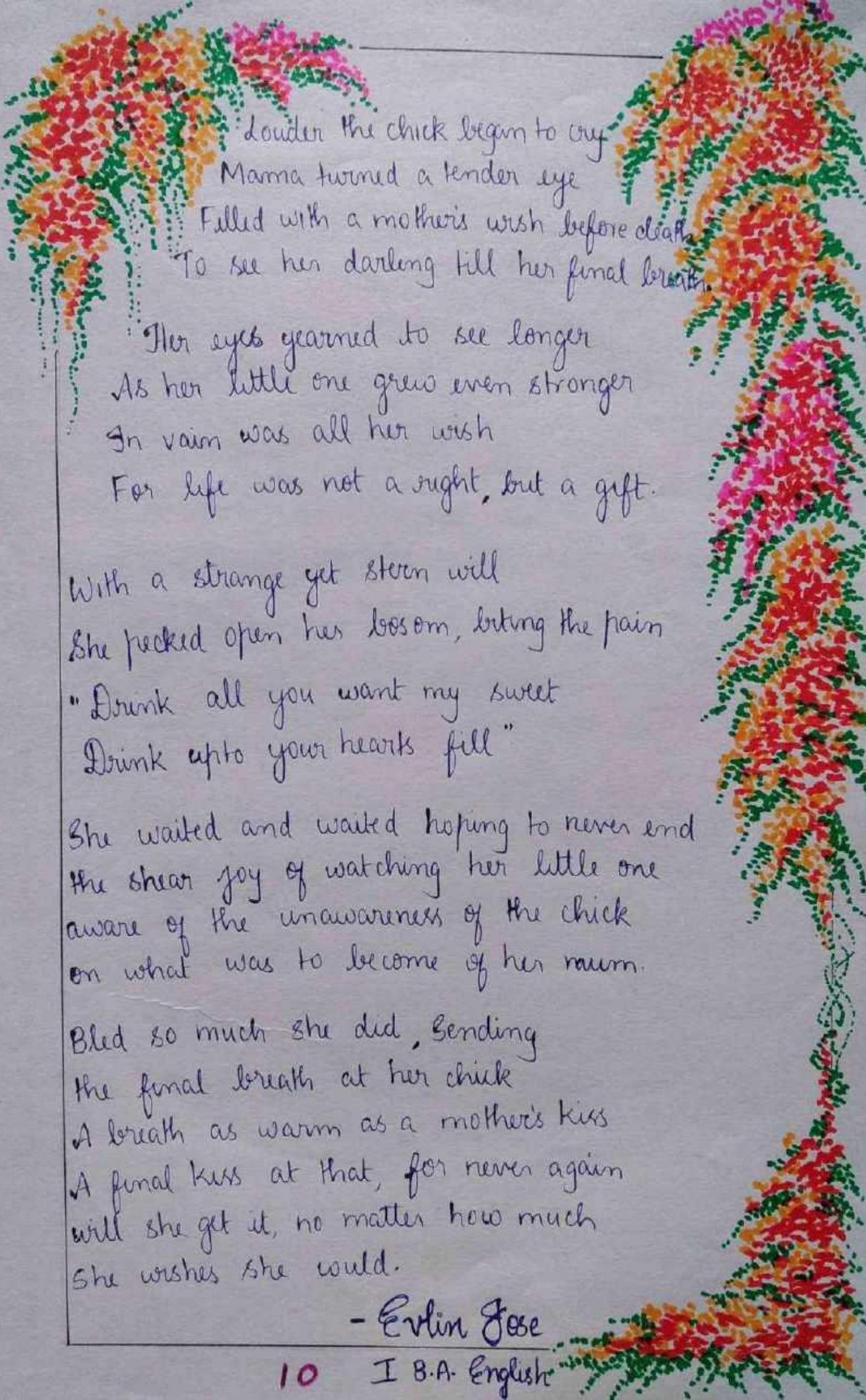
The scent of gloom was in the air  
The drooped visages of all the animals  
Encouraged the voice of the unspoken unfair  
Pathetic pleading rewarded with denial.

The only among the many faces  
Reflecting the slightest happy rays  
was that of mama Pelican, whose gaze  
stood transfixed on her little chick in daze.

She had been counting days until  
She had a look of her chick so little  
And waited long enough she did  
Let her now feast her eye all she wanted.

It was the cry of the hungry chickling  
That she dare not pay heed to  
For the means of quenching the innocent greed  
would put an end to all her longing.

The little one fully ignorant  
That it was her mother's life  
That would quench her undying thirst  
giving her the content she so-  
wanted.



louder the chick began to cry  
Mamma turned a tender eye  
Filled with a mother's wish before death  
To see her darling till her final breath.

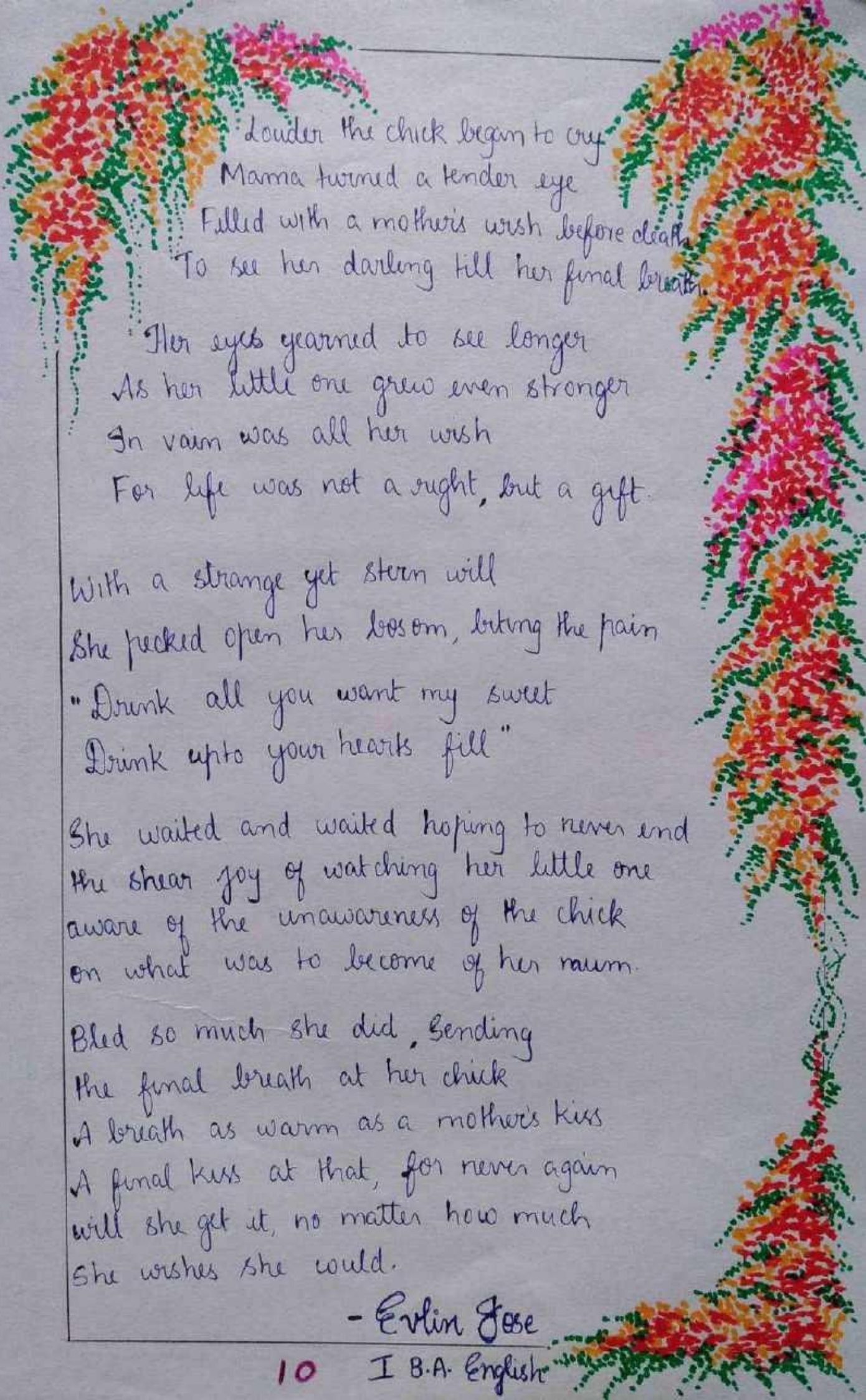
Her eyes yearned to see longer  
As her little one grew even stronger  
In vain was all her wish  
For life was not a right, but a gift.

With a strange yet stern will  
She pecked open her bosom, biting the pain  
"Drink all you want my sweet  
Drink upto your hearts fill"

She waited and waited hoping to never end  
The sheer joy of watching her little one  
aware of the unawareness of the chick  
on what was to become of her raum.

Bled so much she did, sending  
the final breath at her chick  
A breath as warm as a mother's kiss  
A final kiss at that, for never again  
will she get it, no matter how much  
she wishes she could.

- Evelyn Jose



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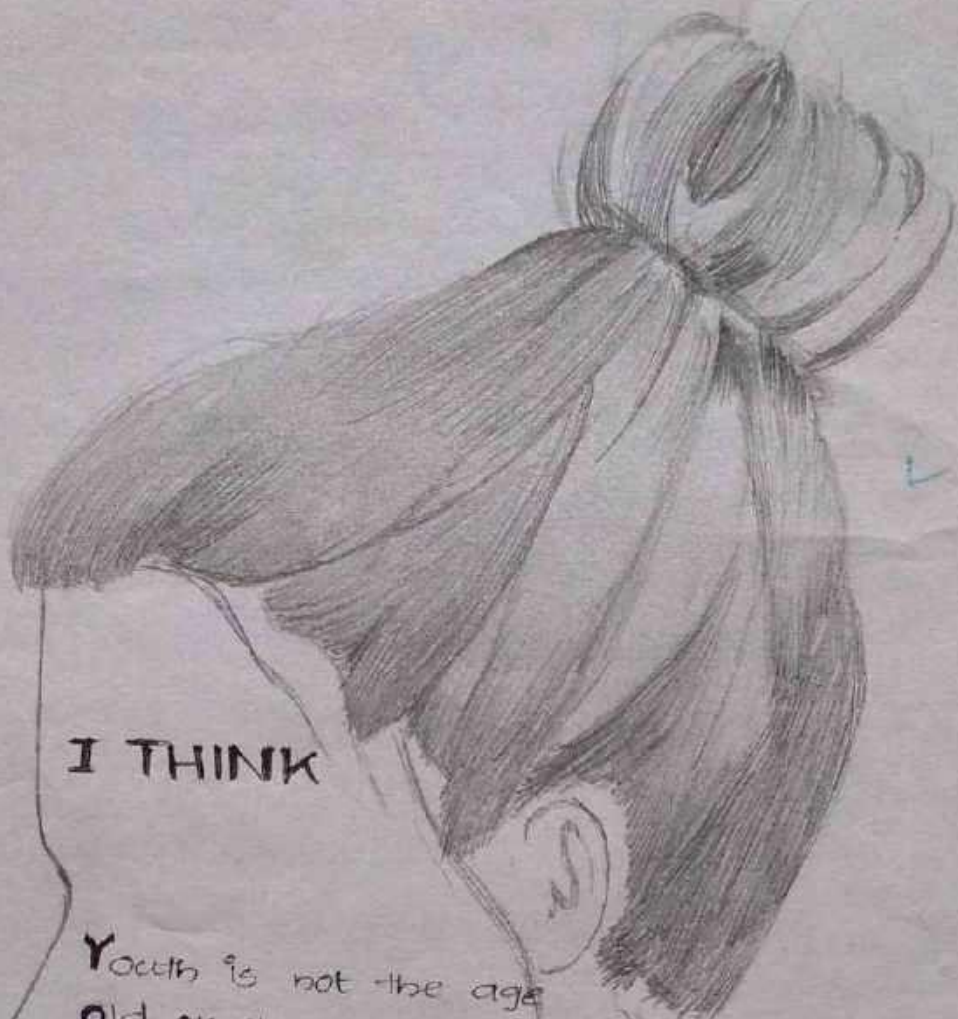
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- Evelyn Jose



## I THINK

Youth is not the age  
old or young it doesn't matter  
unite your soul, heart and mind

Achieve it, even if the world is against you  
Rost the roosters that masquerad  
Either be or she doesn't sculpt you, you do

Born to die Nah! you're born to live  
Exalt the hate, learn to love  
Awake, arise, achieve: the 3A rules  
Uniqueness is not a taboo, it is a book  
Think the good & bad, both will teach a lesson  
It's not too late for anything, make change  
Fat or thin kilo's doesn't make sense  
Useless thoughts make you more stupid  
Love yourself and be yourself

-HALA ANEES



Angelina Sebi  
III<sup>rd</sup> de English



## On The Heart Of Night

There was a cry  
It was from the sky,  
Was anyone hearing it  
Nobody yet  
Looking right forward  
Being sad towards

The people to whom  
It was giving care  
And vanishing fear  
By growing to moonlight  
Making us joyous  
By giving much stars  
Than we could count  
Trinkling and twinkling  
Smiling and smiling  
It now.

