ARTS FEST 2K23 – 24 'Pakarnnattam'

ARTS FEST 2K23 – 24 'Pakarnnattam' was organized by the College Union on December 6, 2023, and coordinated by Fine Arts Secretary, I S Ardra. The festival saw students divided into three streams: Arts, Commerce, and Science, and featured both off-stage and on-stage competitions across a wide variety of categories. Arts emerged as the overall winner with a total of 184 points, closely followed by Science with 177 points. Commerce secured 39 points. Each stream had its strengths in various events. Arts performed exceptionally well in Essay Writing (English), Versification (English), Short Story (English), Photography, Quiz, Mime, and various music and dance competitions. Science excelled in events like Cartoon, Water Colouring, Pookkalam, Photography, and Mappilapattu (both individual and group). Commerce, while limited in victories, had notable performances in Pencil Drawing, Speech (Malayalam), and Thiruvathirakkali but struggled in most other categories. Among the standout performances, Arts garnered significant wins in events such as Versification (English), Mime, Group Song (Western), and Folk Dance (Group). Science was particularly strong in Cartoon, Water Colouring, Mappilapattu, and Pookkalam, securing key victories.



Participants & Winners List

	ARTS OFF STAGE COMPETITIONS				
Sl. No.	**Item**	**Prize**	**Name**	**Class**	**Stream**
1	Essay Writing (Eng)	I	KS Haleema Fadiya	I IMSc Psychology	Science
		II	Joann Milton	I BA English	Arts
		III	Devapriya PM	I BA English	Arts
2	Essay Writing (Hin)	I	Sr. Mahima	II BSc Zoology	Science
		II	Amal Roshna	II BA English	Arts
		III	Sr. Jusna	II BA Economics	Arts

3	Essay Writing (Mal)	I	Divya Ebraham	II MSc Zoology	Science
		II	Rajeswari EL	II BA English	Arts
		III	Anu Reji	III BSc Zoology	Science
4	Versification (Eng)	I	Niya Sheril	II BA English	Arts
		II	Jiss Mariya	I MA English	Arts
		III	Rajwa Zayon, Sruthi CR	II BA English	Arts
5	Versification (Mal)	I	Anna Adheena	II BA History	Arts
		II	Nayana	II BSc Zoology	Science
		III	Irafana Sherin	III BA Economics	Arts
6	Versification (Hin)	I	Sr. Mahima	II BSc Zoology	Science
		II	Varsha Wilson	I BA History	Arts
		III	Amal Roshna	II BA English	Arts
7	Short Story (Eng)	I	Niya Sheril	II BA English	Arts
		II	Krishna Ramachandran	II MA English	Arts
		III	Lamia sadath	III BSc Zoology	Science
8	Short Story (Hin)	I	Varsha Wilson	I BA History	Arts
		II	Sr. Jusna	II BA Economics	Arts
		III	Sr. Mahima	II BSc Zoology	Science
9	Short Story (Mal)	I	Divya Ebraham	II MSc Zoology	Science
		II	Irfana KK	II MSc Mathematics	Science
		III	Deepthy Maria	II MA English	Arts
10	Cartoon	I	Vineesha Babu	II MSc Physics	Science
		II	Soorya VR	II MSc Zoology	Science
		III	Jeril Johnson	II BSc Physics	Science
11	Quiz	I	Aiswarya S. Menon	II MA English	Arts
			P M Minsa Rafeeque		
		II	Nasrin K.A.	I MCom Finance	Commerce
			Zena Salas		
		III	Krishnapriya K.K.	II BSc Zoology	Science
			Ameena Sherin T.		
12	Pencil Drawing	I	Nandhana	II BCom Co-operation	Commerce
		II	Anita Jose	I BSc Chemistry	Science
		III	Angel Rose Biju	III BSc Physics	Science
			Anna Julia	III BA English	Arts
13	Water Colouring	I	Gauri S.	I BSc Physics	Science
		II	Anjana T.G.	I BSc Zoology	Science
		III	Archana T.G.	I BSc Zoology	Science
14	Photography	I	Caroline KB	I BA English	Arts
		II	Sharanya V	I BA Economics	Arts
		III	Anita Jose	I BSc Chemistry	Science
15	Embroidery	I	Diya Neelim Rasool	II IMSc Psychology	Science
		II	Anupriya K M	II MSc Physics	Science
16	Pookkalam	I	Ananya	I IMSc Psychology	Science
			Galisa		
			Preenu		

17	Rangoli	I	Ciya Shaju Swathi Krishna	I MA English	Arts
		II	Gunjitha Surin Rosemaria Johnson	I BSc Zoology	Science
		III	Afna K.K Nandana K.U.	III BA English	Arts
	On Stage Competitions				
	Debate	I	Krishnapriya	II BSc Zoology	Science
1		II	Ameena	II BSc Zoology	Science
		III	Heritta	II BA Economics	Arts
	Speech (Eng)	I	Krishna Ramachandran	II MA English	Arts
2		II	Ansiya	I MSc Zoology	Science
		III	Caroline KB	I BA English	Arts
	Speech (Mal)	I	Neha James	III BCom CA	Commerce
3		II	Deepa Rose	I BA History	Arts
		III	Veena Jaison	I BSc Physics	Science
	Mime	I	Sruthi Ramachandran & team		Arts
4		II	Avani & team		Commerce
	Bharatanatyam	I	Devika A J	I BA Economics	Arts
5		II	Devika A R	II BA History	Arts
		III	Sandra Subhash	I BCom	Commerce
	Mappilapattu (Single)	I	Shahima Azad	III BSc Physics	Science
6		II	Aysha Rafeek	II BSc Chemistry	Science
		III	Anjana VM	II MSc Chemistry	Science
	Mappilapattu (Group)	I	Anjana VM & Team	II MSc Chemistry	Science
7	NadodiSangeetham (Group)	I	Kavya & Team	I BA History	Arts
8	Patriotic Song	I	Gauri Nandanan & Team	II BA English	Arts
9		II	Anjana P.A & Team	I IMSc Psychology	Science
	Light Music	I	Gouri Nandanan	II BA English	Arts
10		II	Anjana V.M.	II MSc Chemistry	Science
		III	Adithya M.V.	II BA Economics	Arts
	Recitation (English)	I	Rajwa Zayan	II BA English	Arts
11		II	Anna Julia B Veliyan	III BA English	Arts
		III	Diya Neelim Rasool M.		Science
	Recitation (Malayalam)	I	Anjana VM	II MSc Chemistry	Science
12		II	Nayana	II BSc Zoology	Science
		III	Aditya	II BA Economics	Arts
	Kadhaprasangam	I	Irafana Sheril	III BA Economics	Arts
13		II	Efriya	III BSc Chemistry	Science
	Mohiniyattam	I	Devika AJ	I BA Economics	Arts

14		II	Sandra Subhash	I BCom	Commerce
	Western Music(Single)	I	Caroline KB	I BA English	Arts
15		II	Anjana		Science
	Group Song (Western)	I	Rajwa Zayan & Team	II BA English	Arts
16		II	Safvana T V and Team	II MSc Zoology	Science
	Oppana	I	Jasla Fathima & Team	I BSc Zoology	Science
19		II	Feviya &Team	II BCom Cooperation	Commerce
		III	Fathimath Basheer &Team	II BA History	Arts
	Group Song (Indian)	I	Sreedevi K.S & Team	I MSc CS	Science
20	Thiruvathirakkali	I	Arathi &Team	I BCom Cooperation	Commerce
21		II	Ananya Harida & Team	I IMSc Psychology	Science
		III	Harsha & Team	II BA History	Arts
	Margamkali	I	Aleesha Shaji &Team	III BSc Physics	Science
22	Folk Dance (Group)	I	Swetha & Team		Arts







Annual Athletic Meet

On February 9, 2024, Sacred Heart College Chalakudy came alive with the excitement of its much-awaited Annual Athletic Meet. This vibrant event, which drew considerable enthusiasm from students and faculty alike, was a celebration of sportsmanship, physical fitness, and the collective spirit of the college community. The day unfolded with a series of memorable moments, starting with the lively Inter-Department March Past. Each department paraded in perfect synchrony, displaying not only their physical endurance but also their strong sense of team spirit and discipline. The march past set a tone of unity and friendly competition, setting the stage for the rest of the day's activities.

The official inauguration of the meet was marked by a powerful moment as Asokan R, Deputy Superintendent of Police of Chalakudy, raised the flag, symbolizing the start of the event. Soon after, Anu Dasan M D, a distinguished athlete with a remarkable record in karate and national sports, took the athletes' oath, followed by the department leaders and their teams. The oath emphasized the values of fairness, integrity, and respect for the rules of sport, reinforcing the importance of ethical conduct in athletic competition.

One of the most symbolic moments of the day came with the Lighting of the Torch, performed by Asokan R. As the torch was passed to the college's star athletes, it marked the official commencement of the athletic events. This moment encapsulated the spirit of the event—a celebration of individual and collective excellence.

Throughout the day, the athletic events showcased remarkable talent, with students competing in sprints, relays, jumps, and throws. The participants' energy and enthusiasm were palpable, as they demonstrated not just physical skill but also teamwork and sportsmanship. Kesiya Poulose from MSc Psychology and Anagha Xavier Anil from BA Economics emerged as the Individual Champions, their performances standing out amidst the competitive field.

In terms of departmental achievements, the Economics department claimed the coveted title of Department Champion, with Psychology and History following as runners-up. The competition was fierce, and the results reflected the hard work and dedication that went into preparing for the meet.

The Annual Athletic Meet was more than just a series of sports events; it was a celebration of the values that bind the college community—teamwork, dedication, and a commitment to physical well-being. It fostered a sense of unity among students while encouraging a healthy and active lifestyle. Ultimately, the day served as a reminder of the importance of sports in building character, fostering camaraderie, and promoting the spirit of healthy competition.



KERALOTSAVAM- CHALAKUDY BLOCK PANCHAYATH

DATE: 22/10/2023 – 19/10/2023

VENUE: CARMEL HSS, CHALAKUDY

Anagha Xavier Anil and Aleena Jaison participated in the block level keralotsavam held at Carmel HSS, chalakudy. They secured many prizes in the athletic events.

List of participated students:

SI NO	NAME	DEPARTMENT
	ALEENA JAISON	I BA ECONOMICS
	ANAGHA XAVIER ANIL	I BA ECONOMICS

Student's achievements:

NAME	EVENT	POSITION
ALEENA JAISON	400M	SECOND
	200M	SECOND
	1500M	SECOND
ANAGHA XAVIER	800M	FIRST
	400M	FIRST
	5000M	SECOND

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

This Is to certify that Shri./Smt./Kum.....Alisna Jaison.....
of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured .....Second.....place in .....200 mtr Race Boys Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE CHALAKUDY

Convener
Organising Committee

Secretary
Organising Committee

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

This Is to certify that Shri./Smt./Kum.....Aleena Jaison.....
of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured ....Second.....place in ....1500 m.t.r. Race...Senior Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE CHALAKUDY

Convener
Organising Committee

Secretary
Organising Committee

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

This Is to certify that Shri./Smt./Kum.....Anagha Xavier Anil.....
of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured .....First.....place in .....400 mtr Race Senior Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE CHALAKUDY

Convener
Organising Committee

Secretary
Organising Committee

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

This Is to certify that Shri./Smt./Kum....Anagha...Xavier...Anil..... of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured ....First.....place in 4oo Mtr Race...Senior Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE CHALAKUDY 680307

Convener
Organising Committee

Secretary
Organising Committee

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

This Is to certify that Shri./Smt./Kum. Anagha Xavier Anil of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured Second place in 5000 Mtr Race Senior Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE

Convener
Organising Committee

Secretary
Organising Committee

GOVERNMENT OF KERALA

KERALA STATE YOUTH WELFARE BOARD

Chalakudy Block Panchayath





കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

This Is to certify that Shri./Smt./Kum. Aleena Jaison
of Chalakudy Block Panchayath has participated in the Block Level Keralotsavam 2023 at chalakudy Block Panchayath from 22/10/2023 to 29/10/2023 and has secured Second place in 400 Mtr Race Senior Girls

Place : Chalakudy
Date : 29.10.2023

BLOCK PANCHAYAT OFFICE

Convener
Organising Committee

Secretary
Organising Committee

KERALOTSAVAM- OLLUKKARA BLOCK PANCHAYAT

DATE:27/10/2023

VENUE:OLLUKKARA

Kesiya Poulose, IMSc Psychology participated in the Ollukkara block panchayat keralotsavam competition. She secured first position in 1500m, javelin throw and second position in discus throw events.

