SACRED HEART COLLEGE, CHALAKUDY

(AFFILIATED TO UNIVERSITY OF CALICUT)

THRISSUR, KERALA - 680307

AQAR 2021-22

CRITERION III

3.4.3.1 - Number of extension and outreach Programs conducted in collaboration with industry, community and Non- Government Organizations through NSS/ NCC/ Red Cross/ YRC etc., during the year



Submitted to

National Assessment and Accreditation Council

SWACHHATA PAKHWADA

ORGANISED BY NSS ON 2 OCTOBER 2021

Swachhata Pakhwada is a programme started in April 2016 with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata. A variety of activities such as Rallies, Prabhat Pheri, Short Run for cleanliness, Seminars, Lectures by Resource Persons, Street Plays, Distribution of Pamphlets, Wall Writing and other community activities were undertaken to focus public attention on this campaign and on the need for cleanliness & hygiene.

On Gandhi Jayanthi NSS volunteers conducted a massive cleaning at the Chalakudy Railway station and premises under 'Swachhta pakhwada' programme. Station master Oliver Sudhir gave a message at the end of the cleaning session stating the need for Cleanliness, Sanitation and Hygiene drive in All Schools, colleges and other educational institutions as it plant the seeds of morals, hygiene and discipline in the young mind.



Volunteers indulging themselves in the cleaning activities and giving attention to the instruction given to them

Swachhta Pakhwada

Date and Venue : 02 oct 2021, Chalakudy Railway Station

Duration of the Programme : 6 Hours

SL. NO.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1.	ROSELIT. V. P	ZOOLOGY
2.	FATHIMA RIYANA. K	ZOOLOGY
3.	NANDANA P NAIR	ZOOLOGY
4.	ABIA CLEETAUS	PHYSICS
5.	ANU DASAN M. D	PHYSICS
6.	AYISHA FARHEEN	PHYSICS
7.	ANISHA P V	PHYSICS
8.	ANUPRIYA K. S	ECONOMICS
9.	APARANA C.S	BCOM CA
10.	NOUFIYA K.N	BCOM CA
11.	NIKHITHA SAIJAN	BCOM CA
12.	NIKHITHA SAIJAN	BCOM CA
13.	SABAHA BASHEER	HISTORY
14.	RATHIKA RAMESAN	HISTORY
15.	SREEJINI C. P	HISTORY
16.	CHINJU P C	HISTORY
17.	KA SANILA	HISTORY
18.	MEGHA BENNY	HISTORY

19.	SEETHAL M S	HISTORY
20.	ALEENA JOSHY	CHEMISTRY
21.	KRISHNAPRIYA C.G	CHEMISTRY
22.	AMRUTHA TK	CHEMISTRY
23.	JYOTHILAKSHMI.A.S	CHEMISTRY
24.	SHAHANAZ FATHIMA	CHEMISTRY
25.	BIJI V I	CHEMISTRY
26.	ANSA P.R	BCOM FINANCE
27.	KRISHNA PRIYA KP	BCOM FINANCE
28.	ANSHA ANTO	BCOM FINANCE
29.	SONA SOJ	BCOM FINANCE
30.	SREELEKHA BALAN	BCOM FINANCE
31.	DONA FRANCIS	ECONOMICS
32.	SIVAGANGA S MENON	ECONOMICS
33.	ANJANA E.A	ECONOMICS
34.	ANN MARIYA PAUL P	ECONOMICS
35.	NIMMU DAVIS	ECONOMICS
36	NIRANJANA.K.S.	ENGLISH
37	GISHMA SURESH	ENGLISH
38.	GANGA VINAYAKUMAR	ENGLISH
39.	ANGEL PAUL	ENGLISH
40.	ANGEL ROSE LALU	ENGLISH
41.	ANNA GRACE BIJU	ENGLISH


SACRED HEART COLLEGE
CHALAKUDY
LIGHT SHINES IN DARKNESS

WORLD AIDS DAY

ORGANISED BY NSS DECEMBER 1 2021

On December 1st , as part of aid's awareness campaign, NSS volunteers conducted a rally stating the need for attention to the HIV epidemic, endeavour to increase HIV awareness and knowledge, speak out against HIV stigma, and call for an increased response to move toward Ending the HIV Epidemic. On the same day NSS units arranged slogan writing and placard making competitions and an exhibition of the same were arranged at the college with these students were able to Increase awareness of safe practices to prevent HIV infection results in people being more careful and ultimately decreasing infection rates. HIV/AIDS Awareness programmes help people become aware of the levels of care and treatment, whether they are living with HIV or caring for someone with this disease.



Commencement of rally and placard, slogan competition at Sacred Heart College

CHALAKUDY
LIGHT SHINES IN DARKNESS

World AIDS Day

Organised by NSS Unit

Date and Venue : 1 Dec 2021

Duration of the Programme : 1 Day

SL. NO.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1	ROSELIT. V. P	ZOOLOGY
2	FATHIMA RIYANA. K	ZOOLOGY
3	NANDANA P NAIR	ZOOLOGY
4	NITHYA THOMMY	ECONOMICS
5	AVANI K R	ECONOMICS
6	SHINCY DAVIS	ECONOMICS
7	SEREENA XAVIER	ECONOMICS
8	SATHEERTHA TS	PHYSICS
9	ANNA JOSE	PHYSICS
10	NIYA CV	PHYSICS
11	ABIA CLEETAUS	PHYSICS
12	ABHIRAMI KH	PHYSICS
13	GAURI T S	PHYSICS
14	ANAGHA A S	PHYSICS
15	ANU DASAN M. D	PHYSICS

16	AYISHA FARHEEN ARIPURAM A.B.	PHYSICS
17	LAKSHMI THILAKAN	PHYSICS
18	ANISHA P V	PHYSICS
19	ARYASUNNT	PHYSICS
20	SONA MARIYA	ECONOMICS
21	ANJANA A B	ECONOMICS
22	SHAHNA. CT	ECONOMICS
23	ANUPRIYA K. S	ECONOMICS
24	APARANA C.S	BCOM CA
25	NOUFIYA K.N	BCOM CA
26	NIKHITHA SAIJAN	BCOM CA
27	JISNA JOSE	BCOM CA
28	NITHYA EYOB	BCOM CA
29	LAKSHMI M SHIBU	BCOM CA
30	ASWATHY JAYAKUMAR	BCOM CA
31	ABHIRAMI A. A	BCOM CA
32	MARIYA JOY	BCOM CA
33	ANUMOL CHACKO	BCOM CA
34	JOSNA M J	BCOM CA
35	NIKHITHA SAIJAN	BCOM CA
36	SABAHA BASHEER	HISTORY
37	RATHIKA RAMESAN	HISTORY

38	SREEJINI C. P	HISTORY
39	CHINJU P C	HISTORY
40	KA SANILA	HISTORY
41	MEGHA BENNY	HISTORY
42	GAYATHRY N J	HISTORY
43	ASHIDA BAIJU	HISTORY
44	PRAVEENA K	HISTORY
45	HANNA MARY	HISTORY
46	JISA PAUL	HISTORY
47	AMRUTHA K.U	HISTORY
48	SHABANA NS	HISTORY
49	NANDANA TN	HISTORY
50	NAJA. C. P	HISTORY
51	SEETHAL M S	HISTORY
52	ALEENA JOSHY	CHEMISTRY
53	KRISHNAPRIYA C.G	CHEMISTRY
54	AMRUTHA TK	CHEMISTRY
55	ANJALI K B	CHEMISTRY
56	AHALYA.V.L	CHEMISTRY
57	SONA PAULSON	ECONOMICS
58	DONA FRANCIS	ECONOMICS
59	SIVAGANGA S MENON	ECONOMICS
60	ANJANA E.A	ECONOMICS

61	ANN MARIYA PAUL P	ECONOMICS
62	JILSHA K J	ECONOMICS
63	DINCY DAVIS	ECONOMICS
64	SHINCY DAVIS	ECONOMICS
65	DEENA CJ	ECONOMICS
66	NIMMU DAVIS	ECONOMICS
67	SANGEETHA.K	ENGLISH
68	VINEESHA VK	BCOM FINANCE
69	VARSHA V B	BCOM FINANCE
70	JISNA SAJI	BCOM FINANCE
71	ANSA P.R	BCOM FINANCE
72	KRISHNA PRIYA KP	BCOM FINANCE
73	ANSHA ANTO	BCOM FINANCE
74	THUSHARA POULOSE	ENGLISH
75	NIRANJANA.K.S.	ENGLISH
76	GISHMA SURESH	ENGLISH
77	GANGA VINAYAKUMAR	ENGLISH
78	ANGEL PAUL	ENGLISH
79	ANGEL ROSE LALU	ENGLISH
80	ANNA GRACE BIJU	ENGLISH

DENTAL CAMP 2021

ORGANISED BY NSS ON 24TH OF DECEMBER 2021

REPORT OF THE PROGRAMME:

There was a free dental camp organised in association with Bharat Dental Clinic led by Dr. Luca Joseph. 2 doctors along with nursing assistants were available in the camp at V.R. Puram government school on 24/12/2021. The main aim of the camp was to provide basic dental health education to the people and motivate dental hygiene maintenance. Normally the body's natural defences and good oral health care, such as daily brushing and flossing, keep bacteria under control. However, without proper oral hygiene, bacteria can reach levels that might lead to oral infections, such as tooth decay and gum disease. Maintaining your teeth isn't only about looking good. Poor dental hygiene can lead to problems that are much bigger than an unpleasant smile.This camp was carried out to identify the method to motivate dental health in the young generation and activate dental hygiene for the future society.

DENTAL CAMP ORGANISED IN ASSOCIATION WITH BHARAT

DENTAL CLINIC



CHALAKUDY
LIGHT SHINES IN DARKNESS

LIST OF STUDENTS VOLUNTEERED:

DENTAL CAMP

Organised by NSS in association with Bharat Dental Clinic.

Date and venue: 24 december 2021, V R Puram.

Duration: 5 hours

Sl. No.	Name of the Student	Department & Class
1	Roselit. V. P	Zoology
2	Fathima Riyana. K	Zoology
3	Nandana p nair	Zoology
4	Sreelakshmy R	Zoology
5	Nandana p nair	Zoology
9	Thushara Poulose	ENGLISH
10	Niranjana.K.S.	ENGLISH
11	Abia Cleetaus	Physics
12	Abhirami KH	Physics
13	Gauri T S	Physics
14	Anagha paul	BCOM FINANCE
15	Jismy p j	ECONOMICS
16	Alina P J	ECONOMICS
17	Nithya Thommy	ECONOMICS
18	Shahna. Ct	Economics
19	NITHYA EYOB	BCOM CA

Student Online tutorials of Chemistry Experiments

Coordinated by the Department of Chemistry during 2021-22

With the need of moving to online classes due to the spread of coronavirus, there has been a sudden need to prepare the students and educators for a rapid change in working environment. We prepared a number of videos as a resource for teaching and presenting chemistry practicals for the students studying plus two and B.Sc Chemistry Complementary course as part of the extension activity of the department. In these videos, we share the experience of doing the experiment in the laboratory and the video is seasoned with the theory and method of the experiments.

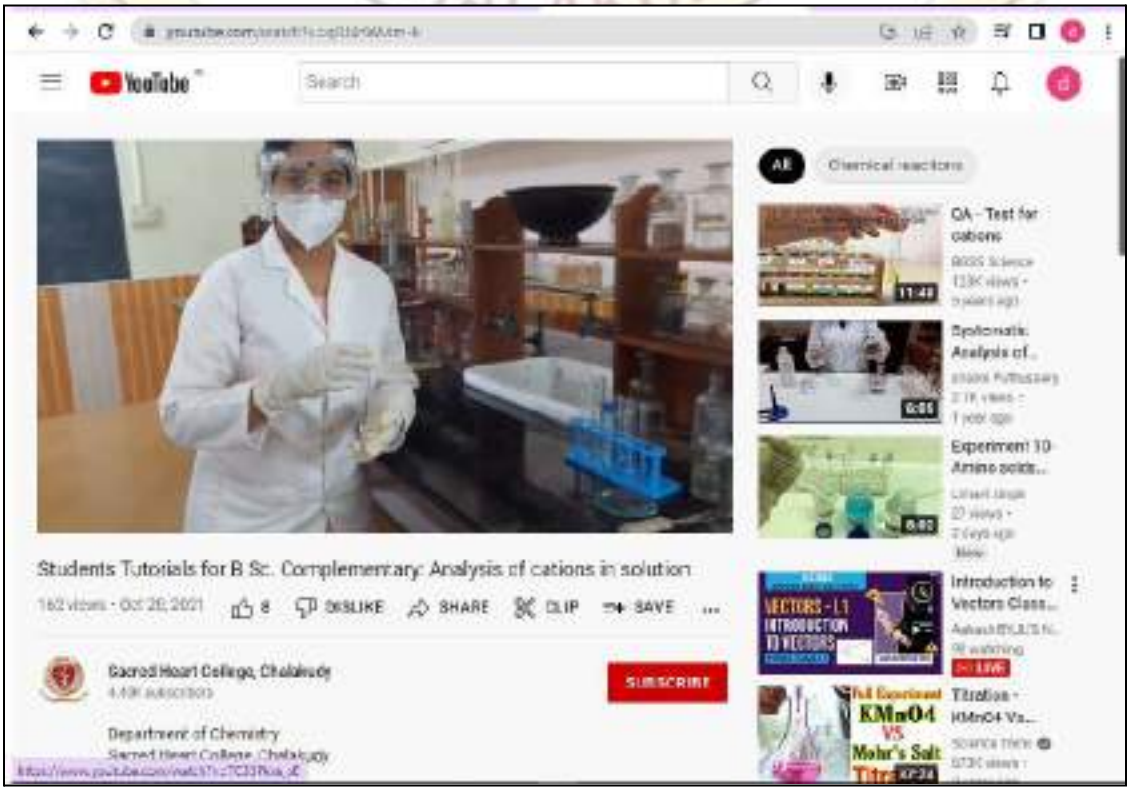
By taking part in the preparation of online tutorials, students acquired ICT skills and presentation skills which is an unavoidable tool in this digital world. These videos encourage the student learners to understand the core concepts of chemistry practicals thoroughly so that they could easily adapt to their classroom when the offline classes begin.

The online tutorial program is coordinated by Dr. Santhosh Paul, Assistant Professor and Head of the Department of Chemistry. The third year degree students and second year MSc students were divided into seven groups comprising five students. They actively engaged in preparing seven videos under the guidance of faculty of the department and these videos were published in the Youtube channel of our college.

List of youtube videos is shown below-

Tutorials For	Experiment	Link
B.Sc Chemistry Complementary	Cation Analysis	https://youtu.be/qIU4nWvtm-k
plus two	Acidimetric titrations	https://youtu.be/6a1V3IEihtQ
plus two	Permanganometric titrations	https://youtu.be/otrOt60DUvU
plus two	Introduction of lab glassware	https://youtu.be/sQloByfFcqA
B.Sc students and plus two students	Introduction to instruments	https://youtu.be/e6XGge3Dcrc
plus two	Dichrometric titrations	https://youtu.be/Plgb3N57d74
plus two	Complexometric titrations	https://youtu.be/yUdhmu8vPFQ

Image 1: Screenshot of video "Cation Analysis" uploaded in the YouTube Channel



List of students participated in the online tutorial preparation

Sl No	Name	Class
1.	Aiswarya A S	III DC Chemistry
2.	Anakha A S	III DC Chemistry
3.	Anija K G	III DC Chemistry
4.	Anjana A S	III DC Chemistry
5.	Ansa Joji	III DC Chemistry
6.	Aparna T N	III DC Chemistry
7.	Athira T N	III DC Chemistry
8.	Darena Davis	III DC Chemistry
9.	Delna Thomas	III DC Chemistry
10.	Devika Chandran	III DC Chemistry
11.	Jyothilakshmi D A	III DC Chemistry
12.	Krishnapriya P V	III DC Chemistry
13.	Riya Royis	III DC Chemistry
14.	Rosmy Roy	III DC Chemistry
15.	Soniya Paulson	III DC Chemistry
16.	Anna Joseph	III DC Chemistry
17.	Anuja P A	III DC Chemistry
18.	Mariya Jose	III DC Chemistry
19.	Merin Elizabeth	III DC Chemistry
20.	Midhuna M	III DC Chemistry

21.	Phoncy Paul	III DC Chemistry
22.	Anjaly Antony	II MSc Chemistry
23.	Ann Maria Shaji	II MSc Chemistry
24.	Diniya V V	II MSc Chemistry
25.	Jaina C J	II MSc Chemistry
26.	Jency Joy	II MSc Chemistry
27.	Julieya John	II MSc Chemistry
28.	Maria Davis	II MSc Chemistry
29.	Neeraja P	II MSc Chemistry
30.	Nimisha C	II MSc Chemistry
31.	Reega Davis	II MSc Chemistry
32.	Sajitha Barvin S	II MSc Chemistry
33.	Smitha K	II MSc Chemistry

SACRED HEART COLLEGE CHALAKUDY LIGHT SHINES IN DARKNESS

WORKSHOP ON HYGIENE PRODUCTS

ORGANIZED BY CHEMISTRY DEPARTMENT ON 27 DECEMBER 2021

The Chemistry department conducted a Workshop on Hygiene Products at V.R. Puram for Kudumbasree members and NSS volunteers of the College on 27/12/2021. Kudumbashree is the poverty eradication and women empowerment programme implemented by the State Poverty Eradication Mission (SPEM) of the Government of Kerala. The name Kudumbashree in Malayalam language means 'prosperity of the family'. The name represents 'Kudumbashree Mission' or SPEM as well as the Kudumbashree Community Network. Kudumbashree has a three-tier structure for its women community network, with Neighborhood Groups (NHGs) at the lowest level, Area Development Societies (ADS) at the middle level, and Community Development Societies (CDS) at the local government level. The members of Kudumbashree Neighborhood groups in the V R Puram Locality attended the workshop.

Heena Peethambaran, Assistant professor on Contract, Department of Chemistry, Sacred Heart College, Chalakudy served as the resource person. Ward Counselor Mrs. Alice Shibu inaugurated the training programme. Student volunteers assisted the resource person for the smooth conduct of the extension activity of the department. All participants attended the session actively and got efficient training to prepare toiletries which are essential for their daily life.



Training on toiletries to Kudumbasree members on 27/12/2021





HALAKUD
LIGHT SHINES IN DARKNESS

Name list of kudumbasree members participated in the Skill training Programme on 27/12/ 2021

Reg. No.	Name	Sign
1.	ലത ചന്ദൻ	Latha.
2.	അംബിക യോഗിനൻ	Ambika.
3.	ഗീത ചിന്നാംബരൻ	Geetha.
4.	ഷീല	ഷീല
5.	റോസിലി വർഗ്ഗീസ്	Rosily
6.	പുഷ്പ ദാസ്	P.
7.	ജലജ	Jal.
8.	അംബിക ചി. കെ.	അംബിക.
9.	ആൻസി ജോൺ	Ansy.
10.	മേഴ്സി ജോസഫ്	
11.	സുജാത വിനോദ്	
12.	വിജി സുഭാഷ്	Viji
13.	വിനീത എം. ടി	Vineeta
14.		
15.		
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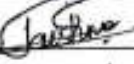
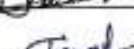
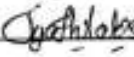
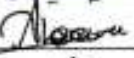
20.		
21.		
22.		
23.		
24.		
25.		

