

**LETTER OF APPRECIATION FROM EXCISE  
DEPARTMENT FOR NSS VOLUNTEERS FOR SPREADING  
THE MESSAGE “SAY NO TO DRUGS”**



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**LETTER OF APPRECIATION**

I would like to appreciate the NSS volunteers of Sacred Heart College, Chalakudy for conducting a rally to the Chalakudy town to spread the message 'say no to drugs' and to educate and enable youngsters to reject illicit drugs. NSS volunteers rallied from V.R. Puram government school to Kalabhavan Mani Park, Chalakudy on 26<sup>th</sup> December 2021. In connection with anti drugs awareness programme 'SPARSAM 2021' NSS volunteers performed a flashmob, took an anti drug pledge, lit the 'Vimukthi Jwala', and conducted 'Vimukthi Jwala' procession at Kalabhavan Mani Park. I value and recognize the ongoing contributions and continued work of the National Service Scheme units of Sacred Heart College to the society.



*[Signature]*  
EXCISE INSPECTOR  
CHALAKUDY RANGE

## **SPARSAM 2021**

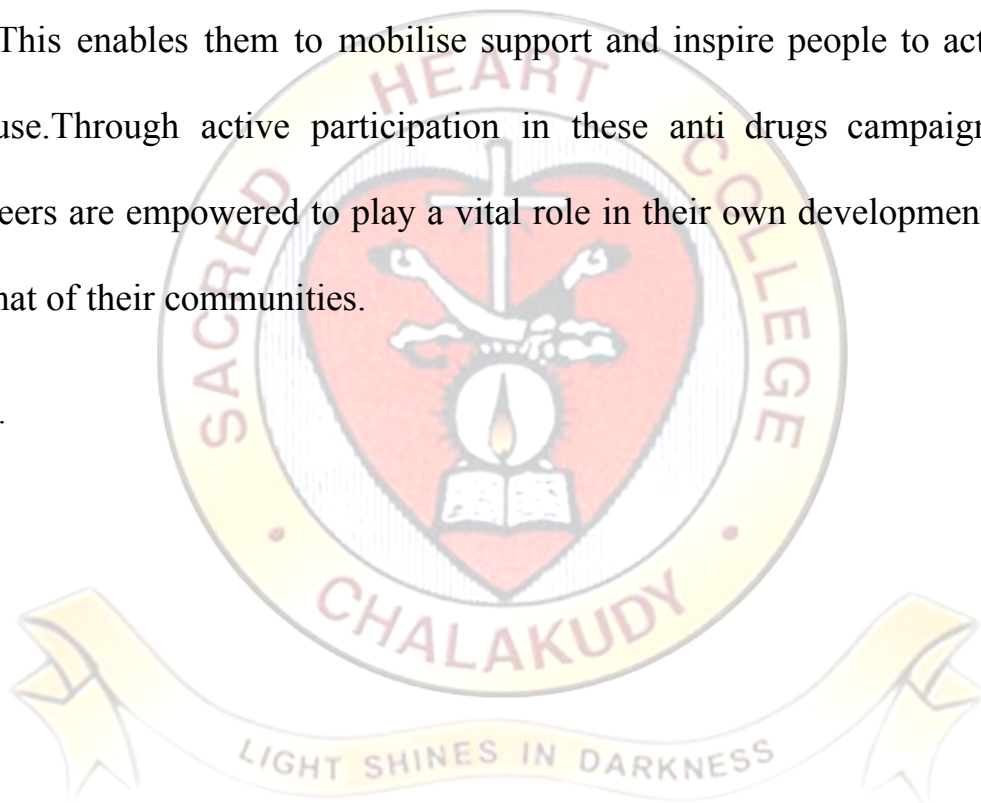
ORGANISED BY NSS ON 26 DECEMBER 2021

### **Report:**

NSS units of Sacred Heart College, Chalakudy organised an anti drugs awareness programme 'SPARSAM 2021' on 26<sup>th</sup> December 2021, in association with Kerala excise department. Mr. Jatheer P.M., civil excise officer, Chalakudy took an awareness class on the topic 'Jeevitham thanne lahari' at V.R. Puram government school, Chalakudy. He shared his experiences and ideas on the dangers of drugs.