ACHIEVEMENT

NAME	EVENT	POSITION
KESIYA POULOSE	JAVELIN THROW	FIRST
	DISCUS THROW	FIRST
	1500M	FIRST

KERALA STATE YOUTH WELFARE BOARD

OLLUKKARA BLOCK PANCHAYAT

കേരളോത്സവം '23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

Certificate

This is to certify that Shri./Smt./Kum KESIYA PAOLOSE

PUTHUR ***Grama Panchayat*** *has participated in the*

Block Level Keralotsavam 2023 held at ***Ollukara Block Panchayat*** *from 26th October 2023 to 28th October 2023*

and has secured FIRST *place in* Discus Throw (1kg - Senior - Girls)

BLOCK PANCHAYAT OFFICE
Ollukkara P.O.
Pin-680 655
OLLUKKARA

Ollukkara
27.-10-2023

CONVENER
Organising Committee
Ollukkara Block Panchayat



KERALA STATE YOUTH WELFARE BOARD

OLLUKKARA BLOCK PANCHAYAT

കേരളോത്സവം'23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

Certificate

This is to certify that Shri./Smt./Kum KESIYA PAOLOSE

Puthur ***Grama Panchayat*** *has participated in the Block Level Keralotsavam 2023 held at* ***Ollukara Block Panchayat*** *from 26th October 2023 to 28th October 2023 and has secured* First *place in* Javelin Throw (600gms - Senior - Girls)

Ollukkara
27-10-2023

CONVENER
Organising Committee
Ollukkara Block Panchayat

KERALA STATE YOUTH WELFARE BOARD

OLLUKKARA BLOCK PANCHAYAT

കേരളോത്സവം '23

കേരള സംസ്ഥാന യുവജനക്ഷേമ ബോർഡ്

Certificate

This is to certify that Shri./Smt./Kum Kesiya Paolose

Puthur ***Grama Panchayat*** *has participated in the Block Level Keralotsavam 2023 held at* ***Ollukara Block Panchayat*** *from 26th October 2023 to 28th October 2023 and has secured* First *place in* 1500mtr Race (Senior - Girls)

Ollukkara
27-10-2023

CONVENER
Organising Committee
Ollukkara Block Panchayat

Green Couture - Fashion with Purpose



The "Green Couture - Fashion with Purpose" event, an initiative of the Department of Economics, was a remarkable success and was worthy of recognition. Organized by the Eco Club in association with E Progressive Waste, IQAC, and IIC, this interdepartmental fashion contest featured seven teams, each showcasing innovative and sustainably designed costumes created by student designers. The event, held on October 18, 2023, at the Auditorium, began at 1 pm and concluded by 3 pm. The judging panel, comprised of Dr. Shirley Jose, former HoD of the Department of Economics at SH College, Mr. Jithin, Managing Partner of E Progressive Waste, and Ms. Shilpa Saibol, a fashion model and architect, added to the event's prestige. The enthusiasm of both participants and the audience was palpable. Each team presented their designs on the runway and engaged in a one-minute question and answer session with the judges, showcasing their insights. The valedictory function, where Principal Dr. Sr. Reena felicitated the gathering, was graced with valuable feedback from the judges, followed by the announcement of the results. The Department of Economics secured the title of champions and received a cash prize of 2000 INR sponsored by E Progressive Waste. The Department of Commerce was the first runner-up, earning a 1000 INR cash award sponsored by IQAC. Notable individual awards went to Smruthi Rajesh from I BA Economics as the Best Costume Designer and Els Maria from the Department of Psychology as Miss Ramp Walk. This event celebrated both fashion and sustainability, making it a commendable success for the college community.



മലയാള മനോരമ
ESTABLISHED 1888

മലയാള മനോരമ TCR
ക്യാംപസ്,
2023 നവംബർ 7 ചൊവ്വ

നമുക്കൊരു വെറൈറ്റി പിടിച്ചാലോ

ഉപയോഗശൂന്യമായി വലിച്ചെറിയുന്ന വസ്തുക്കളെ ട്രെൻഡി ഡിസൈനുകളാക്കി ചാലക്കുടി സേക്രഡ് ഹാർട്ട് കോളജിലെ വിദ്യാർഥികൾ

ട്രെൻഡിനൊപ്പമല്ല, ഇത് ട്രെൻഡ് സെറ്റർ !

ദേ, ഇപ്പോ വായിച്ചുകൊണ്ടിരുന്ന ന്യൂസ് പേപ്പർ കൊണ്ട് ഒരു വസ്ത്രം ഡിസൈൻ ചെയ്യാൻ പറ്റുമോ ? ന്യൂസ് പേപ്പർ മാത്രമല്ല പ്ലാസ്റ്റിക് പ്ലേറ്റ്, പഴയ സിഡി, പേപ്പർ ഗ്ലാസ്, ഒഴിവാക്കിയ വസ്ത്രങ്ങൾ തുടങ്ങി എന്തുമാവട്ടെ, ഇവയെല്ലാം വെറൈറ്റി വസ്ത്രങ്ങളാക്കി ഫാഷനുമായി എത്തിയിരിക്കുകയാണ് ചാലക്കുടി സേക്രഡ് ഹാർട്ട് കോളജിലെ വിദ്യാർഥികൾ.

കോളജിലെ ഇക്കണോമിക്സ് വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ ഇൻസ്റ്റിറ്റ്യൂഷനൽ ഇന്നൊവേഷൻ കൗൺസിൽ, ഐക്യൂഎസി, പ്രോഗ്രസീവ് -ഇ ന്റർനെറ്റ് കമ്പനി എന്നിവയുടെ സഹകരണത്തോടെയാണ് 'ഗ്രീൻ കൗച്ചർ ഫാഷൻ വിത്ത് പഴ്സ്' എന്ന ഫാഷൻ ഷോ കോളജിൽ നടത്തിയത്. ആശയം കഴിഞ്ഞു നാം വലിച്ചെറിയുന്ന മിക്ക വസ്തുക്കളും ഉപയോഗപ്രദമാക്കി മാറ്റാമെന്ന സന്ദേശമാണ് ഈ ന്യൂജൻ ട്രെൻഡി വസ്ത്രങ്ങളിലൂടെ വിദ്യാർഥികൾ പറഞ്ഞു വയ്ക്കുന്നത്.

മാലിന്യം തള്ളി പ്രകൃതിയെ മലിനമാക്കരുതെന്നും ഇ-വേസ്റ്റ് മാനേജ്മെന്റ് അവബോധം വിദ്യാർഥികളിലേക്ക് എത്തിക്കുന്നതിനുമുള്ള ഭാഗമായി നടത്തിയ ആദ്യ പരുപാടിയാണ് എസ്എച്ച് കോളജിലെ പ്രകൃതി സൗഹൃദ ഫാഷൻ ഷോ. നമ്മൾ എന്തു ധരിക്കുന്നോ അതാണ് ട്രെൻഡ്. അതായിരിക്കണം ട്രെൻഡ് ഇതാണ് കോളജുകളിലെ ഒരു വൈബ്. കഴിഞ്ഞ മാസമാണ് ഇ -വേസ്റ്റ് മാനേജ്മെന്റ് കുട്ടികളിൽ ബോധമുണ്ടാക്കാൻ കോളജിൽ ഒരു ഫാഷൻ ഷോ നടത്താമെന്ന് നിശ്ചയിച്ചത്. ഉപയോഗശൂന്യമായ വസ്തുക്കൾ കൊണ്ടായിരിക്കണം വസ്ത്രം. ഡിസൈൻ ചെയ്യുമ്പോൾ എന്നുമാത്രമാണ് നിബന്ധനയായി പറഞ്ഞത്. കോളജിലെ ഡിപ്പാർട്മെന്റ് അടിസ്ഥാനത്തിലായിരുന്നു മത്സരം. അതോടെ മത്സരാർഥികൾ മാത്രമല്ല, ഡിപ്പാർട്മെന്റിലുള്ള എല്ലാവരും മത്സരത്തിന്റെ ഭാഗമായി മണിക്കൂറുകൾ നിന്നു. ആശയക്കുഴപ്പമില്ലാതെ വസ്ത്ര നിർമാണത്തിനുള്ള പാഠങ്ങൾ ഡിസൈനർമാരെത്തന്നെ ക്ലാസുകൾ നൽകിയിരുന്നു. വിവിധ വിഭാഗങ്ങളായി നിശ്ചയിച്ചു. പഴയ പത്രങ്ങൾ, സെറാമിക്പ്ലേറ്റുകൾ, അടപ്പ്, ഡിസ്ക്, തയ്യൽകടയിലെ ബാക്കിവരുന്ന തുണിക്കഷണങ്ങൾ, പേപ്പർ ഗ്ലാസ്, പ്ലേറ്റ് തുടങ്ങിയവയെല്ലാം ട്രെൻഡി ഡിസൈനുകളായി മാറി. തുടുവിലേക്ക്. മറ്റ് വൈബിനെയും കളിയുമൊക്കെ നോക്കി സ്വയം പഠിപ്പിക്കുന്നാണ് വിദ്യാർഥികൾ വസ്ത്രം രൂപകൽപന ചെയ്തത്. ഫാഷൻ ഷോ കഴിഞ്ഞെങ്കിലും ഈ വസ്ത്രങ്ങൾ കോളജിൽ തന്നെ സൂക്ഷിക്കാനാണ് പ്ലാൻ. മാലിന്യസംസ്കരണത്തിനൊരു സ്റ്റെപ്പ് എന്ന സന്ദേശമായി വരും വർഷങ്ങളിലെ വിദ്യാർഥികൾക്കും ഉപകാരപ്പെടട്ടെ എന്ന് വിദ്യാർഥികൾ പറയുന്നു.

പാഴ്വസ്തുക്കളുപയോഗിച്ച് രൂപപ്പെടുത്തിയ വസ്ത്രങ്ങളുമായി വിദ്യാർഥികൾ.

സ്വപ്നങ്ങൾക്ക് അതിരുകളില്ല

ക്യാംപസ് ന്യൂസ്

തൃശൂർ•രണ്ടോ മൂന്നോ തവണ ശ്രമിച്ചിട്ടും വിചാരിച്ച കാര്യം നടന്നില്ലെങ്കിൽ നിരാശപ്പെടരുത്. ആകാശമാണ് അനന്തസാധ്യതകളുടെ അതിർത്തി എന്ന ചിന്തയോടെ വിജയം പരിശ്രമിച്ചാൽ ഏതു രംഗത്തും മുന്നേറിയിലെത്താമെന്ന് പ്രഫ. ഡോ.ജസ്റ്റിൻ പോൾ അഭിപ്രായപ്പെട്ടു.

അമേരിക്ക, ഇംഗ്ലണ്ട് എന്നിവിടങ്ങളിൽ പ്രഫസറും, ഇന്റർനാഷനൽ ജേണൽ ഓഫ് കൺസ്യൂമർ സ്റ്റഡീസ് ചീഫ് എഡിറ്ററുമാണ് പ്രഫ.ജസ്റ്റിൻ. തൃശൂർ സെന്റ് മേരീസ് കോളജിൽ ജസ്റ്റിന് ഒരുക്കിയ സ്വീകരണത്തിലാണ് വിദ്യാർഥികൾക്കു മുന്നിൽ അദ്ദേഹം ജീവിത വിജയത്തെക്കുറിച്ചു പറഞ്ഞത്. വായനശീലം, അഭിരുചി, മത്സരബോധം, തുടങ്ങിയവയെ അടിസ്ഥാനമാക്കി ഓരോ വിദ്യാർഥിയും പദ്ധതിയിട സ്വയം പദ്ധതി സ്വയം നടപ്പാക്കിയാൽ വിജയം നേടാനാകുമെന്നും അദ്ദേഹം പറഞ്ഞു.

പ്രഫ. ഡോ.ജസ്റ്റിൻ അഭിപ്രായപ്പെടുന്നു തൃശൂർ സെന്റ് മേരീസ് കോളജിൽ സ്വീകരണം സ്വീകരിക്കുന്നു.





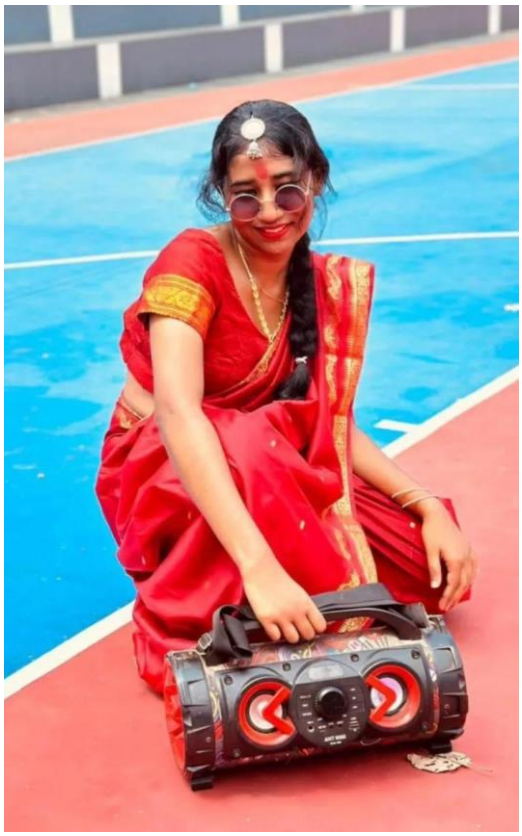
Costume Day



On 14th February 2024, Sacred Heart College celebrated an exciting and vibrant Costume Day, organized by the College Union Ekta, at the college auditorium. The event encouraged students to showcase their creativity by dressing up as their favourite characters, creating a lively and colorful atmosphere. Participants from various departments embraced a wide range of costumes, from classic figures like Charlie Chaplin to contemporary characters such as Nagavalli, adding to the fun and excitement of the day. A key highlight of the event was the Department-Wise Ramp Walk, where each department presented their costumes on the runway. Students confidently showcased their creativity, adding an extra layer of energy and flair to the celebration. Following the ramp walk, prizes were awarded to the best teams based on their costume ideas and presentations, celebrating the innovation and effort put in by the participants. The event fostered a sense of friendly competition, while also creating an enjoyable and interactive atmosphere as students exchanged ideas and admired each other's costumes. Overall, Costume Day was a memorable occasion that allowed students to express themselves in a fun and imaginative way, fostering unity and camaraderie across departments. The College Union Ekta succeeded in creating a joyful, creative, and positive environment, making it a day to remember at Sacred Heart College.