The Crescent shaped moon  
Added glory to the nature  
And the nature always praises  
The night as it is very loyal  
It stays away from shining sun  
And only come in contact  
When the sun is off duty

## Wake up ... O Indians

Wake up O Indians

our mother is weeping

Wake up O Indians

Protect her life

Wake up O Indians

Protest to save her resources

Wake up O Indians

Peacefully stand united

Wake up O Indians

Take the arms of love

Wake up O Indians

Throw away your good violence

Wake up O Indians

Tear your hearts to receive all

Remember O Indians

Remember unity is our strength

Remember diversity is our charm

Remember we were deconstructed, when we were divided

Remember we are one.

Remember We are One.

by  
Josemi Jose.



SKR

# NATURE

Life is a journey  
like confidence and non confidence  
we have lot of things  
things means a lot

If you truly love nature.  
You will find Beauty everywhere.  
All nature seems to speak  
the work of god.

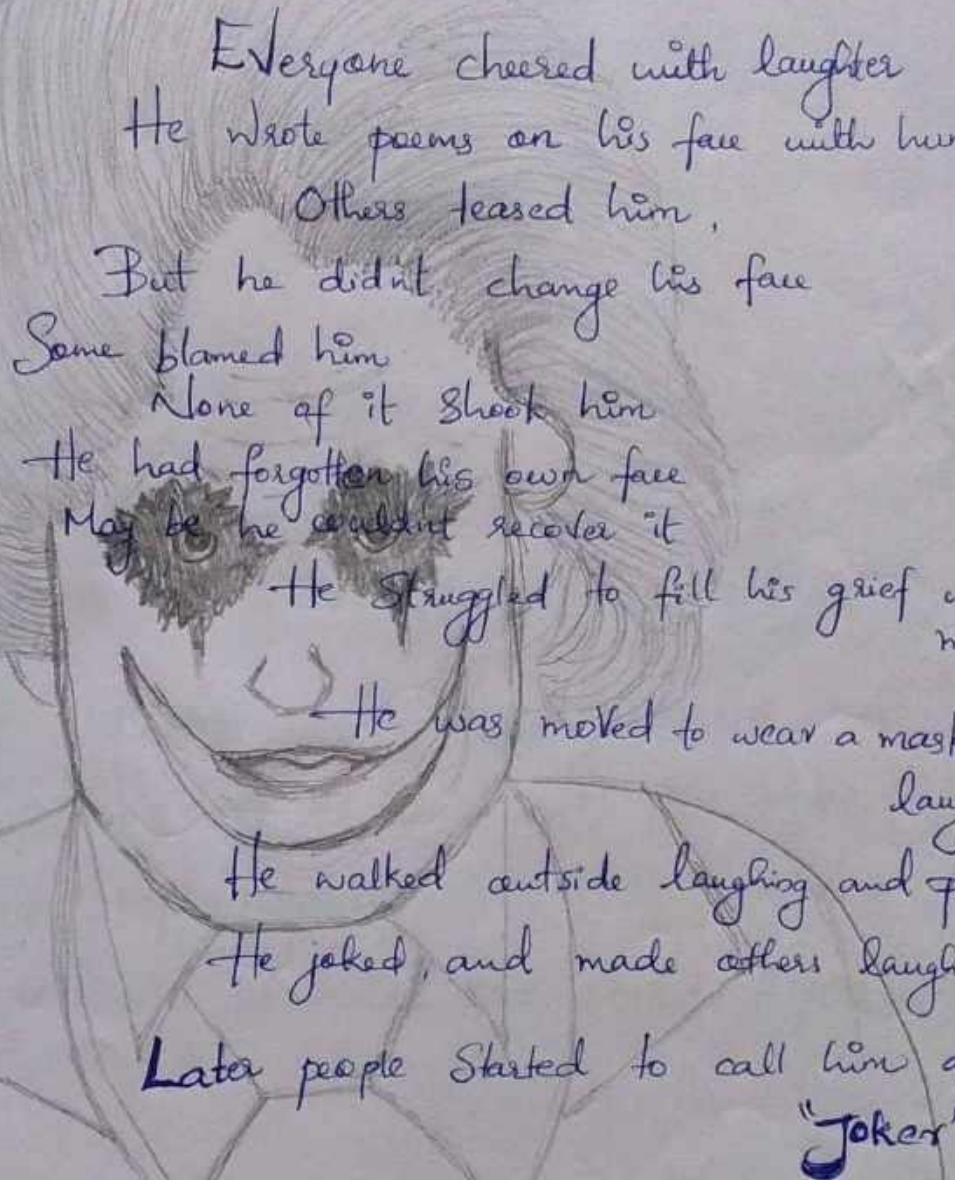
Let the Beauty of nature remind  
the godness of god  
Every flower is a soul  
Blossoming in nature

All nature is But Art of unknown  
Deep in their roots all,  
Flowers keep the light.  
Life is the wonderful dream in Nature.



*[Signature]*  
10.10.19

# JOKER



Everyone cheered with laughter  
He wrote poems on his face with humor  
Others teased him,  
But he didn't change his face  
Some blamed him  
None of it shook him  
He had forgotten his own face  
May be he couldn't recover it  
He struggled to fill his grief with a  
mask  
He was moved to wear a mask of  
laughter  
He walked outside laughing and playing  
He joked, and made others laugh  
Later people started to call him a  
"Joker"

By,

Maya. M.M.

# FRIENDSHIP GOALS

The importance of the friendship can not be undermined because we can not survive without good friends. It is very important relationship in the emotional life of every human being. A friend, who supports him only when it is convenient, is called a "Fair weather - friend".

The one, who supports his friends, through emotional difficulties, is a "True friend". He is ready to make sacrifices in order to help his friend. A true friend is some one whom you know will be there with you, whenever you need him.


Friendship is a necessary part of every human's life as none of us is self sufficient. A friend is a trust-worthy companion who cherishes special moments and memories of life with another person.





# Inspirational Quotes

## TIME MANAGEMENT

- \* Either you run the day or the day runs you.  
- Jim Rohn
  - \* There is all the time in the world to do everything  
God calls us to do.  
- Anonymous
  - \* Time management is the key to accomplishing any  
objective  
- Mark Wardell
  - \* Procrastination is a thief of time  
- Edward Young
  - \* No one is 'too busy' in this world. It's all about  
priorities  
- Anonymous
  - \* The challenge is not to manage time, but to manage  
ourselves.  
- Stephen Covey
  - \* It is not enough to be busy. The question is: what are  
we busy with?  
- Henry David Thoreau
  - \* Until we can manage time, we can manage nothing  
else.  
- Peter Drucker
- 

# Love my Mom...

Mother, dear Mother,  
The years have been long  
Since I last listened  
Your lullaby song.  
I am my mother's garden  
I am her legacy and  
I hope today she feels -  
the love reflected back from me.  
For everything I am today,  
my mother's love  
Show me the way  
No matter what happens,  
or how may I act,  
my love and appreciation for you  
is an eternal fact  
Mother, dear mother.

# The Top 11 Shakespeare Quotes

- ① The fault, dear Brutus, is not in our stars, but in ourselves. (Julius Caesar)
- ② To be, or not to be: that is the question. (Hamlet)
- ③ The course of true love never did run smooth. (A Midsummer Night's Dream)
- ④ If I lose mine honour, I lose myself. (Antony and Cleopatra)
- ⑤ All the world's a stage, and all the men and women merely players. They have their exits and their entrances; And one man in his time plays many parts. (As You Like It)
- ⑥ Now is the winter of our discontent. (Richard III)
- ⑦ Brevity is the soul of wit. (Hamlet)
- ⑧ Be not afraid of greatness. Some are born great, some achieve greatness, and some have greatness thrust upon 'em. (Twelfth Night)
- ⑨ Love all, trust a few, do wrong to none. (All's Well That Ends)
- ⑩ Good night, good night! Parting is such sweet sorrow. (Romeo and Juliet)
- ⑪ But I will leave my heart upon my sleeve. (Otello)

# Few things left unsaid

There are few things left unsaid,

At first, I express my great affection  
to my wonderful parents,

Mom, The whole letters in english alphabet  
can not express her love.

Father's love, It's awesome, he is who saves  
me in all aspects.

Secondly, I would express my love to  
my most cheerful friends

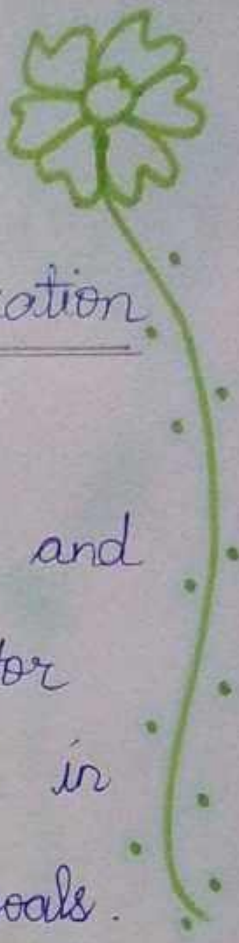
They always guide me in all my  
toughest conditions.

They become my saviours in my  
most saddest situations.

Anju Benny  
III DC. English

# A Place of Wonder

As the title suggests, it's about the place of wonder, which I consider as a good place for myself, it is the library. The place where we go to read the books. Books take us on a wonderful journey to a different world of imagination, so that we could forget all our difficulties and sufferings and could dream about being a princess in a world of happiness. It is a way of solutions to many of our unanswered questions. In the world of books, we could enjoy ourselves, and they will become our best friends. It also gives us a lot of knowledge and wisdom to achieve success in our daily life. Thus, it is a place which creates wonders in our minds and in our lives also.



---

## Success is a simple multiplication.

Success is the product of hard work and talent; you just have to multiply it. For multiplying you don't need to be good in Maths, you just need to target your goals.

Just believe in yourself. Concentrate on your goals. Never get diverted.

Success is 1% inspiration and 99% perspiration. Everybody wants to succeed in life. For some success is achieving what they desired or dreamed. For many, it is the name, fame, and social position. The one who is dedicated and hard-working, will be successful.

The 3 main things required to succeed in life are: hard work, discipline and dedication.

# Riddles

- Why was the maths book unhappy?
2. I am the beginning of the end, and the end of time and space who am I?
3. What can go up and down without moving?
4. What is 11 letter word that is always pronounced incorrectly?
5. I can run very fast but I do not have legs. I have mouth but I cannot speak who am I?
6. I always keep running but I never become tired. who am I?
7. Why is 6 afraid of seven?
8. What starts with T, ends with T and is full of T?
9. What can you see once in a year, twice in a week, but never in a day?
10. What does everyone have that they can always count on?

- 1) Because it had a lot of problems
- 2) The letter "E"
- 3) Temperature
- 4) Incorrectly
- 5) A River
- 6) A clock
- 7) Because 789 (seven ate nine)
- 8) Tea pot
- 9) The letter "e"
- 10) Fingers

# Best Friends

Share laughs, memories, and inside jokes.

They will always be honest, and  
stand by your side no matter what.

They wipe your tears, pick you up  
when you fall, and are forever a  
piece of your heart...