Head of the Departmen
Department of Chemist
Sacred Heart College Chala

List of Student Volunteers

NO.	Name of Students	signature
1.	Ahalya V L	
2.	Aiswarya Krishnan L R	
3.	Aiswarya P R	
4.	Akhila A B	
5.	Amrutha T K	
6.	Anupama K B	
7.	Biji V I	
8.	Hiba U	
9.	Jaishna E M	
10.	Jewel Johny	
11.	Jyothilakshmi A S	
12.	Krishnapriya C G	
13.	Shahanaz Fathima M M	
14.	Sneha Shaju	
15.	Uthara T B	
16.	Aleena Joshy	
17.	Aleena Joy	
18.	Anagha Sunil	
19.	Angel Feba	
20.	Aswathy Pradeep	
21.	Manjima Sanil	
22.	Megha P P	
23.	Pavithra R Menon	
24.	Sandra M A	
25.	Sree Lakshmi E K	

Head of the Department

Dr. Santhosh Paul

Head of the Department
Department of Chemistry
Sacred Heart College Chalakudy

Report of the Activities in 2021

Date of activity - October 2021 onwards.

This year, the Department of History offered the Open Course named Historical Tourism for the students as part of their V Sem course. The course requires the students to have a great deal of awareness among the students regarding the heritage and natural characteristics of different places in India and particularly in Kerala and its local areas. The creation of documentary is a part of the extension activity by the department through digital platform.

The students are asked to visit different places accessible to them and prepare a Documentary on the site. The location coordinates, means of transportation, history of the place and place name, important features of the site etc are described in detail in the video. There were several restrictions to access several places due to Covid pandemic. But students managed to prepare more than 20 documentaries. The students can prepare documentaries individually or they can do as a group activity.

Details- As part of the assignment for the students, they are asked to identify some of the heritage monuments or sites or art forms in their locality. This activity enabled the students to get aware of the social and cultural arenas around them. They had to do a short documentary video on the sam.e and send it to the faculty. The documentaries were released to the College Youtube Channel for the public to understand the heritage introduced by the students. The documentaries are released from the months of September and October 2021.

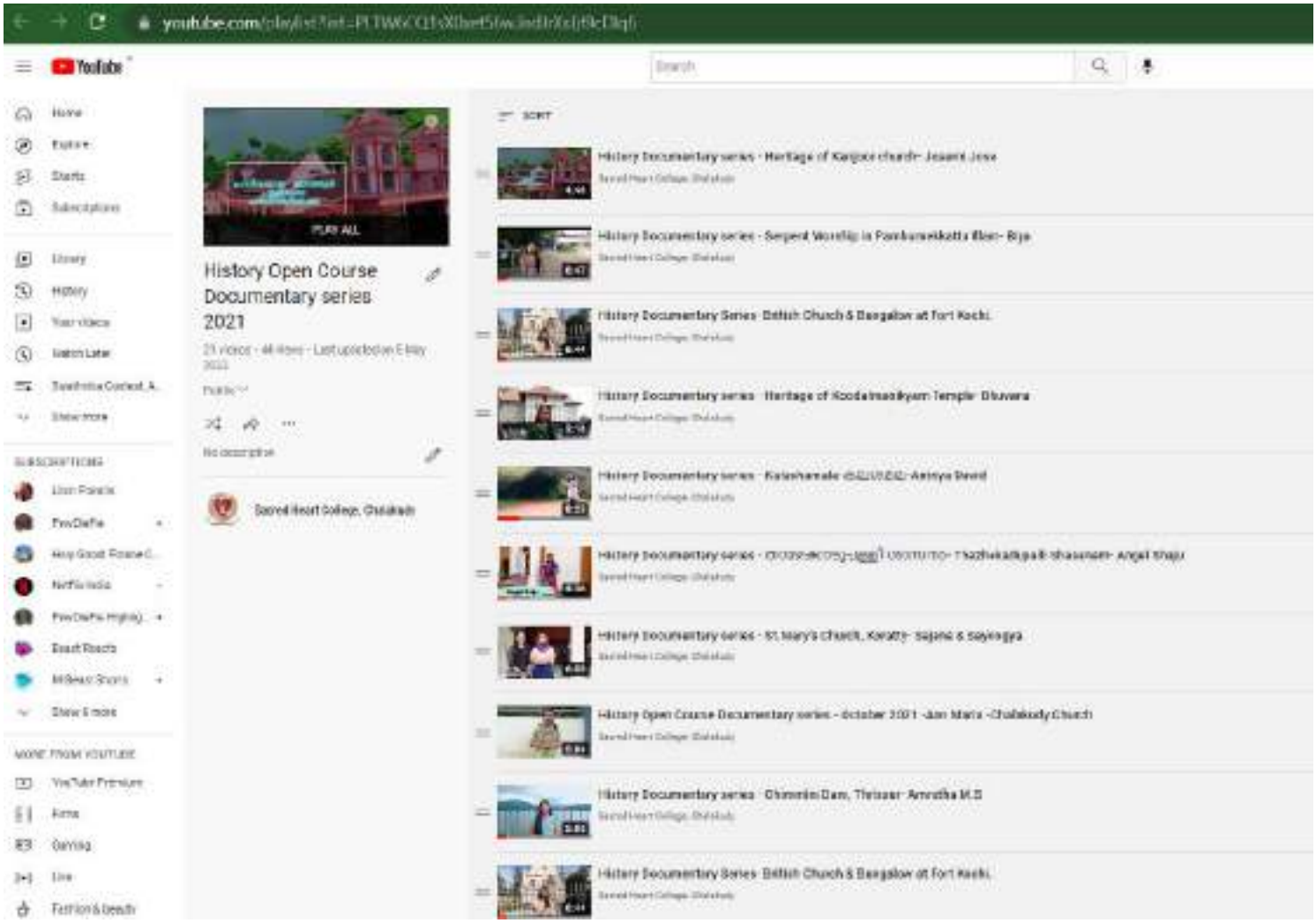
List of students:

Sl No.	Name of the student	Department	Topic of Documentary
1.	Josemi Jose	English	Heritage of Kanjoor Church
2.	Biya Harikumar	English	serpent Worship in Pambumekkattu Illam
3.	Rugiya	English	British Church & Bungalow at Fort Kochi.
4.	Bhuvana	English	Heritage of Koodalmanikyam Temple

5.	Antriya David	English	Kalashamala
6.	Angel Shaju	English	Thazhekadupalli Shasanam
7.	Sajana	Bcom	St.Mary’s Church, Koratty
8.	Sayoogya	Bcom	St.Mary’s Church, Koratty
9.	Ann Maria	English	Chalakudy Church
10	Amrutha M.S	Zoology	Chimmini Dam,Thrissur
11	Sona	Bcom Finance	Kauthuka Park (Wonder Park)
12	Anjana	Bcom Finance	Kauthuka Park (Wonder Park)
13	Nisha Tojo	English	Mar Thoma Pilgrim Centere, Kodungalloor.
14	Anupama M.S	Bcom CA	Heritage Of Devarajagiri Temple
15	Haritha K.S	English	Appanthamburam Memorial
16	Athira C.S	English	Remnants Of Travancore Kingdoms
17	Aleena P Lal	Bcom CA	Heritage of Malayattoor Church
18	Aiswarya		Chinthu Paattu
19	Alphy Francis	Bcom CA	Kanjirapuzha Reservoir, Palakkad
20	Sai Keerthana	English	Hill Palace Museum

Youtube Link and Screenshot -

https://www.youtube.com/playlist?list=PLTW6CQ1sX0xet56wJisdJrXsJjt9cDIq6



VISIT TO SANTHI BHAVAN

COORDINATED BY THE DEPARTMENT OF CHEMISTRY ON 16/12/2021

The department is committed to doing charity work every year as a part of social welfare activities. We visited Santhi bhavan this time. Santhi Bhavan Social Center For Physically Handicapped Chalakudy is a non-profit organization, established in 1978 that works primarily in the domain of Education. It provides residential facilities and training for physically and mentally challenged women. After finishing their training in Type writing, Computer, Book Binding and Tailoring, they would be able to earn their own livelihood by managing the phone Booth, Tailoring Center, Press etc. The organization also helps them to get jobs in the private and government sector.

The students of the department celebrated Christmas with the residents of Santhi Bhavan. 21 students of our department and all the faculty members of the Chemistry department spent quality time with them. Students conducted various entertainment programs for them. These visits help the students to develop social awareness skills such as empathy for others, managing and expressing emotions in relationships.Students prepared hygiene products such as hand sanitizers, hand wash and soap powders for the residents and donated the products there.

Students and faculty with the residents of Santhi Bhavan on 16/12/2021



List of Students Participated

Sl. No.	Name of the Student	Class
1.	Aiswarya A S	III DC Chemistry
2.	Anakha A S	III DC Chemistry
3.	Anija K G	III DC Chemistry
4.	Anjana A S	III DC Chemistry
5.	Ansa Joji	III DC Chemistry
6.	Aparna T N	III DC Chemistry
7.	Athira T N	III DC Chemistry
8.	Darena Davis	III DC Chemistry

9.	Delna Thomas	III DC Chemistry
10.	Devika Chandran	III DC Chemistry
11.	Jyothilakshmi D A	III DC Chemistry
12.	Krishnapriya P V	III DC Chemistry
13.	Riya Royis	III DC Chemistry
14.	Rosmy Roy	III DC Chemistry
15.	Soniya Paulson	III DC Chemistry
16.	Anna Joseph	III DC Chemistry
17.	Anuja P A	III DC Chemistry
18.	Mariya Jose	III DC Chemistry
19.	Merin Elizabeth	III DC Chemistry
20.	Midhuna M	III DC Chemistry
21.	Phoncy Paul	III DC Chemistry

INTERCOLLEGIATE PRESENTATION COMPETITION ON

CLIMATE CHANGE ADAPTATION

1st - 30th December 2021

Report

Department of Economics, Sacred Heart College, Chalakudy, Kerala conducted an Intercollegiate Presentation Competition on "Climate Change Adaptation" from 1st to 30th December, 2021. The programme was organised as part of extension and outreach initiatives of the Department of Economics. The students of the college and the students who attended the programme got aware of the concerns regarding the climate change issues which was the main intention of the event.

It was an online presentation competition opened to both PG and UG students from any department across the nation. Presenters were instructed to make registration through google form and asked to send their presentations to economics@sacredheartcollege.ac.in. Candidates were allowed to make the presentation either individually or in groups with a maximum of two members. The presentations were limited to 10 minutes maximum. The criteria of evaluation were 70% weightage for content and 30% for presentation.

There were 13 teams from the states of Maharashtra, Madhya Pradesh and Kerala. Dr. Sr. Irine, Principal, Sacred Heart College Chalakudy announced the results of the competition on 8th February, 2021.

The first prize, a cash prize of Rs. 2000/- was won by Divyangna Vaishya and Diksha Thawani, II BA Economics Students, Department of Economics, The Bhopal School of Social Sciences, Bhopal, Madhya Pradesh. The second prize, a cash prize of Rs. 1500/- was won by Parvathy Jaison, II MA Economics Student, Department of Economics, Christ College (Autonomous), Irinjalakuda, Kerala. The third prize, a cash prize of Rs. 1000/- was won by Trisha Varma and Divya Prakash Patel, II BA Economics Students, Department of Economics, The Bhopal School of Social Sciences, Bhopal, Madhya Pradesh.

YouTube link of the same:

https://www.youtube.com/watch?v=yvNOUtBEqvk&t=5s

DEPARTMENT OF ECONOMICS

SACRED HEART COLLEGE, CHALAKUDY

Affiliated to University of Calicut
Reaccredited by NAAC with A+ grade (CGPA 3.55) in the third cycle
http://www.sacredheartcollege.ac.in/

INTERCOLLEGIATE PRESENTATION COMPETITION

CLIMATE CHANGE ADAPTATION

RULES AND REGULATIONS

- This is an online presentation competition
- Both PG and UG students from any department are eligible
- The presentation can be either individual or group with maximum two members
- Presentations are limited to 10 minutes maximum
- Criteria of evaluation: 70% weightage for content & 30% for presentation
- There is a registration fee of Rs. 100 per team
- The best three performers will be given a cash prize of Rs. 2000, 1500 & 1000
- Send the recorded presentations to 7403539290 (WhatsApp/Telegram) or mail to economics@sacredheartcollege.ac.in on or before 30th December 2021
- The decision of the adjudicating panel is final

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For enquiries contact us - Mob: 7403539290, Email: economics@sacredheartcollege.ac.in

INTERCOLLEGIATE PRESENTATION COMPETITION

Department of Economics, Sacred Heart College, Chalakudy, Kerala conducted an Intercollegiate Presentation Competition on "Climate Change Adaptation" on 30th December 2021.

List of participants

Name	If Team, Name Of The Co-Presenter	Department	Degree	College	District	State
Aditya Bharani	-	Vocational BFSI	UG	Poona College	Pune	Maharashtra
Himanshu Pathak	Gaganpreet Kaur	Economics Department	UG	Bhopal School Of Social Sciences	Bhopal	Madhya Pradesh
Parvathy Jaison	-	Department of Economics	PG	Christ College (Autonomous), Irinjalakuda	Thrissur	Kerala
Divyangna Vaishya	Diksha Thawani	B.A. Economics	UG	The Bhopal School Of Social Sciences	Bhopal	Madhya Pradesh
Trisha Varma	Divya Prakash Patel	Economic	UG	The Bhopal School Of Social Sciences	Bhopal	Madhya Pradesh
Midhuna K M	-	Economics Department	PG	Sree Narayana College, Nattika	Thrissur	Kerala
Krishnendhu M S	-	Economics Department	PG	Sree Narayana College, Nattika	Thrissur	Kerala
Chelsy Chacko	-	Economics Department	PG	Pazhassi Raja College, Pulpally	Wayanad	Kerala
Athira Ashokan	-	Economics Department	PG	Sri. C Achutha Menon Govt. College, Kuttanellur	Thrissur	Kerala
Sruthy K Suresh	-	Economics Department	PG	Panampilli Memorial Govt. College, Chalakudy	Thrissur	Kerala
Neema M.M	-	Social Work	PG	Holy Cross Institute of Management And Technology, -	Calicut	Kerala

				Calicut		
Haritha P.P	-	Social Work	PG	Holy Cross Institute of Management And Technology, Calicut	Calicut	Kerala
Anjitha V.S	-	Social Work	PG	Little Flower Institute of Social Science And Health, Calicut	Calicut	Kerala