CHARLIE CHAPLIN
ft. @mariah_thomas

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VIMUKTHI BADMINTON TOURNAMENT

Date: 09/09/2023

Venue: Kisore's Badminton academy, Puthenchira

The college badminton team delivered an outstanding performance at the Vimukthi Badminton Tournament, organized by the Excise Range Office, Mala, and hosted at Kishore's Badminton Academy. The event witnessed participation from various teams across the region, fostering a spirit of sportsmanship and competitive excellence.

In the women's category, the college team showcased exceptional skill and determination, advancing through each round with impressive victories. Their hard work and dedication culminated in a well-deserved second place, a remarkable achievement that reflects the high standards of training and commitment upheld by the team members.

List of Participated Students:

SI NO	NAME	DEPARTMENT
1	vafa mariam T P	III BSc Physics
2	Megha K S	III BSc Physics
3	Abigail Beetil	I BCom Finance


KERALA STATE
EXCISE DEPARTMENT
EXCISE RANGE OFFICE, MALA
GVHSS, PUTHENCHIRA &
KISHOR'S BADMINTON ACADEMY, PUTHENCHIRA
Certificate of Achievement
VIMUKTHI BADMINTON TOURNAMENT - 2023
This Certificate is presented to Megha. K. S.
for winning ..... Place in ..... Section in
Vimukthi Badminton Tournament Competition, conducted on September 9, 2023
We are proud of your accomplishments, wishing you good luck
for a bright and prosperous future.
NARAYANAN P K
Proprietor
Kishor's Badminton Academy,
Puthenchira
RENJIN J PLACKAL
Principal
GVHSS, Puthenchira
SHEFEEK T H
Excise Inspector
Excise Range Office, Mala



വിമുക്തി

EXCISE RANGE OFFICE, MALA
GVHSS, PUTHENCHIRA &
KISHOR'S BADMINTON ACADEMY, PUTHENCHIRA

Certificate of Achievement

VIMUKTHI BADMINTON TOURNAMENT - 2023

This Certificate is presented to ABIGAIL BEETIL

for winning II Place in COLLEGE Section in

Vimukthi Badminton Tournament Competition, conducted on September 9, 2023

We are proud of your accomplishments, wishing you good luck
for a bright and prosperous future.

P.K. Narayanan

NARAYANAN P K
Proprietor
Kishor's Badminton Academy,
Puthenchira

Renjan

RENJIN J PLACKAL
Principal
GVHSS, Puthenchira

SHEFEEK T H
Excise Inspector
Excise Range Office, Mala


വിമുക്തി
EXCISE RANGE OFFICE, MALA
GVHSS, PUTHENCHIRA &
KISHOR'S BADMINTON ACADEMY, PUTHENCHIRA
KERALA STATE
EXCISE DEPARTMENT
Certificate of Achievement
VIMUKTHI BADMINTON TOURNAMENT - 2023
This Certificate is presented to Vafa marjyam
for winning ..... Place in ..... Section in
Vimukthi Badminton Tournament Competition, conducted on September 9, 2023
We are proud of your accomplishments, wishing you good luck
for a bright and prosperous future.
NARAYANAN P K
Proprietor
Kishor's Badminton Academy,
Puthenchira
RENJIN J PLACKAL
Principal
GVHSS, Puthenchira
SHEFEEK T H
Excise Inspector
Excise Range Office, Mala


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76GW+785, Puthenchira, Kerala 680682, India
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KISHOR'S BADMINTON ACADEMY
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ALL KERALA WOMEN'S BASKETBALL TOURNAMENT

DATE: 19/09/2023-20/09/2023

VENUE: ASSUMPTION COLLEGE, CHANGANACHERRY

Our college basketball team had the opportunity to showcase their skills at the prestigious All Kerala Basketball Tournament held at Assumption College, Changanassery, in Kottayam district. This annual tournament draws some of the best college teams from across the state, providing a platform for intense competition, camaraderie, and the celebration of athletic excellence. Participating in this tournament not only allowed our players to gain experience but also to compete at a higher level, representing our college with pride.

Our team, having prepared rigorously for the tournament, entered the preliminary rounds with enthusiasm and determination. The players exhibited exceptional teamwork and strategic gameplay, which was evident in their smooth progress through the initial stages. Their efforts culminated in a quarterfinal matchup against the formidable team from St. Xavier's College, Aluva.

Our players demonstrated excellent offensive and defensive coordination, capitalizing on key scoring opportunities and defending against St. Xavier's offensive plays.

Having made it to the semifinals, our team faced Assumption College, the host team, in a highly anticipated match. Assumption College, with the advantage of familiar surroundings and strong crowd support, was well-prepared and proved to be a challenging opponent.

Our college team's journey to the semifinals has strengthened their resolve to train harder and come back stronger in future tournaments. Their exceptional

performance has brought pride to our college, and we are confident that they will continue to excel and represent us at higher levels of competition in the future.

Team Members:

SI NO	NAME OF THE STUDENT	DEPARTMENT
1	ALEENA JAISON	I BA ECONOMICS
2	ANN MARIA P J	I MSC INTEGRATED PSYCHOLOGY
3	ANAGHA XAVIER ANIL	I BA ECONOMICS
4	SONA M P	I BA HISTORY
5	KESIYA POULOSE	I MSC INTEGRATED PSYCHOLOGY
6	SISIRA P	I BA HISTORY
7	ABIGAIL BEETIL	I BCOM FINANCE
8	CAROLIN	I BA ENGLISH


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Independence Day Programmes

The department of History has organized several programmes on behalf of the Independence Day celebrations on the date 16th August, 2023. There was a Pledge taking ceremony, an Open Quiz, Mime with patriotic theme and Patriotic Dance performed by the students of the department. All the students of the college participated in the event. The college was also decorated with tricolors of the flag by the students.





Hiroshima-Nagasaki Day Commemoration

August 04, 2023

The Department of History has organized some events to commemorate the importance of the day. The event of dropping nuclear bombs in the Japanese cities of Hiroshima and Nagasaki marked an end to World War II, but also left a tragic memory in the minds of humankind. The Department used to organize events on the occasion every year. This year the department has organized two events in association with the day. A chart exhibition was conducted which depicts the heartbreaking scenes of the event. The students also made a 1000 Sadako cranes in memory of the event using waste paper. The paper birds were hanged in the department corridor as part of the exhibition. The students also hanged the paper bird in all the departments in the college.





BADMINTON TEAM SELECTION

DATE: 17/08/2023

VENUE: VOLLEYBALL COURT

Selection trails were conducted to identify the best player in our college. They will represent our college in various competitions. Brochures circulated to announce the details of selection trails. Students from various departments participated in the section trials. Total of 42 students participated among them 16 players were selected to the second round of selection and the players participated with good spirit. Among them 8 were again selected for final selection, which were conducted on 05/09/2023. At last the college team was fixed with the best 4 players.

List of students participated in the selection trials:

SI NO	NAME OF THE STUDENT	DEPARTMENT
1	VAFA MARIYAM T P	III BSC PHYSICS
2	DEVIKA K S	III BSC PHYSICS
3	MEGHA K S	III BSC PHYSICS
4	AISWARYA P A	III BSC PHYSICS
5	ANGEL ROSE	III BSC PHYSICS
6	ANN MARY JOY	III BSC PHYSICS
7	ARATHI T R	I BCOM COOPERATION
8	SNEHA POULOSE	I BCOM COOPERATION
9	AYSHA	I BCOM COOPERATION
10	ANSHIYA	I BCOM COOPERATION
11	SAYUJYA	I BCOM COOPERATION
12	ABIGAIL	I BCOM COOPERATION
13	AVANI	I BCOM COOPERATION
14	NIRUPAMA	I BCOM COOPERATION
15	HANNA	I BCOM COOPERATION
16	SHIFA E S	I BCOM COOPERATION
17	LIYA OUSEPH	III BCOM FINANCE

18	ASWATHY CS	III BCOM FINANCE
19	ALIYA	III BCOM FINANCE
20	SREELAKSHMI MUKUNDAN	III BCOM FINANCE
21	SAHITHYA K S	III BCOM FINANCE
22	APARNA B NAIR	III BCOM FINANCE
23	NEHA THOMAS	III BCOM FINANCE
24	MARIYA DAVIS	III BCOM FINANCE
25	SANA FATHIMA	III BCOM FINANCE
26	NANDANA P S	III BCOM CA
27	NANDANA CHANDRAN	III BCOM CA
28	DEVIKA P S	III BCOM CA
29	ALEENA BIJU	III BCOM CA
30	NEHA JAMES	III BCOM CA
31	SHIFANA	III BCOM CA
32	DIYA	III BCOM CA
33	SONA M P	I BA HISTORY
34	SISIRA P	I BA HISTORY
35	KESIYA POULOSE	I MSC INT. PSYCHOLOGY
36	ANAGHA XAVIER	I BA ECONOMICS
37	AMRETA T S	II BCOM COOPERATION
38	ANN MARIYA P J	I MSC INT. PSYCHOLOGY
39	SMRUTHI RAJESH	I BA ECONOMICS
40	ABHIRAMI ASOKAN	I BA ECONOMICS
41	AADITHYA N C	I BCOM FINANCE
42	MARIYA THOMAS	II BCOM FINANCE


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Orientation programme on Open Gym and Fitness center

DATE:25/09/2023

VENUE:FITNESS CENTER AND OPEN GYM

An orientation programme for first-year students about the Open Gym and Fitness Center was conducted starting from 25th September 2023.The programme began with a brief introduction by the fitness center coordinator, who highlighted the importance of physical fitness and regular exercise for maintaining a healthy lifestyle, especially for students. The session aimed to motivate the students to adopt fitness routines alongside their academic activities.The orientation programme was well-received by the first-year students, who showed enthusiasm and interest in exploring the fitness center and incorporating exercise into their daily routines. The initiative aimed to promote a healthy lifestyle among students and encourage them to utilize the gym facilities regularly.


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Lat 10.301245°
Long 76.325136°
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Google


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Christmas Celebrations

On 21st December 2023, Sacred Heart College, Chalakudy, celebrated Christmas with a vibrant blend of religious observance, cultural activities, and festive competitions that united students and staff. The day began with a Holy Mass at 9:30 AM, celebrated by Rev. Fr. Arun OFM Cap., setting a solemn yet joyful tone for the festivities. Following the Mass, a series of creative competitions took place across the campus, including a Christmas Card Making competition with around 60 participants, a Christmas Reel competition with 16 entries, a Star Crib competition where departments competed in designing nativity scenes, and a Carol Song competition held department-wise. These activities showcased the students' artistic talents and enthusiasm for the season. At 11:00 AM, the common Christmas function commenced, featuring performances by students, a live crib, and a Christmas message from Principal Dr. Sr. Irene, who inspired the audience with her reflections on the joy and significance of Christmas. The celebration continued with a prize distribution ceremony, where Dr. Sr. Irene awarded the winners of the competitions, recognizing their creativity and festive spirit. The day concluded with departmental celebrations, allowing staff and students to share in the festive cheer and foster a strong sense of community. Overall, the Christmas celebration at Sacred Heart College was a heartwarming occasion that captured the essence of the season, blending spirituality, creativity, and camaraderie in a memorable way.



Laqshya- Techno, Management, Cultural Fest

DATE: 19/12/2023

VENUE: Naipunya Institute, Koratty

Anagha Xavier Anil of I BA Economics participated in the free throw competition in laqshya- techno, management, cultural fest organized by Naipunya Institute, Koratty. She bagged the first position in the same.