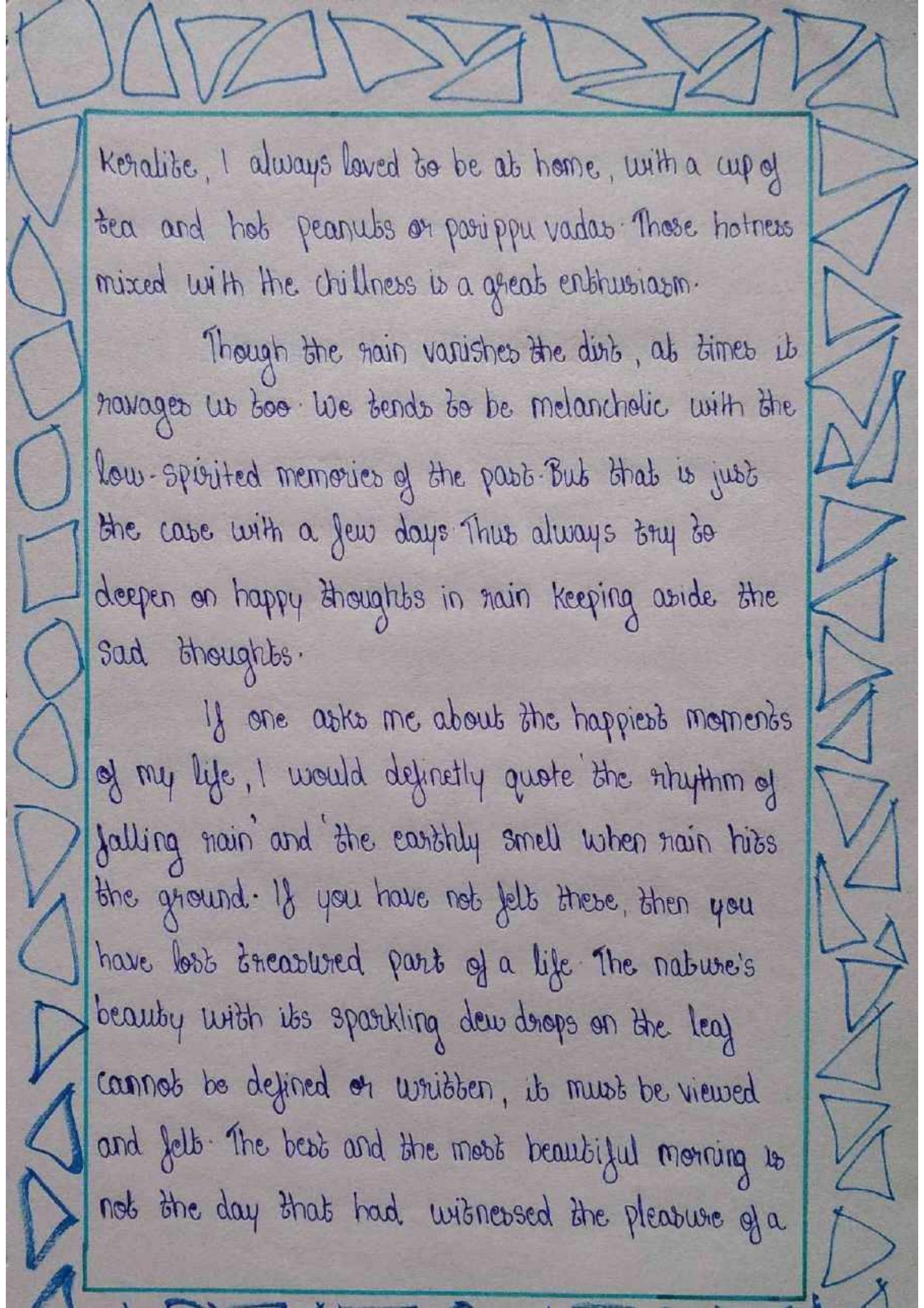


Sofiya Davis  
11 DC English

## Rejuvenating Showers

Rain rejuvenates our body and fills our hearts with the cherishing memories of life. It soothes the soul with its chillness. Though the rain is a frequent phenomenon, we do only take a span of minutes to see the rain. With the tight schedule of life we forget to feel the rain. Feeling the rain once in a while will make us relax and push us forward in life. Rain is always beautiful once you feel it. I think Roger Miller's quote is the best, to throw light on the same - "Some people feel the rain. Others just get wet." So always have the time to feel the pulse of rain because the sound of rain needs no translation.

Some people choose the rainy season for their monsoon rides. While some people like to spend at home with a cup of tea and a good book. Being a



Keralite, I always loved to be at home, with a cup of tea and hot peanuts or porippu vadas. These hotness mixed with the chillness is a great enthusiasm.

Though the rain vanishes the dirt, at times it ravages us too. We tends to be melancholic with the low-spirited memories of the past. But that is just the case with a few days. Thus always try to deepen on happy thoughts in rain keeping aside the sad thoughts.

If one asks me about the happiest moments of my life, I would definitely quote 'the rhythm of falling rain' and 'the earthy smell when rain hits the ground'. If you have not felt these, then you have lost treasured part of a life. The nature's beauty with its sparkling dew drops on the leaf cannot be defined or written, it must be viewed and felt. The best and the most beautiful morning is not the day that had witnessed the pleasure of a

rising sun, but the day just after a good monsoon shower at night, when every drop of water shines like a pearl. The reason behind the beauty and the sparkling morning dew is nothing because, every drop of dew has got its own flowery tale like yours. Thus, if you still have not felt the rain, have time to enjoy the rain because its one of a kind which could be bought without money to please your mind.

Jerney Varghese  
11 BA Eng.

## About Literature.

Literature is strewn with the wreckage of those who have minded beyond reason the opinion of others. The crown of literature is poetry. The decline of literature indicates the decline of a nation. The difficulty of literature is not to write, but to write what you mean. What is wonderful about great literature is that it transforms the man who reads it towards the condition of the man who wrote. While thought exists, words are alive and literature becomes an escape, not from but in to living.

Simple living. This thinking, however is not endorsed in practical life. As is well-known, Mahatma Gandhi always dressed in dhoti and still moved the entire world by his dynamic thinking. Similarly, Jawaharlal Nehru, Abraham Lincoln, Einstein and Bertrand Russell had proved that simple living is a better way of achieving greatness through service to the society.

There are other examples too and a lot of them in human history, to prove the theory of simple living and high thinking. Guru Nanak Kabir and Vinoba Bhave are other examples of this mode of life. These personalities led unsophisticated lives, yet they became the idols of the people as philosophers, poets and leaders. They emancipated the thinking and living of common people with their strong convictions of truth, love for human beings, good of society and led the people to great deeds and achievements not only in the spiritual fields but also in worldly affairs.

Sandra Mathews  
2nd BA English

# Friendship Quotes

♥ Better an Open Enemy than a false friend

♥ I am not your 1<sup>st</sup> friend,

I am not your Last Friend

But, I am always trying to become your

"Best friend"...

♥ Friends are like Crayons

They colour our lives

I am not your favourite colour,

But I think without me

your picture will not be complete.

## Motivational Quotes

- your limitation - it's only your imagination.
- push yourself, because no one else is going to do it for you.
- Great things never come from comfort zones.
- The harder you work for something, the greater you'll feel when you achieve it.
- Dream bigger. Do bigger.
- Success doesn't just find you. you have to go out and get it.
- Don't stop when you're tired. Stop when you're done.



# Beach Sightings!

What would you find at a beach?

Use the key below, and start decoding!

Letter	A	B	C	D	E	F	G	H	I	J
Code	26	25	24	23	22	21	20	19	18	17

Letter	K	L	M	N	O	P	Q	R	S	T
Code	16	15	14	13	12	11	10	9	8	7

Letter	U	V	W	X	Y	Z
Code	6	5	4	3	2	1

1) 4 26 5 22 8 \_\_\_\_\_

2) 15 26 20 12 12 13 \_\_\_\_\_

3) 8 26 13 23 24 26 8 7 15 22 \_\_\_\_\_

4) 7 18 23 22 \_\_\_\_\_

5) 25 26 2 \_\_\_\_\_

6) 12 24 22 26 13 \_\_\_\_\_

7) 24 12 9 26 15 9 22 22 21 \_\_\_\_\_

Answers: 1) WAVES 2) LAGOON 3) SANDCASTLE 4) TIDE 5) BAY 6) OCEAN 7) CORAL REEF

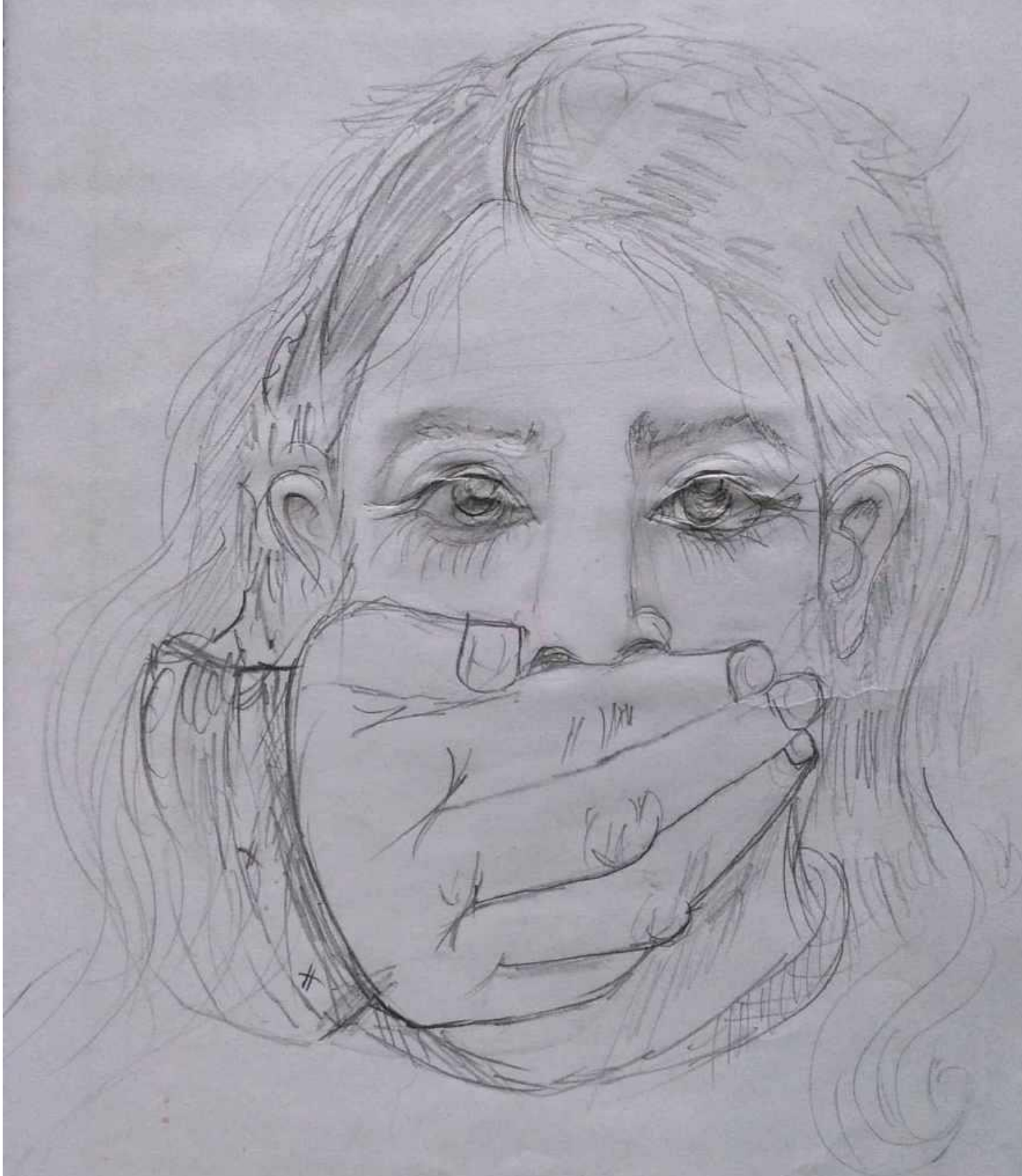
Devika T.S  
11<sup>th</sup> DC English





# WOMEN EMPOWERMENT

India is a developing country and its economic status is also very bad because of the male dominated country. The men are means the halfpower of the country and they are walking alone and they forced women to do only the household works. They do not know that women are the halfpowers of the country and if female and male combine can form the full power of the country. The day when these both power of the country would start working, no other country would be more powerful than India. The woman empowerment can help in reducing poverty, development of the country and it can provide a better chance for next generation. The issues like woman backwards in India such as gender-based violence, reproductive health inequities, economic discrimination, harmful traditional practices, other pervasive and persistent form of inequality.



Ardra Surendran



CHAITHRA · T · K  
TIBA English.

# One Day

One day I will rise again,  
That one day I will stand in my own legs,  
One day I will fulfill all my dreams,  
Dreams come true, dreams come reality.

That day, I will be equal to men

That day, I will be settled.

That day, I will be peacefully happy  
sitting at my home's corridors

One day I will get a Job,  
which I wish to be in life.