INTERCOLLEGIATE PRESENTATION COMPETITION ON

CLIMATE CHANGE ADAPTATION

1st - 30th December 2021

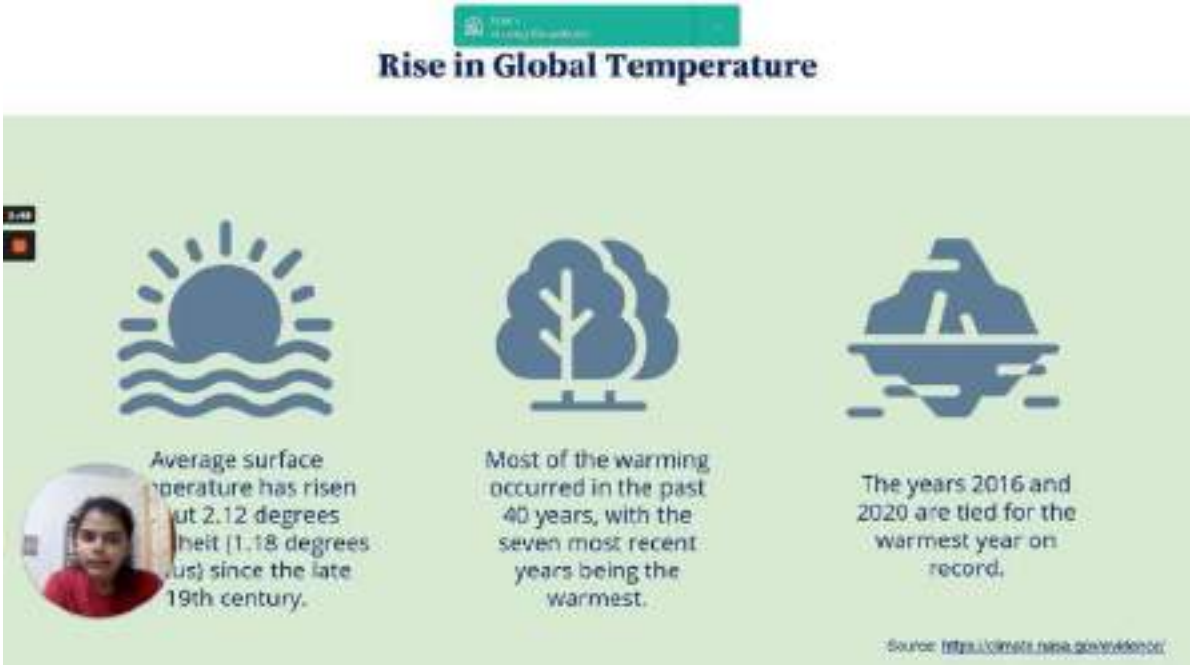
First Prize

Divyangna Vaishya and Diksha Thawani

II BA Economics Students, Department of Economics

The Bhopal School of Social Sciences, Bhopal, Madhya Pradesh





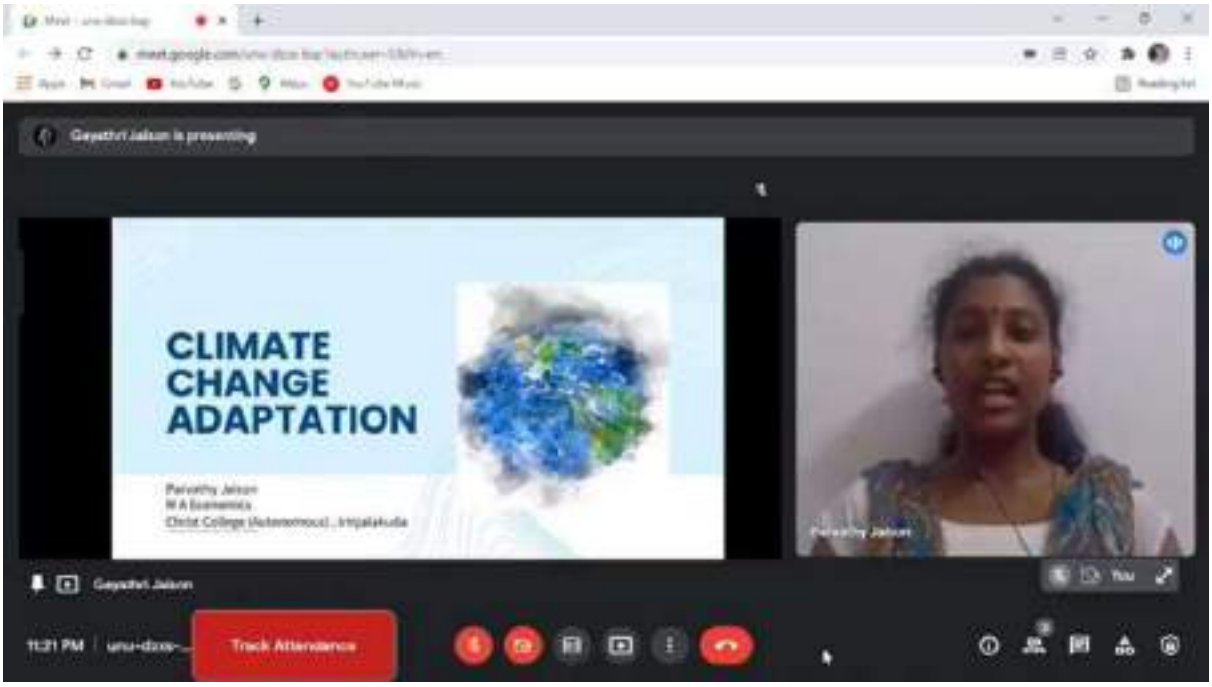
Second Prize

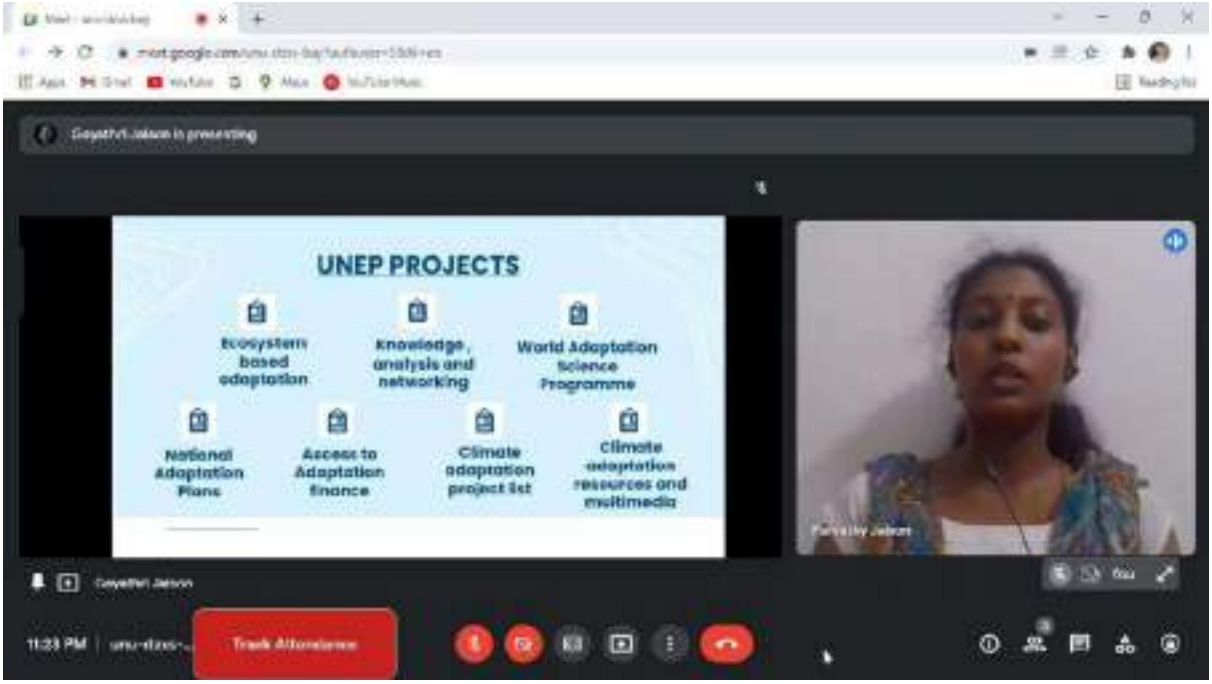
Parvathy Jaison

II MA Economics Student

Department of Economics

Christ College (Autonomous), Irinjalakuda, Kerala





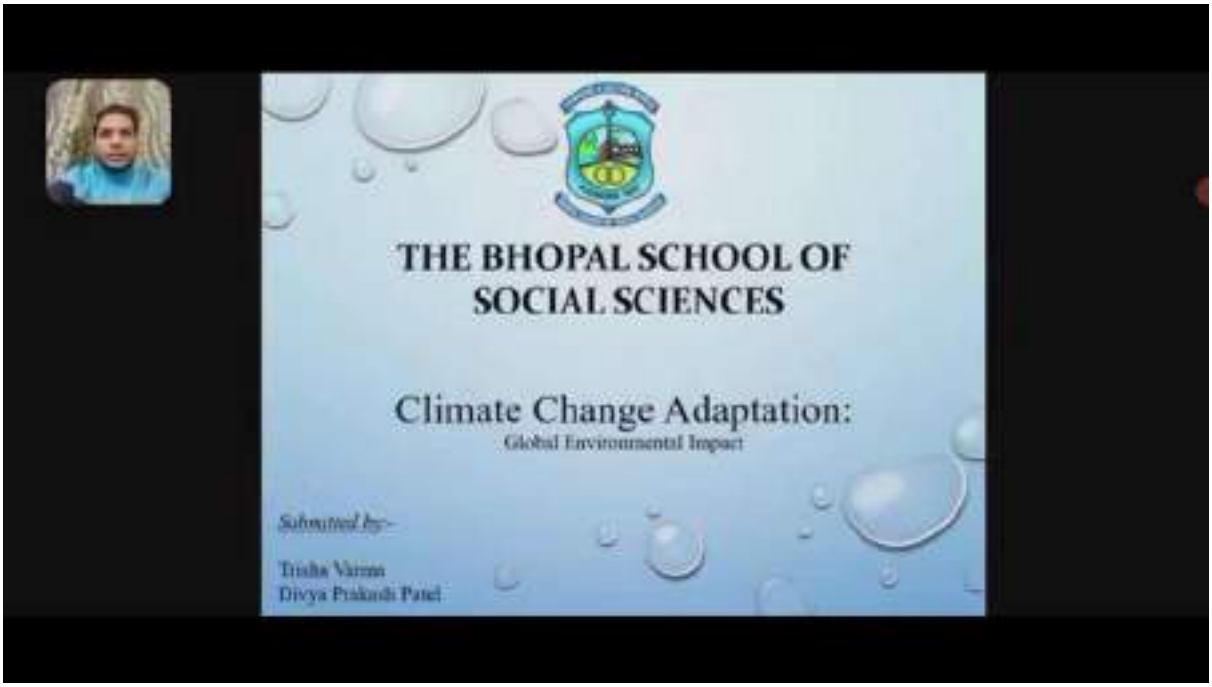
Third Prize

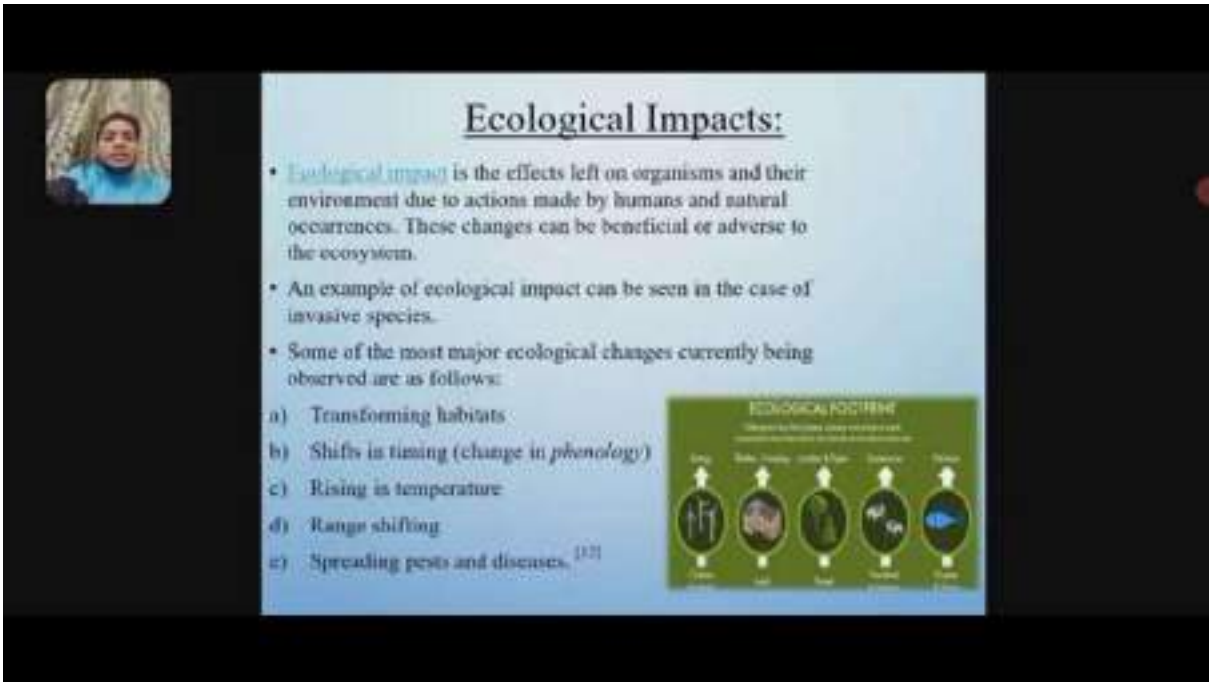
Trisha Varma and Divya Prakash Patel

II BA Economics Students

Department of Economics

The Bhopal School of Social Sciences, Bhopal, Madhya Pradesh





INTERCOLLEGIATE PRESENTATION COMPETITION ON

CLIMATE CHANGE ADAPTATION

1st - 30th December 2021

VOLUNTEERS

The following students of the Department of Economics, Sacred Heart College, Chalakudy were the volunteers of the Intercollegiate Presentation Competition on Climate Change Adaptation, 1st - 30th December 2021.

Sl. No.	Name of the student	Class
1.	Aleena Reephal	III BA Economics
2.	Anaswara Rajesh	III BA Economics
3.	Sanchal Mariya	III BA Economics
4.	Avani K.R	II BA Economics
5.	Sona Paulson	II BA Economics
6.	Swathy K S	II BA Economics

DEPARTMENT OF ECONOMICS

SACRED HEART COLLEGE, CHALAKUDY

Re-accredited by NAAC with A+ grade (CGPA 3.55 out of 4) in 2017 (3rd cycle)

Intercollegiate Presentation Competition on Climate Change Adaptation

Results

First Prize

Divyangna Vaishya & Diksha Thawani

The Bhopal School of Social Sciences, Bhopal, Madya Pradesh

Second Prize

Parvathy Jaison

Christ College (Autonomous), Irinjalakuda, Kerala

Third Prize

Trisha Varma & Divya Prakash Patel

The Bhopal School of Social Sciences, Bhopal, Madya Pradesh

Congratulations to all the winners!

Winners

Prize	Name	College	Link to the Presentation
First Prize (Rs. 2000/-)	Divyangna Vaishya	Department of Economics, The Bhopal School Of Social Sciences, Bhopal, Madhya Pradesh	https://drive.google.com/file/d/11JQ_4t9g9o2jEHL25S0aZbKIrHErgQL2/view?usp=sharing
	Diksha Thawani		
Second Prize (Rs. 1500/-)	Parvathy Jaison	Department of Economics, Christ College (Autonomous), Irinjalakuda, Kerala	https://drive.google.com/file/d/1liGkz8JkKeAiLISC_CSa8PdHsRdL8Ypm/view?usp=sharing
Third Prize (Rs. 1000/-)	Trisha Varma	Department of Economics, The Bhopal School Of Social Sciences, Bhopal, Madhya Pradesh	https://drive.google.com/file/d/1m_mVZKKpzqpmtQ9U0sAmz3077ko3Ubt-/view?usp=sharing
	Divya Prakash Patel		



Sacred Heart College, Chalakudy, Kerala, India

INTERCOLLEGIATE PRESENTATION COMPETITION

CLIMATE CHANGE ADAPTATION

Organized by

Department of Economics

Sacred Heart College, Chalakudy, Kerala

CERTIFICATE

This is to certify that

Diksha Thawani

Student, II BA Economics

Department of Economics, The Bhopal School Of Social Sciences, Bhopal, Madhya Pradesh

has participated and secured **First Prize** in the Intercollegiate Presentation Competition on "Climate Change Adaptation" organized by the Department of Economics, Sacred Heart College, Chalakudy, Kerala on 30th December 2021.

Dr. Shirley Jacob K.
Head, Department of Economics
Sacred Heart College

Dr. Sr. Reena Mirjashan
Principal
Sacred Heart College

Ms. Mijitabcool
Coordinator
Sacred Heart College

Sacred Heart College, Chalakudy, Kerala, India

INTERCOLLEGIATE PRESENTATION COMPETITION

CLIMATE CHANGE ADAPTATION

Organized by

Department of Economics

Sacred Heart College, Chalakudy, Kerala

CERTIFICATE

This is to certify that

Parvathy Jaison

Student, II MA Economics

Department of Economics, Christ College (Autonomous), Irinjalakuda, Kerala

has participated and secured **Second Prize** in the Intercollegiate Presentation Competition on "Climate Change Adaptation" organized by the Department of Economics, Sacred Heart College, Chalakudy, Kerala on 30th December 2021.

Dr. Shirley Jacob K.
Head, Department of Economics
Sacred Heart College

Dr. Sr. Reena Mirjashan
Principal
Sacred Heart College

Ms. Mijitabcool
Coordinator
Sacred Heart College

Sacred Heart College, Chalakudy, Kerala, India

INTERCOLLEGIATE PRESENTATION COMPETITION

CLIMATE CHANGE ADAPTATION

Organized by

Department of Economics

Sacred Heart College, Chalakudy, Kerala

CERTIFICATE

This is to certify that

Trisha Varma

Student, II BA Economics

Department of Economics, The Bhopal School Of Social Sciences, Bhopal, Madhya Pradesh

has participated and secured **Third Prize** in the Intercollegiate Presentation Competition on "Climate Change Adaptation" organized by the Department of Economics, Sacred Heart College, Chalakudy, Kerala on 30th December 2021.

Sacred Heart College, Chalakudy, Kerala, India

INTERCOLLEGIATE PRESENTATION COMPETITION

CLIMATE CHANGE ADAPTATION

Organized by

Department of Economics

Sacred Heart College, Chalakudy, Kerala

CERTIFICATE

This is to certify that

Divya Prakash Patel

Student, II BA Economics

Department of Economics, The Bhopal School Of Social Sciences, Bhopal, Madhya Pradesh

has participated and secured **Third Prize** in the Intercollegiate Presentation Competition on "Climate Change Adaptation" organized by the Department of Economics, Sacred Heart College, Chalakudy, Kerala on 30th December 2021.

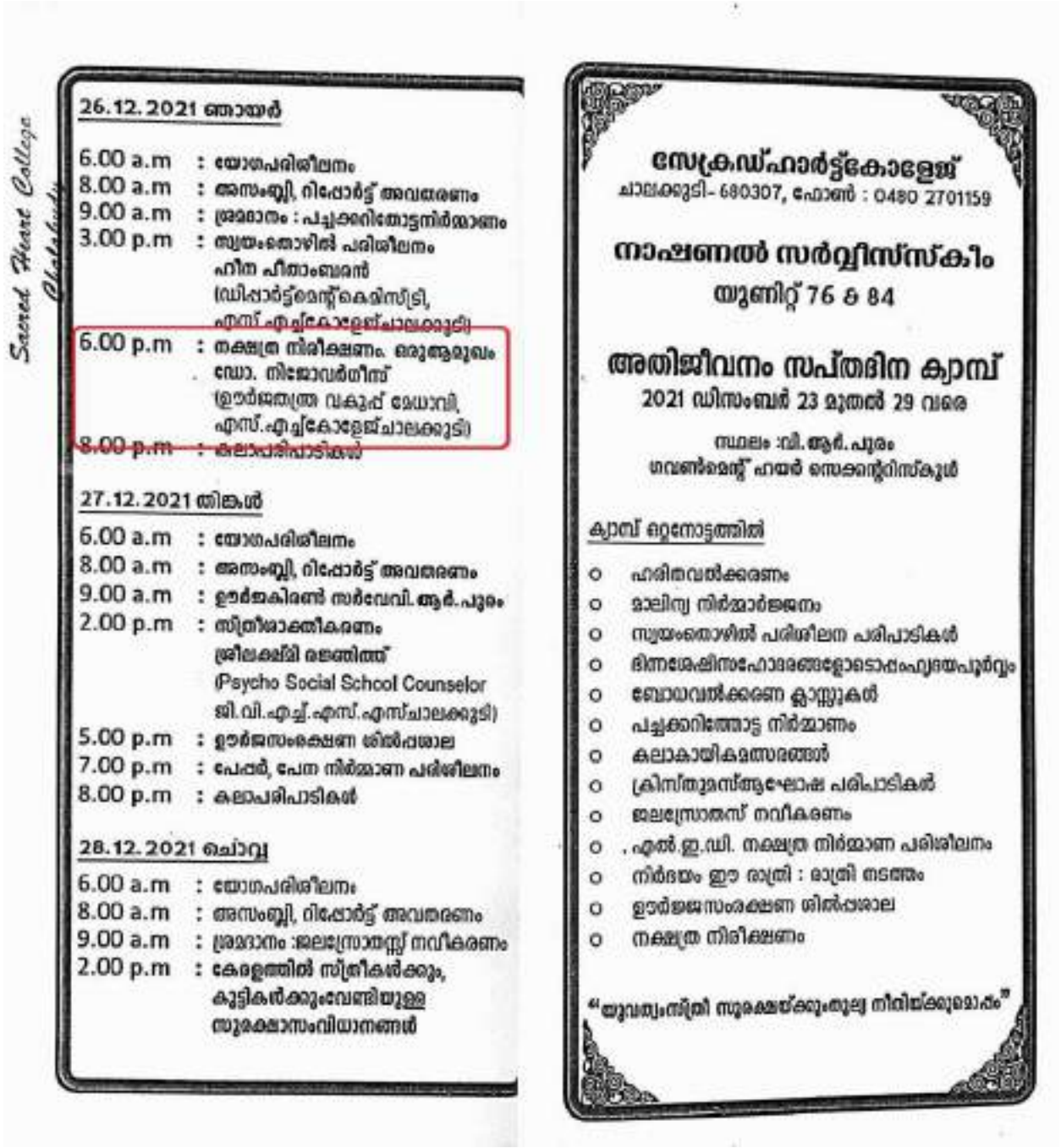
NIGHT SKY WATCHING

Organized by the Department of Physics on 27/12/2021

The Department organized and conducted a night sky-watching program on 27-12-2021 at V R Puram Govt. High school. The public in the locality of V R Puram in Chalakudy Municipality and NSS Volunteers of Sacred Heart College, Chalakudy participated. The programme started around 6.00 pm and extended up to 8.30 pm. NSS students and visitors turned up at the venue and attended the preliminary lecture handled by Dr. Nijo Varghese, Assistant Professor and Head of the Department of Physics, Sacred Heart College, Chalakudy. He further continued the event by giving a brief idea about the galaxies, the formation of stars, and how to locate the constellations to know the stars – Polaris, Sirius, Betelgeuse, Rigel, Vega and many more. He introduced Stellarium, a planetarium software that shows exactly what you see when you look up at the stars and demonstrates its working. After that, the telescope was arranged to view different celestial objects.

The participants extremely benefited from this event as it was a rare opportunity to have a closer look at the night sky through an 8” telescope. This programme aimed at giving a basic awareness of astronomy thus helping to improve scientific temper and to give a glimpse of the magnificent world of the cosmos.

Following is the brochure of NSS Camp written in the Malayalam language in which the sky-watching program at 6.00 pm on 26/12/2021 is highlighted in red square.