Naipunnya®
To reach the unreachable

NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)

(Affiliated to the University of Calicut, Accredited by NAAC with B++, ISO 9001-2015 Certified)
Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308

INSPIRE

LAQSHYA TECHNO + CULTURAL 2023 MANAGEMENT + FEST

This is to certify that

Mr./Ms. ANAGHA XAVIER ANIL

of SACRED HEART COLLEGE, CHALAKUDY

has won the First/Second/Third prize

in BASKETBALL FREE-THROW competition

held during the National Level Inter Collegiate Fest "Inspire 2K23"

as a part of LaQshya'23

organized by the Department of Physical Education

on 19-12-2023

Mr. Sreejith P. A.
HoD, Department of Physical Education

Fr. Dr. Paulachan K. J.
Principal

Dept of PE
Basketball Free Throw
I Prize - Rs 1000/-

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To Reach the Unreachable
NIMIT
(NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY)
Accredited by NAAC with B++ grade
(Affiliated to the University of Calicut, ISO 9001 - 2015 Certified)
Pongam, Koratty East Thrissur District
Kerala State, INDIA, Pin 680 308
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Authorised Signatories

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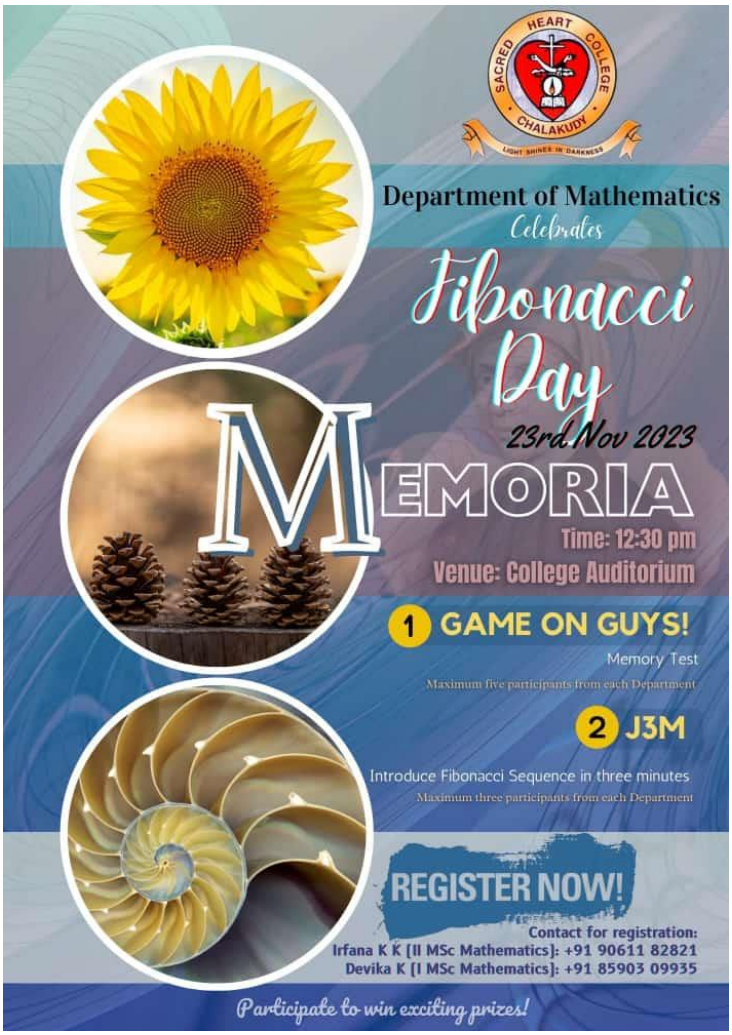
FIBONACCI DAY CELEBRATIONS

23-11-2023

The Department of Mathematics organized the event “MEMORIA” in association with Fibonacci Day. The PG students presented powerpoints related to the mathematician Fibonacci and explained about the Fibonacci sequence and Golden ratio. Fun games were conducted in which about 100 students participated from every department.

The event was helpful for the students to recognize the Fibonacci sequence and its various properties. The videos displayed helped them to understand the applications and the presence of golden ratio in nature.



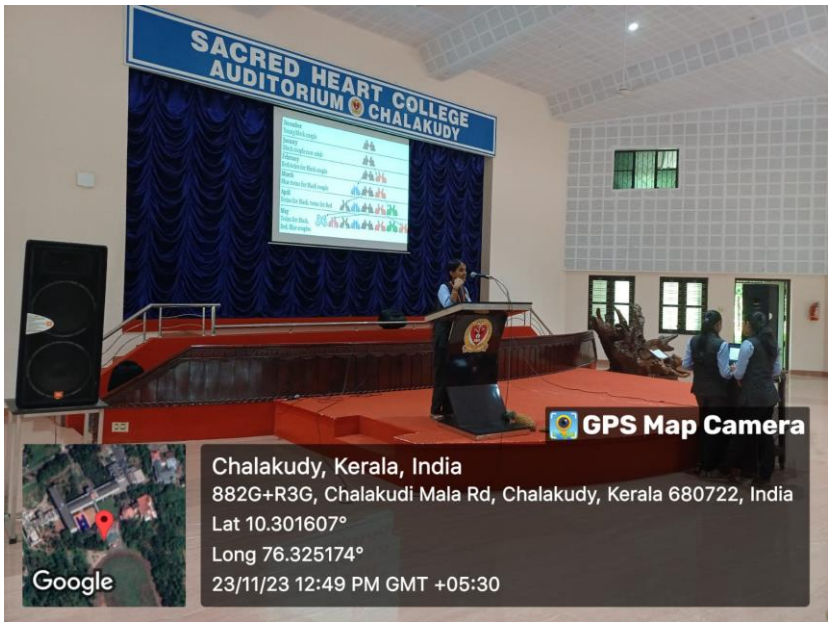
Brochure of the programme.

List of Volunteers

1. Abhirami C
2. Akhila Madhu
3. Athira S Nair
4. Dilsha Rajeev
5. Irfana K K
6. Kripamariya
7. Maria Joshna M J
8. Vishnumaya E
9. Aleena Joemon
10. Aleesha Baby
11. Devika K
12. Fathima Rendha
13. Niba
14. Sreejisha
15. Arya K Surendran



Ms.Smitha Davis, HOD addressing the audience



PG students presenting the powerpoint presentations

3*3 BASKETBALL COMPETITION

DATE:20/12/2023

VENUE: Naipunya institute, koratty

College basketball team participated in the 3*3 basketball competition in laqshya-techno, management, cultural fest organized by Naipunya institute, Koratty. They bagged the second position in the same.

List of participated students:

SI NO	NAME	DEPARTMENT
	ANAGHA XAVIER	I BA ECONOMICS
	SONA M P	I BA HISTORY
	ANN MARIYA P J	I IMSC PSYCHOLOGY



SALAD MAKING COMPETITION REPORT

On September 8, 2023, the Biota Club of the Zoology Department and IIC of Sacred Heart College hosted a Salad Making Competition as part of its ongoing efforts to promote healthy eating habits and sustainable food practices. This event brought together students from various departments to showcase their culinary skills and creativity in crafting delicious and nutritious salads.

The Salad Making Competition took place near the college canteen which provided a pleasant and spacious setting for participants and spectators alike. The event was well-organized and witnessed enthusiastic participation from both students and faculty members. Prior to the event, interested participants registered in teams of 3 or 4 with a registration fee of 10 rupees Participants brought the ingredients with a selection of fresh vegetables, fruits, herbs, nuts, and dressings to create their salads. Each team had 25 minutes to prepare their salads. After preparation, contestants presented their salads to a panel of judges explaining their choice of ingredients and the nutritional benefits of their creations. Judges (Sr rosemel, Ms. Rasoona, Asst prof. Libin Francis) assessed the salads based on taste, creativity, nutritional value, and presentation. Prizes were awarded to the top three salads first and second prize to Commerce department, and third prize bagged by physics department based on the judges' scores. Rev Sr. Irene our principal distributed the cash prizes to the winners. The event promoted a sense of healthy competition and encouraged participants to think creatively about salad ingredients.

OUTCOMES

- It provided a platform for students to share their knowledge of nutrition and sustainability.
- Participants and attendees gained valuable insights into the benefits of incorporating more fruits and vegetables into their diets.

-Participating allowed me to develop a keen eye for selecting fresh and wholesome ingredients, master the art of food presentation, and enhance understanding of the importance of balanced nutrition.

Link of the program

https://www.instagram.com/p/CxCnVAgSR0v/

List of participants

No.	Name	class
1.	DEVAPRIYA P.M.	1st Year B.A Eng
2.	CAROLINE K.B	1st Year B.A Eng
3.	ROSSVEENA WILSON	1st Year B.Sc Che
4.	ASWATHY T.S	1st Year B.A Eng
5.	MIDHUNA BYJU	1st Year B.Com Co-op
6.	ARYA P.B	1st Year B.A History
7.	GOWRI S	1st Year B.Sc Phys
8.	ANUPAMA K.N	1st Year M.Com Fin
9.	FIDHA FEMIL	1st Year IMSc PSY
10.	MEENAKSHI SHIBU	1st Year M.Com Fin
11.	K S HALEEMA FADIYA	1st Year IMSc PSY
12.	ALFIA A.A	1st Year IMSc PSY
13.	SIJI DEVASSY T	1st Year M.Sc Phys
14.	ANN MARIYA BIJU	1st Year B.A Eng
15.	JAIN MARY JACOB	1st Year B.A Eng
16.	NOUFIYA K.N	1st Year M.Com Fin
17.	SAFIYA K.N	1st Year IMSc PSY
18.	RIDA FATHIMA	1st Year B.Sc Zlg
19.	SANDRA SANTHOSH	1st Year M.Sc CS
20.	RAICHAL K.R	1st Year B.Com Fin
21.	VARSHA WILSON K	1st Year B.A History
22.	ASHIMA SHIBU	1st Year B.Sc Zlg
23.	DEVIKA C.D	1st Year B.Com Fin
24.	JILKA P.JOSE	1st Year B.A Eco
25.	ARATHY T.R	1st Year B.Com Co-op
26.	ARUNIMA MENON	1st Year B.Com Fin
27.	N.C ADITHYA	1st Year B.Com Fin
28.	ANTREESA BAIJU	1st Year B.Com Co-op
29.	LINZA MARIA ALOYSIUS	1st Year M.Sc Che
30.	NIKHITHA JOY	1st Year M.Com Fin
31.	GOURY C.S	1st Year B.Com Fin

32.	GAYATHRI NAIR	1st Year M.Sc CS
33.	DEVIKA NISHANTH	1st Year IMSc PSY
34.	KEERTHANA C.L	1st Year B.Sc Che
35.	CIYA SHAJU	1st Year M.A Eng
36.	ANITA JOSE	1st Year B.Sc Che
37.	JOANN MILTON DECOUTH	1st Year B.A Eng
38.	ANJIMA A S	1st Year B.Sc Zlg
39.	VEENA JAISON	1st Year B.Sc Phys
40.	ALEENA JOJI	1st Year B.Com Fin
41.	SREEDEVI K.S	1st Year M.Sc CS
42.	AKHILA C.J	1st Year B.A Eng
43.	SONA M. P	1st Year B.A History
44.	ARCHANA T.G	1st Year B.Sc Zlg
45.	SANDRA SUBASH	1st Year B.Com Fin
46.	NANDANA M.B	1st Year B.A Eng
47.	ANAKHA P.S	1st Year B.A Eco
48.	VRINDHA K.V	1st Year B.Com Co-op
49.	NANDHANA A.B	1st Year B.Com Fin
50.	NANDANA K.D	1st Year B.Com Fin
51.	JUSTLY MARIYA JOSEPH	1st Year B.Sc Phys
52.	NAFEELA	1st Year B.A Eco
53.	SNEHA POULOSE K	1st Year B.Com Co-op
54.	ANAMIKA E.K	1st Year B.A History
55.	MARIA JOSEPH	1st Year B.Sc Zlg
56.	SABITHA DHANSINGH	1st Year B.Com Fin
57.	GLORIA SABU	1st Year B.A History
58.	AKHILA .A	1st Year B.A History
59.	ALEENA JAISON	1st Year B.A Eco
60.	SARANYA V	1st Year B.A Eco
61.	THULASI I.S	1st Year B.A Eng
62.	ANUSREE V.M	1st Year B.A History
63.	GOPIKA VIJAYAN	1st Year B.Com Fin
64.	C.B SRUTHI	1st Year B.A Eng
65.	SAYUJYA T.S	1st Year B.Com Co-op
66.	SAHALA K.S	1st Year B.Com Co-op
67.	SANDHRA VARGHESE	1st Year B.Sc Zlg
68.	SONA V JOSEPH	1st Year B.A History
69.	SNEHA WILSON	1st Year B.Com Fin
70.	SREEKUTTY K.J	1st Year B.A Eco
71.	JUDEVINA MARTIN	1st Year B.Sc Che