One day I will complete my targets  
and I will bring my dreams to reality.

I am still waiting for that great

and happiest day in life

Most awaited day of my life,

It will be....

— Aleena Antony

II M.A. English

# Yesterday

Intrudes to the heart,  
Those words of affection.  
Feeling loved-rethinking  
Those words.

What she perfectly needed,  
Was them, consolation.  
You did the same,  
She-rethinking.

Drops of tears,  
Wet your chest.  
Your hands,  
Caresses her cheeks.  
Bouquet of hugs,  
Gives her warmth.  
Lots of love, dear...



Couple of minutes,  
A little sleep on your lap,  
Forgot everything,  
Two, three tear drops left;  
Feeling loved...

Intrudes to the heart,  
Those words of affection.

- Catherin Jose C.



Devika T's  
and

# Fun and Random facts

The leg bones of a bat are so thin that no bat can walk

Almost half the pigs in the world are kept by farmers in China

Deer have no gall bladders

Gorilla can catch human colds and other illnesses

For every human in the world there are one million ants

The male purple finch is crimson in colour

When you sneeze  
all your bodily  
functions momentarily  
stop, including  
your heart

A group of owls  
is called a  
parliament

It takes about  
140 litres of water  
to grow the coffee  
beans needed to  
produce one cup of  
coffee

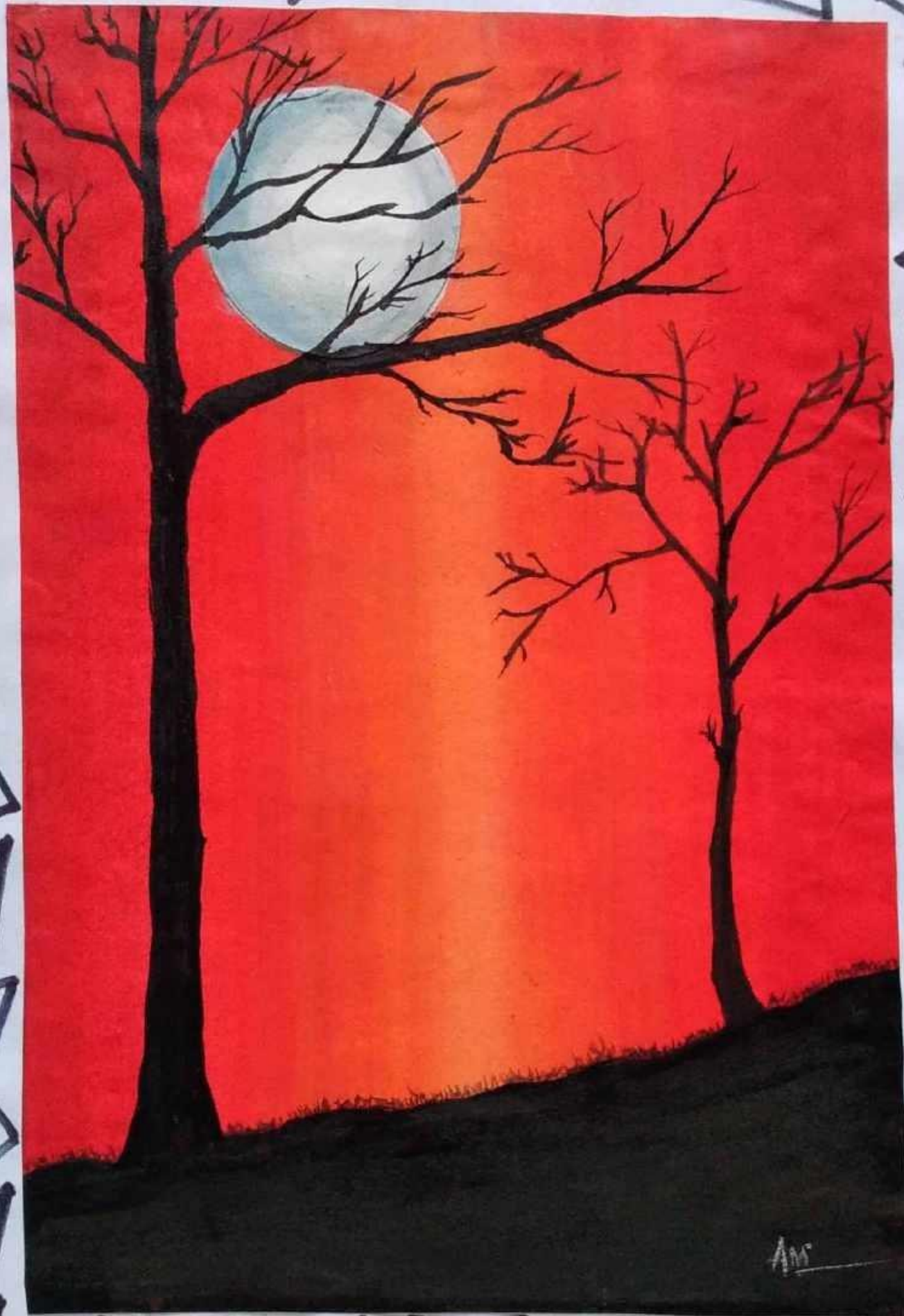
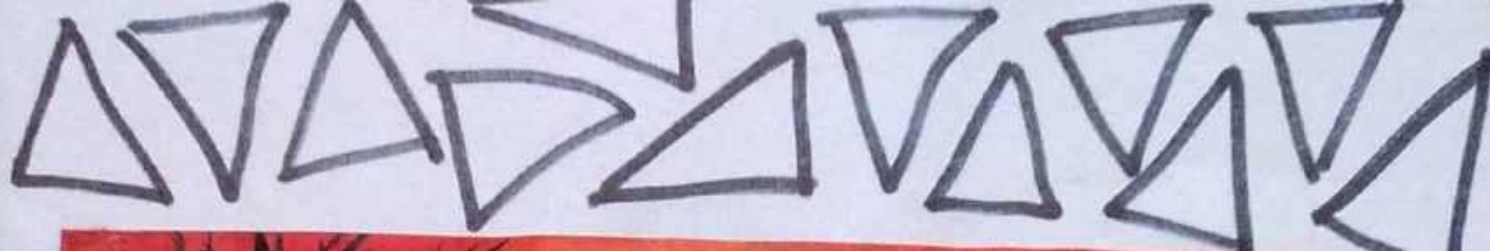
A chicken has  
about 9000  
feathers

Every year the  
population of India  
increases by a figure  
equal to the entire  
population of  
Australia

panama hats  
did not  
originate  
in  
panama

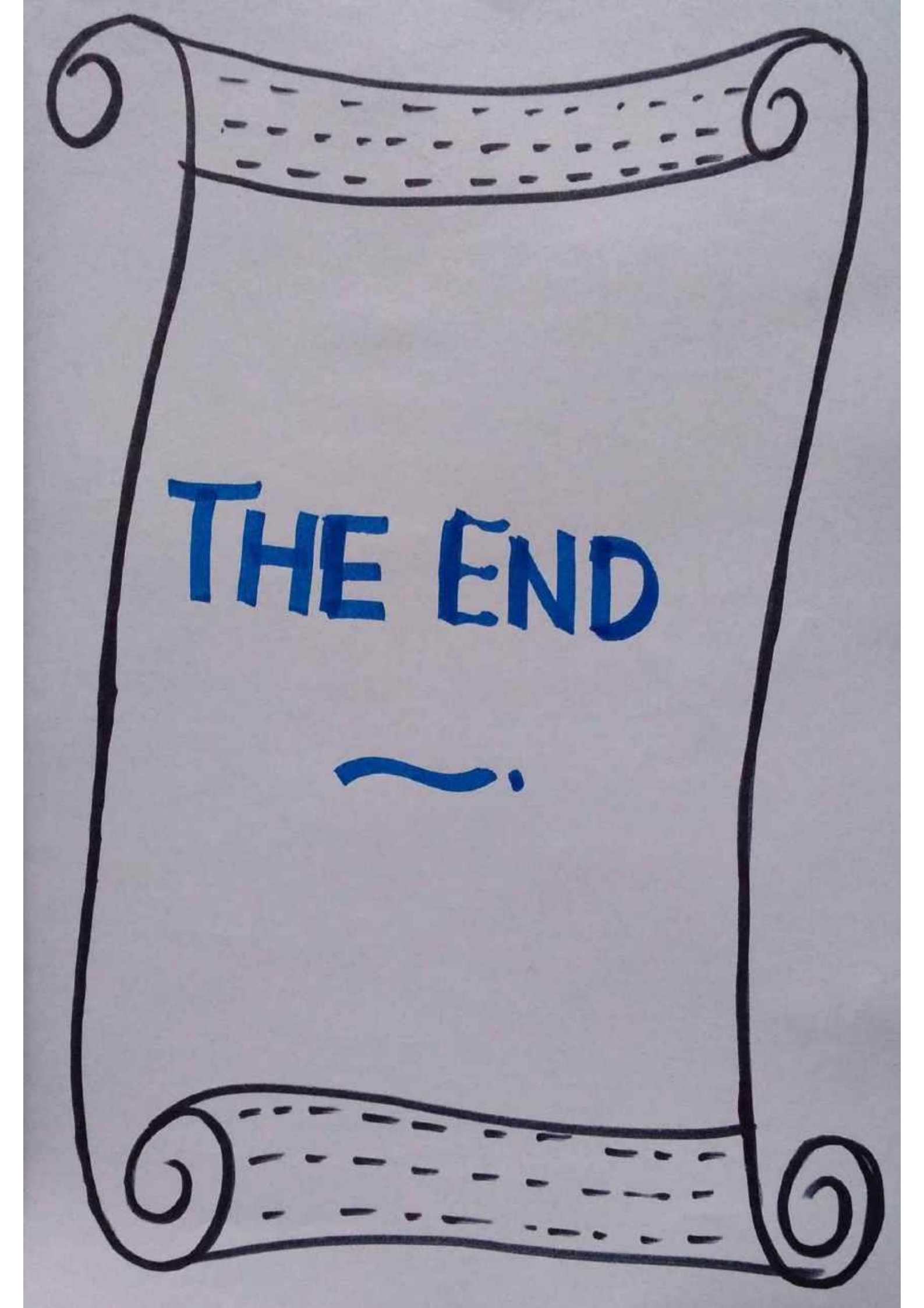


- Aedra Susendran  
III PA. English



Ans

Ardra Surendra

A hand-drawn scroll with a black outline and decorative scrollwork at the top and bottom. The scroll is filled with a light blue color. The text "THE END" is written in a bold, blue, sans-serif font in the center. Below the text is a blue tilde symbol (~).

**THE END**

~

Department of English:

Criterion 2.3.1:

The department of English of SH College Chalakudy has a tradition of **student-centric or learner centric learning/teaching**. In the beginning years of this assessment years it was the experiential learning the students received through the **enactment of various drama/plays** or stories performed as drama, which are part of the curriculum, to the students of the department or to the whole lot of general English students of the college. With those performances, they got to know the nuances of the sensibilities of the work and also a slice of society and life. It gave the opportunity for them to enhance their confidence level and to perform better in their academics.

Another attempt of student –centric learning is the method of **flipped learning**, which is a de-facto of almost all teachers in the department. Especially for all the non-detailed topics in the IV, V and VI semesters, the teachers use the method of flipped classrooms. After giving enough directions, the teachers ask the students to work either in groups or individually towards the topics in the non-detailed sections of the papers in each semester; and which there is either a presentation, a discussion or debate regarding the same in the classroom.

**Learner-centric micro teaching** is devised by the department as **peer-learning**, and is a practice of the department over 8 years. The advanced learners of the same class or among the senior batches are helping the needy in each class. This gives a sense of more ease with learning among students. The method helps both the group of students and teachers involve in the same with timely interferences.

During the pandemic the department has gone more student- centric as it was called out to be a need of the time. The commentable achievements in this regarding are the **video compilations** made by Dr Sr Princy Anto, where every student in both II and III year was asked to do a short video presentation, with no repetition in the topic among students, and later distributed it among the students, which are found to be highly useful for the students.

Also, Ms Sandra Juliet Jose of the department introduced a new Google extension programme called **InsertLearning** for some of her lectures and it was found to be highly useful for the student community, as they were excited to experience new methods of interactive learning. the method not only lead to an interactive learning but helped the students with their ability to “think” over the topics, the process of thinking while learning got re-activated with this new technology.