Sacred Heart College Chalakudy

26.12.2021 ഞായർ

6.00 a.m : യോഗപരിശീലനം
8.00 a.m : അസംബ്ലി, റിപ്പോർട്ട് അവതരണം
9.00 a.m : ശ്രമദാനം : പച്ചക്കറിത്തോട്ടനിർമ്മാണം
3.00 p.m : സ്വയംതൊഴിൽ പരിശീലനം
ഹീന ഹീതാംബരൻ
ഡിപ്പാർട്ട്മെന്റ് കെമിസ്ട്രി,
എസ്.എച്ച്കോളേജ്ചാലക്കുടി)
6.00 p.m : നക്ഷത്ര നിരീക്ഷണം. ഒരുങ്ങുവും
ഡോ. നിജോവർഗീസ്
(ഊർജ്ജതന്ത്ര വകുപ്പ് മേധാവി,
എസ്.എച്ച്കോളേജ്ചാലക്കുടി)
8.00 p.m : കലാപരിപാടികൾ

27.12.2021 തിങ്കൾ

6.00 a.m : യോഗപരിശീലനം
8.00 a.m : അസംബ്ലി, റിപ്പോർട്ട് അവതരണം
9.00 a.m : ഊർജ്ജകിരൺ സർവേവി. ആർ. പുരം
2.00 p.m : സ്ത്രീശാക്തീകരണം
ശ്രീലക്ഷ്മി രജനിത്ത്
(Psycho Social School Counselor
ജി.വി.എച്ച്.എസ്.എസ്ചാലക്കുടി)
5.00 p.m : ഊർജസംരക്ഷണ ശിൽപശാല
7.00 p.m : പേപ്പർ, പേന നിർമ്മാണ പരിശീലനം
8.00 p.m : കലാപരിപാടികൾ

28.12.2021 ചൊവ്വ

6.00 a.m : യോഗപരിശീലനം
8.00 a.m : അസംബ്ലി, റിപ്പോർട്ട് അവതരണം
9.00 a.m : ശ്രമദാനം :ജലസ്രോതസ്സ് നവീകരണം
2.00 p.m : കേരളത്തിൽ സ്ത്രീകൾക്കും,
കുട്ടികൾക്കുംവേണ്ടിയുള്ള
സുരക്ഷാസംവിധാനങ്ങൾ

സേക്രഡ്ഹാർട്ട്കോളേജ്
ചാലക്കുടി- 680307, ഫോൺ : 0480 2701159

നാഷണൽ സർവ്വീസ്സ്കീം
യൂണിറ്റ് 76 & 84

അതിജീവനം സപ്തദിന ക്യാമ്പ്
2021 ഡിസംബർ 23 മുതൽ 29 വരെ

സ്ഥലം :വി. ആർ. പുരം
ഗവൺമെന്റ് ഹയർ സെക്കന്ററിസ്കൂൾ

ക്യാമ്പ് ഓർമ്മയിൽ

- ഹരിതവൽക്കരണം
- മാലിന്യ നിർമ്മാർജ്ജനം
- സ്വയംതൊഴിൽ പരിശീലന പരിപാടികൾ
- ഭിന്നശേഷിസഹോദരങ്ങളോടൊപ്പംഹൃദയപൂർവ്വം
- ബോധവൽക്കരണ ക്ലാസ്സുകൾ
- പച്ചക്കറിത്തോട്ട നിർമ്മാണം
- കലാകായികമത്സരങ്ങൾ
- ക്രിസ്തുമസ്ആഘോഷ പരിപാടികൾ
- ജലസ്രോതസ് നവീകരണം
- .എൽ.ഇ.ഡി. നക്ഷത്ര നിർമ്മാണ പരിശീലനം
- നിർദയം ഈ രാത്രി : രാത്രി നടത്തം
- ഊർജ്ജസംരക്ഷണ ശിൽപശാല
- നക്ഷത്ര നിരീക്ഷണം

"യുവത്വംസ്ത്രീ സുരക്ഷയ്ക്കുംതുല്യ നീതിയ്ക്കുമൊപ്പം"

Image 1: Participants of Program



Night Sky watching program on 27-12-2021

Image 2:Participant viewing the sky



List of Volunteers

Sl No	Name	Class
1	Madhavi C	III DC Physics
2	Soumya Charly	III DC Physics
3	Vinaya T P	III DC Physics
4	Sona Biju	III DC Physics
5	Ayana Bose P C	III DC Physics
6	Agna Rose Raju	II DC Physics
7	Anna Jose	II DC Physics
8	Blessy Babu	II DC Physics
9	Anjana Sajeevan	II DC Physics
10	Nikitha K R	I DC Physics
11	Anila K J	I MSc Physics
12	Aibel John	I MSc Physics
13	Sandra Roji	I MSc Physics
14	Alen Green Thomas	I MSc Physics
15	Rheba Suresh	I MSc Physics

URJAKIRAN 2021-22

Awareness class, rally & signature campaign

Coordinated by the Department of Physics on 02/12/2021

The Department of Physics and Chemistry jointly organized various activities of the Urjakiran 2021-22 in the Chalakudy assembly constituency on 02-12-2021. The program is funded and supported by the Energy Management Center, Govt. of Kerala. In consensus with the Government of India and the Bureau of Energy Efficiency (BEE) initiative to promote electric mobility, cooking etc. throughout the country, the theme for this year's Awareness Campaign by EMC is selected as "Go Electric". Centre for Environment and Development is the Resource Agency (RA) for coordinating the activities of URJA KIRAN 2021-22.

The Campaign is intended to

- To push the country towards 100% e-mobility and clean and safe e-cooking
- To create awareness at PAN-India level and reduce the import dependence of the country
- To move ahead on the path of a low carbon economy, thereby saving the country and the planet from the adverse impact of climate change

The official inauguration of the events was done by Sri. T J Saneesh Kumar Joseph (Chalakudy MLA) in the presence of Sri. V O Pailappan, Municipal Chairman, Chalakduy and Srmt. Bindhu Sasikumar, Ward Councilor. EMC Resource person Mr. Mathew P J had handled a session on energy management. Principal Dr. Sr. Reena Ittyachan flagged off the rally from the college. Mr. Oliver Sudhir, Station Manager, Chalakudy Railway Station inaugurated the signature campaign at the railway station premises. Leaflets with tips for energy management are distributed to the participants. The programs received positive responses from the public and the event got a wide media coverage. Dr. Nijo Varghese, Assistant Professor and Head of the Department of Physics, Sacred Heart College, Chalakudy coordinated the programme.

Ph (Off.) : 0480 2701159
Principal (Per.) : 0480 2708877
(Res) : 0480 2701876
(Fax) : 0480 2708877

SACRED HEART COLLEGE, CHALAKUDY.

Railway Station Road, Thrissur Dt., Kerala - 680 307, India
(Affiliated to University of Calicut & Re-acredited with A+ Grade by NAAC, CGPA 3.55
E-mail : shcollegecky@gmail.com Website : www.sacredheartcollege.ac.in

ENERGY MANAGEMENT CENTRE – KERALA Date :
URJA KIRAN 2021-22

UTILISATION CERTIFICATE

Sl. No.	Approval No & Date	Amount
1	EMC/283/2021-ETC (ESS) dated 17-09- 2021	4000/-

1. Certified that out of Rs. 4000/- of payment sanctioned URJA KIRAN **Energy Conservation Rally and Signature Campaign** during the year 2021-22 in favour of **Sacred Heart College, Chalakudy** (Name of institution) a sum of Rs. 4000/- Rupees **Four Thousand** only) has been utilized for the purpose of implementation of activities as per approval letter cited above.
2. Certified that I have satisfied myself that the conditions on which the advance payment was sanctioned have been duly fulfilled and that I have exercised the necessary steps to see that the money was actually utilized for the purpose for which it was sanctioned.

Kind of checks exercised

a. Verifying vouchers with relevant sanction order
b. Checking of the vouchers with cash/bank book
c. Counter checking of the payment sanctions
d. Routine General Check

Date: **23-12-2021**

Name and Signature of the Head of the Institution

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

(Office Seal) SACRED HEART COLLEGE Accredited by NAAC with A+ Grade (3.55CGPA) CHALAKUDY

Ph. (Off.) : 0480 2701159
Principal (Per.) : 0480 2708877
(Res) : 0480 2701876
(Fax) : 0480 2708877

SACRED HEART COLLEGE, CHALAKUDY

Railway Station Road, Thrissur Dt., Kerala - 680 307, India
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E-mail : shcollegecky@gmail.com Website : www.sacredheartcollege.ac.in

Date :

ENERGY MANAGEMENT CENTRE – KERALA
URJA KIRAN 2021-22
STATEMENT OF EXPENDITURE

Date: **23-12-2021**

Approval No. & Date	Grant Sanctioned *(Rs.)*	Duration of program and No. of Participants	Details of Expenditure incurred (Item wise)	Amount (Rs)
ENERGY CONSERVATION RALLY AND SIGNATURE CAMPAIGN				
EMC/283/2021-ETC (ESS) dated 17-09-2021	Rs. 4,000/-	**Inauguration & Awareness class:** 9.20-11.30am. Participants-**385** **Rally:** 12.30-12.45pm Participants-**87** **Signature Campaign:** 12.45-03.45pm Participants-**80**	1. Remuneration for Resource person	1,000
			2. Stationary items	590
			3. Refreshments for guests & participants	1,710
			4. Photographer	750
			5. Flower Bouquet	620
			6. LED Bulbs for Chief guests and lucky draw winners	700
Total (Rupees Five Thousand Three Hundred and Seventy Only)				5,370/-

Name & Signature of the Project Coordinator: **Dr. Nijo Varghese** Nijo

Name & Signature (with Seal) of the Finance Officer/Auditor/Accounts Officer Rosy Jakson
Rosy Jakson
Sacred Heart College
Chalakudy

Name & Signature of Head of the Institution with office Seal: **Dr. Sr. Reena Ittyachan**

SACRED HEART COLLEGE Accredited by NAAC with A+ Grade (3.55 CGPA) CHALAKUDY

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

URJA KIRAN 2021-22
Rally/Signature Campaign Report
(Assembly Constituency: Chalakudy)

1	Sanction Letter No.	:	EMC/283/2021-ETC(ESS) dated 17-09-2021
2	Name of Conducting Agency	:	Sacred Heart College, Chalakudy
3	Date of Program		02-12-2021
4	Place of Activity (Venue, Name of Local body & Assembly Constituency)	:	Venue: Auditorium, Sacred Heart College and Chalakudy Railway Station, Local body: Chalakudy Muncipality, Assembly Constituency : Chalakudy
5	Time and Duration of Program		9.20am 4.00pm
5a	Rally starting point (Place & time)		Sacred Heart College, Chalakudy (12.30pm)
5b	Rally End point (Place & time)		Chalakudy Railway Station (12.45 pm)
5c	Signature collection point (Place & time)		Chalakudy Railway Station (12.45 pm)
5d	Time spent by volunteers for collecting Signature (Hours)		3 Hrs
6	Name and Position of Chief guest flagged off the Rally	:	Dr. Sr. reena Ittyachan, Principal, Sacred Heart College, Chalakudy
7	Name and Position of Chief guest inaugurated the signature campaign		Mr. Oliver Sudhir, Station Manager, Chalakudy Railway Station
8	Name of Resource person attended the signature campaign	:	Mr. Mathew P J
9	Specify whether the Resource person attended the refresher training of EMC	:	Yes
10	No. of placards used in Rally		17
11	Details of resource materials distributed	:	Leaflets, Presentation and Short videos given from the EMC
12	Total Number of Participants in Rally (Attach list with name & Mobile no)	:	87
13	Category of Participants in Rally (Give numbers of general public/SHG members/Local body representatives/students etc participated)		General Public - 12 Local body representative – 1 Students & Teachers - 74
14	Total Number of Participants in Signature Campaign (Attach list with name & Mobile no.)	:	80 (List attached)
15	Details of media persons attended the program (support with media reports)		Deepika, Malayala Manorama (Media reports attached)
16	Places where the 2 banners were permanently placed after rally	:	1. Sacred Heart College Entrance 2. Railway station bus stop
17	Place where the signature campaign boards were permanently placed	:	Chalakudy Railway station bus stop
18	Details of LED bulbs distributed during the program (Names of chief guests/Name and address of lucky dip winners)		1. Sri. T J Saneesh Kumar Joseph (Chalakudy MLA) 2. Sri. V O Pallappan, Muncippal Chairman, Chalakduy 3. Srmt. Bindhu Sasikumar, Ward Councilor 4. Sri. Jose K T, Kuttiyil(H), Chalakudy(9846479203) 6. Sri. Christa C A, Irinjalakuda(8075236818) 7. Srmt. Linitha Paul, Choice Beauty Parlor (7736585865) 8. Sri. Sunil Menon, Chalakudy (9400618588) 9. Joy M P, Chalakudy (9188014016) 10. V A Vincent, General Stores, Chalakudy (9495854254)
19	Details of feedback received from public	:	The MLA, other guests of the function appreciated the initiatives taken for the GoElectric campaign. Some of the auto taxi drivers who are using conventional fuels expressed their concern in changing to electric vehicles but the volunteers convinced them the necessity of the campaign.
20	Was any problem faced during implementation of the program? If yes, what?	:	The inaugural function had delayed to start by 1 hour awaiting the arrival of the MLA, but the resource person managed it by extending his awareness class

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Accredited by NAAC with A+ Grade (3.35CGPA)

21	Remarks/Suggestions for improving the program	:	We are thankful to EMC for selecting us for the URJAKIRAN energy conservation campaign which is of great relevance now. We are wishing to be a part of similar events in future
22	List of attachments (Only scanned/soft copies required)	:	1. Utilization Certificate and Statement of Expenditure (in EMC format) 2. Program Notes/schedule 3. List of participants (Name & Mobile no. only) 4. Photographs/short videos of program (soft copy only) 5. News paper cuttings/channel video clips etc
23	Report prepared by (Name & Designation)	:	Dr. Nija Varghese, Asst. professor & HOD, Department of Physics, Sacred Heart College, Chalakudy
24	Report approved by (Name & Designation)	:	Dr. Sr. Reena Ittychan, Principal, Sacred Heart College, Chalakudy

Dr. Nija Varghese
Coordinator

Principal

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

SACRED HEART COLLEGE
CHALAKUDY

URJA KIRAN 2021-22
Rally/Signature Campaign Report
(Assembly Constituency : Chalakudy)

Media Reports

ദീപിക 05

ചാലക്കുടി സേക്രഡ് ഹാർട്ട് കോളജിൽ ബോധവത്കരണ കാമ്പയിൻ

ചാലക്കുടി ഊർജ സംരക്ഷണത്തിന്റെ ആവശ്യകതയും അതിനുള്ള മാർഗങ്ങളും വ്യക്തമാക്കി എനർജി മാനേജ്മെന്റ് സെന്റർ, സെന്റർ ഫോർ എൻവയോൺമെന്റ് ആൻഡ് ഡെവലപ്മെന്റുമായി ചേർന്നു നടപ്പാക്കുന്ന ചാലക്കുടി അസംബ്ലി മണ്ഡലത്തിലെ ഈ വർഷത്തെ ഊർജ കിരൺ ബോധവത്കരണ കാമ്പയിൻ രണ്ടിനു സേക്രഡ് ഹാർട്ട് കോളജിൽ നടത്തും.

പരിപാടികളുടെ ഉദ്ഘാടനം സനീഷ്കുമാർ ജോസഫ് എംഎൽഎ നിർവഹിക്കും. കോളജ് പ്രിൻസിപ്പൽ സിസ്റ്റർ ഡോ. ഫെറിൻ, ചാലക്കുടി മുനിസിപ്പൽ ചെയർമാൻ വി.ഒ. പൈലപ്പൻ, വാർഡ് കൗൺസിലർ ബിന്നു ശശികുമാർ എന്നിവർ സംസാരിക്കും. തുടർന്നു ചാലക്കുടി ടൗണിലേക്ക് സൈക്കിൾ പരിസരത്തേക്ക് ബോധവത്കരണ റാലിയും അതിനുശേഷം ഊർജസംരക്ഷണ പ്രതിജ്ഞയും ഫ്ലാഷ്മോബും നടത്തും.

Deepika 03-12-2021



ചാലക്കുടി സേക്രഡ് ഹാർട്ട് കോളജിൽ ഊർജ കിരൺ ബോധവത്കരണ കാമ്പയിൻ സനീഷ് കുമാർ ജോസഫ് എംഎൽഎ ഉദ്ഘാടനം ചെയ്യുന്നു

സേക്രഡ് ഹാർട്ട് കോളജിൽ ഊർജ കിരൺ ബോധവത്കരണ കാമ്പയിൻ

ചാലക്കുടി സേക്രഡ് ഹാർട്ട് കോളജിന്റെ നേതൃത്വത്തിൽ എനർജി മാനേജ്മെന്റ് സെന്റർ കേരള എൻവയോൺമെന്റ് ആൻഡ് ഡെവലപ്മെന്റുമായി ചേർന്നു ഊർജ കിരൺ ബോധവത്കരണ കാമ്പയിൻ നടത്തി. സനീഷ്കുമാർ ജോസഫ് എംഎൽഎ ഉദ്ഘാടനം ചെയ്തു.

കോളജ് പ്രിൻസിപ്പൽ ഡോ. സിസ്റ്റർ ഫെറിൻ, സംസ്ഥാന ഊർജ മാനേജ്മെന്റ് സെന്റർ കോഓർഡിനേറ്റർ ബിനു ശശികുമാർ, പിടിഎ പ്രസിഡന്റ് ഷൈജു ആന്റു എന്നിവർ പ്രസംഗിച്ചു. തുടർന്നു ബോധവത്കരണ റാലിയും ഊർജ സംരക്ഷണ പ്രതിജ്ഞയും നടന്നു. ഡോ. നിമ്മി വർഗീസ്, ഡോ. സോണി പോൾ, ആതിര, ഹർഷിന എന്നിവർ നേതൃത്വം നൽകി.

ക്ഷേത്രോത്സവം നാളെ

കൊരട്ടി ചെമ്പുകാവ് ശ്രീ [illegible] ക്ഷേത്രോത്സവം നാളെ കൊടിയേറും. രാവിലെ 6.30ന് ക്ഷേത്രം തന്ത്രി മേലേടത്ത് മഠം [illegible] നമ്പൂതിരിപ്പാടിന്റെ മുഖ്യകാർമികത്വത്തിൽ നടക്കുന്ന കൊടിയേറ്റിനു ശേഷം [illegible] പ്രഭാഷണം, തിരുവാതിരകളി, ഭരതനാട്യം, നൃത്തനൃത്യങ്ങൾ, ഓട്ടൻതുള്ളൽ, കൊരട്ടി ചെമ്പുകാവ് [illegible] എന്നിവ അരങ്ങേറും. 10ന് രാവിലെ 10.30ന് [illegible] കൊമ്പിടിക്കൽ ചടങ്ങ്. തുടർന്

TRANSLATION OF MEDIA REPORTS

Title: Energy Conservation Rally Conducted by Sacred Heart College, Chalakudy

Chalakudy: In association with Energy Management Centre, Kerala and the Centre for Environment and Development, as a part of the URJA KIRAN energy conservation awareness campaign, an Energy conservation rally was conducted at Sacred Heart College. An energy conservation oath and the signature campaign were also conducted. Mr. Saneesh Kumar Joseph, M.L.A. inaugurated the function. Principal Dr. Sr. Irene, Municipal Corporation Chairman Mr. V.O. Paillappan, and Ward counsellor Ms. Bindhu Sasikumar addressed the gathering.