As part of this awareness programme, NSS volunteers arranged a rally to spread the message 'say no to drugs' from V.R. Puram government school at 5.00 pm. Rally ended at Kalabhavan Mani Park, Chalakudy. Major goal of this campaign was to educate and enable youngsters to reject illicit drugs. At Kalabhavan Mani Park, Chalakudy, NSS volunteers performed a flash mob to spread the messages of anti drugs campaign. NSS volunteers lead this programme to raise awareness about the major challenge that illicit drugs represent to society as a whole and especially to the young. Thereafter 'Sparsam 2021' was inaugurated by the Chalakudy municipality chairman, V.O. Pailappan. He congratulated the NSS volunteers for their active participation in the anti drugs awareness programmes. Mrs. Bindu Sasikumar, ITI ward councillor, offered felicitation. In a bid to further spread the spirit of its anti-drug drive under the 'Sparsam mission' NSS

units organised a flame lighting ceremony with public participation. Mr. Rineesh, Excise preventive officer, Chalakudy lit the 'Vimukthi Jwala'.NSS volunteers took an anti drug pledge administered by Excise preventive officer, Mr. Rineesh. Students along with the public took an oath to stay away from drugs and prevent their peers and family members from falling victim to them. Thereafter, 'Vimukthi Jwala' procession was conducted at Kalabhavan Mani Park. This enables them to mobilise support and inspire people to act against drug use. Through active participation in these anti drugs campaigns, NSS volunteers are empowered to play a vital role in their own development as well as in that of their communities.





Mr. Jatheer P.M., civil excise officer, Chalakudy taking awareness class on the topic 'Jeevitham thanne lahari'



NSS volunteers rally placards to spread the message 'say no to drugs'





NSS volunteers performing flashmob to spread the messages of anti drugs campaign



NSS units organised a flame lighting ceremony with public participation.



NSS volunteers taking an anti drug pledge administered by an Excise preventive officer, Mr. Rineesh.



'Vimukhthi Jwala' procession at Kalabhavan Mani Park.

## SPARSAM 2021

Organised by NSS Unit

Date and Venue : Kalabhavan Mani Park, V.R. Puram government school

Duration of the Programme : 1 Day

Resource Person/group : Mr. Jatheer P.M, Mr. Rineesh.

Targeted audience : Citizen of Chalakudy.

SL. NO.	NAME OF THE STUDENT	DEPARTMENT
1	ROSELIT. V. P	ZOOLOGY
2	FATHIMA RIYANA. K	ZOOLOGY
3	NANDANA P NAIR	ZOOLOGY
4	SREELAKSHMY R	ZOOLOGY
5	NANDANA P NAIR	ZOOLOGY
6	ANAKHA. K. A	ZOOLOGY
7	HISHAMOL PK	ZOOLOGY
8	SATHEERTHA TS	PHYSICS
9	ANNA JOSE	PHYSICS
10	NIYA CV	PHYSICS
11	ABIA CLEETAUS	PHYSICS
12	ABHIRAMI KH	PHYSICS
13	GAURI T S	PHYSICS
14	ANAGHA A S	PHYSICS

15	JISNA JOSE	BCOM CA
16	NITHYA EYOB	BCOM CA
17	LAKSHMI M SHIBU	BCOM CA
18	ASWATHY JAYAKUMAR	BCOM CA
19	ABHIRAMI A. A	BCOM CA
20	MARIYA JOY	BCOM CA
21	ANUMOL CHACKO	BCOM CA
22	JOSNA M J	BCOM CA
23	NIKHITHA SAIJAN	BCOM CA
24	SABAHA BASHEER	HISTORY
25	RATHIKA RAMESAN	HISTORY
26	SREEJINI C. P	HISTORY
27	CHINJU P C	HISTORY
28	JEWEL JOHNY	CHEMISTRY
29	HIBA.U	CHEMISTRY
30	JAISHNA E.M	CHEMISTRY
31	ABHIYA KS	CHEMISTRY
32	JYOTHILAKSHMI.A.S	CHEMISTRY
33	SHAHANAZ FATHIMA M.M	CHEMISTRY
34	BIJI V I	CHEMISTRY
35	PAVITHRA R MENON	CHEMISTRY
36	LAKSHMI PRIYA C.G	BCOM FINANCE
37	VINEESHA VK	BCOM FINANCE



38	VARSHA V B	BCOM FINANCE
39	JISNA SAJI	BCOM FINANCE
40	ANSA P.R	BCOM FINANCE
41	KRISHNA PRIYA KP	BCOM FINANCE
42	ANSHA ANTO	BCOM FINANCE
43	AYIDA ELIZABETH	BCOM FINANCE
44	ASHLI BENNY	BCOM FINANCE
45	SONA SOJ	BCOM FINANCE
46	SREELEKHA BALAN	BCOM FINANCE
47	ANAGHA PAUL	BCOM FINANCE
48	JISMY P J	ECONOMICS