72.	SHAHSADI M	1st Year B.A History
73.	NIRUPAMA K.S	1st Year B.Com Fin
74.	AKILA P.S	1st Year B.A Eco
75.	NAYANA K.S	1st Year B.Sc Zlg
76.	AADHILAKSHMI T.S	1st Year B.Com Co-op
77.	SREEDHU A.V	1st Year B.A History
78.	SONA SUNIL	1st Year B.A History
79.	NABEELA K.S	1st Year B.Com Co-op
80.	SANAMOL C. B	1st Year B.Com Co-op
81.	ABIGAIL BEETIL	1st Year B.Com Fin
82.	ANAGHA XAVIER ANIL	1st Year B.A Eco
83.	DEEPA ROSE K B	1st Year B.A History
84.	ABIYA RAJAN	1st Year B.A History
85.	RAGILA RAMACHANDRAN K	1st Year M.Sc Che
86.	ALEENA SONY	1st Year B.Com Co-op
87.	KAVYA K	1st Year B.A History
88.	MERNA JOSE	1st Year B.A Eng
89.	ADITHYA P.S	1st Year B.A History
90.	ARYA A	1st Year IMSc PSY
91.	SIKHA PRAKASH	1st Year B.A History
92.	LAKSHMIPRIYA K.R	1st Year B.Com Co-op
93.	GUNJITA SURIN	1st Year B.Sc Zlg
94.	DEVIKA A.J	1st Year B.A Eco
95.	AMAYA S.R	1st Year B.A History
96.	FATHIMA V.H	1st Year B.A History
97.	SANIYA AFSAL	1st Year B.A Eng
98.	ABIRAMI A.B	1st Year B.A Eco
99.		
100.	VISMAYA M.V	1st Year B.A Eco
101.	AVANI N.J	1st Year B.Com Fin
102.	SUBHA A	1st Year B.Com Co-op
103.	A S DEVIKA	1st Year B.Sc Phys
104.	ANAGHA T.R	1st Year B.A History
105.	ANJANA T G	1st Year B.Sc Zlg
106.	JULIYA JOBY	1st Year B.A Eco
107.	FATHIMA HANA M.P	1st Year B.Sc Che
108.	RAHANA M R	1st Year B.A Eng
109.	NESRIN MARIA BAIJU	1st Year B.Sc Phys
110.	GALISA A	1st Year IMSc PSY
111.	ARYACHANDRAN M A	1st Year IMSc PSY

112.	BHAGYALAKSHMI S	1st Year B.A Eng
113.	ASWATHY P M	1st Year B.A History
114.	MITHRA SUDHEER	1st Year B.Sc Che
115.	SWATHI KRISHNA K U	1st Year M.A Eng
116.	ANANYA K J	1st Year B.A Eco
117.	KAVYA AU	1st Year B.A Eco
118.	RIDHUVARSHA P R	1st Year B.Sc Zlg
119.	SREEKUTY M S	1st Year B.A Eco
120.	BHAVANA VARMA K N	1st Year IMSc PSY
121.	HANAN JASMIN TK	1st Year B.A History
122.	ATHIRA K M	1st Year IMSc PSY
123.	ALEENA JAISON	1st Year B.A History
124.	VARSHA T V	1st Year B.Com Co-op
125.	JISHA A B	1st Year B.A History
126.	MIDHILA SURESH	1st Year B.Sc Zlg
127.	SANDRA SASI	1st Year B.A Eco
128.	SANDRA A S	1st Year B.A Eco
129.	ANSHIYA I R	1st Year B.Com Co-op
130.	SANDRA MOL P S	1st Year B.Com Co-op
131.	MAMTHA DILEEP	1st Year B.A Eco
132.	ANJANA P A	1st Year IMSc PSY
133.	AKHILA.N	1st Year IMSc PSY
134.	DILSHADA K. K	1st Year B.Sc Phys
135.	AASHIFA A S	1st Year B.Com Co-op
136.	ANAGHA AGHILESWARAN	1st Year B.Com Fin
137.	AGRAJA T A	1st Year B.Com Co-op
138.	JAYASREE K V	1st Year B.A History
139.	JESLY JOLLY	1st Year M.Com Fin
140.	ALIN ROSE P S	1st Year B.Com Co-op
141.	LIBINA BABU	1st Year B.A History
142.	KESIYA POULOSE	1st Year IMSc PSY
143.	FOUSIYA AFSAL	1st Year B.Sc Zlg
144.	SISIRA P	1st Year B.A History
145.	ANN MARIYA P J	1st Year IMSc PSY
146.	ANN MARIYA VARGHESE	1st Year B.Com Fin
147.	ADITHYA UNNIKRISHNAN	1st Year B.Sc Che
148.	NEETHU DAVIS	1st Year M.Sc Che
149.	ASWATHY PRADEEP	1st Year M.Sc Che
150.	LIDHIYA KRISHNA M . D	1st Year M.A Eng

151.	AYSHA N F	1st Year B.Sc Zlg
152.	ANSIYA M S	1st Year M.Sc Zool
153.	ARYA K SURENDRAN	1st Year M.Sc MAT
154.	ROSE MARIA JOHNSON	1st Year B.Sc Zlg
155.	RISWANA P R	1st Year M.A Eng
156.	ALPHY DEVIS	1st Year M.Sc Zool
157.	NAZRIN K A	1st Year M.Com Fin
158.	SWATHY K CHANDRAN	1st Year M.A Eng
159.	ALEESHA BABY	1st Year M.Sc MAT
160.	DEVIKA K	1st Year M.Sc MAT



SACRED HEART COLLEGE
CHALAKUDY
Light shines in darkness

Salad Making Competition..

Rules:

- Ingredients to be brought by the participants
- Pre-cut items cannot be used (Boiled items can be brought from home)
- Marks would be given on the basis of
  - Taste and preparation
  - Presentation
  - Nutritional facts (to displayed separetly as a chart

INSTITUTION'S INNOVATION COUNCIL
(Ministry of HRD Initiative)

Group members 4



8th September 2023

11.15 AM

Near canteen

Kerala Varma Basketball Tournament

Date: 25/02/2024

Venue: kerala varma college, Thrissur

Our college basketball team showed their talent in the friendly match against St Joseph's College, Irinjalakuda in the Pulikkottil Louis Memorial Intercollegiate Basketball Tournament organized by keralavarma college, Thrissur.



ബാസ്കറ്റ്ബോൾ: കേരളവർമയും ക്രൈസ്റ്റും ഏറ്റുമുട്ടും

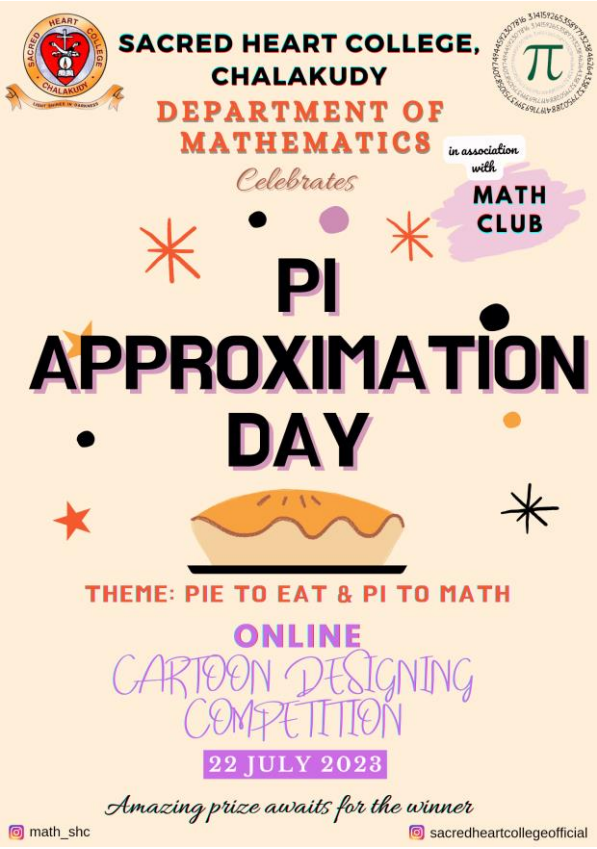
തൃശൂർ ● കേരളവർമ കോളജ് സ്പോർട്സ് അലമ്നൈ അസോസിയേഷൻ സംഘടിപ്പിക്കുന്ന പുലിക്കോട്ടിൽ ലൂയിസ് മെമ്മോറിയൽ ഇന്റർ കൊളീജിയറ്റ് ബാസ്കറ്റ്ബോൾ ടൂർണമെന്റ് ഫൈനലിൽ കേരളവർമ കോളജും ഇരിങ്ങാലക്കുട ക്രൈസ്റ്റ് കോളജും ഏറ്റുമുട്ടും.

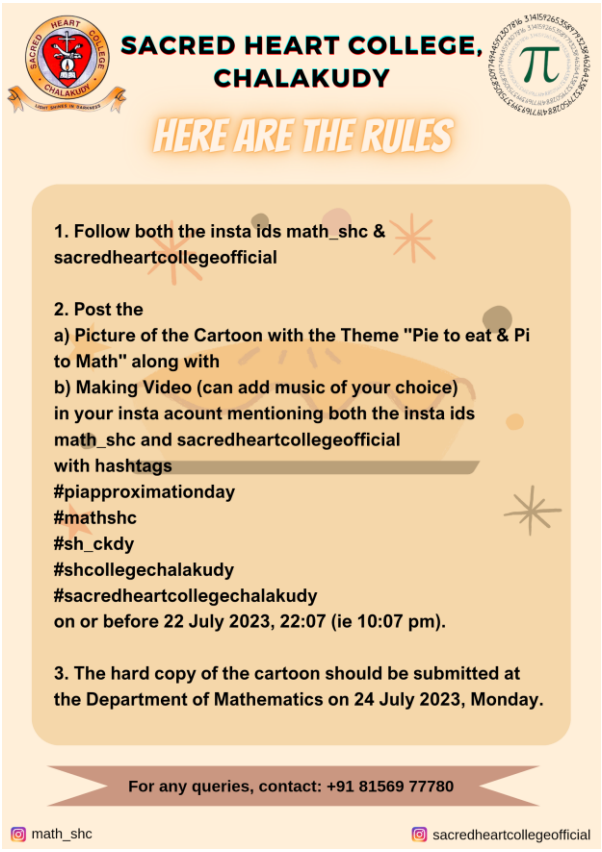
വൈകിട്ട് 6നാണു ഫൈനൽ. സെമിയിൽ ക്രൈസ്റ്റ് 65-55 സ്കോറിൽ കൊടകര സഹൃദയ കോളജിനെയും കേരളവർമ 87-64 സ്കോറിൽ മാർ ഇവാനിയോസ് കോളജിനെയും പരാജയപ്പെടുത്തി. ഫൈനലിനു മുൻപ് ചാലക്കുടി എസ്എച്ചും ഇരിങ്ങാലക്കുട സെന്റ് ജോസഫ്സും തമ്മിൽ വനിതാവിഭാഗം പ്രദർശന മത്സരം നടക്കും.

Pi Approximation Day Celebrations 2023

22/07/2023

As a part of Pi Approximation Day Celebrations, organised by the Department of Mathematics & the Math Club, an online cartoon competition was held for all the students of the college to frame interests towards Math. The students of different departments made interesting cartoons on the theme "Pie to Eat and Pi to Math", which were posted in the department and college instagram handles. Special prizes were given to the winners.





Brochure of the Programme



The cartoons created by the participants of the competition

Calicut University Intercollegiate Netball Championship

Date: 17/02/2024

Venue: Naipunya Institute of Management Studies, Koratty

The Calicut University Intercollegiate Netball Championship was held on 17th February 2024 at Naipunya Institute of Management Studies, Koratty. Our college netball team, comprising 11 talented students from various departments, represented us at the championship. The team members displayed commendable skill, coordination, and determination throughout the event.

List of students participated

SI NO	NAME	DEPARTMENT
	ALEENA JAISON	I BA ECONOMICS
	ANN MARIYA P J	I IMSC PSYCHOLOGY
	KESIYA POULOSE	I IMSC PSYCHOLOGY
	ANAGHA XAVIER	I BA ECONOMICS
	SONA M P	I BA HISTORY
	SISIRA P	I BA HISTORY
	N C ADITHYA	I BCOM FINANCE
	ABHIRAMI ASOKAN	I BA ECONOMICS
	SMRUTHI RAJESH	I BA ECONOMICS
	NITHYA DAS	I BCOM FINANCE
	AMRETHA T S	II BCOM COOPERATION

CALICUT UNIVERSITY INTERCOLLEGIATE KORFBALL CHAMPIONSHIP

DATE:15/02/2024

VENUE:Sahrdaya College of Advanced Studies, Kodakara

Ann Maria P J of I IMSC Psychology participated in the Calicut university intercollegiate korfball championship held at Sahrdaya college of advanced studies, kodakara.

WORLD MUSIC DAY

21-6-2023

Antakshari competition

In association with World Music Day, Women cell and Music club organised a Antakshari competition. The program was held in the open area in front of the college hostel. 6 teams from different streams participated with each team consisting of 5 members. The students enjoyed the drizzling rain and music around them. It helped them to relax and rejenuvate. The program helped to bring out the music among various students and the true spirit of music was celebrated.



Brochure of the event



Winners of the event



Students participating in Antakshari

THRISSUR DISTRICT KARATE CHAMPIONSHIP

DATE: 07/01/2024

VENUE: SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA

students from our college participated in the Thrissur district karate championship held at VKN Menon Indoor Stadium, Thrissur. Students achieved many laurels in various weight categories.