URJA KIRAN 2021-22
Rally/Signature Campaign Report

(**Assembly Constituency : Chalakudy**)

The following is the program List of URJA KIRAN -2020-21. Detailing the formal function

The program list is Printed in Malayalam Language

സേക്രഡ് ഹാർട്ട് കോളേജ് ചാലക്കുടി

എനർജി മാനേജ്മെന്റ് സെന്റർ , സെന്റർ ഫോർ എൻവയോൺമെന്റ് ആൻഡ് ഡവലപ്മെന്റ്

ഊർജ്ജ കിരൺ 2021-22 "ഗോ ഇലക്ട്രിക് ക്യാമ്പയിൻ"

(ചാലക്കുടി നിയോജകമണ്ഡലം)

ഊർജ്ജ കാര്യക്ഷമതിയും ഊർജ്ജ സംരക്ഷണവും വെബിനാർ, അവബോധക്ലാസ്, ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

തീയതി: 2 ഡിസംബർ 2021 10.00am

കാര്യപരിപാടി

പ്രാർത്ഥന

സ്വാഗതം : ഡോ. നിജോ വർഗീസ്
(ഫിസിക്സ് വിഭാഗം മേധാവി)

അധ്യക്ഷ പ്രസംഗം : ഡോ. സി. ഐറിൻ
(പ്രിൻസിപ്പാൾ, എസ്. എച്ച്. കോളേജ്, ചാലക്കുടി)

ഉദ്ഘാടനം : ശ്രീ. ടി. ജെ. സനീഷ് കുമാർ ജോസഫ്
(ചാലക്കുടി എം.എൽ.എ)

ആശംസ : ശ്രീ. വി. ഒ. പൈലപ്പൻ
(ചെയർമാൻ, ചാലക്കുടി മുൻസിപ്പാലിറ്റി)

: ശ്രീമതി ബിന്ദു ശശികുമാർ
(വാർഡ് കൗൺസിലർ)

: ശ്രീ. മാത്യു പി. ജെ.,
(ഇ.എം.സി. റിസോഴ്സ് പേഴ്സൺ)

: ശ്രീ. ബെന്നി വർഗ്ഗീസ് , (ഇ.എം.സി ഒബ്സർവർ)

: ഡോ. സന്തോഷ് പോൾ (സ്റ്റാഫ് സെക്രട്ടറി)

നന്ദി : ആയിഷ ഫർഹീൻ (വിദ്യാർത്ഥി പ്രതിനിധി)

URJA KIRAN 2021-22
Rally/Signature Campaign Report
(Assembly Constituency : Chalakudy)



Chalakudy MLA Mr. Saneesh Kumar is inaugurating the program



EMC Resource person Mr. Mathew P J is taking class





Photographs of Rally and Signature campaign





സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
1	JAISON. K T	Public	9946985969	
2	SINI. P.O	Public	7025043753	
3	Lissy PD	Public	9072966490	Lissy PD
4	Tincy. K T	Public	9605776422	
5	Annie Jose	Public	9544264719	
6	Shiji Jose	Public	9539920887	
7	Nisha. Joby	Public	9400388059	
8	Alice Pauly	Public	9301844233	
9	Merin Arun	Public	8156925294	
10	Thomas AG	Public	9846268617	
11	Lilly George	Public	7559825818	
12	SAJO	Public	9545812417	
13.	Bindhu Sasikumar	Local Body Representative	9847305515	
14.	Nije Varghese	Teacher	9496805788	
15	Dona John	Teacher	7034437958	
16	Aiswarya P S	Teacher	9048091502	
17	Maria Mookken	Teacher	9526655529	
18	Arey Maria Varghese	Teacher	8157842050	
19	Dr. Laise. A.L	"	8281081399	
20	Dr. Santhosh Paul	"	7994674921	

സേക്രഡ് ഹാർട്ട് കോളേജ്, ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am - 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
21	Anisha P.V	Student	8086887261	
22	Sona Mariya	Student	7306471028	
23	Sathees tha. T.S	Student	6238886826	
24	Anna Jose	Student	8592832734	
25	Nikitha K.R.	Student	7561822749	
26	Anjana Sajeevan	Student	9562102287	
27	ANGELA S	Student	9744169284	
28	Abhirami KH	Student	9074431703	
29	Ayana Bose P.C.	student	8078901937	
30	Aiswarya P.A	Student	7025013164	
31	Sethulakshmi P.M	student	8086304152	
32	Angel Rose Raiju	Student	9562709300	
33	Anjaly Antony	Student	8289971559	
34	Mariya Davis	student	8078241586	
35	Sajitha Barvin.S	Student	8078718498	
36	Smitha. K	"	9012929327	
37	Neeraja. P	"	8330054348	
38	Nimisha.C	"	9207887809	
39	Divya V.V	"	9383449382	
40	Jana C.J	"	9495717612	

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
41	Deepthi K	Student	9447264325	[signature]
42	Bhavana K	Student	9526122497	[signature]
43	NIVEDHITHA P. SUBASH	Student	9074352788	[signature]
44	Hridaya Subash	Student	9388567721	[signature]
45	Abhirami K.S.	Student	7994137465	[signature]
46	Souparnnika T.J	Student	8891703414	[signature]
47	Sreenandhana A.S	Student	6238952390	[signature]
48	Efriya P.J	Student	9526687839	[signature]
49	Suvarna K.S	Student	7902667326	Suvarna KS
50	Jesna JOFY	Student	9778518931	[signature]
51	Avanya A	Student	6238733510	[signature]
52	Nashva N	Student	9778731354	[signature]
53	Isha P. Sunilkumar	Student	9539828291	[signature]
54	Akhila N.V	Student	6282313406	[signature]
55	Jesmy Shaju	Student	9048933436	[signature]
56	Angana Rose	Student	9745621757	[signature]
57	Ahalya Gopi	Student	9645797145	[signature]
58	Noopura Anand	Student	9446340695	[signature]
59	Judi Varghese	"	9747883180	[signature]
60	Shyama I	Teacher	9072315232	[signature]

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
61	Anathi K.B	Student	7025596983	
62	Abia Cleetaus	Student	7994128533	
63	Anya Sunny	Student	9846734343	
64	Blessy Babu	Student	9778352344	
65	Shahna.C.T	Student	7593993756	
66	Anagha.A.S	Student	7592899731	
67	Jyothi M.S	Student	9778095772	
68	Agna Rose Raju	Student	8590746287	
69	Sandra Santhosh	Student	7558088304	
70	Gopika A.M	Student	9400778011	
71	eAnna Rose Shajan	Student	9447648972	
72	Aleena Thankaesan	Student	9048627190	
73	Swathi Sajan	Student	9946058544	
74	Ann Mary Joy	Student	8547230813	
75	Riniya Shaju	Student	7909241875	
76	Anjana Raj.M	Student	8590481603	
77	Betsy Baby Nalukandan	Student	9747617982	Betsy
78	Betty Mariya Varghese	Student	8547611697	
79	K.Disha David	Student	7592035722	Dishak
80	Kavya.S	Student	8848605638	

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
81	Aleena Joy	Student	9947327324	Aleena J
82	ANGEL FEBA	Student	6238396005	[illegible]
83	ALEENA JOSHY	Student	9745219048	Aleena
84	HIBA.U	STUDENT	9526674791	[illegible]
85	KRISHNAPRIYA.C.G	STUDENT	8590905988	[illegible]
86	Sherin Michael	Teacher	7902286701	[illegible]
87	Laisa.C.P	Teacher	9600030518	[illegible]

(1)

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
1	Oliver Sudur	Chalakudy Station manager	9746769948	[signature]
2	Ram	Public	9473[illegible]	[signature]
3	Shanty	Public	9645156684	Shanty
4	JOSE	Public	9846479[illegible]	[signature]
5	Mohandas	Public	9695472940	[signature]
6	Ratheesh P.A	Public	9207478395	Ratheesh
7	Cathoch	Public	8943876345	[signature]
8	Varghese Mathew	Public	9249972492	[signature]
9	Suresh	Public	9048517850	[signature]
10	Shibu V	Public	9400939650	[signature]
11	Shaju C.A	Public	9846278857	[signature]
12	K.O. Antony	Public	8281537190	[signature]
13	Nandana	Public	9562572089	Nandana
14	Nayana	Public	9562572089	Nayana
15	Reena	Public	9410352175	[signature]
16	Lonnachan	Public	8056062149	[signature]
17	Rajeev Madanan	Public	9061116661	[signature]
18	Shashy P.J	Public	9656315697	[signature]
19	Deena K.U	Public	9946121815	Deena
20	K Chandran	Public	9446051294	[signature]

(2)

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
21	SHAIJU .M.A	Public	9447346552	[signature]
22	JAMES.C.A	Public	9847134772	[signature]
23	SHAJU GEORGE	Public	9961936323	[signature]
24	Rajish. C.A.	Public	8137812993	[signature]
25	ANSON	Public	7012486558	[signature]
26	24/12/21	Public		24/12/21
27	Radhakrishnan	Public	9605552584	[signature]
28	Shyam P. Mani	Public	9447063114	[signature]
29	Suresh B.Am	Public	9048204525	[signature]
30	CHRISTA	student	8075236818	[signature]
31	Mariana	student	9496240961	[signature]
32	SUNIL MENON	Public	9400618588	[signature]
33	Jeyakumar	Public	9567362519.	[signature]
34	SHAJI	Public	9562324792.	[signature]
35	[illegible]	Public	8086457436	[signature]
36	SHAN	Public	9539106249	[signature]
37	J.Mary Benny	Public	9895280115	[signature]
38	Albert. A.S	Public	9495745457	[signature]
39	SUJITH.M	Public	7559093858	[signature]
40	Satheesh K.R	Public	9746901203	[signature]

(3)

സേക്രഡ് ഹാർട്ട് കോളേജ്, ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി - പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
41	Noufal	Public	9715234556 676	[signature]
42	PAULSON	Public	9895850325	[signature]
43	Shine Simon	Public	9526114481	[signature]
44	BABY. KD	Public	9495712573	Baby
45	Unnikrishnan	Public	9495713760	[signature]
✓ 46	Dealose	Public	9964123360	[signature]
47	Sunil kumar	Public	9544265760	[signature]
48	Lalmohan	Public	9946123737	Lalmohan
49	DAISON	Public	9746623672	[signature]
50	[illegible]	Public	9188014016	[signature]
51	SHAHINA SHUHOOR	Public	9446022690	[signature]
✓ 52	Linitte Paul	Public	7736585865	Linitte
53	Ajitha	Public	8589018066	Ajitha
54	valsa	Public	9496530094	[signature]
55	Sunitha	Public	6238260713	Sunitha
56	Akshay	Public	8589964[illegible]	[signature]
57	RAJI SHAJU	Public	9048756765	Raji
58	T.R. [illegible]	Public	9656319148	[signature]
59	A.P. Veronica	Public	8592928535	Veronica
60	Shaju	Public	9497727249	[signature]

(4)

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22

ഊർജ്ജ സംരക്ഷണ റാലി . പ്രതിജ്ഞ, ഒപ്പുശേഖരണം

(ചാലക്കുടി നിയോജകമണ്ഡലം)

02-12-2021 11.00am – 4.00 pm

Sl. No	Participant	Category	Phone No	Signature
61	Joy. e.L	Public	7558865708	[signature]
62	V.A.Vincent	Public	9495854252	[signature]
63	JOHNY. A.V	Public	9745561785	[signature]
64	Sajith	public	9645163253	[signature]
65	Samathi	Public	8086690270	[signature]
66	Rushil	Public	9895477620	[signature]
67	Punam	Public	7594078006	Punam
68	Joy. M.D.	Public	8089658907	[signature]
69	Muhamed Sahal	Public	9567895631	Sahal
70	Jeet Mathan	Public	9497347792	[signature]
71	Nisam	Public	9633222371	[signature]
72	Anson	Public	8281607611	[signature]
73	martin	Public	9544412999	[signature]
74	Sweety Rose Sweetly	Public	8606030062	[signature]
75	Sachin Shaju	Public	8597954378	[signature]
76	Binu	Public	9048098557	[signature]
77	Francis	Public	8086748837	[signature]
78	Jibin	Public	9744730435	[signature]
79	SHAJU	Public	8891199093	[signature]
80	Antoo. MJ	Public	9446441623	[signature]

List of Volunteers for Rally & Signature Campaign

Sl No	Name	Class
1	Ahalya Gopi	II MSc Physics
2	Akhila N V	II MSc Physics
3	Anjana Rose	II MSc Physics
4	Betsy Baby	II MSc Physics
5	Jaina Jacob	II MSc Physics
6	Jesmy Shaju	II MSc Physics
7	Judi Varghese	II MSc Physics
8	Kavya S	II MSc Physics
9	Ritty Lonappan	I MSc Physics
10	Arshna Pullikkudi	I MSc Physics
11	Ameesha K V	I MSc Physics
12	Neena mol U T	I MSc Physics
13	Sandra Roji	I MSc Physics
14	Alen Green Thomas	I MSc Physics
15	Rheba Suresh	I MSc Physics
16	Sr. Nikhila Paul	I MSc Physics
17	Jisna Shaji	I MSc Physics
18	Salma Jasmine M B	III DC Physics
19	Gouri S	III DC Physics
20	Shilpa Johnson	III DC Physics

URJAKIRAN 2021-22 Workshop

Coordinated by the Department of Physics on 27/12/2021

The Department of Physics and college NSS units jointly organized a workshop on Urjakiran 2021-22 “Go electric campaign”, at **Govt. High School, V R Puram** on 27-12-2021. The program is funded and supported by the Energy Management Center, Govt. of Kerala. The objective of the program is to create awareness among the general public and equip them for efficient management of all forms of energy, to promote energy efficiency and energy conservation and to develop new sources of energy as well as novel energy technologies with a view to increasing production and facilitating the use of energy on a sustainable basis. It aims at seeking Participating Agencies (PAs) to convene, catalyze and facilitate works in the energy conservation related activities in a participative mode for it public participation activities across the State. Therefore, institutions that have been involved in community participation, environment, and energy conservation work are invited to apply for the task and our institution is applied for the conduct of workshop and got selection for the same.

Mrs. Alees Shibu, ward councilor inaugurated the workshop. Dr. Nijo Varghese, Assistant Professor and Head of the Department of Physics, Sacred Heart College, Chalakudy welcomed the gathering. EMC Resource person Mr. Prasad Pulikall had handled the session on energy management. NSS volunteers had given wide publicity for the program in the locality. Leaflets with tips for energy management are distributed to the participants. Dr. Nijo Varghese coordinated the event.

Ph. (Off.) : 0480 2701159
Principal (Per.) : 0480 2708877
(Res) : 0480 2701876
(Fax) : 0480 2708877

SACRED HEART COLLEGE, CHALAKUDY

Railway Station Road, Thrissur Dt., Kerala - 680 307, India
(Affiliated to University of Calicut & Re-acredited with A+ Grade by NAAC, CGPA 3.55
E-mail : shcollegecky@gmail.com Website : www.sacredheartcollege.ac.in

ENERGY MANAGEMENT CENTRE – KERALA Date :
URJA KIRAN 2021-22

UTILISATION CERTIFICATE

Sl. No.	Approval No & Date	Amount
1	EMC/283/2021-ETC (ESS) dated 17-09- 2021	4000/-

1. Certified that out of Rs. **4000**/- of payment sanctioned URJA KIRAN **Energy Conservation Workshop(offline)** during the year 2021-22 in favour of **Sacred Heart College, Chalakudy**. (Name of institution) a sum of Rs. **4000**/- Rupees **Four Thousand** only) has been utilized for the purpose of implementation of activities as per approval letter cited above.
2. Certified that I have satisfied myself that the conditions on which the advance payment was sanctioned have been duly fulfilled and that I have exercised the necessary steps to see that the money was actually utilized for the purpose for which it was sanctioned.

Kind of checks exercised

a. Verifying vouchers with relevant sanction order
b. Checking of the vouchers with cash/bank book
c. Counter checking of the payment sanctions
d. Routine General Check

Name and Signature of the Head of the Institution

Dr Sr Reena Ittyachan
Principal
Sacred Heart College
Chalakudy

Date: **30-12-2021**

(Office Seal)

SACRED HEART COLLEGE
Accredited by NAAC with A+ Grade (3.55CGPA)
CHALAKUDY

Ph. (Off.) : 0480 2701159
Principal (Per.) : 0480 2708877
(Res) : 0480 2701876
(Fax) : 0480 2708877

SACRED HEART COLLEGE, CHALAKUDY

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E-mail : shcollegecky@gmail.com Website : www.sacredheartcollege.ac.in

Date :

ENERGY MANAGEMENT CENTRE – KERALA
URJA KIRAN 2021-22
STATEMENT OF EXPENDITURE

Date: 30-12-2021

Approval No. & Date	Grant Sanctioned (Rs.)	Duration of program and No. of Participants	Details of Expenditure incurred (Item wise)	Amount (Rs)
ENERGY CONSERVATION RALLY AND SIGNATURE CAMPAIGN				
EMC/283/2021-ETC (ESS) dated 17-09-2021	Rs. 4,000/-	Workshop (offline): 5.30-6.30am. Participants-65	1. Remuneration for Resource person	1,000
			2. Printing & Publicity	250
			3. Refreshments for guests & participants	1,710
			4. Photographer	500
Total (Rupees Four Thousand Three Hundred and Seventy Only)				4,370/-

Name & Signature of the Project Coordinator: **Dr. Nijo Varghese**

Roy Jakson
Roy Jakson
Sacred Heart College
Chalakudy

Name & Signature (with Seal) of the Finance Officer/Auditor/Accounts Officer

Name & Signature of Head of the Institution with office Seal: **Dr. Sr. Reena Ittyachan**

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

SACRED HEART COLLEGE
Accredited by NAAC with A+ Grade (3.55CGPA)
CHALAKUDY

URJA KIRAN 2021-22
Webinar/ Workshop Report
(Assembly Constituency: Chalakudy)

1	Sanction Letter No.	:	EMC/283/2021-ETC(ESS) dated 17-09-2021
2	Name of Conducting Agency	:	Sacred Heart College, Chalakudy
3	Date of Program		27-12-2021 5.00 PM
4	Place of Activity (Venue, Name of Local body & Assembly Constituency)		Venue: Seminar Hall, Govt. HS V R Puram, Chalakudy Local body: Chalakudy Muncipality. Assembly Constituency : Chalakudy
5	Time and Duration of Program		5.00pm – 6.30pm
6	Whether conducted Online or Offline		Offline
7	If conducted online specify web platform used	:	NA
8	Name(s) of Chief guest and other persons participated (Attach copy of program sheet)	:	Mrs. Alice Shibu (Ward Councilor, Chalakudy Municipality) Mr. Prasad Pulikkal , Dr. Nijo Varghese, Dr. Laina A L
9	Name of Resource person Handled training	:	Mr. Prasad Pulikkal
10	Specify whether the Resource person attended the refresher training of EMC	:	Yes
11	Details of resource materials distributed	:	Leaflets, Presentation and Short videos given from the EMC
12	Communication methods used (Specify use of Audio-visual aids)	:	Audio system and LCD projector
13	Total Number of Participants (Attach list of participants as per guideline)	:	65
14	Category of Participants (Give numbers of general public/SHG members/Local body representatives/students etc participated)	:	General Public - 46 Local body representative – 2 Students & Teachers - 16
15	Details of feedback received from participants	:	Participants had expressed that the workshop was beneficial to the efficient management of the energy and to reduce their electricity bills. They expressed an overall satisfaction about the workshop.
16	Was any problem faced during implementation of the program? If yes, what?	:	No
17	Remarks/Suggestions for improving the program	:	We are thankful to EMC for selecting us for the URJAKIRAN energy conservation campaign which is of great relevance now. We are wishing to be a part of similar invents in future
18	List of attachments (Only scanned/soft copies required)	:	1. Utilization Certificate and Statement of Expenditure (in EMC format) 2. Program Notice/schedule 3. List of participants 4. Photographs of program (soft copy only) 5. News paper cuttings/chnnel video clips etc
19	Report prepared by (Name & Designation)		Dr. Nijo Varghese, Asst. professor & HOD, Department of Physics, Sacred Heart College, Chalakudy
20	Report approved by (Name & Designation)		Dr. Sr. Reena Ittyachan, Principal, Sacred Heart College, Chalakudy

Dr. Nijo Varghese
Co-ordinator

SACRED HEART COLLEGE
Accredited by NAAC with A+ Grade (3.55 CGPA)
CHALAKUDY

Principal
PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

URJA KIRAN 2021-22
Workshop(Offline) Photo Report

(Assembly Constituency : Chalakudy)

The following is the program schedule of URJA KIRAN -2021-22 Workshop detailing the formal function.

The program list is printed in Malayalam Language.



URJA KIRAN 2021-22
Workshop(Offline) Photo Report

(**Assembly Constituency : Chalakudy**)

The following is the notice of URJA KIRAN -2021-22 Workshop circulated in the local bodies of Chalakudy Assembly Constituency detailing the relevance, venue and time schedule of the program.

The notice is printed in Malayalam Language.