The teachers also help the students with timely classes on **awareness about the rubrics** of the exam, and how to score more marks in the exam. The teachers of the department encouraged the **reading club** and thereby used to **give specific target number of books to students for each month**(to instil the reading habit).



The details of the methods of student centric programmes devised by the department are attached in the PDF.

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA



## AQAR 2020-21 ECONOMICS

### Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

## **Department of Economics**

Involvement of students in classroom and learning process is ensured through different steps. The major student centric methods practiced by the department are:

### **Student Seminars**

Students present seminars on and around the topics in the curriculum using ICT. This creates a learning space where students have considerable freedom about what they learn, how they learn and how they assess their own knowledge.

### **Projects**

Projects undertaken by students in their final semester provides them a learning space where they themselves identify what is important.

### **Economics Notice Board**

The department has a display board, maintained by the students, where movements in all the key macroeconomic indicators are recorded. The notice board is used to display news items / paper cuttings / photograph and other economics related issues: regularly updated by students. This helps them to remain updated and retain interest in the issues of economy.

### **Bridge Course**

The Department of Economics, Sacred Heart College, is one of five colleges under the University of Calicut that offers the 'Mathematical Tools for Economics' as a complementary course for the BA Economics programme. The core papers for BA Economics 'Quantitative Methods for Economic Analysis' and 'Mathematical Economics' also have mathematical content. Though this is an advantage for the students undergoing the programme, there is a challenge involved. Most of the students who opt for the BA Economics Programme are those who opted for the Humanities group for higher secondary, for which Mathematics is not offered as a subject. Besides, it is a general trend that students who do not like Mathematics opt for the humanities group for higher secondary. The department felt the need to offer a bridge course in Basic Mathematics for first-year degree students. The objective of the bridge course is to refresh the basic mathematics, arithmetic and algebra the student has studied at the school level and to develop the adequate background skill in mathematics to pursue the complementary course 'Mathematical Tools for Economics' and also the core course 'Quantitative Methods for Economic Analysis. The bridge course for the first-year

students is conducted every year during the first two semesters outside the regular working hours. A syllabus is framed for the bridge course by the Department of Economics.

### **Hand Book**

The Department of Economics offers a hand book for the students of the Department. It consists of the mission statement, approach of the Department, details of faculty, syllabus and curricula of UG programme, Viz. course contents, course code, assessment and evaluation, grading, minimum requirements, credits, detailed syllabi, references, objectives, learning outcome etc, syllabus of the add on course, details of Compulsory Social Service (CSS) and the department's policy regarding the conduct of the course.

### **Student Economist - Magazine**

Every year the students bring out a manuscript magazine, 'Student Economist' which includes contributions of students like essays on economics related issues, economics quizzes, economics puzzles/crosswords etc.

### **Sanchay - Extension Activity**

'Sanchay' is an extension activity for imbibing economic intelligence of the Department of Economics, Sacred Heart College, Chalakudy to inculcate prudent economic practices among the student's family.

### **Gender Equity Promotion program**

The Department of Economics conducts gender equity promotion programs to make the students confident and to develop their entrepreneurial skills.

### **Scholar Support Programme (SSP)**

Slow learners are given additional training through the Scholar Support Programme of Government of Kerala.

### **Walk With a Scholar Programme (WWS)**

Advanced learners are given proper guidance and mentoring through the Walk With a Scholar Programme of Government of Kerala.

### **Peer Group Learning**

In each class peer group learning method is implemented to help slow learners and to enhance the knowledge of advanced learners. In the peer group learning advanced learners are selected as leaders to guide group members. This will provide a chance for

advanced learners to understand the topics in a better way and a teaching experience to them. This will be much helpful for them in competitive examinations and in interviews and group discussions to express their ideas in a brief and concise manner.

### **Mentor-Mentee Sessions**

Mentoring sessions are the meetings between mentor and mentee, where the advice, knowledge sharing, and problem solving all takes place. Every mentoring relationship is different, but there will typically be goals set at the beginning that the mentee wants to achieve. The mentoring will be helping them get to where they want to be, while also developing skills such as self-awareness, confidence, and good communication. In each mentoring session, it's important that the discussions, challenges, and solutions raised are all contributing to the mentee's overall goals, to ensure progress is being made. There are simple things both mentor and mentee can do before, during and after they meet to ensure a productive mentoring session.

### **Kerala Piravi Quiz**

The department of Economics conducts Kerala Piravi Quiz every year on 1<sup>st</sup> November on the occasion of Kerala Piravi.

### **Economics Association**

The programmes conducted by the Department of Economics come under the banner of the Economics Association in which students of the department take the leadership roles.

### **Classroom activities**

Classroom activities with definite learning objectives are designed and conducted.

### **Open Forum**

Discussions on issues of economic relevance are made periodically. Open forum is conducted every month. This provides an occasion for them to voice their ideas, opinions and suggestions related to academic matters, teaching learning, co-curricular activities etc.

### **National and International Seminars**

The Department of Economics conducts national and international seminars for the students of the department and outside the college in various topics which give them more insights on different topics.

**Invited Lecture Series**

The department of Economics conducts invited lecture series in honour of the Retired Principal and Former Head of the Department of Economics, Rev. Sr. Ritty Paul every year for the students. Experts are invited to give their lectures on different topics.

**Study Tour**

The final year students of the Department of Economics visit different regions as study tour as part of their University syllabus.

## Kerala Institution of Local Administration (KILA) Online Training Programmes

The students of the Department of Economics successfully completed online training programme offered by the Kerala Institution of Local Administration (KILA), Thrissur, Kerala, India in May 2021 on the following topics:

1. Panchayati Raj System and Decentralized planning
2. Ecosystem Based Disaster Risk Reduction – Eco-DRR
3. Laws and Legal Provisions for Women
4. Capacity Building Training for Harithakarma Sena Members
5. Process of Elections to the Local Self Governments

### Training Registration

സ്ത്രീകൾക്കായുള്ള നിയമങ്ങളും അവകാശ പ്രഖ്യാപനങ്ങളും - ഓൺലൈൻ പരിശീലനം

ecourses.kila.ac.in



സ്ത്രീകൾക്കായുള്ള നിയമങ്ങളും അവകാശ പ്രഖ്യാപനങ്ങളും

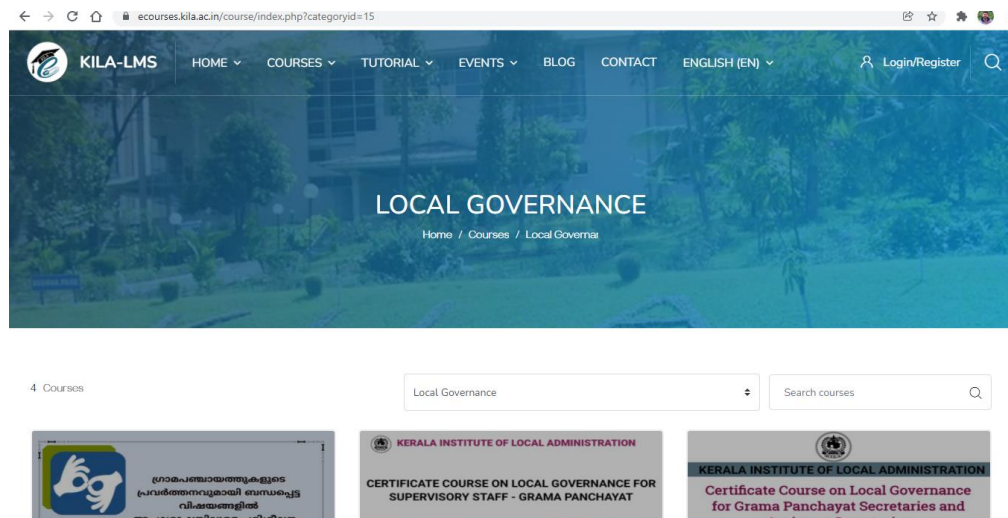
സ്ത്രീകളുടെ അവകാശങ്ങൾ സംരക്ഷിക്കുന്നതിനും തുല്യനീതി ഉറപ്പു വരുത്തുന്നതിനും അവകാശ ലംഘനങ്ങൾക്കും നീതിനിഷേധങ്ങൾക്കും എതിരെ നടപടിയെടുക്കുന്നതിനുമായി നിലവിലുള്ള നിയമവ്യവസ്ഥകളും സംവിധാനങ്ങളും പരിചയപ്പെടുത്തുന്നു . ഭരണഘടന ഉറപ്പു വരുത്തുന്ന അവകാശങ്ങളും ലിംഗ നീതിയ്ക്കായുള്ള അന്താരാഷ്ട്ര പ്രഖ്യാപനങ്ങളും കോഴ്സിൽ ഉൾപ്പെടുത്തുന്നു

Start Date : 21-Dec-2020

Medium : Malayalam

Contact Person :  
ശ്രീമതി. നിസ്മിത.ആർ.ഐ, ഫോൺ : 9633805474

Register Now



The screenshot shows the KILA-LMS website interface. At the top, there is a navigation menu with options like HOME, COURSES, TUTORIAL, EVENTS, BLOG, CONTACT, and ENGLISH (EN). Below the menu is a banner for 'LOCAL GOVERNANCE' with a background image of a building. Underneath the banner, there is a search bar with 'Local Governance' entered and a search button. Below the search bar, there are three course cards. The first card is partially visible with a logo. The second card is titled 'CERTIFICATE COURSE ON LOCAL GOVERNANCE FOR SUPERVISORY STAFF - GRAMA PANCHAYAT'. The third card is titled 'Certificate Course on Local Governance for Grama Panchayat Secretaries and...'. The page also shows '4 Courses' and a 'Login/Register' button.



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Avani A S A S**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 8/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General





**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

**Avani A S A S**

has successfully completed online training programme for  
**Ecosystem-based Disaster Risk Reduction - Eco-DRR**



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Director General

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**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Anaswara Rajesh**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



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Director General



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Thrissur, Kerala, India

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Director General



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# Certificate

This is to certify that

**Anju M A**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



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Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Sophy A. J**

has successfully completed online training programme on  
**Laws and Legal Provisions for Women**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

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Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

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**Panchayati Raj System and Decentralised Planning**



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Dr. Joy Elamon  
Director General





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Thrissur, Kerala, India

# Certificate

This is to certify that

**Josna K J**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



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Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India



# Certificate

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Director General



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Theras Babu**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



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Kerala Institute of Local Administration

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Dr. Joy Eamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Theras Babu**

has successfully completed online training programme on

**Laws and Legal Provisions for Women**



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Kerala Institute of Local Administration

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Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Adithya T.G**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



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Kerala Institute of Local Administration

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Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Adithya T.G**

has successfully completed online training programme on

**Laws and Legal Provisions for Women**



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Kerala Institute of Local Administration

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Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Rosemary Johnson**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



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Kerala Institute of Local Administration

Generated on : 10/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Annmerin Nj**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 11/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Jay Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**Silpa Babu**

has successfully completed online training programme on  
**Panchayati Raj System and Decentralised Planning**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 11/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General





**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that Sri/Smt

**Rosemary Johnson**

has successfully completed the online training programme for

**Capacity Building Training for Harithakarma Sena Members**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 11 May 2021



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**  
Thrissur, Kerala, India

# Certificate

This is to certify that

**AMRITHA S MUKUNDAN MUKUNDAN**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 10/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**AMRITHA S MUKUNDAN MUKUNDAN**

has successfully completed online training programme on

**Laws and Legal Provisions for Women**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 11/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Anaswara Rajesh**

has successfully completed the online training programme on

**Process of Election to the Local Self Governments**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

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Dr. Joy Eamon  
Director General



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Josna Jose**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



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Kerala Institute of Local Administration

Generated on : 8/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General



**Kerala Institute of Local Administration (KILA)**

Thrissur, Kerala, India

# Certificate

This is to certify that

**Anaswara Rajesh**

has successfully completed online training programme on

**Panchayati Raj System and Decentralised Planning**



[ecourses.kila.ac.in](http://ecourses.kila.ac.in)

Kerala Institute of Local Administration

Generated on : 8/05/21



KILA has confirmed the identity of this individual and their participation in the course.

Dr. Joy Elamon  
Director General

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### HISTORY

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

### 2.3.1 Student Centric Methods

Department organized various activities in every academic year to the holistic development of the students. The activities included different programmes like seminars of the experts, projects, observance of important days, surveys, visit to tribal colony, visit to old age homes and orphanages, heritage club activities, museum renovation, participated in the protection of heritage sites at Muniyattukunnu, study tours, mentoring sessions, Civil Service Classes.