Name of the Student	Category	Position
Anu Dasan M D	Team Kumite	First
	Individual Kumite-55kg	Second
	Team Kata	First
Anjana A B	Team Kumite	First
	Team Kata	First
	Individual Kumite-45kg	Second
Krishna Nivedya	Team Kumite	First
	Individual Kumite-61kg	Third
Sangeetha A R	Individual Kumite-68kg	Second
Nafeela	Team Kumite	First
Arathi Jayan	Team Kata	First
Sreelakshmi mukundan	Team Kata	First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DECENNIAL YEAR 2
SAHRDAYA CENTRAL AUDIT
COLLEGE OF ADVANCED STUDIES KODAKARA
University of Calicut
Intercollegiate Karate Championship (Men & Women) 2023-2024
Organized by
Sahrdaya College of Advanced Studies
Kodakara-Thrissur
2024
JANUARY


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Lat 10.350179°
Long 76.288367°
07/01/24 01:17 PM GMT +05:30
Google

CALICUT UNIVERSITY INTERCOLLEGIATE BASKETBALL CHAMPIONSHIP

Date:25/11/2023

Venue: St Joseph's College, Irinjalakuda

The college basketball team made an impressive mark at the Calicut University Intercollegiate Basketball Championship, advancing through the initial rounds to reach the quarterfinals. Their journey in this prestigious tournament demonstrated skill, teamwork, and dedication, showcasing the team's growing strength and cohesion on the court.

A special highlight of the tournament was the exceptional performance of Aleena Jaison, whose skills and sportsmanship caught the attention of the selectors. Aleena was selected to the Calicut University team for the South West Zone Inter University Championship, a remarkable achievement and an honor for both her and the college.

List of participated students

SI NO	NAME	DEPARTMENT
	ALEENA JAISON	I BA ECONOMICS
	ANN MARIYA P J	I IMSC PSYCHOLOGY
	KESIYA POULOSE	I IMSC PSYCHOLOGY
	ANAGHA XAVIER	I BA ECONOMICS
	SONA M P	I BA HISTORY
	SISIRA P	I BA HISTORY
	SHAHSADI	I BA HISTORY
	ABHIGAIL	I BCOM FINANCE


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Thrissur, Kerala, India
86Q7+XWF, Kerala 680661, India
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CALICUT UNIVERSITY INTERCOLLEGIATE TRACK CYCLING CHAMPIONSHIP

Date:20/12/2023 - 21/12/2023

Venue: College Ground

Our college had the privilege of hosting the Calicut University Intercollegiate Track Cycling Championship, a highly anticipated event that took place at our college ground. This prestigious championship brought together talented cyclists from various colleges affiliated with Calicut University, creating an atmosphere of excitement and competitive spirit.

The event was organized meticulously, ensuring that participants had access to a well-prepared track and excellent facilities. The college ground was transformed to accommodate the championship requirements, with safety measures, spectator areas, and support services in place to provide an optimal experience for both athletes and attendees.

Our college team performed admirably, competing with skill, determination, and sportsmanship throughout the championship. Their hard work and dedication paid off as they secured the **second position overall** in the event, a significant achievement considering the high level of competition. Our cyclists achieved several personal and team accomplishments, earning medals and recognition across various categories, and bringing home multiple laurels that underscored their talent and effort.

List of students achievements:

SI NO	NAME	DEPARTMENT
	ANAGHA K S	III BA HISTORY
	AVANI	II BCOM FINANCE
	DEVIKRISHNA M S	II BCOM COOPERATION
	MARIA THOMAS	II BCOM FINANCE
	KESIYA POULOSE	I IMSC PSYCHOLOGY
	SMRUTHI RAJESH	I BA ECONOMICS
	ANAGHA	I BA ECONOMICS
	ALEENA K J	II BA HISTORY
	SANDRA	I BA ECONOMICS

Students Achievements

Name of the student	Event	Position
Anagha K S	Sprint	Second
	Team Pursuit	Second
	Team Sprint	Second
Avani	Time Trial	Third
	Team Pursuit	Second
	Team Sprint	Second
Devi Krishna M S	Team Sprint	Second
	Sprint	Third
	Time Trial	Second
Kesiya Poulose	3km Individual Pursuit	Second
	Keirin Race	Third
	Team Pursuit	Second
Maria Thomas	Team Pursuit	Second
Smruthi Rajesh	Point Race	Third

Calicut University Intercollegiate Drop Roball Championship

Date:06/02/2024-07/02/2024

Venue: MES COLLEGE, MAMPAD

Students from our college showcased their talent and determination at the Calicut University Intercollegiate Drop Roball Championship, organized by MES College, Mampad. The team competed fiercely in the "Super Event," where they demonstrated skill, teamwork, and resilience against strong opponents from various colleges across the university.

Their hard work and strategic play earned them an impressive third-place finish in the event, marking a significant achievement for the college and bringing pride to the institution. This accomplishment reflects not only the dedication of the players but also the support and encouragement from coaches and supporters.

LIST OF PARTICIPATED STUDENTS

SI NO	NAME	DEPARTMENT
	KESIYA POULOSE	I IMSC PSYCHOLOGY
	SONA M P	I BA HISTORY
	ANAGHA XAVIER ANIL	I BA ECONOMICS
	ABHIRAMI ASOKAN	I BA ECONOMICS
	N C ADITHYA	I BCOM FINANCE
	NITHYA DAS	I BCOM FINANCE
	SMRUTHI RAJESH	I BA ECONOMICS
	SISIRA P	I BA HISTORY
	SABITHA	I BCOM FINANCE
	DIYA NEELIM	II IMSC PSYCHOLOGY
	AMRETHA T S	II BCOM COOPERATION

Students achievement

SI NO	NAME	EVENT	POSITION
	KESIYA POULOSE	SUPER EVENT	THIRD
	SONA M P	SUPER EVENT	THIRD
	ANAGHA XAVIER ANIL	SUPER EVENT	THIRD

	ABHIRAMI ASOKAN	SUPER EVENT	THIRD
	N C ADITHYA	SUPER EVENT	THIRD
	NITHYA DAS	SUPER EVENT	THIRD
	SABITHA	SUPER EVENT	THIRD
	DIYA NEELIM	SUPER EVENT	THIRD


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Long 76.195298°
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CALICUT UNIVERSITY INTERCOLLEGIATE ATHLETICS CHAMPIONSHIP

Date: 06/12/2023-08/12/2023

Venue: University Synthetic Track

Kesiya Poulose, a first-year M.Sc. Psychology student, and Anagha Xavier Anil, a first-year B.A. Economics student, proudly represented our college at the prestigious Calicut University Intercollegiate Athletics Championship. This annual event, renowned for showcasing top athletic talent across the university's affiliated colleges, brought together students with outstanding skills in various athletic disciplines.

Both Kesiya and Anagha demonstrated remarkable dedication and competitiveness as they participated in their respective events, competing alongside some of the most talented athletes in the university.

CALICUT UNIVERSITY INTER COLLEGIATE AQUATIC CHAMPIONSHIP

Date: 19/10/2023-20/10/2023

Venue: Aquatic Complex, Thrissur

Anjitha Shaju, a dedicated student of II BCom Finance, made our institution proud by showcasing her talent in the Calicut University Intercollegiate Aquatic Championship. The event was held at the Aquatic Complex in Thrissur, a prestigious venue for regional aquatic competitions. Anjitha competed against some of the best swimmers from various colleges affiliated with Calicut University, demonstrating her remarkable swimming skills, perseverance, and competitive spirit.

Anjitha excelled in the backstroke events, a category known for its technical difficulty and demand for consistent strength and control. She competed in three events:

- **50m Backstroke**
- **100m Backstroke**
- **200m Backstroke**

Despite the high level of competition, Anjitha secured a **bronze medal** in all three events.

44th THRISSUR DISTRICT KARATE CHAMPIONSHIP

DATE: 18/11/2023 & 19/11/2023

VENUE: VKN MENON INDOOR STADIUM, THRISSUR

The 44th Thrissur District Karate Championship was held on 18th and 19th November 2023 at the VKN Menon Indoor Stadium, Thrissur.Our college karate team took part in this championship, exhibiting remarkable talent and determination. The students delivered outstanding performances across several weight divisions, securing multiple laurels for our institution. Their achievements are a testament to the rigorous training and preparation they undertook for this event.

We are incredibly proud of our karate team for their hard work and exceptional performance. Their success has brought great honor to our college, and we look forward to supporting them in future competitions. We extend our heartfelt congratulations to the winners and gratitude to the event organizers for facilitating such a vibrant platform for young athletes to show their skills.

List of students participated:

SI NO	NAME	DEPARTMENT
1	SANGEETHA A R	III BA ECONOMICS
2	NAFEELA	I BA ECONOMICS
3	SREELAKSHMI MUKUNDAN	III BCOM FINANCE
4	ARATHI JAYAN	III BCOM CA
5	KRISHNA NIVEDYA	II MCOM FINANCE
6	ANU DASAN M D	I MSC PHYSICS
	ANJANA A B	I MSC PHYSICS
	ANJANA	I IMSC PSYCHOLOGY

Student's achievements:

SI NO	NAME	POSITION	CATEGORY
1	SANGEETHA A R	FIRST FIRST	-68KG UNDER 21YRS -68KG ABOVE 18YRS

2	NAFEELA	FIRST FIRST	+68KG UNDER 21YRS +68KG ABOVE 18YRS
3	SREELAKSHMI MUKUNDAN	FIRST SECOND SECOND	TEAM KATA -50KG UNDER 21 -50KG SENIOR
4	ARATHI JAYAN	FIRST THIRD THIRD	TEAM KATA -45KG UNDER 21 -45KG SENIOR
5	KRISHNA NIVEDYA	FIRST SECOND	-61KG UNDER 21 -61KG SENIOR
6	ANU DASAN M D	FIRST FIRST	TEAM KATA -55KG SENIOR
7	ANJANA A B	FIRST SECOND SECOND THIRD	TEAM KATA -45KG UNDER 21 45KG SENIOR INDIVIDUAL KATA
8	ANJANA	SECOND SECOND	+68KG SENIOR +68KG UNDER 21

THRISSUR DISTRICT KARATE DO ASSOCIATION

Reg. No. 528/96

No. TDKA/308/23

Affiliated to: Kerala Karate Association (KKA)

Affiliated to: Kerala State Sports Council & Kerala Olympic Association

Krishna Building, Elinjipra, Thrissur - 680 721

44th THRISSUR DISTRICT SENIOR, U-21, CADET, JUNIOR, SUB JUNIOR KARATE CHAMPIONSHIP
V.K.N. MENON INDOOR STADIUM, THRISSUR ON 18th, 19th NOVEMBER 2023



KERALA KARATE ASSOCIATION

CERTIFICATE OF MERIT

This is to Certify that ~~Mr./~~Ms. SANGEETHA. A. R

participated in 44th Thrissur District Senior, U-21, Cadet, Junior, Sub Junior Karate Championship held at V.K.N. Menon Indoor Stadium, Thrissur on 18th, 19th November 2023 and was placed FIRST / SECOND / THIRD in Individual / Team / Kata / Kumite for Girls / Boys in -68 *Kg Category.*

SENSEI. K.A. UNNIKRISHNAN
President

Observer
Thrissur District Sports Council

SENSEI. ARYA SURENDRAN
Gen. Secretary

THRISSUR DISTRICT KARATE DO ASSOCIATION

Reg. No. 528/96

No. TDKA/333/23

Affiliated to: Kerala Karate Association (KKA)

Affiliated to: Kerala State Sports Council & Kerala Olympic Association

Krishna Building, Elinjipra, Thrissur - 680 721

44th THRISSUR DISTRICT SENIOR, U-21, CADET, JUNIOR, SUB JUNIOR KARATE CHAMPIONSHIP
V.K.N. MENON INDOOR STADIUM, THRISSUR ON 18th, 19th NOVEMBER 2023



CERTIFICATE OF MERIT

This is to Certify that Mr./Ms. ANJANA. P.A

participated in 44th Thrissur District Senior, U-21, Cadet, Junior, Sub Junior Karate Championship held at V.K.N. Menon Indoor Stadium, Thrissur on 18th, 19th November 2023 and was placed FIRST / SECOND / THIRD in Individual / Team / Kata / Kumite for Girls / Boys in +68 *Kg Category.*

SENSEI. K.A. UNNIKRISHNAN
President

Observer
Thrissur District Sports Council

SENSEI. ARYA SURENDRAN
Gen. Secretary

THRISSUR DISTRICT KARATE DO ASSOCIATION

Reg. No. 528/96

No. TDKA/322/23

Affiliated to: Kerala Karate Association (KKA)

Affiliated to: Kerala State Sports Council & Kerala Olympic Association

Krishna Building, Elinjipra, Thrissur - 680 721

44th THRISSUR DISTRICT SENIOR, U-21, CADET, JUNIOR, SUB JUNIOR KARATE CHAMPIONSHIP
V.K.N. MENON INDOOR STADIUM, THRISSUR ON 18th, 19th NOVEMBER 2023

CERTIFICATE OF MERIT

This is to Certify that Mr./Ms. SREELAKSHMI MUKUNDAN

participated in 44th Thrissur District Senior, U-21, Cadet, Junior, Sub Junior Karate Championship held at V.K.N. Menon Indoor Stadium, Thrissur on 18th, 19th November 2023 and was placed FIRST / SECOND / THIRD in Individual / Team / Kata / Kumite for Girls / Boys in -50 *Kg Category.*