സേക്രഡ് ഹാർട്ട് കോളേജ്, ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22:

(ചാലക്കുടി നിയോജകമണ്ഡലം)

ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

സ്ഥലം : വി. ആർ. പുരം സ്കൂൾ

സമയം : 27-12-2021 5.00pm

ഊർജ്ജ സംരക്ഷണത്തിന്റെ ആവശ്യകതയും അതിനുള്ള മാർഗങ്ങളും പൊതുജനങ്ങൾക്ക് പകർന്നുനല്കാനും സംസ്ഥാനതലത്തിൽ ഊർജ്ജ സംരക്ഷണ പ്രവർത്തനങ്ങൾക്ക് രൂപംനൽകി നടപ്പിലാക്കാനുമായി ഇന്ത്യയിൽത്തന്നെ ആദ്യമായി സ്ഥാപിതമായ സംസ്ഥാനതല ഊർജ്ജപരിപാലനകേന്ദ്രമാണ് ഊർജ്ജ വകുപ്പിന്റെ കീഴിൽ പ്രവർത്തിക്കുന്ന **എനർജി മാനേജ്മെന്റ് സെന്റർ കേരള (ഇഎംസി)**. ഇഎംസിയുടെ പരിശീലന ബോധവൽക്കരണ പരിപാടികളിൽ സുപ്രധാനമായ ഒന്നാണ് 2015 മുതൽ നടത്തിവരുന്ന **ൽ** ആരംഭിച്ച **ഊർജ്ജ കിരൺ പദ്ധതി**. പ്രാദേശികതലത്തിൽ സന്നദ്ധസംഘടനകൾ, കോളേജുകളിലെ നാഷണൽ സർവീസ് സ്കീം തുടങ്ങിയവയുടെ പങ്കാളിത്തത്തോടെ പൊതുജനങ്ങൾക്കായി നടത്തുന്ന ഊർജ്ജ സംരക്ഷണ പരിശീലന-ബോധവൽക്കരണ പരിപാടിയാണ് ഇത്. കേന്ദ്ര നവീകരണ മന്ത്രാലയത്തിന്റെ സെന്റർ ഓഫ് എക്സലൻസ് ആയി തിരുവനന്തപുരത്ത് പ്രവർത്തിക്കുന്ന സെന്റർ ഫോർ എനിറോമെന്റ് ആൻഡ് ഡെവലപ്മെന്റാണ് ഈ പദ്ധതി സംസ്ഥാനമൊട്ടാകെ ഏകോപിപ്പിച്ച് നടപ്പാക്കുന്നതിനുള്ള റിസോർസ് ഏജൻസിയായി പ്രവർത്തിക്കുന്നത്.

ഊർജ്ജ കാര്യക്ഷമതയും ഊർജ്ജ സംരക്ഷണവും എന്ന പൊതു വിഷയത്തിന് പുറമേ ഈ വർഷത്തെ ഊർജ്ജ കിരൺ പരിപാടിയിൽ പ്രധാനമായി ചർച്ചചെയ്യുന്ന വിഷയമാണ് "ഗോ ഇലക്ട്രിക്" എന്നത്. കേന്ദ്ര ഊർജ്ജ മന്ത്രാലയത്തിന്റെ കീഴിലുള്ള ബ്യൂറോ ഓഫ് എനർജി എഫിഷ്യൻസി (ബി.ഇ.ഇ) സംസ്ഥാന സർക്കാരുകളുടെ സഹകരണത്തോടെ കഴിഞ്ഞ പരിസ്ഥിതിദിനത്തിൽ ഉദ്ഘാടനം ചെയ്ത് നടപ്പാക്കിവരുന്ന പദ്ധതിയാണ് "ഗോ ഇലക്ട്രിക് കാമ്പയിൻ". രാജ്യത്തെ ഗതാഗതത്തിന്റെ 100 ശതമാനവും വൈദ്യുത വാഹനങ്ങളിലേക്കും ശുദ്ധവും സുരക്ഷിതവുമായ വൈദ്യുതി ഉപയോഗിച്ചുള്ള പാചകത്തിലേക്കും നയിക്കുക, ഇന്ധന ഇറക്കുമതി ആശ്രിതത്വം കുറയ്ക്കുക, കുറഞ്ഞ കാർബൺ സമ്പദ്വ്യവസ്ഥയുടെ പാതയിൽ മുന്നോട്ട് പോകുക, കാലാവസ്ഥാ വ്യതിയാനത്തിന്റെ പ്രതികൂല ആഘാതത്തിൽ നിന്ന് രാജ്യത്തെയും ജനങ്ങളെയും രക്ഷിക്കുക എന്നതാണ് ഈ കാമ്പയിന്റെ പ്രധാന ഉദ്ദേശ്യം. **ആസാദി ക അമൃത്** മഹോത്സവത്തിന്റെ ഭാഗമായിട്ടുകൂടിയാണ് ഈ വർഷത്തെ പരിപാടികൾ സംഘടിപ്പിക്കുന്നത്.

ചാലക്കുടി അസ്സംബ്ലി നിയോജകമണ്ഡലത്തിൽ ഈ പരിപാടി നടപ്പാക്കുന്നതിന് ഇഎംസി തിരഞ്ഞെടുത്തിരിക്കുന്നത് **സേക്രഡ് ഹാർട്ട് കോളേജ്** നെയാണ്. പരിപാടികളുടെ ഔപചാരികമായ ഉദ്ഘാടനം ഡിസംബർ 2-ം തിയതി ബഹുമാനപ്പെട്ട എംഎൽഎ ശ്രീ ടി. ജെ. സനീഷ് കുമാർ ജോസഫ് നിർവഹിച്ചു. തുടർന്ന് ഒരു ബോധവൽക്കരണ റാലിയും അതിനു ശേഷം ഊർജ്ജ സംരക്ഷണ പ്രതിജ്ഞയും ഒപ്പുശേഖരണവും നടത്തി.

ഊർജ്ജ കിരൺ പദ്ധതിയുടെ ഭാഗമായ ഊർജ്ജ സംരക്ഷണ ബോധവത്കരണ ശില്പശാല ഡിസംബർ 27-ം തിയതി വൈകിയിട്ട് 5.00 മണിക്ക് വി. ആർ. പുരം സ്കൂളിൽ വച്ച് നടത്തപ്പെടുന്നു.

പ്രസ്തുത പരിപാടിയിലേക്ക് എല്ലാവരെയും സാദരം ക്ഷണിക്കുന്നു.

വിശ്വസ്തതയോടെ

കോർഡിനേറ്റർ

N.B. ശില്പശാലയിൽ രജിസ്റ്റർ ചെയ്യുന്നതിനു ദയവായി KSEB കൺസ്യൂമർ നമ്പർ കൊണ്ടുവരിക

www.facebook.com/energymanagementcentre

www.Myev.org.in MyEV

URJA KIRAN 2021-22
Workshop(Offline) Photo Report
(Assembly Constituency : Chalakudy)





Chalakudy Municipality Thachudaparambu ward councilor Mrs. Alice Shibu is inaugurating the workshop on 27/12/2021



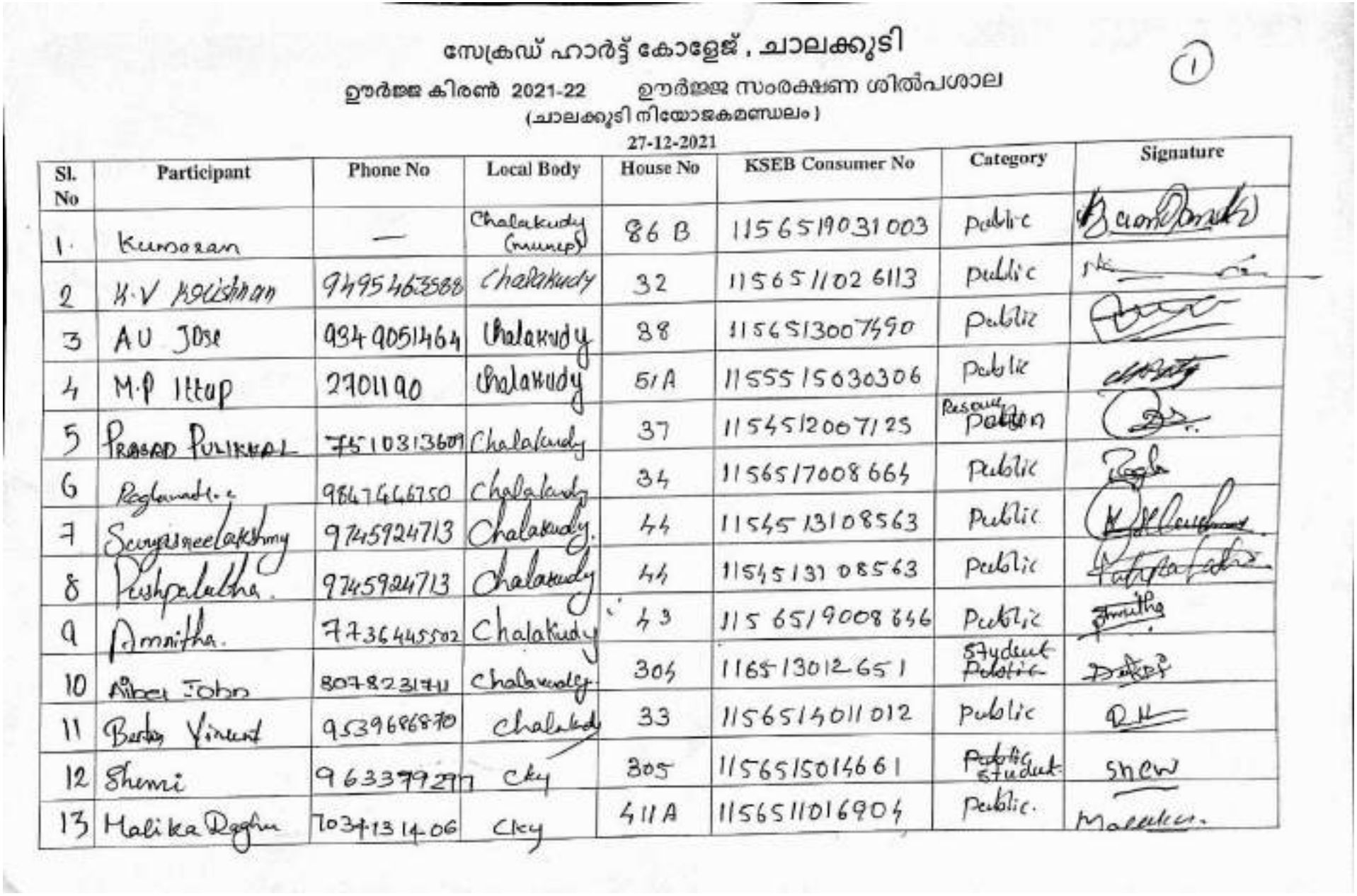


EMC Resource person Mr. Prasad Pulikkal is taking class on 27/12/2021





List of Participants of Workshop



സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22 ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

(ചാലക്കുടി നിയോജകമണ്ഡലം)

27-12-2021

Sl. No	Participant	Phone No	Local Body	House No	KSEB Consumer No	Category	Signature
1.	Kumaran	—	Chalakudy (munic)	86 B	1156519031003	Public	
2	K.V Krishnan	9495463588	Chalakudy	32	1156511026113	Public	
3	AU Jose	9349051464	Chalakudy	88	1156513007490	Public	
4	M.P Ittop	2701190	Chalakudy	51A	1155515030306	Public	
5	Prasad Pulikkal	7510313609	Chalakudy	37	1154512007125	Resource Person	
6	Raghunath.c	9847446750	Chalakudy	34	1156517008664	Public	
7	Sreyasreelakshmy	9745924713	Chalakudy.	44	1154513108563	Public	
8	Pushpalatha.	9745924713	Chalakudy	44	1154513108563	Public	
9	Amritha.	7736445502	Chalakudy	43	1156519008646	Public	
10	Aibel John	8078231741	Chalakudy	304	1165130126511	Student Public	
11	Berby Vincent	9539686870	Chalakudy	33	1156514011012	Public	
12	Shemi	9633792977	Cky	305	1156515014661	Public Student	
13	Malika Raghu	7034131406	Cky	411A	1156511016904	Public.	

സേക്രഡ് ഹാർട്ട് കോളേജ്, ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22 ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

(ചാലക്കുടി നിയോജകമണ്ഡലം)

27-12-2021

(2)

Sl. No	Participant	Phone No	Local Body	House No	KSEB Consumer No	Category	Signature
14	ദേരി തോമസ്	9562330118	chalakudy	217	1156517004910	public	
15	ഉണ്ണിമായ സജിൻ	9531030898	chalakudy VR Puram	218	1156512006418	public	
16	ജോയ്സി	9400507120	chalakudy	120	1156515006061	Audit ~~public~~	
17	അമ്പൻ	9744185596	chalakudy	119	1156519005615	public	
18	സിൽജ	9946760662	chalakudy	220	1156514028199	Local Body Representative	
19	ഫ്രാൻസിസ്	7293555666	chalakudy	114	1156514031700	public	
20	ഷിബു വാലപ്പൻ	9846588605	chalakudy	111	1156510030977	public	
21	തരകൻ കുഞ്ഞിവറീദ് ദേവസിക്കുടി	9495751602	chalakudy	104	1156514014540	public	
22	റിജി ഷാജു	9746523409	chalakudy	109	1156518028350	public	
23	പി.സി. രാമൻ	9745639583	chalakudy	250	115618028350	public	
24	അമ്മിണി	9495040918	chalakudy	105	1156517030307	public	K.A.P
25	സാവിയോ	9400889495 4	chalakudy	106	1156514015593	public	
26	കെ. ജിൻസി	9819841781	chalakudy	104	1156513010947	public	

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22 ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

(ചാലക്കുടി നിയോജകമണ്ഡലം)

27-12-2021

Sl. No	Participant	Phone No	Local Body	House No	KSEB Consumer No	Category	Signature
27	Shobana	9946094823	Chalakudy Municipality	396	115651 11776	public	Shobana.V.N
28	Bindhu Mani	8086412417	"	399	115651201106 2	public	Bindhu
29	Sadhasivan	9497070585	"	374	115651800986 5	public	
30	Babu	9846158128	"	33-374	115651500 8031	public	Syamali
31	Sheeja	8590827177	"	46-A	115651800 5050	public	Sheeja
32	Mani	9961988175	"	410	115651901 2012	public	
33	Sudheeshkumar	9946569886	"	409	115651303 0913	public	Sudheesh
34	Radha	"		408	11565100 5989	public	Radha Teee.
35	Saiby	8129238897		421	115651 02980	public	
36	V.K Paul	9745801608		448	115651 4005264	Student	Baby V.P
37	Jincy	9539516747	"	449 A	115651 35570	Student	Jincy
38	Indira Baby	9745496498	"	341	115651401 4506	public	
39	Kuttappan	9025872675		341-A	115651000 4913	public	

സേക്രഡ് ഹാർട്ട് കോളേജ് , ചാലക്കുടി

(4)

ഊർജ്ജ കിരൺ 2021-22 ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

(ചാലക്കുടി നിയോജകമണ്ഡലം)

27-12-2021

Sl. No	Participant	Phone No	Local Body	House No	KSEB Consumer No	Category	Signature
40	Sadhaswan	8547501084	Chalakudy	390	1156510032559	public.	
41	Sharon	7012510991	"	392	1156517008308	Studut	
42	Akhil	9747758662	"	393	1156510014598	Studut	
43	Aishwarya	8848189254	"	394	1156516011230	Student	
44	Treesa	9497072709	"	396	1156519011265	Studut	
45	Swan	~~8235~~ 7025223570	"	395	1156514011963	public	
46	Balan	8157971128	"	397	1156513013240	public	
47	Arun	8086962188	"	~~401~~ 399	1156512033771	public	
48	Ajithkumar	7034188287	"	400	1156515008649	public	
49	Leela	8086067827	"	401	1156510010366	public	
50	Jinu	8129433309	"	405	1156516014968	Studut	
51	Nithu	9048751856	"	104	1156518012026	Studut	
52	Ayyappankutty	—	"	~~304~~ 403	1156516016312	public	

സേക്രഡ് ഹാർട്ട് കോളേജ്, ചാലക്കുടി

ഊർജ്ജ കിരൺ 2021-22 ഊർജ്ജ സംരക്ഷണ ശിൽപശാല

(ചാലക്കുടി നിയോജകമണ്ഡലം)

27-12-2021

(5)

S. No	Participant	Phone No	Local Body	House No	KSEB Consumer No	Category	Signature
53	Shoshana	9048928367	Chalakudy	101	1156514009200	Public.	[signature]
54	Anjana	8590058839	"	485 A	6417	Student	[signature]
55	Geetha	9846298724	"	483	7673	public	[signature]
56	Rathna Vally	9497314923	"	290	5118	Public	[signature]
57	Leeja	2701077	"	473	9935	Student	[signature]
58	Murali	9249791771	"	472A	7027195	public	[signature]
59	Raghunandhan	9438877947	"	32/89	1153519039326	public	[signature]
60	Jiney	9387172642	"	89B	0636	Student	[signature]
61	Somasudhana	9539105627	"	88C1	2729	public	[signature]
62	~~Sabin~~ Shaji M.V	9846305251	"	490	9439, 6450	public	[signature]
63	Liji Sajer	9497072611	"		6634, 5389	Student	[signature]
64	Vrodh	9400084141	"	492	3922	Student	[signature]
65	Arivanjanardhanan	2704130	"	494	3921	Public.	[signature]

Volunteer List of Urja Kiran Workshop

Sl No	Name	Class
1	Alvisha I A	III DC Physics
2	Anitta Mathew	III DC Physics
3	Sona mariya	II DC Physics
4	Niya C V	II DC Physics
5	Abia Cleetaus	II DC Physics
6	Gauri T S	II DC Physics
7	Arya Sunny	II DC Physics
8	Betty Mariya Varghese	II MSc Physics
9	K Disha David	II MSc Physics
10	Noopura Anand	II MSc Physics

Samanvaya 2021

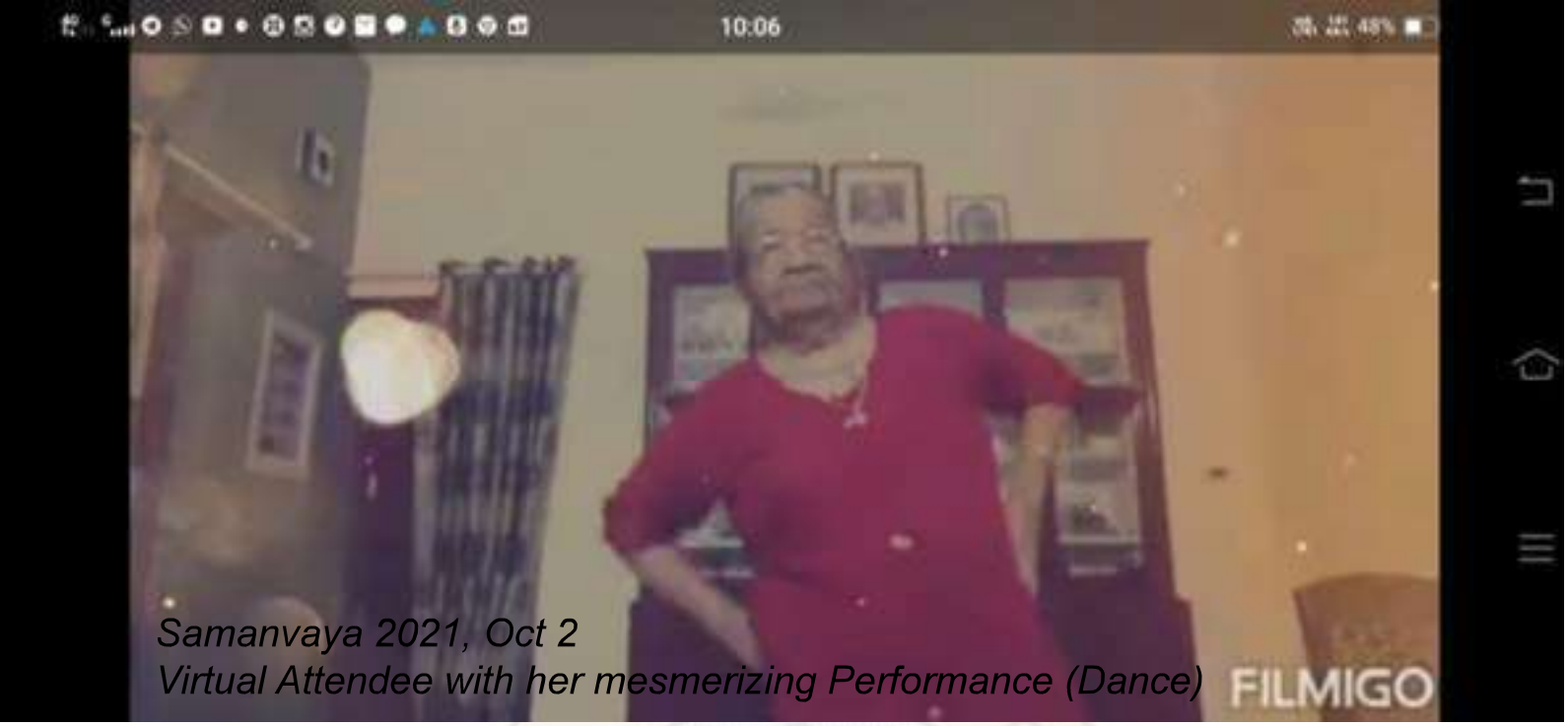
The Septuagenarian Club of the Department of English celebrated the International Day of the Elderly on 1 October 2021. Owing to Covid-19 restrictions, the mode in which the programme was conducted was purely online. The virtual programme was presided over by Dr. Sr. Irene, Principal, Sacred Heart College for Women, Chalakudy. Ms. Bindu Jose, Associate Professor and Head of the Department of English welcomed the gathering. The virtual gathering was more than a fusion of diverse programmes that included songs, dances, sharing of lived experiences and motivational speeches from the part of the elderly. The formal gathering and the programmes arranged were uploaded in the official You Tube channel of Sacred Heart College for Women, Chalakudy.