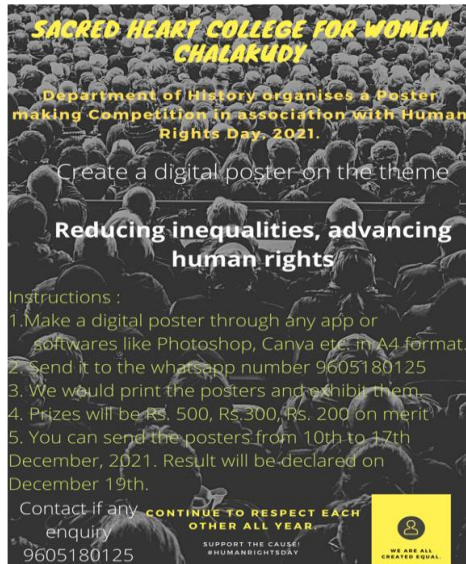
#### Participatory Learning Methods

Academic Year	Method	Activity
2020 -2021	Observance of Days	Environment day tree carubg at home.
	Observance of Days	Independence day
	Documentary videos by students	Historical and heritage sites are to be presented.
	Presentation of Seminar videos in YouTube	Topics from their Core paper have to be presented with the help of ppts, videos, pictures etc.
2021-2022	Observance of Days	Human Rights Day
	Heritage Club Activities	Artifact Exhibition
	Invited talk	Methodology of Historical Writing
	Photo Exhibition	Charitram Uragunna Chitrangal



## Academic Year 2021-2022

We organized a digital poster making competition for all the students of the college in connection with human rights day. Cash awards were given to all the participants



## Artifact Exhibition

The artifact exhibition was conducted on 14/12/2021 at the museum of our history department. The museum opened from 9 to 4 for all the students. The artifacts included varieties of utensils, ceramic vessels, fishing tools, pieces of urns and Neolithic tool etc .



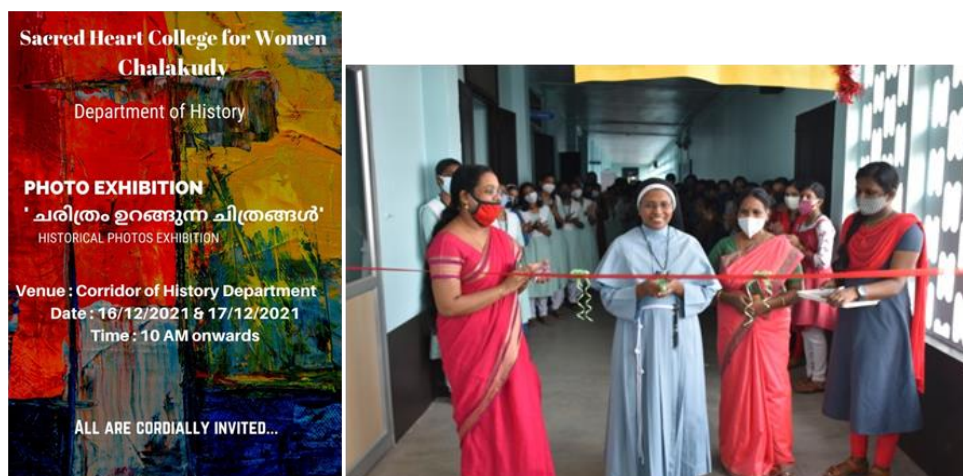
## Invited Talk

An invited talk on Methodology of historical writing organized on 15th December 2021. Ms Vinitha M Vijayan, Assistant Professor & HoD of Carmel College, Mala delivered the academic talk. She talk about the various aspects of writing a dissertation including selection of topic, collection of sources etc



## Photo Exhibition

A photo exhibition “ Charitram Uragunna Chitrangal”conducted on 16/12/2021. The programme was inaugurated by Vice Principal Dr Sr Princy Anto. Along with the various aspects of tribal culture, their life styles and settlement patterns, the exhibition throws light on the different functions of the people who lived in Kerala in the first half of the 19th century





## Academic Year 2020-21

### 1. Open Course Documentary series

Students who opted Heritage studies (2020-21) and Historical Tourism (2021-22) as Open Course are requested to do a documentary video on a topic related to the topics in the syllabus. This video is counted as seminar presentation by the students who prepare the documentary. Diverse art forms, places, monuments, temples, churches, parks, natural beauty and lot more are absorbed by the students into their camera frames. All the videos are so informative and entertaining in nature. Students learn the heritage value of the monuments or sites by preparing the documentary.

The videos which ensure watch quality are edited by the faculty of Department and are uploaded to College YouTube Channel. The ICT used here is high end video editing computer using the software Filmora. Many of the videos got wide appreciation from public as they found them very much informative and entertaining. The YouTube links of the videos are pasted below. The screenshots of some of the videos are also pasted here.

Link to playlists of Documentaries prepared during 2020-21 -

[https://www.youtube.com/playlist?list=PLTW6CQ1sX0xcHDWobWykF6U\\_6lAn974y6](https://www.youtube.com/playlist?list=PLTW6CQ1sX0xcHDWobWykF6U_6lAn974y6)

Link to playlists of Documentaries prepared during 2021-22 –

<https://www.youtube.com/playlist?list=PLTW6CQ1sX0xet56wJisdJrXsJjt9cDIq6>

Channel playlists - YouTube Stu... x History Open Course Assignmen... x

youtube.com/playlist?list=PLTW6CQ1sX0vet56wIisd1XsJf9cDlq6

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MORE FROM YOUTUBE YouTube Premium Films

**History Open Course Assignment- Documentary series**  
9 videos • 2 views • Updated today  
Public

No description

Sacred Heart College Chalakudy

- History Documentary series - Heritage of Kanjoor church- Josemi Jose Sacred Heart College Chalakudy 4:46
- History Documentary series - Serpent Worship in Pambumekattu Illam- Biya Sacred Heart College Chalakudy 8:47
- History Documentary series - Kauthuka Park (Wonder Park)- Sona & Anjana Sacred Heart College Chalakudy 13:02
- History Documentary Series- British Church & Bungalow at Fort Kochi. Sacred Heart College Chalakudy 6:44
- History Documentary series - Chimmini Dam, Thrissur- Amrutha M.S Sacred Heart College Chalakudy 5:05
- History Documentary series - Heritage of Koodalmankyam Temple- Bhuvana Sacred Heart College Chalakudy 3:16
- History Documentary series - Kalashamala-കലശലം- Anriya David Sacred Heart College Chalakudy 8:23
- History Documentary series - താഴ്കെടപ്പള്ളി ശാസനം- Thazhekadupalli Shasanam- Angel Shaju Sacred Heart College Chalakudy 4:36
- History Documentary series - St.Mary's Church, Koratty- Sajana & Sayoogya Sacred Heart College Chalakudy 6:55

Activate Windows  
Go to Settings to activate Windows.

Channel playlists - YouTube Stu... x History Documentary series - Se... x

youtube.com/watch?v=FwTVV6FJHE&list=PLTW6CQ1sX0vet56wIisd1XsJf9cDlq6&index=2

Search

History Open Course Assignment- Documentary seri Sacred Heart College Chalakudy - 2/9

1 History Documentary series - Heritage of Kanjoor church-... Sacred Heart College Chalakudy 4:46

2 History Documentary series - Serpent Worship in... Sacred Heart College Chalakudy 8:47

3 History Documentary series - Kauthuka Park (Wonder... Sacred Heart College Chalakudy 13:02

4 History Documentary Series- British Church & Bungalow a... Sacred Heart College Chalakudy 6:44

5 History Documentary series - Chimmini Dam, Thrissur-... Sacred Heart College Chalakudy 5:05

6 History Documentary series - Heritage of Koodalmankya... Sacred Heart College Chalakudy 3:16

7 History Documentary series - Kalashamala-കലശലം-... Sacred Heart College Chalakudy 8:23

8 History Documentary series - താഴ്കെടപ്പള്ളി... Sacred Heart College Chalakudy 4:36

9 History Documentary series - St.Mary's Church, Koratty-... Sacred Heart College Chalakudy 6:55

All Related Live Recently uploaded

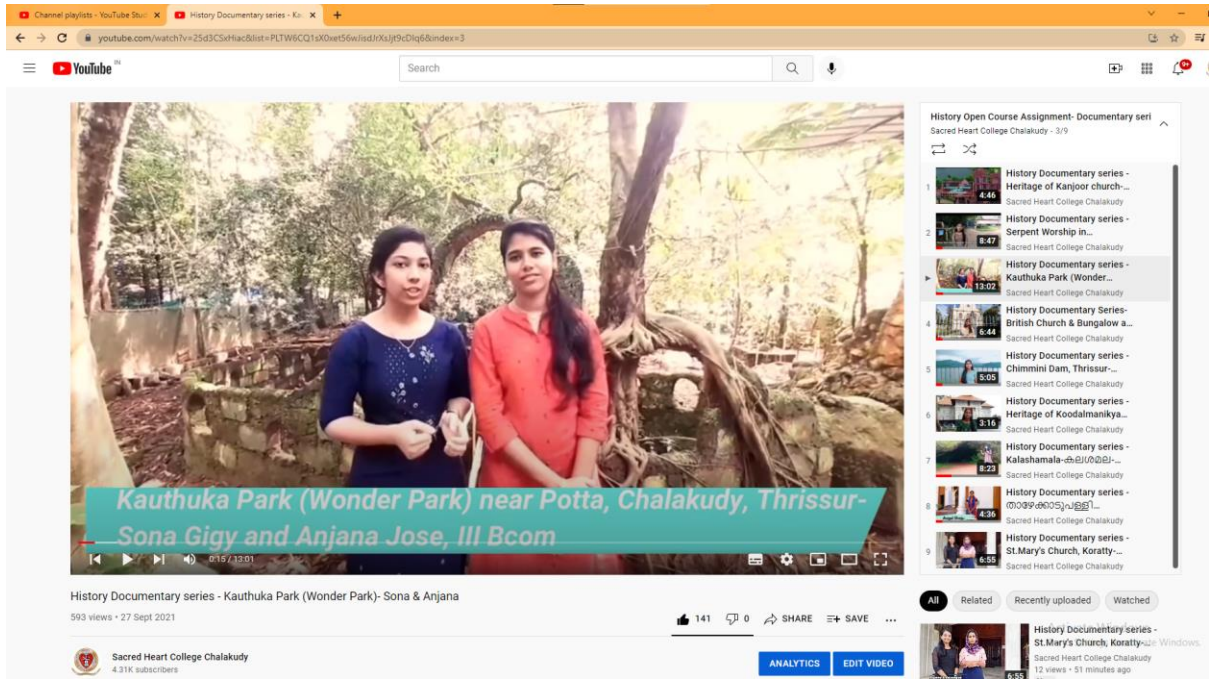
History Documentary series - St.Mary's Church, Koratty... Sacred Heart College Chalakudy 12 views • 50 minutes ago

History Open Course Assignment- Serpent Worship in Pambumekattu illam

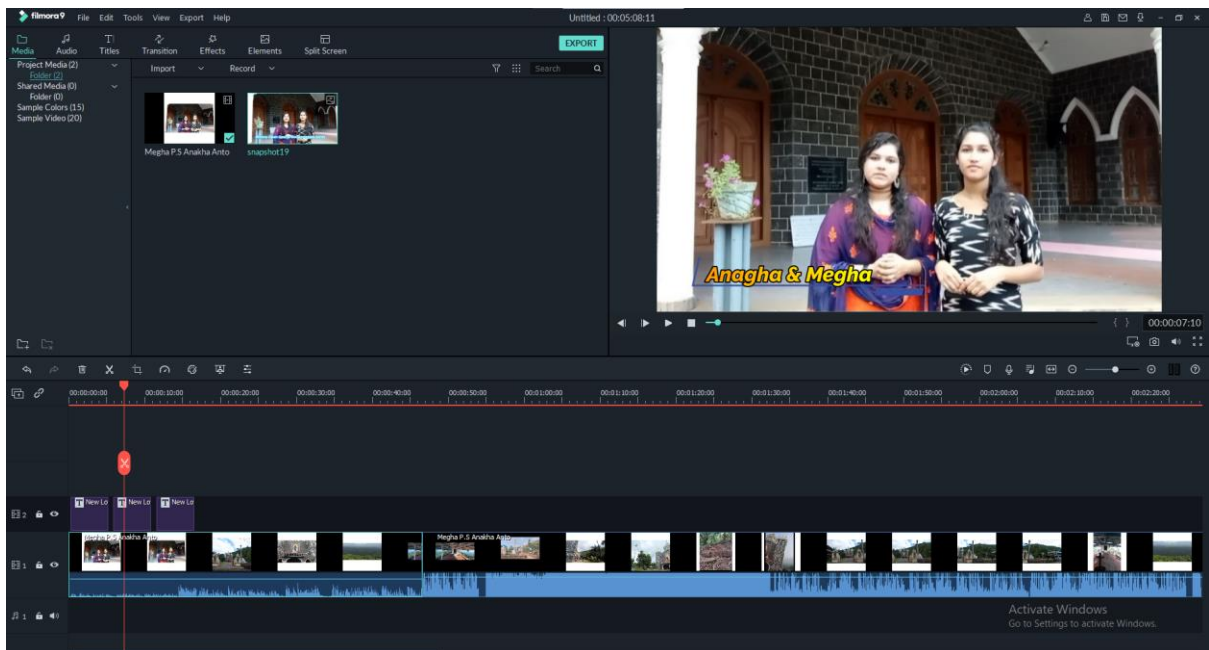
History Documentary series - Serpent Worship in Pambumekattu Illam- Biya  
485 views • 27 Sept 2021