SENSEI. K.A. UNNIKRISHNAN
President

Observer
Thrissur District Sports Council

SENSEI. ARYA SURENDRAN
Gen. Secretary

THRISSUR DISTRICT KARATE DO ASSOCIATION

Reg. No. 528/96

No:TDKA/324/23

Affiliated to: Kerala Karate Association (KKA)

Affiliated to: Kerala State Sports Council & Kerala Olympic Association

Krishna Building, Elinjipra, Thrissur - 680 721

44th THRISSUR DISTRICT SENIOR, U-21, CADET, JUNIOR, SUB JUNIOR KARATE CHAMPIONSHIP
V.K.N. MENON INDOOR STADIUM, THRISSUR ON 18th, 19th NOVEMBER 2023

KERALA KARATE ASSOCIATION

CERTIFICATE OF MERIT

This is to Certify that Mr./Ms. DARATHI JAYAN

participated in 44th Thrissur District Senior, U-21, Cadet, Junior, Sub Junior Karate Championship held at V.K.N. Menon Indoor Stadium, Thrissur on 18th, 19th November 2023 and was placed FIRST / SECOND / THIRD in Individual/Team / Kata / Kumite for Girls / Boys in -45 *Kg Category.*

SENSEI. K.A. UNNIKRISHNAN
President

SENSEI. ARYA SURENDRAN
Gen. Secretary

Observer

35TH THRISSUR DISTRICT YOGASANA CHAMPIONSHIP

DATE:19/11/2023

VENUE: VIVEKODAYAM BOYS HIGHER SECONDARY SCHOOL, THRISSUR

The 35th Thrissur District Yogasana Championship was held on 19th November 2023 at Vivekodhayam Boys Higher Secondary School, Thrissur. This prestigious event witnessed participation from various institutions across the district, showcasing the immense talent and enthusiasm for the discipline of yoga.Our college yoga team participated enthusiastically, and the students performed exceptionally well, demonstrating their skills and dedication. In the women's category, our students secured impressive positions, highlighting their hard work and consistent practice.This remarkable achievement reflects the strong foundation of yoga practice in our college and the commitment of the students and their coach. The participants exhibited various advanced asanas with grace and precision, impressing the judges and audience alike. We look forward to more such participation and achievements in the future.

List of participated students:

SI NO	NAME	DEPARTMENT
1	SIYANA NISHAF	II BCOM FINANCE
2	AMRETHA T S	II BCOM CO OPERATION
3	N C ADITHYA	I BCOM FINANCE
4	ROSEMARY	II BCOM CO OPERATION

Students Achievements

SI NO	NAME	Position
1	SIYANA NISHAF	second
2	AMRETHA T S	Fifth
3	N C ADITHYA	Third
4	ROSEMARY	Fourth


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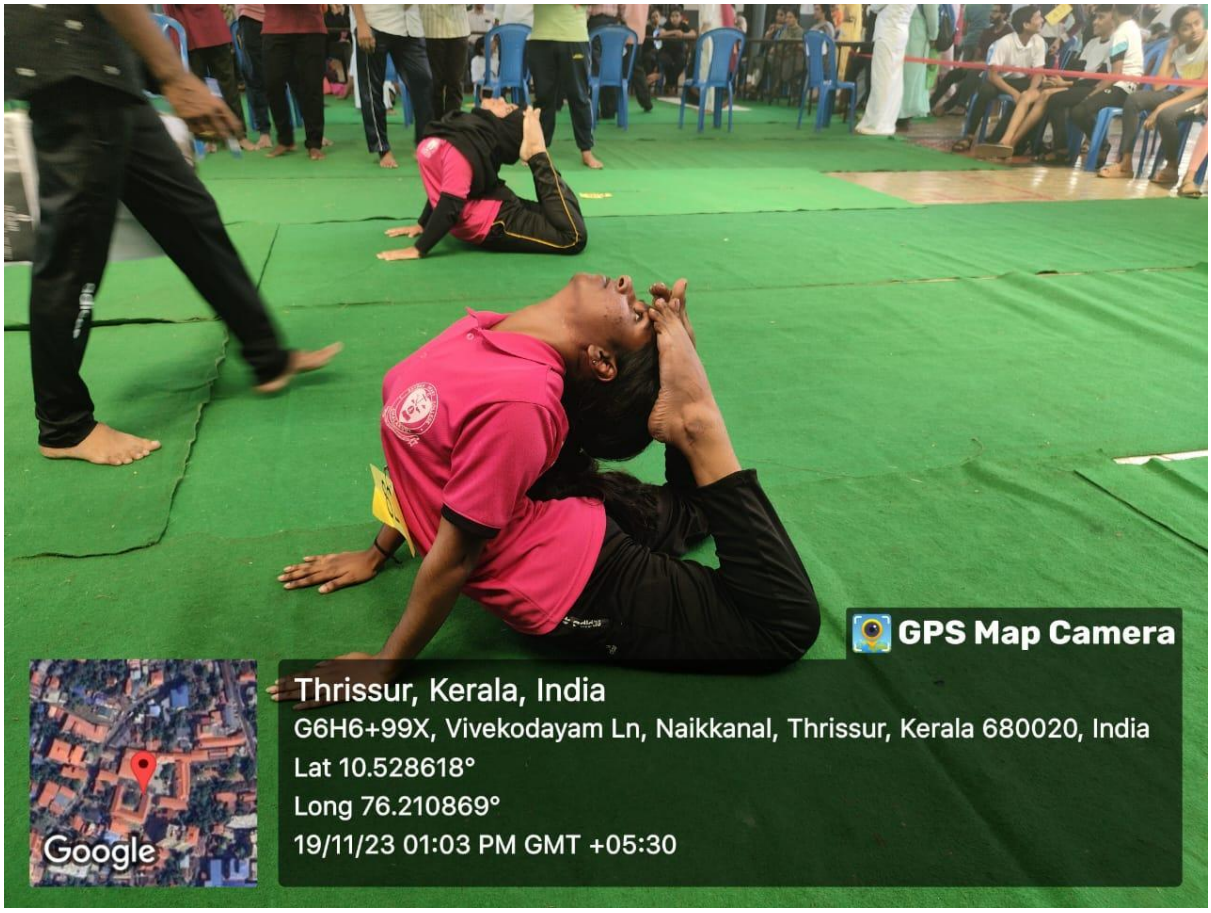
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Long 76.210869°
19/11/23 01:03 PM GMT +05:30
Google


SECOND PRIZE
THIRD PRIZE
FOURTH PRIZE
FIFTH PRIZE

CELESTIA 2023

CARTOON MAKING COMPETITION

As part of the World Space Week celebrations, a cartoon-making competition was held with the theme "India in Space" on 10th october 2023. The event, designed to engage students and budding artists, aimed to showcase India's remarkable achievements in space exploration through creative and artistic expressions. Participants from various departments enthusiastically took part, submitting vibrant and imaginative cartoons that depicted India's journey in space, from the historic Mars Orbiter Mission to the ambitious Chandrayaan and Gaganyaan missions. The winning entries portrayed India's space endeavors with a unique blend of humor and information, effectively capturing the spirit of innovation and determination that drives the country's space program.10 students participated in the competition. Ms. Soorya V R ,II M.sc Zoology bagged the first position. Ms. Vineesha Babu got second prize.

The event not only highlighted the artistic talents of the participants but also raised awareness about India's contributions to space exploration. It served as an educational platform, inspiring young minds to learn more about space science and consider careers in this exciting field.

BROCHURE:





List of Participants

Cartoon Making Competition
CELESTIA 2023 , Day 4

Date : 11/10/23
Venue : Amenity Center

19

No.	Name	Class	Phone No.	Signature
1	Vineesha Babu	2nd MSc Phy	9744703581	
2.	Anupsiga K M	"	9946362492	
3.	Gayathri Nair	1st MSc CS	8921492387	
4	Anuja P A	II MSc. CS	9496051643	
5	Shamna H	1st BSc Phy	9947494402	
6	Amrutha k k	1st BSc phy	80784.38520	
7	Hridaya Subash	IIIrd B Sc chemis	8921981877	
8	Emil maria	"	8547779880	
9.	Liya Pereira	IInd MSc Zoology	8129857116	
10.	Soorya V R	IInd MSc Zoology	9605251134	

Kerala Piravi

On 1st November 2023, Sacred Heart College Chalakudy celebrated Kerala Piravi to mark the 67th anniversary of Kerala Formation Day, showcasing the rich cultural and linguistic heritage of the state. The event, organized by the Malayalam Department, began with an inauguration by Mr. Suresh Nair, a Malayalam professor at Mala Jesus Training College, who emphasized the significance of Kerala's formation and its diverse cultural landscape. A highlight of the celebration was a soulful Sopana music performance by Vaidehi Suresh, a renowned Edakka vocalist. She not only performed but also shared insights into the history and cultural importance of Sopana music, which deepened students' understanding of Kerala's spiritual and musical traditions.



The festivities included a range of activities that celebrated Kerala's language, art, and literature. A Malayalimanga beauty contest was held, focusing on Kerala's cultural values, scientific contributions, and scenic beauty. Additionally, a Literary Criticism Competition encouraged students to analyze Malayalam literary works, fostering a deeper appreciation for the state's literary tradition. The event also featured various cultural performances that highlighted Kerala's diverse artistic traditions, blending entertainment with education. Overall, the Kerala Piravi celebrations at Sacred Heart College were a great success, offering students a meaningful opportunity to connect with Kerala's cultural identity while promoting pride in the state's heritage, language, and arts. The event effectively combined traditional and contemporary elements, helping students understand Kerala's unique role in India's cultural, literary, and scientific spheres.







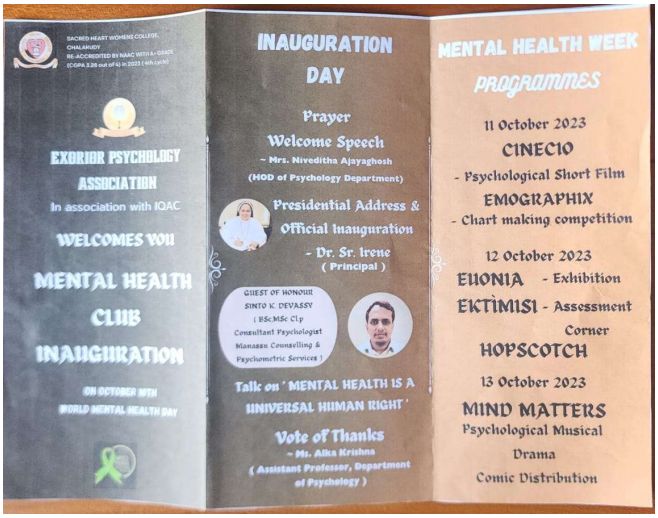


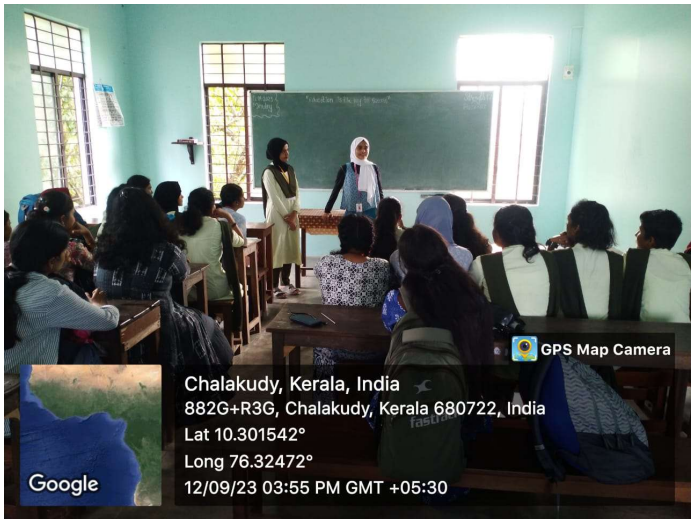


Mental Health Day

On 10th October 2023, Sacred Heart College, Chalakudy, observed World Mental Health Day under the theme "Mental Health is a Universal Human Right." Organized by the Department of Psychology in collaboration with IQAC and the Exorior Psychology Association, the event spanned a week and included a series of engaging activities aimed at raising awareness about the importance of mental health. The celebrations began with the inauguration of the Mental Health Club, launched by Rev. Dr. Sr. Irene, the Principal of Sacred Heart College. The club's establishment symbolized the college's commitment to fostering mental well-being and providing a platform for mental health advocacy. The inaugural session featured a keynote address by Mr. Sinto. K. Devassy, a Consultant Psychologist, who discussed the connection between mental health and human rights, emphasizing the growing need for psychological support in today's world.