SAMANVAYA - 2021

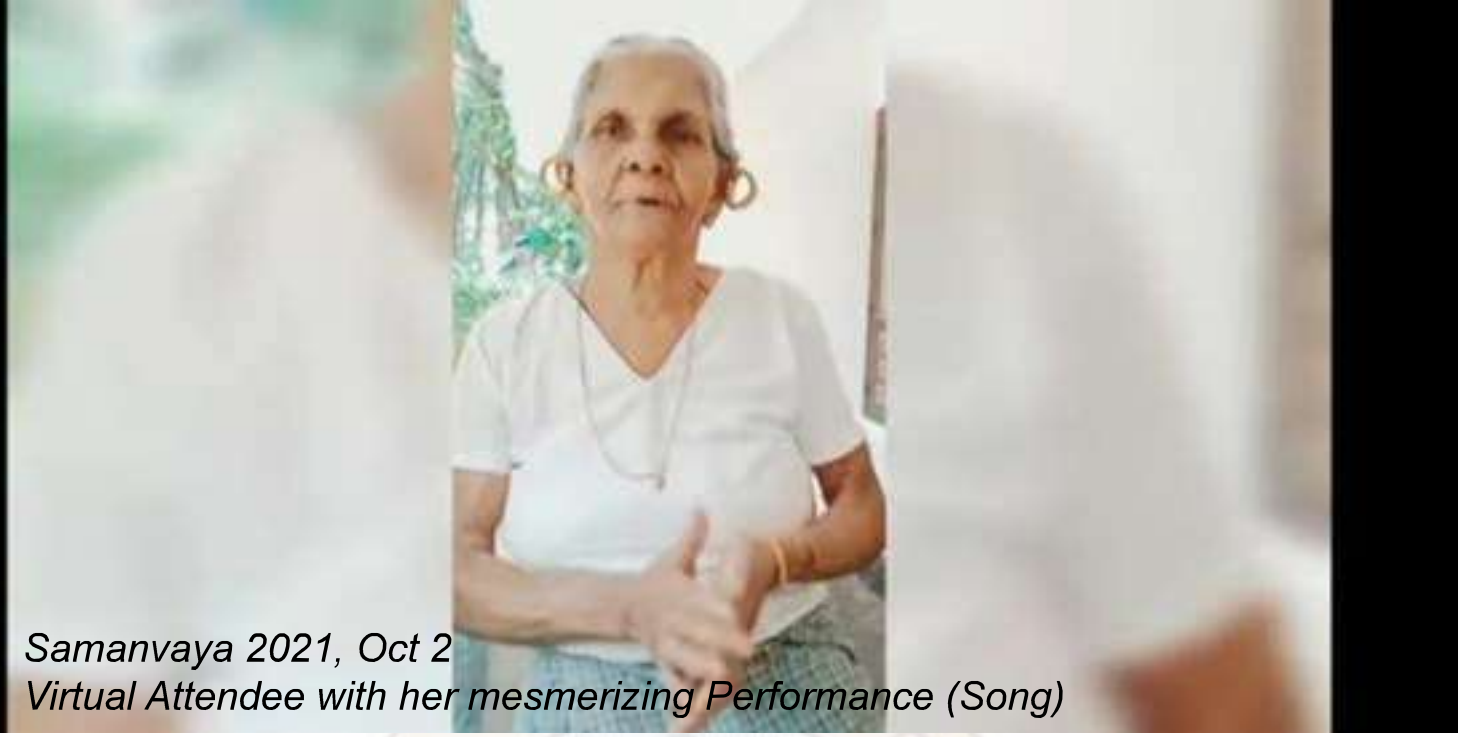
To cite Dalai Lama "The purpose of our lives is to be happy" Department of English Sacred Heart College Chalakudy holds this motto close to the heart, celebrated the 'International Day of Elderly' on 1 October 2021. Though our hearts met and conversed one-to-one, Covid-19 restricted the conduct of the programme to the online mode. Dr. Sr. A. Princy Anto being the faculty incharge of the event, the grandparents of the students and aged people in the locality of college performed different programmes. Diverse programmes included Songs, dance, experience sharing and motivational Speeches along with felicitation by Student representatives Angel Rose Lalu, Anjana Sajeevan, and Thushara Paulose. A beautiful Song by Amrutha Suresh held everyone spellbound. Miss. Bindhu Jose Head of the department welcomed the gathering and talked about Septuagenarian Club and its activities. The celebration was concluded by Vote of thanks by Dr. Sr. A Princy Anto. Inspite of the lockdowns and quarantines the programme was very enriching and colourful.

Samvaya - 2021 once again arrested its Social commitment - A commitment beyond ages.

Link of the Programme : https://youtu.be/9RfZfQ89-8



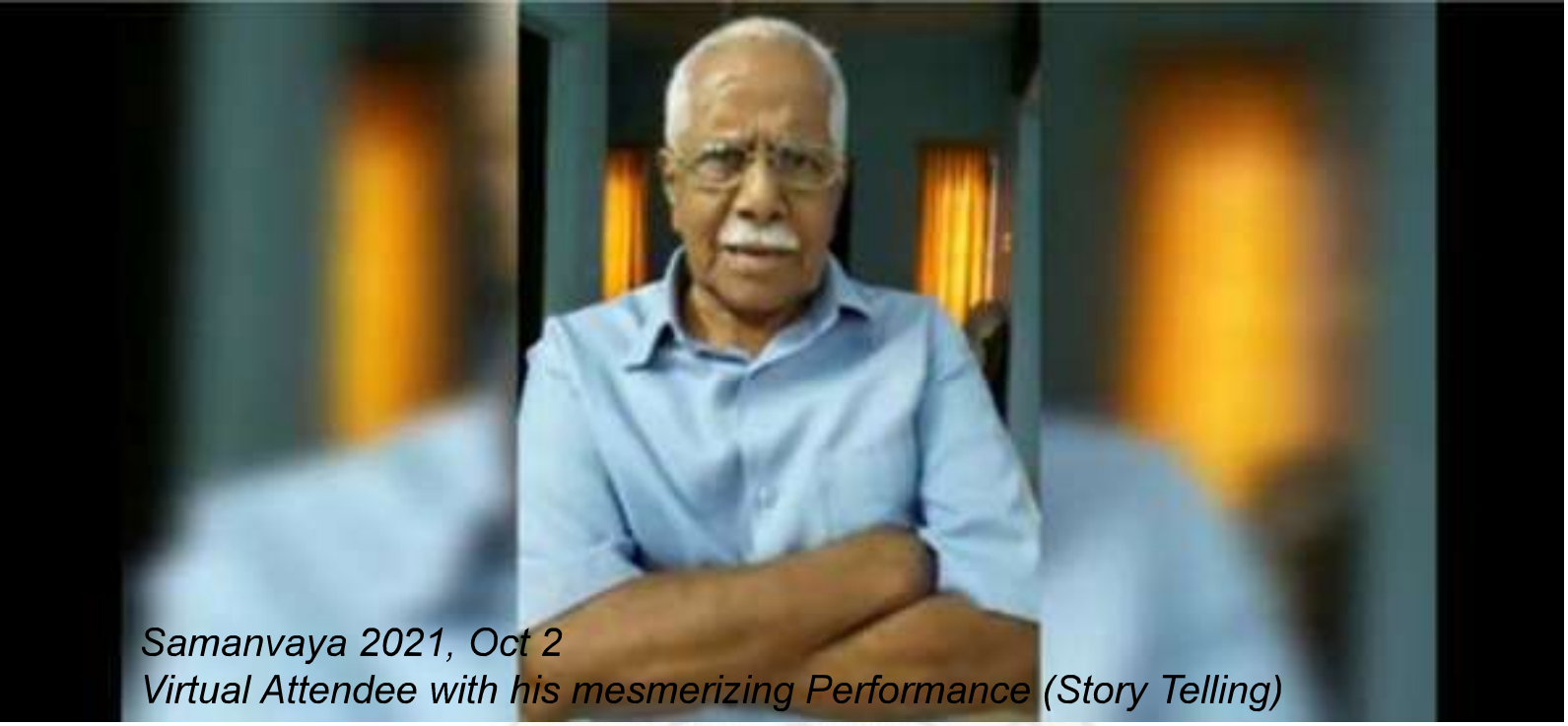
Samanvaya 2021, Oct 2
Virtual Attendee with her mesmerizing Performance (Dance)



Samanvaya 2021, Oct 2
Virtual Attendee with her mesmerizing Performance (Song)



Samanvaya 2021, Oct 2
Virtual Attendee with her mesmerizing Performance (Song)



Samanvaya 2021, Oct 2
Virtual Attendee with his mesmerizing Performance (Story Telling)



Samanvaya 2021, Oct 2
Virtual Attendee with her mesmerizing Performance (Song)

Volunteers

1. Aleena N Shaju
2. Anjali K.
3. Anjali T.S.
4. Angel Rose Lalu.
5. Gishma Suresh.
6. Hafeezathbi B K.
7. Riswana O.R.
8. Akshaya Prakash.
9. Ameitha Suresh V.
10. Anna Grace Biju.
11. Amit Mary George.
12. Ankitha Suresh.
13. Angel Paul
14. Ann Mariya G. Pallivan.
15. Arya PK
16. Athulya M. Rathnakumar
17. Ciju Shaju.
18. Ganga Vinayakumar
19. Krishna Mookambika
20. Niranjana K.S.
21. Sandra Francis.
22. Sangeetha K.
23. Sajitha O.S.
24. Shilpa Mariya Francis
25. Swathy K. Chandran
26. Thushara Poulose.

Beneficiaries

Sl no.	Name (In Malayalam)	Age	Phone Number
1	ലൂസി ജോസഫ്	70	9987654130
2.	തങ്കമ്മ	78	9754623102
3.	റോസി തോമസ്	75	9103368633
4.	മാത്യൂസ് പി.കെ	72	9304524647
5.	രാമൻ	71	
6.	അൽഫോൻസ	60	9564222305
7.	ലോനപ്പൻ	79	
8.	രാധ നാണു	73	9446724629
10.	മാധവൻ	78	2709181
11.	ജോസ്	69	9946755754
12.	അന്നി	70	9745375536
13	അന്റണി	80	2703409
14.	ലക്ഷ്മി കുമാരൻ	85	9645152470
15	ലൂക്കോസ് തങ്കച്ചൻ	72	2703164
16.	T.P ഔതിയപ്പൻ	88	9400993849
17.	സിക്കന്ദർ കല്ലുകുഴിവൻ	68	9249336025
18.	വിജയൻ S.K	70	9447772501
19.	ഗ്രേസ് തങ്കച്ചൻ	69	2703164
20.	ഏലി	82	9400993849
21.	ബാലകൃഷ്ണൻ	6973	2700374
22.	ഗ്രേയ്സി തൊമ്മച്ചൻ	71	8086142074
23	ലില്ലി ചാക്കുച്ചൻ	72	2706800
24.	ഗൗരി രാമോദരൻ	84	9567643658
25.	സുമിത്ര ശശാങ്കൻ	82	9048669810
26.	കൗസല്യ നന്ദനൻ	78	
27.	റഹീല ബീഗം	80	9224468630
28	സഫിയ ഇമാം	88	9569668904
29.	മുസ്തഫ ഇമാം	90	8299846311
30.	അച്ചാമ പൗലോസ്	84	9060998130
31.	കുഞ്ഞാർ വീട്ടിൽ TA	83	8040689930
32.	റോസി പാപ്പച്ചൻ	78	2804630
33.	പാപ്പച്ചൻ ഔസേഫ്	82	,,

Sl no.	Name	Age	Phone Number.
34.	ഗ്രേയ്സി കണിച്ചായി	81	7707026
35.	മേരി ജോസ്	78	2707398
36.	മേരി മേനോത്ത്	71	9048868132
37	അറമ്പി സുരേന്ദ്രൻ	70	9844324205
38.	ശോഭ മേനോൻ	68	9040338201
39.	സരിത സന്തോഷ്	73	
40.	ജ്യോതി തോമസ്	76	9248663320
41	ത്രേസ്യാമ	84	
42.	Ram രമണി C.S	75	
43.	അലി കുഞ്ഞി M.B	83	
44.	സുറാബി	79	
45.	മേരി വർഗ്ഗീസ്	68	
46.	റോസ കുടി	88	
47	ജോസ് V.D	82	
48.	എൽസി	72	
49.	സിസ്റ്റർ. മാർസെൽ	87.	
50	R. സുകുമാരൻ പിള്ള	91	
51	വിമൽ തമക്യഷ്ണൻ	69	
52	കാളികുടി	81	

SPARSAM 2021

ORGANISED BY NSS ON 26 DECEMBER 2021

Report:

NSS units of Sacred Heart College, Chalakudy organised an anti drugs awareness programme 'SPARSAM 2021' on 26th December 2021, in association with Kerala excise department. Mr. Jatheer P.M., civil excise officer, Chalakudy took an awareness class on the topic 'Jeevitham thanne lahari' at V.R. Puram government school, Chalakudy. He shared his experiences and ideas on the dangers of drugs.

As part of this awareness programme, NSS volunteers arranged a rally to spread the message 'say no to drugs' from V.R. Puram government school at 5.00 pm. Rally ended at Kalabhavan Mani Park, Chalakudy. Major goal of this campaign was to educate and enable youngsters to reject illicit drugs.At Kalabhavan Mani Park, Chalakudy, NSS volunteers performed a flash mob to spread the messages of anti drugs campaign. NSS volunteers lead this programme to raise awareness about the major challenge that illicit drugs represent to society as a whole and especially to the youngThereafter 'Sparsam 2021'was inaugurated by the Chalakudy municipality chairman, V.O. Pailappan. He congratulated the NSS volunteers for their active participation in the anti drugs awareness programmes. Mrs. Bindu Sasikumar, ITI ward councillor, offered felicitation. In a bid to further spread the spirit of its anti-drug drive under the 'Sparsam mission' NSS

units organised a flame lighting ceremony with public participation. Mr. Rineesh, Excise preventive officer, Chalakudy lit the ‘Vimukthi Jwala’.NSS volunteers took an anti drug pledge administered by Excise preventive officer, Mr. Rineesh. Students along with the public took an oath to stay away from drugs and prevent their peers and family members from falling victim to them. Thereafter, ‘Vimukhthi Jwala’ procession was conducted at Kalabhavan Mani Park. This enables them to mobilise support and inspire people to act against drug use.Through active participation in these anti drugs campaigns, NSS volunteers are empowered to play a vital role in their own development as well as in that of their communities.

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SACRED HEART COLLEGE
CHALAKUDY
LIGHT SHINES IN DARKNESS



Mr. Jatheer P.M., civil excise officer, Chalakudy taking awareness class on the topic ‘Jeevitham thanne lahari’



NSS volunteers rally placards to spread the message ‘say no to drugs’



NSS volunteers performing flashmob to spread the messages of anti drugs campaign



NSS units organised a flame lighting ceremony with public participation.



NSS volunteers taking an anti drug pledge administered by an Excise preventive officer, Mr. Rineesh.



‘Vimukhthi Jwala’ procession at Kalabhavan Mani Park.

SPARSAM 2021

Organised by NSS Unit

Date and Venue : Kalabhavan Mani Park, V.R. Puram government school

Duration of the Programme : 1 Day

Resource Person/group : Mr. Jatheer P.M, Mr. Rineesh.

Targeted audience : Citizen of Chalakudy.

SL. NO.	NAME OF THE STUDENT	DEPARTMENT
1	ROSELIT. V. P	ZOOLOGY
2	FATHIMA RIYANA. K	ZOOLOGY
3	NANDANA P NAIR	ZOOLOGY
4	SREELAKSHMY R	ZOOLOGY
5	NANDANA P NAIR	ZOOLOGY
6	ANAKHA. K. A	ZOOLOGY
7	HISHAMOL PK	ZOOLOGY
8	SATHEERTHA TS	PHYSICS
9	ANNA JOSE	PHYSICS
10	NIYA CV	PHYSICS
11	ABIA CLEETAUS	PHYSICS
12	ABHIRAMI KH	PHYSICS
13	GAURI T S	PHYSICS
14	ANAGHA A S	PHYSICS

15	JISNA JOSE	BCOM CA
16	NITHYA EYOB	BCOM CA
17	LAKSHMI M SHIBU	BCOM CA
18	ASWATHY JAYAKUMAR	BCOM CA
19	ABHIRAMI A. A	BCOM CA
20	MARIYA JOY	BCOM CA
21	ANUMOL CHACKO	BCOM CA
22	JOSNA M J	BCOM CA
23	NIKHITHA SAIJAN	BCOM CA
24	SABAHA BASHEER	HISTORY
25	RATHIKA RAMESAN	HISTORY
26	SREEJINI C. P	HISTORY
27	CHINJU P C	HISTORY
28	JEWEL JOHNY	CHEMISTRY
29	HIBA.U	CHEMISTRY
30	JAISHNA E.M	CHEMISTRY
31	ABHIYA KS	CHEMISTRY
32	JYOTHILAKSHMI.A.S	CHEMISTRY
33	SHAHANAZ FATHIMA M.M	CHEMISTRY
34	BIJI V I	CHEMISTRY
35	PAVITHRA R MENON	CHEMISTRY
36	LAKSHMI PRIYA C.G	BCOM FINANCE
37	VINEESHA VK	BCOM FINANCE

38	VARSHA V B	BCOM FINANCE
39	JISNA SAJI	BCOM FINANCE
40	ANSA P.R	BCOM FINANCE
41	KRISHNA PRIYA KP	BCOM FINANCE
42	ANSHA ANTO	BCOM FINANCE
43	AYIDA ELIZABETH	BCOM FINANCE
44	ASHLI BENNY	BCOM FINANCE
45	SONA SOJ	BCOM FINANCE
46	SREELEKHA BALAN	BCOM FINANCE
47	ANAGHA PAUL	BCOM FINANCE
48	JISMY P J	ECONOMICS

CHALAKUDY
LIGHT SHINES IN DARKNESS

COVID WARRIORS

ORGANISED BY NSS ON 15 DECEMBER 2021

Life is so uncertain and every minute that we breathe is a miracle, because we escape from so many dangers that could snatch our lives! During the pandemic, this thought has only got strengthened. As the world faced the unprecedented crisis of COVID-19, it has been our doctors, nurses and healthcare workers who have cemented their position as the foremost champions of humanity, saving humankind as it was staring at an existential crisis. During this Covid pandemic outbreak, NSS volunteers of sacred heart unity served the duties of real Covid warriors that are doing anything and everything possible, from saving lives to following the Covid-19 protocols seriously. They helped in disinfecting taluk headquarters hospital, Chalakudy and also worked as volunteered helpers, assisted the medical staff to provide a healthy atmosphere for the Covid affected patients.