Sacred Heart College Chalakudy  
4.31K subscribers

ANALYTICS EDIT VIDEO



## Editing Window



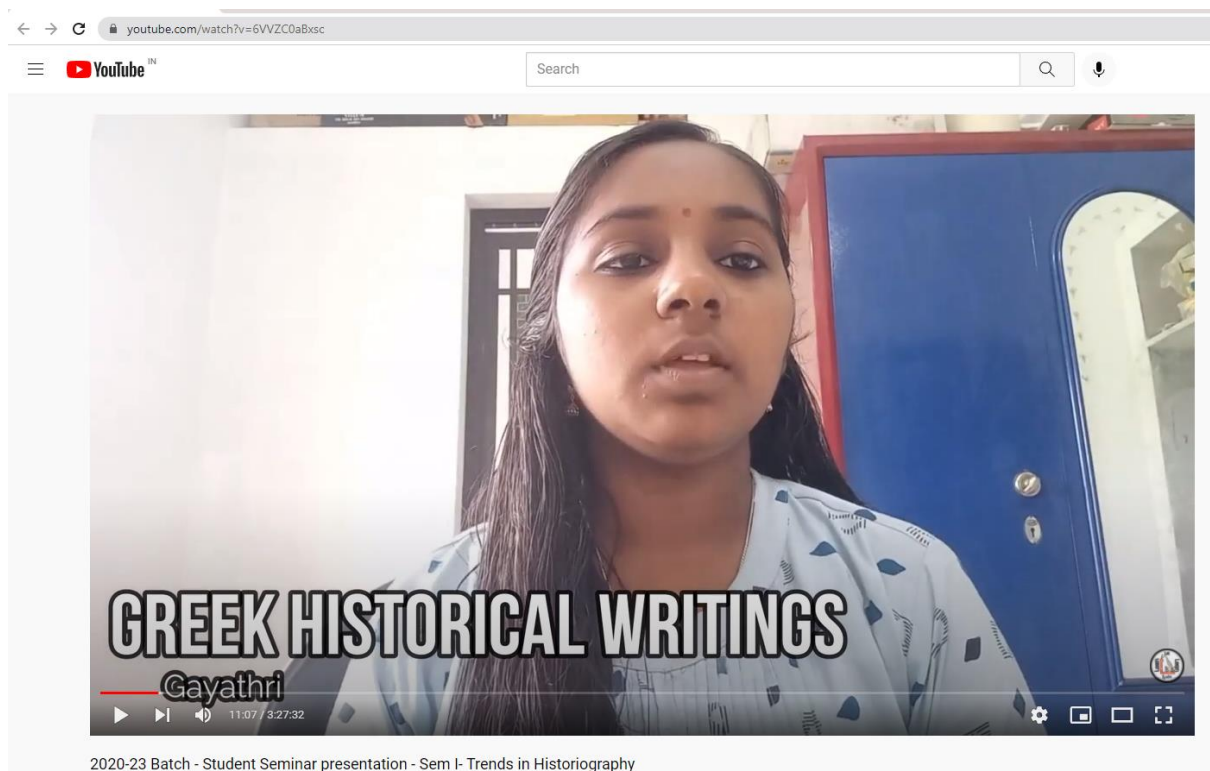
## 2. Student Seminar YouTube Video

Students of BA History 2020-23 Batch are requested to prepare a Seminar video of their Semester I paper- Trends in Historiography. All the modules and sub-topics are covered in the seminar series.

They are instructed to add photographs, illustrations, video-audio clips to increase the experiential level of understanding the topics.

Students could learn from the presentation of other students and they could repeatedly access the videos as they are posted to YouTube channel. In order to ensure the privacy and safeguard from copyright issues, the videos are posted as unlisted private videos in which the vides . The link of the videos, screenshots are pasted here.

Sem I- Trends in Historiography- <https://youtu.be/6VVZC0aBxsc>



## 3. Independence Day commemoration by department

Students of all the three years of BA history had prepared a dance mashup video reflecting the freedom, culture and democracy of our country. The video was released on August 15th, 2020 in the official college YouTube channel. The video was shot from home owing to Covid pandemic and are merged and edited by students themselves. The video helps students and public to enjoy and celebrate the freedom & democracy of our nation.

The department has also organised a speech competition and poster-making competition on the themes : Significant milestones in the post-independent India & India 2050. Prizes were also announced for the winners. The brochures and the link to the YouTube videos are pasted here.

[Speech & Poster Competition organized by the Dept. of History. Winners are also announced in it.](#)

[A Dance Tribute on this Independence Day , by the students of Department of History.](#)

**SACRED HEART COLLEGE, CHALAKUDY**

Dept of History in association with  
Civil Service Club of our College

To Commemorate  
74th year of  
Independence

**ONLINE SPEECH COMPETITION**

**TOPIC :** സ്വാതന്ത്രാനന്തര ഇന്ത്യയുടെ നാഴികക്കല്ലുകൾ  
നിങ്ങളുടെ വീക്ഷണത്തിൽ  
Significant milestones in the post-independent India  
in your observation.

1st- Rs.1000/-  
2nd - Rs.600/-  
3rd - Rs. 400/-

Any student of  
our College can  
participate

**INSTRUCTIONS :**

- 1 You should record a 3-minute continuous selfie speech video (landscape mode) on the topic (in English or Malayalam). Send the best video to us. ( not more than 3 minutes)
- 2 Send it to the Whatsapp no: 9605180125.
- 3 The jury panel will evaluate the speeches & will announce the winners on August 15,2020.
- 4 Prize money will be send on the same day through. Pay app/ bank transfer.

# SACRED HEART COLLEGE, CHALAKUDY

*Dept of History in association with  
Civil Service Club of our College*

*To Commemorate  
74th year of  
Independence*



## **ONLINE POSTER MAKING COMPETITION**

**Topic: INDIA 2050**



*1st -Rs. 500/-  
2nd -Rs. 300/-  
3rd -Rs. 200/-*

**Any student of  
our College can  
participate**

### **INSTRUCTIONS:**

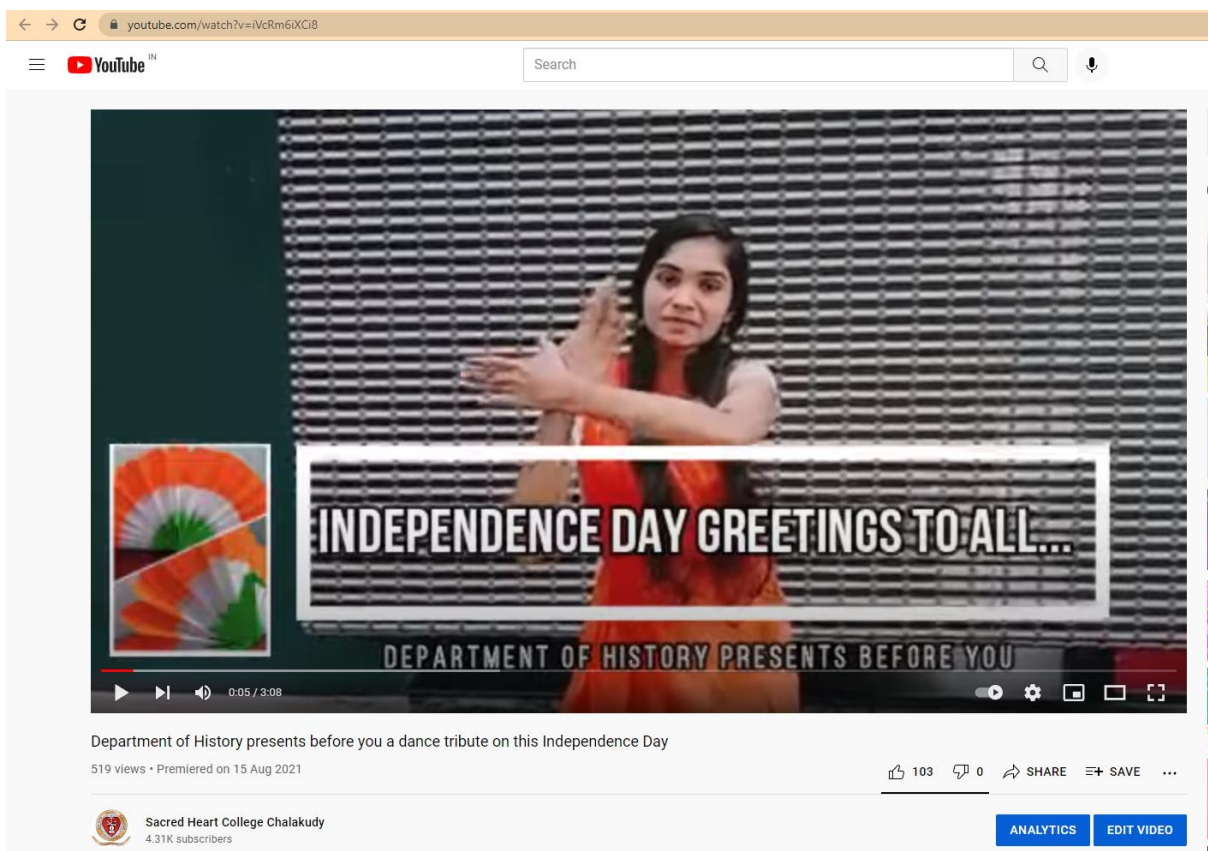
- You can use any android apps or softwares like MS paint or photoshop to make the poster.
- Dimensions of the poster should be 9:12(Width: Height) Ratio.
- Poster can have writings, quotes, pictures, statistics, diagrams, newspaper reports etc.,
- No Emoji should be applied.
- Poster should be in .jpg/.png format
- The poster should be mailed to [libinfrancis@gmail.com](mailto:libinfrancis@gmail.com) before **AUGUST 10, 2020**
- Results will be announced on August 15, 2020 & prize will be transferred on the same day via  Pay or bank transfer.



#### 4. Independence Day celebrations, 2021

Students of all the three years of BA history had jointly released a video on the 75th independence Day, on August 15th, 2021. The video was shot from home owing to Covid pandemic and are merged and edited by students themselves. The video helps students to cherish the value of independence and commemorate the sweetness of independence in our country.

<https://youtu.be/iVcRm6iXCi8>



The screenshot shows a YouTube video player interface. The video content features a woman in an orange sari performing a dance against a background of horizontal blinds. A white text box overlaid on the video reads "INDEPENDENCE DAY GREETINGS TO ALL...". Below the video, the text "DEPARTMENT OF HISTORY PRESENTS BEFORE YOU" is visible. The video player controls show a progress bar at 0:05 / 3:08. Below the video, the title "Department of History presents before you a dance tribute on this Independence Day" is displayed, along with "519 views • Premiered on 15 Aug 2021". The channel name "Sacred Heart College Chalakudy" and "4.31K subscribers" are shown. Interaction buttons for "103" likes, "0" comments, "SHARE", "SAVE", and "..." are present. At the bottom right, there are buttons for "ANALYTICS" and "EDIT VIDEO".



Department of History presents before you a dance tribute on this Independence Day

519 views · Premiered on 15 Aug 2021

👍 103 🗨️ 0 ➦ SHARE ⌵ SAVE ...