NSS Volunteers cleaning taluk headquarters hospital, Chalakudy

Covid Warriors

Organised by NSS UNIT

Date and Venue : 15 Dec 2021, Taluk hospital

Duration of the Programme : 4 hours

SL. NO.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1.	ROSELIT. V. P	ZOOLOGY
2.	SREELAKSHMY R	ZOOLOGY
3.	NANDANA P NAIR	ZOOLOGY
4.	SATHEERTHA TS	PHYSICS

5.	ANNA JOSE	PHYSICS
6.	NIYA CV	PHYSICS
7.	NIRANJANA.K.S.	ENGLISH
8.	GISHMA SURESH	ENGLISH
9.	GANGA VINAYAKUMAR	ENGLISH
10.	ANGEL PAUL	ENGLISH
11.	LAKSHMI PRIYA C.G	BCOM FINANCE
12.	VINEESHA VK	BCOM FINANCE
13.	NIKHITHA SAIJAN	BCOM CA
14.	ANJANA A B	ECONOMICS
15.	SHAHNA. CT	ECONOMICS
16.	JEWEL JOHNY	CHEMISTRY

CHALAKUDY
LIGHT SHINES IN DARKNESS

NATIONAL INTEGRATION DAY

ORGANISED BY NSS ON 19 NOVEMBER 2021

National Integration Day is on November nineteenth every year on the birth anniversary of the state's first lady high Minister, Indira Gandhi. The day is likewise known as Quami Ekta Diwas. National Integration Day is celebrated in association with the birth anniversary of India's first women Minister Indira Gandhi to honour her recollections and contributions in strengthening India's democratic structure. It is to promote the message of maintaining solidarity and integrity with some of the citizens of India, regardless of their forgery, colour, language, faith and societal status. Country wide integration is the notice of a not unusual identification amongst citizens of the country, because of this even though we belong to one-of-a-kind religions and communicate extraordinary languages, we comprehend the reality that we are all one. National Integration arises via the behaviour and backbone of residents. NSS units celebrated national integration day.

In association with Nehru Yuva Kendra, Chalakudy NSS units organised a declamation contest on the topic 'Patriotism and nation building' at Sacred Heart College, Chalakudy. Students and the public from the neighbouring colleges and localities took part in the competition and three were selected for the district level competitions. Koratty panchayath Member Adv. Sumesh K.R. inaugurated and addressed the gathering.



Koratty panchayath Member Adv. Sumesh K.R. inaugurating and addressing the gathering.

Volunteering students

Organised by NSS Unit

Date and Venue : 19 Nov 2021, Sacred Heart College

Resource person: Adv. Sumesh K.R

SL. NO.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1.	ROSELIT. V. P	ZOOLOGY
2.	FATHIMA RIYANA. K	ZOOLOGY
3.	NANDANA P NAIR	ZOOLOGY
4.	SREELAKSHMY R	ZOOLOGY
5.	NANDANA P NAIR	ZOOLOGY
6.	ANAKHA. K. A	ZOOLOGY
7.	HISHAMOL PK	ZOOLOGY
8.	SATHEERTHA TS	PHYSICS
9.	ANNA JOSE	PHYSICS
10.	NIYA CV	PHYSICS
11.	ABIA CLEETAUS	PHYSICS
12.	ABHIRAMI KH	PHYSICS
13.	GAURI T S	PHYSICS
14.	ANAGHA A S	PHYSICS
15.	ANU DASAN M. D	PHYSICS
16.	AYISHA FARHEEN ARIPURAM A.B.	PHYSICS

17.	LAKSHMI THILAKAN	PHYSICS
18.	ANISHA P V	PHYSICS
19.	ARYASUNNT	PHYSICS
20.	SONA MARIYA	ECONOMICS
21.	ANJANA A B	ECONOMICS
22.	SHAHNA. CT	ECONOMICS
23.	ANUPRIYA K. S	ECONOMICS
24.	APARANA C.S	BCOM CA
25.	NOUFIYA K.N	BCOM CA
26.	SHILPA MARIYA FRANCIS	ENGLISH

SAC COLLEGE CHALAKUDY LIGHT SHINES IN DARKNESS

MIME - ELIMINATION OF VIOLENCE AGAINST WOMEN

ORGANISED BY NSS ON 10th DECEMBER 2021

Violence can negatively affect women's physical, mental, sexual, and reproductive health. We need to address these misconceptions to be successful in our responses to violence against women and their children thus, in association with Sakhi- one stop centre, Thrissur, NSS volunteers performed a mime at S.H. College and Chalakudy railway station to spread the message of elimination of all kinds of violence against women on 10th December To achieve lasting change, it is important to enact and enforce legislation and develop and implement policies that promote gender equality; allocate resources to prevention and response; and invest in women's rights organizations.

The Government of India has directed all States and Union Territory Administrations for the establishment of One Stop Centres for women affected by violence. Under this Scheme, in the first phase, one OSC will initially be established in each State/UT with the financial support of GOI.

One Stop Centres are intended to support women affected by violence, in private and public spaces, within the family, community and at the workplace . Women facing physical, sexual, emotional, psychological and economic abuse, irrespective of age, class, caste, education status, marital status, race and culture will be facilitated with support and redressal. Aggrieved women facing any kind of violence due to attempted sexual harassment, sexual assault, domestic

violence, trafficking, honour related crimes, acid attacks or witch-hunting who have reached out or being referred to the OSC will be provided with specialized services. These centres will provide a range of integrated services under one roof to the women affected by violence. Intended facilities and services at OSC include transportation, medical assistance and facilitation in dealing with the police, legal aid, psychosocial counselling and temporary shelter if required.

Brochure of MIME- Elimination of violence against women



Translation of malayalam:

Kerala Government Women And Children Development, Women Cell Thrissur
District Child-Women Protection Office
Sakhi One Stop Center, Thrissur

REENA ITTYACHAN

Digitally signed by REENA ITTYACHAN
Date: 2022.07.13 17:40:50 +05'30'



Students before the commencement of mime at Chalakudy Railway Station

MIME- Elimination of violence against women

Organised by NSS unit in association with Sakhi, one stop centre

Date and Venue : 1 Dec 2021, Sacred Heart College and Chalakudy Railway Station

Duration of the Programme : 2 hour

Sl.no.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1	ROSELIT. V. P	ZOOLOGY
2	SATHEERTHA TS	PHYSICS
3	ANNA JOSE	PHYSICS
4	NIYA CV	PHYSICS
5	LAKSHMI THILAKAN	PHYSICS
6	ANISHA P V	PHYSICS

7	ARYASUNNT	PHYSICS
8	SONA MARIYA	ECONOMICS
9	CHINJU P C	HISTORY
10	KA SANILA	HISTORY
11	MEGHA BENNY	HISTORY
12	GAYATHRY N J	HISTORY
13	SHABANA NS	HISTORY
14	NANDANA TN	HISTORY
15	NAJA. C. P	HISTORY
16	PAVITHRA R MENON	CHEMISTRY
17	LAKSHMI PRIYA C.G	BCOM FINANCE
18	ASHLI BENNY	BCOM FINANCE
19	SONA SOJ	BCOM FINANCE
20	ANN MARIYA PAUL P	ECONOMICS
21	JILSHA K J	ECONOMICS
22	NIMMU DAVIS	ECONOMICS
23	SANGEETHA.K	ENGLISH

OLD AGE HOME VISIT

ORGANISED BY NSS ON 4 JUNE 2021

On 4th June, 2021, NSS students visited St.Joseph's Aged Home. Selected NSS volunteers actively participated in these visits, which helps to inculcate a sense of social commitment among NSS volunteers. Students are actively involved in the interaction with the inmates. These deeds enable the students to support the people who have been isolated in the community. Many morals and life lessons were outright in front of the students' eyes from which they learned to evolve into better human beings and reciprocate feelings and emotions on a different level. Age aids in gaining wisdom, the longer you live in this world the better you understand the deeds, needs and greeds of it. Spending time with people who have a lot more experience than the student made them realise the beauty and pain of the world and the importance of living and enjoying the moment.

Students vistings and aiding the needs of the old age home





OLD AGE HOME VISIT

Organised by NSS Unit

Date and Venue: 4 June 2021

Duration of the Programme : 1 day

SL. NO.	NAME OF THE STUDENT	DEPARTMENT & CLASS
1.	ANNA JOSE	PHYSICS
2.	NIYA CV	PHYSICS
3.	LAKSHMI M SHIBU	BCOM CA
4.	CHINJU P C	HISTORY
5.	KA SANILA	HISTORY
6.	BIJI V I	CHEMISTRY
7.	PAVITHRA R MENON	CHEMISTRY
8.	LAKSHMI PRIYA C.G	BCOM FINANCE
9.	SHINCY DAVIS	ECONOMICS
10.	SEREENA XAVIER	ECONOMICS
11.	ANN MARIA G PALLIYAN	ENGLISH
12.	NIRANJANA.K.S.	ENGLISH

Rinnovo

World Environment Day 2021

Date: 9th June 2021

Online platform: Google Meet

No. of Participants: 46

Report

5th June is celebrated the world over as Environment Day. Since it was first conducted in 1973, it has served as a place for bringing attention to environmental issues such wildlife crime, overpopulation, global warming, and marine pollution. Every year, more than 143 countries participate in World Environment Day, a global forum for public outreach.

Over the past 50 years, millions of people have participated in World Environment Days under the leadership of the United Nations Environment Programme (UNEP), inspiring national and worldwide environmental policies. Every World Environment Day has a different subject, including topics such as wildlife crime, global warming, sustainable consumption, and marine pollution.

Ecosystem restoration was the main topic of discussion for World Environment Day 2021, which had the slogan "Reimagine. Recreate. Restore." The ecosystems of the globe have been abused and destroyed by humanity for far too long. A football field's worth of forest is lost globally every three seconds, and half of all wetlands have been destroyed over the past 100 years.

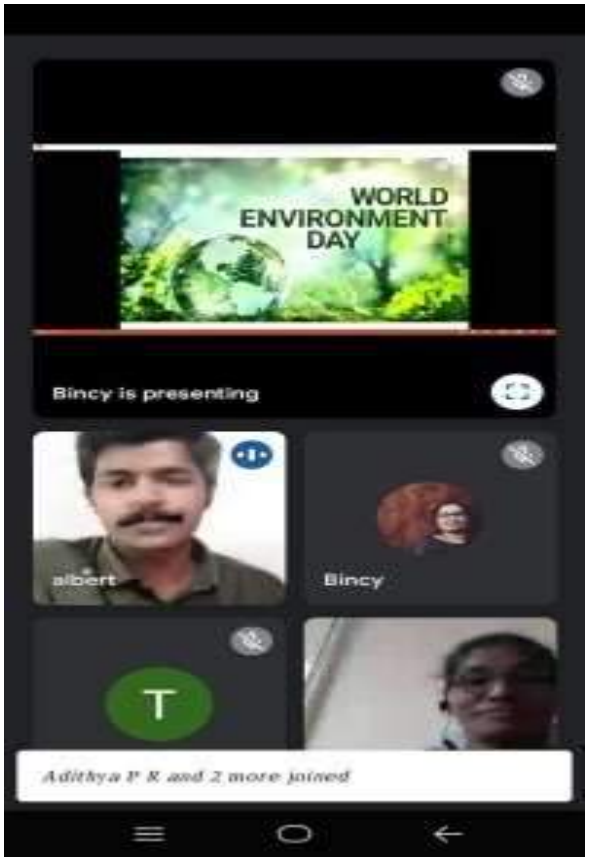
Department of Zoology brought significance to the celebrations in spite of the various restrictions due to lockdown by organising a webinar on “Importance of world environment day celebration” by Beat Officer, Mr Albert Pauly, Department of Forests, Kerala. He enumerated the different ways in which such celebrations bring awareness among the general public about the importance of our environment. As the students were also keen on knowing how to enter the forestry service he also shared his experiences of his job requirements and what his day was like as a Beat Officer.

Outcome – Students were able to connect to the theme of the environment day celebrations. The students organised the event right from contacting the resource person to participating actively in the webinar.

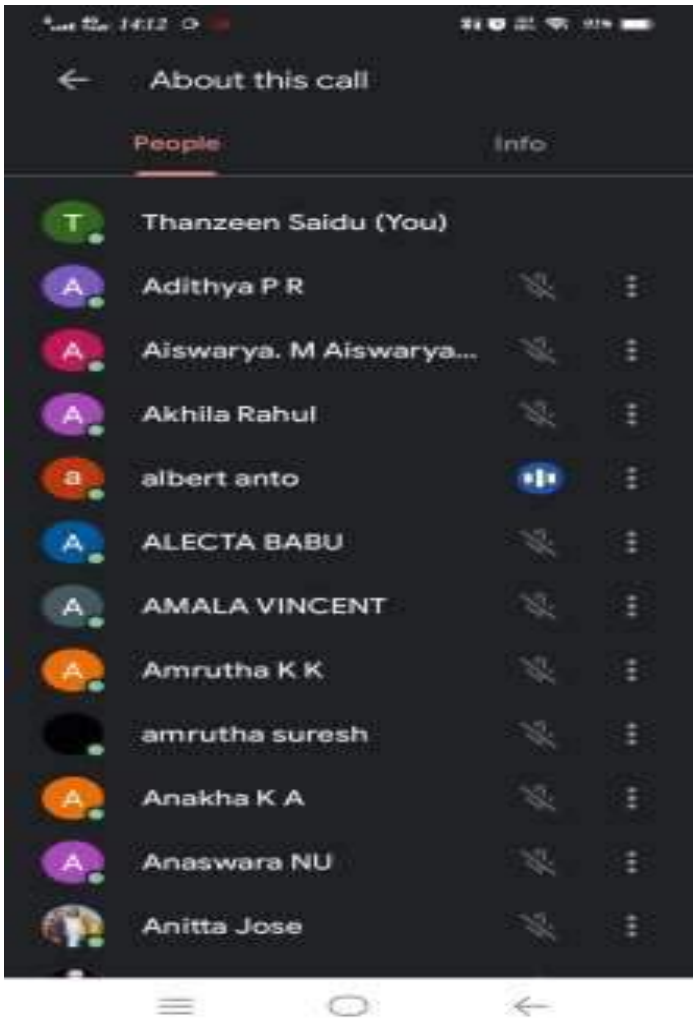
Brochure –


DEPARTMENT OF ZOOLOGY
SH COLLEGE, CHALAKUDY
RINNOVO
World Environment day 2021
9 June 2021
2 pm
webinar
Recreate
Reimagine
Restore
Resource person
Mr Albert Anto
[Beat forest officer]

Screenshots of the webinar –







List of participants-World Environment Day-June 2021(RINNOVO)

Sl.No.	Name of students	Sl.No.	Name of students
1	Anupriya P.S	35	Liya Jose
2	Kavya Ravindran	36	Meghana Francis
3	Lakshmipriya T.A.	37	Sadiya Sadath
4	Maya V.P.	38	Sethulakshmi P.M.
5	Sr. Reena Jose	39	Sreekutty P.
6	Riya T.L.	40	Aiswarya M.
7	Shamna Sherief M.S.	41	Amrutha K.K.
8	Susna Fathima	42	Ann Mariya Antony
9	Adithya P.R.	43	J. Janaki
10	Amrutha M.S.	44	Jesna Maria
11	Anjali A.S.	45	Jismi Jose
12	Arya M.B.	46	Lakshmi P.S.
13	Athira C.S.	47	Leena K.D.
14	Chandana T.K.	48	Maria Tomy
15	Dona Mary	49	Medha B. Rajan
16	Juhi Jose	50	Raghi Vasu
17	Krishnapriya V.R.	51	Reshma Rose Shaji
18	Liya Babu	52	Sandhra Sarangan
19	Nandhana A.S.	53	Sethulakshmi L.R.
20	N.B.Shreya Nupura	54	Sona Pauly
21	Rosmy Thomas	55	Suma M.
22	Rosna Rajeesh	56	Surya E.A.
23	Sangeetha V.M.	57	Vismaya Jayachandran
24	Subitha P.S.	58	Akhila K.A
25	Surya Suresh	59	Ajna M
26	Vandhana T.V.	60	Amala Vincent
27	Anitta Jose	61	Arya Prakash
28	Atheena Sojan	62	Fathima Sherin K.K
29	Athira T.U.	63	Jasma T.Babu
30	Bhagyasree M.B.	64	Melchia T.A
31	Christy M.B.	65	Pavithra Poulose E
32	Ganga V	66	Sabna Sherin P.M
33	Janofer Arshin	67	Sreepaevathy K.D
34	Lakshmi K.B.		

Plastic Bag Free Day - Celebrations

3rd July 2021

Venue: College premises

No. of volunteers – 20 students of the department of Zoology.

Report –

The International Plastic Bag Free Day is held on July 3 around the world to spread awareness that a plastic bag free world is possible and that sound environmental alternatives to single use plastic bags are available. 2022 is the 13th edition of the celebrations. The day is an initiative by Bag Free World for the purpose of getting rid of the single-use of plastic bags around the world and promoting environmental conservation by encouraging us all to stay away from the use of plastic bags and instead look for more eco-friendly alternatives.

Plastic pollution is a global catastrophe and sadly it is a man-made one. Approximately 500 billion plastic bags are used on a global scale which is having an extremely detrimental effect on the environment, wildlife and also on human health.

The marine ecosystem in particular is suffering immensely as a result of plastic pollution. This pollution is also extremely dangerous because it is leading to the transportation of invasive species, which can have a catastrophic influence on biodiversity. Plastic particles in the ocean attract toxins, which in turn affects us, as the toxins enter the food chain. Plastic bags remain in the world for anywhere from 100-500 years before finally decaying completely, and have a profound impact upon our environment as a result.

International Plastic Bag Free Day was created as a worldwide initiative for the purpose of getting rid of the single-use of plastic bags around the world. It is all about promoting environmental conservation by encouraging us all to stay away from the use of plastic bags and instead look for more eco-friendly alternatives.

Department of Zoology wanted to create this sense of awareness among the students of Sacred Heart College. For this paper bags were made by the students using old paper. The students then distributed these among the different departments. The teachers were happy to receive paper bags and appreciated the efforts of the students in taking such an initiative.

Outcome – the students were able to understand the importance of saying no to plastics by creating awareness about it among their fellow students.




Chalakudy, KL, India
Chalakudy Mala Road, Chalakkudy,
Lat 10.301965, Long 76.324968
07/12/2022 03:24 PM


Chalakudy, KL, India
Chalakudy Mala Road, Chalakkudy,
Lat 10.301990, Long 76.324654
07/12/2022 03:36 PM

List of participants Plastic freebag Day competition			
Sl.No	**Name of participants**	**Name of college**	
1	Chithra V.S	SreeNarayana College,Nattika	
2	Chandan V.K	SreeNarayana College,Nattika	
3	Divya Davis	Carmel College,Mala	
4	Sangeetha k.J	Carmel College,Mala	
5	J.Janaki	Sacred heart College,Chalakudy	
6	Jismi Jose	Sacred heart College,Chalakudy	
7	Atheena Jose	Sacred heart College,Chalakudy	
8	Athira T.U	Sacred heart College,Chalakudy	
9	Annmaria Paul	Sacred heart College,Chalakudy	
10	Reshma Shaji	Sacred heart College,Chalakudy	
11	Sreekutty P.S	Sacred heart College,Chalakudy	
12	Fasana K.T	Sacred heart College,Chalakudy	