 Sacred Heart College Chalakudy  
4.31K subscribers

[ANALYTICS](#) [EDIT VIDEO](#)

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### COMMERCE

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

### **2.3.1 STUDENT CENTRIC METHODS**

To enhance learning experience among students, the commerce department arranged experiential learning, participative learning, and problem solving methodologies. The students actively participated in these advanced learning methods.

To ensure student involvement in different activities, the commerce department organized group discussions, debates, quiz competitions, panel discussions etc. These activities helped a lot to improve their communication skills and to polish their speaking skills which will help the students to build confidence to face the competitive world in future. Seminars on topics related to the syllabus helped to develop interest in their study.

Another learner centered approach was speech and presentations. On a weekly basis one day arranged for two minute speeches about different topics related to general and social issues and they were instructed to present it as an assignment. Some learners may already have some knowledge about a topic, whereas some of them will be entirely new to the concept. The additional material makes learning more effective. It facilitated personalized learning and improved retention of knowledge. Given that a learner centered approach places high emphasis on relevance and engagement, it greatly influences learners' interest levels. Peer group learning is another technique which provides an opportunity to foster collaborative learning. In this method senior students were given a chance to take classes with junior students. This type of participative learning helped to improve students' ability to think and work independently.

Other student centered Learning methods are arranging a lot of scenarios, case studies, role plays, etc. Students engagement in these activities facilitated student empowered learning. It helped students to understand how to handle a new and different learning environment in a good way. In this method students got a chance to express their ideas in their terms. Practical implementation of concepts is the most effective tool for learning

Seminars, food fest, industrial visit, community visit, study tours etc. were arranged. Visiting away from the comfort of college and home fosters independence, leadership skills, and communication skills. Students learn to break down the barriers of language and learn how to communicate across boundaries. An exchange of cultural values allows for them to become more accommodating personalities. The experience of travel makes them independent individuals and helps establish lifelong values and priorities. Travel also makes them strong individuals.

Student participation was ensured in organizing various activities and anchoring. It helped to develop soft skills and leadership skills among students. English speaking day activities on a weekly basis helped students to improve their language skills a lot. To improve thinking and presentation skills, business news discussion, editorial talk, presentation of their own creative work etc arrangements which was a great success because of students active participation.

ED Clubs, Debate club, Quiz club, Webinars, Seminars etc helped students to learn how to engage with diverse groups of people. Driving class, Career orientation classes etc were arranged by the department to students which helped them to learn how to set and achieve their personal and educational goals. The Commerce Association called CASH (Commerce Association of Sacred Heart College) was a great platform to

commerce students to organize different programs which gave a great opportunity to show their talents and skills.

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### PHYSICS

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

## Department of Physics

2.3.1 Student-centric methods, such as experiential learning, participative learning and problem solving methodologies are used for enhancing learning experiences

### 1. Experiential learning

Experiential learning methodologies used are Science laboratory experiments, Investigatory Projects and Study tours. All Final Year UG & PG students do investigatory projects as per their syllabus . UG & PG students have laboratory hours in addition to theory hours.

#### Lab Hours

Department	Class	Lab Hours
Physics	I B.Sc. Physics	2 hours/week
	II B.Sc. Physics	2 hours/week
	III B.Sc. Physics	8 hours/week
	I M.Sc. Physics	8 hours/week
	II M.Sc. Physics	8 hours/week

#### Study tours

Year	Class	Institute visited
2020-21	III B.Sc. Physics	Regional Science Centre, Chalakudy on 16-02-21



## **2. Problem solving methodologies**

Tutorial system Mentoring sessions to overcome academic stress, Counseling sessions  
Discussions Language labs to improve language competency Powerpoint seminar  
presentation by students for improving communication skills

## **3. Participative learning**

<b>Year</b>	<b>Activities</b>	<b>Details</b>
2020-2021	Seminar	THE ERUDITE, Scholar-In-Residence Program during February 22-27, in online mode.
	Visit	Regional Science Centre, Chalakudy on 16-02-21.
	Quiz	SAKSHAM-2020 (Oil and Gas Conservation mass awareness campaign) in association with BPCL and ENCON club on 02-03-2020.

# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### CHEMISTRY

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

### 2.3.1 : Classroom learning innovations:

- Video conferencing is also occasionally done. Students are encouraged to convert their seminar presentations into video lecture format.
- Peer group studies instill in the students the value of collective and collaborative quest. It is heartening to see the enthusiasm with which students conduct peer studies.
- Department YouTube channel is a nonpareil feature providing student's opportunity to make public their academic and creative acumen.
- Student Centric Interactive lectures.
- Group discussions, debates, quiz competitions are organised.
- Seminars on topic related to the syllabus.
- Practical's and viva sessions.

#### Institutional level student centric activities:

- Chemistry department organize seminars, workshops, exhibitions, study tours, Internships, Industrial Visits, Projects, Association inauguration, important science days, mobile lab for school students etc. Volunteers are trained for specific duties like the conduct of the official function, anchoring, arrangement and conduct of paper presentation sessions, food and refreshment etc. This enhances their organizational skills and confidence.

Sl. No.	Name of the initiative	Target group	Duration	Outcome
1.	Science exhibitions	All chemistry students	One week	Science exhibitions are string tools to propagate the ideas of pure science among students and public.
2.	Industrial visit	III DC degree and II P G students	One day	To aware the students about the industrial applications of chemistry and a guide to their career.
3.	Seminars and workshops	All students	One day and two days	To develop the subject knowledge, a stage to interact with experienced professionals and increase the practical knowledge.

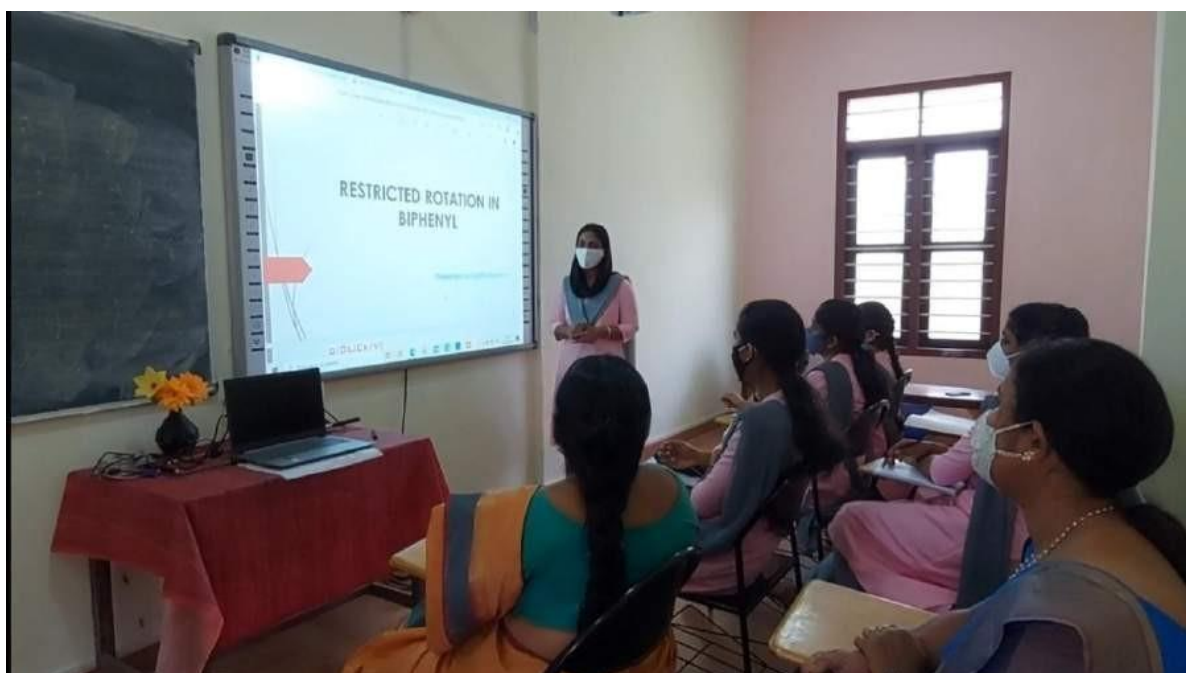
## **Industrial visit**

- Department organized an industrial visit for final year B.Sc. chemistry and MSc. Chemistry students to CUSAT – Cochin University of Science and Technology on 26/02/2021. There, students got opportunity to visit the research lab, the campus.



## **Peer Teaching**

Peer Teaching The department encourages the conduct of peer-teaching among both UG and PG students every year. The students of each class voluntarily take classes on topics of their interest. They prepare classes and present in ppt format or by following the usual black board technology. The participants ask questions, and the speakers give clarifications on the doubts raised by the audience with or without the help of teachers.





### Science Exhibitions

The department conducted periodic table exhibition in connection with periodic day celebration. All students in chemistry department participated in the exhibition through various groups. The periodic tables are exhibited in the chemistry research lab for the staff and students in the college.





- On 16<sup>th</sup> February 2021 academic year the self employment unit made hand sanitizer, pain bam and detergent. The products are distributed in the nearby villages, institutions, other departments in the college, bus stand, police station etc. with the help of staff, students and lab assistants.





The department has organized a workshop to give hands on training on making hair gel and fabric conditioner by Sreejith V.S director of Science Centre for all students on 25/10/2021. Dr. Santhosh Paul (HOD of chemistry department) inaugurated the training programme.







# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### ZOOLOGY

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.

### 2.3.1

Student Centric Interactive lectures, group discussions, debates, quiz competitions are organised. Involvement of students during classes is encouraged. Seminars on topic related to the syllabus were conducted.

Assignments, Practicals and viva sessions, Minor projects, Newsletter, manuscript making etc. are assigned to the learners thus encouraged learning collaboration allowing students to learn, work and study in groups. This tried to instil empathy, negotiation skills, team work and problem solving.

A supportive and inspiring learning environment is created in the department for the students that make them their own success, incorporating their capabilities and interests. Field trips and study tours give the students the impetus to absorb experiential learning. The students are engaged to prepare field trip notes, projects and other assignments related to trip. The educational content is linked with the experience that the students are having. Thus teaching is enhanced and deepened by adding questions related to the subject.

Smart class rooms used to make the course interactive. This helped to convey the topic more effectively to the students and making it a visual, engaging experience.

Students are helped to the in-charge of their own learning and immerse themselves more in the subject, taking more interest and learning better thus to lay foundation in independent learning, students are given reading assignments to complete it at home and asked to solve the problem in the class.



**Group activities**



**Field trip**



**Quiz Competition**





**Field visits & Group activities**



**Student Seminar**



**Peer teaching & Debate**



# SACRED HEART COLLEGE FOR WOMEN

CHALAKUDY, THRISSUR, KERALA

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## AQAR 2020-21

### COMPUTER SCIENCE

## Criterion II – TEACHING – LEARNING & EVALUATION

SUB CRITERION – 2.3.1 - Student centric methods, such as experimental learning, participate learning and problem solving methodologies are used for enhancing learning experiences.



### **2.3.1 Student Centric Methods**

The **Department of Computer Science** proudly states that the department produces **100%** passes out for the entire batch of MSc Computer Science since 2002. The following information illustrates the activities of the department for the recent 5 years. Most of the activities of the department ensures the involvement of students to enhance the learning process.

#### **At PG Level:**

The PG department consists of exclusive and experienced guest faculty members to deliver the sessions. The entire team of the faculty members including permanent members closely monitor the progress of students and mentoring them to achieve success. The following are the student centric activities of the department.

- For each semester, the department encourages one or two members from each batch as the class representative on a rotation basis in order to boost their leadership quality.
- The department also initiates various activities for the students like Gaming, Group Discussions and Programming Tests to increase student participation in the teaching-learning process.
- The department also encourages seminar presentations for every subject in order to improve communication skills as well as the confidence level among fellow members.
- The department identifies the best communicators and grooms them for participating in college-level, inter-collegiate level and other competitions.
- The department also delivers a certificate programme in Technical Writing using Latex and assist them in preparing standard presentations and papers for Paper Presentation Competitions and Conferences.
- Industrial Visits organized every year until 2019 (before the Covid19 pandemic), also motivated students to build their careers as software professionals.
- The department conducts Conferences, Workshops and Seminars periodically to bridge the gap between academia and industry.

#### **At UG Level:**

The department offers a Complementary Course in Computer Science for the BSc students of streams Physics, Chemistry and Mathematics. As per the curriculum, Computer Science is offered from the basics to the intermediate level in the first two years of their study. The department is blessed with two permanent and experienced faculty members having doctoral degrees to handle the subjects. The department encourages students in line with the parental department's strategies and guidelines.