The following days were filled with activities designed to promote mental health awareness and engage the college community. On 11th October, the short film *CINECIO* was screened, followed by a discussion on the theme of self-love and mental wellness. On 12th October, events like *EMOGRAPHIX* (a chart-making competition), *EKTIMISI* (a mental health assessment corner), and *EUONIA* (a mental health exhibition) were held, providing students with creative ways to learn about mental health issues and resources. The week concluded on 13th October with *HOPSCOTCH*, an interactive event that involved students, faculty, and staff in promoting mental well-being through a fun, social activity. The observance successfully combined education, awareness, and engagement, helping reduce stigma, encourage open conversations, and create a supportive environment for all, while reinforcing the importance of mental health as an essential human right.







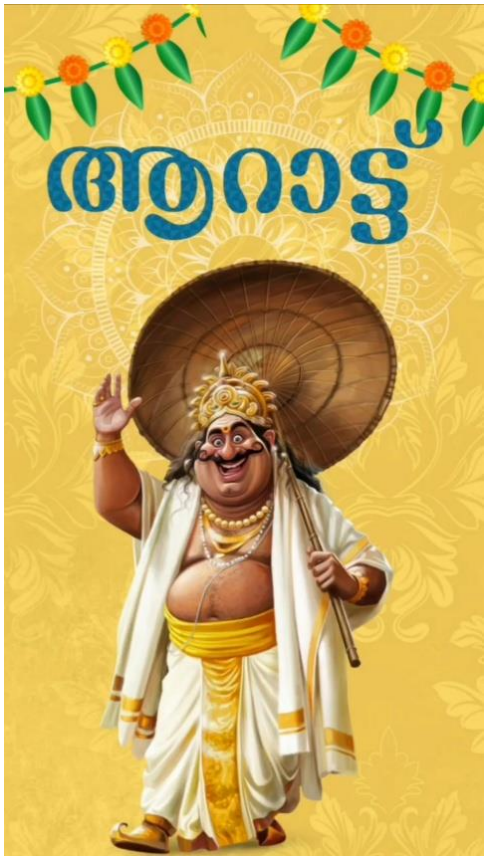


Report on Aaraat 2023: Onam Celebrations at Sacred Heart College, Chalakudy

The vibrant Onam celebrations, Aaraat 2023, took place on 24th August 2023, bringing the Sacred Heart College community together for a day of cultural exuberance and traditional festivities. The highlight of the event was the department-wise Pookkalam competition, where students created intricate floral carpets reflecting the rich heritage of Kerala. Competitions such as Thiruvathira, Uriyadi, Vadamvali, and Kaserakali kept the campus alive with energy and enthusiasm. Faculty members showcased their talent and grace in a special Thiruvathira performance, while melodious Onappattu renditions added a festive rhythm to the atmosphere.

The day's events culminated in an official function graced by Maveli, symbolizing the spirit of equality and prosperity. A creative Maveli and Gaddees competition highlighted the students' innovative interpretations of Onam's mythology. The much-anticipated department Sadhya—a traditional Onam feast—was a gastronomic delight, complemented by a range of team-based competitions. The celebrations concluded on a high note with the electrifying beats of Shingarimelam, leaving everyone in awe of the cultural vibrancy displayed throughout Araat 2023.








AARAATI


VADAMVALI

Pi Day Celebrations 2024

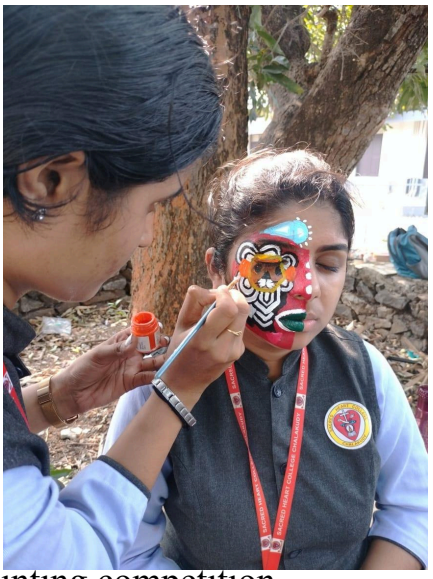
14/03/2024

As a part of Pi Day Celebrations, organised by the Department of Mathematics & the Math Club, Pi Games, Treasure Hunt and Geometric Face Art were conducted at the college to frame interests towards Math on 14/03/2024. The students of different departments participated in all the three programmes with great enthusiasm. Treasure Hunt was conducted in two phases - five teams were selected for the second phase from the introductory funny Math Tests. The participants solved various Mathematical problems in relation to the campus and completed the hunt. The creativity of various students were highlighted through the face painting competition. The students enjoyed the celebrations and were able to recognize the beauty of Mathematics.



Brochure of the program





Students participating in face painting competition





Winners of treasure hunt





Winners of face painting competition.

Power Quiz 2023 - Preliminary

Energy Club & Dept. Physics in association with KSEB officers association conducted an interdepartmental Power Quiz competition: Preliminary Round on 21/11/2023. Ms. Fency K F (Asst professor Physics Department) welcomed the gathering. Mr. Thilakan (Asst . Engineer , KSEB) & Ms. Geetha (office superintendent) conducted the Quiz. Students from Physics, Chemistry & Zoology department participated. Ms. Gowri S (I Bsc Physics) bagged First position & Ms. Adhinandha M. Nair (II Bsc Physics) got second position. Principal Dr. Sr. Irene distributed the prizes for the winners.



POWER QUIZ 2023

Department Of Physics & Energy Club

in association with

KSEB Officers Association

Sacred Heart College Chalakudy

21/11/2023

Venue : Auditorium **Time: 1.00 PM**

LIST OF PARTICIPANTS

Sl.No.	Name	class	Signature
01	Fathima Hana MP	I DC CHEMISTRY	
02	Aragha.V.R	I Dc Physics	
03	Ananya.M	1st Dc Chemistry	
04	Vaishnika V menon	2nd D. Physics	
05	Saniya Salim	1st DC Physics	
06	A.S. Devika	1st DC Physics	
07	Jayana. V. Dev	1st Dc Zoology	
08	Krishnapriya K.K	" "	
09	Jasla Fathima .I	1st Dc Zoology	
10	Anjalakshmi.C.S	II Dc Physics	
11	Sivadha. K	II DC physics	
12	Aromanya Binoj	II DC Physics	
13	Krishnapriya E.R	"	
14	Devika Sivadasan	"	
15	ANNA JOSLIN	"	
16	Anjali.K	"	
17	Shamna.U	1st DC Physics	
18	Farsana.K.S	IInd DC physics	
19	Jeni Johnson	"	
20	Savina.K.I	"	
21	Adhinanda.M.Nair	"	
22	Gowri.S	I st DC physics	

POWER QUIZ 2023

Department Of Physics & Energy Club

in association with

KSEB Officers Association

Sacred Heart College Chalakudy

21/11/2023

Venue : Auditorium **Time: 1.00 PM**

LIST OF PARTICIPANTS

Sl.No.	Name	class	Signature
1.	Soumya. Charly	2nd Msc physics	
2.	Gowry. s	2nd "	
3.	Anupama k.m	"	
4	Aradha suresh. m	"	
5.	Grace George	1st BSc Chemistry	
6.	Anita Jose	"	
7.	Athira Sudheer	1st Bsc chemistry	
8.	Nivedya Sivanadan	1st BSc Physics	
9	Amrutha. s. k	"	
10	Sini Sam	IDC chemistry	
11	Angel Tomy	"	
12	Judevina Martin	"	
13	Rosweena Wilson	"	
14	Anju T.S	"	
15	Keerthana C.L	"	
16	dr. Lilly Thomas	2nd Msc physics	
17	Mawa Jose	"	
18	Hiba Sherin	"	
19	Vineesha Babu	"	
20	Sys Devassy	1st Msc physics	
21	sneha.	2nd Msc physics	
22	Nesmin	1st Yr Phy	
23	Justly mariya Joseph	"	
24	Veena Jaison	"	

CELESTIA 2023

World Space week

Presentation Challenge

World Space Week, held every year from October 4-10, celebrates humanity's achievements in space exploration. This global event highlights the impact of space technology on daily life and inspires future innovations. Activities include educational programs, public events, and community gatherings, promoting awareness and appreciation of space science and its contributions. The department of physics conducted CELESTIA 2023 to celebrate the event. The celebration commenced with a Presentation challenge.4 Students from the physics department gave powerpoint presentations on various relevant topics in physics. The program was conducted at III DC Physics classroom on 6th October 2023 and 9th October 2023 . 28 and 40 students were present for the program. This program aimed at enhancing the soft skills of students and also updating them about the relevant topics in physics.

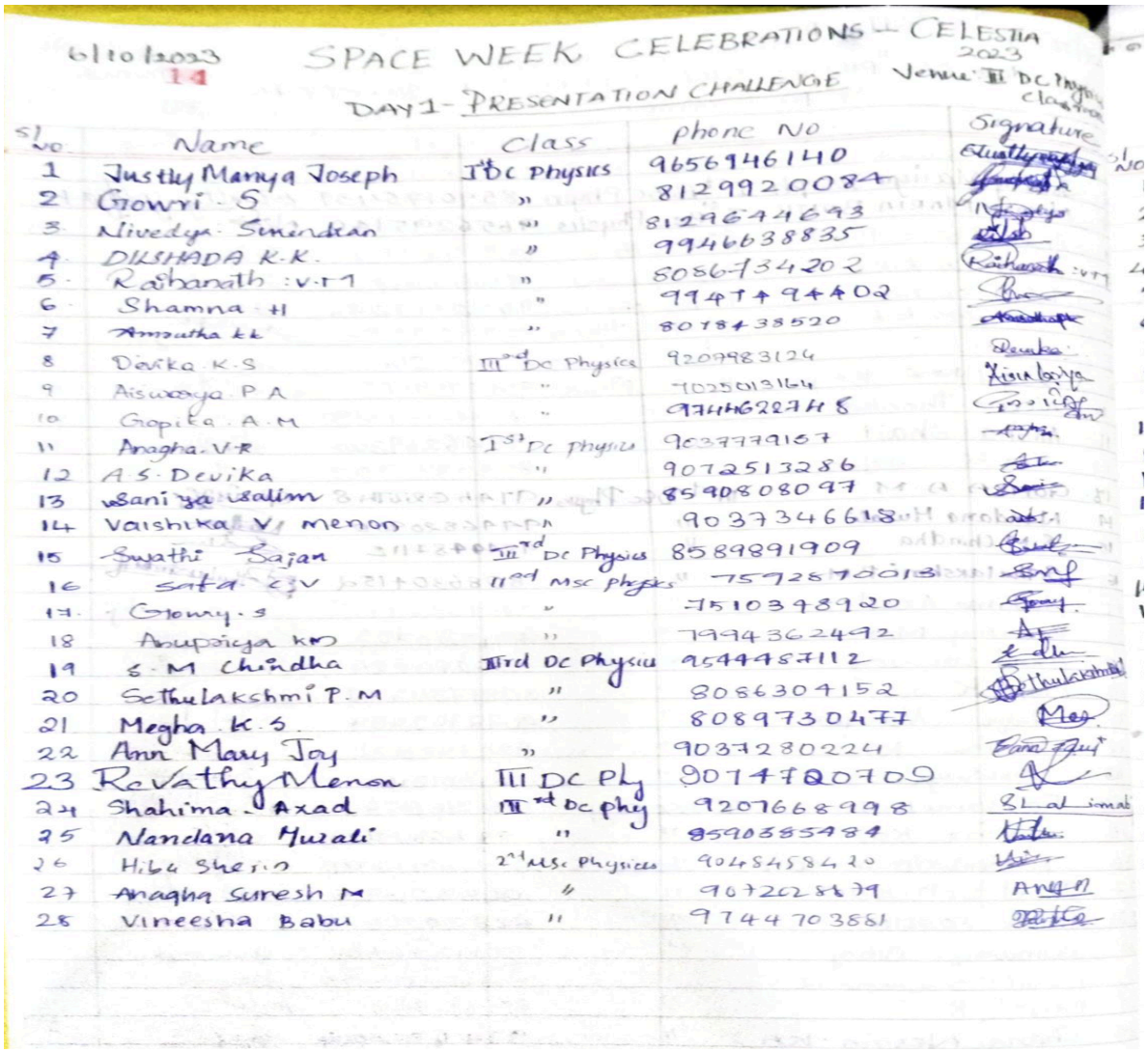
BROCHURE







List of Participants



6/10/2023 SPACE WEEK CELEBRATIONS – CELESTIA 2023

DAY 1 – PRESENTATION CHALLENGE Venue: III DC Physics classroom

Sl No	Name	Class	phone NO	Signature
1	Justly Manya Joseph	I DC Physics	9656946140	
2	Gowri S	"	8129920084	
3	Nivedya Sivadasan	"	8129644693	
4	DILSHADA K.K.	"	9946638835	
5	Raihanath V.T	"	8086734202	Raihanath V.T
6	Shamna H	"	9947494402	
7	Amrutha KK	"	8078438520	
8	Devika K.S	III rd DC Physics	9209983124	
9	Aiswarya P A	"	7025013164	
10	Gopika A.M	"	9744622748	
11	Anagha V.R	I st DC Physics	9037779167	
12	A.S. Devika	"	9072513286	
13	Saniya Salim	"	8590808097	
14	Vaishika V. Menon	"	9037346618	
15	Swathi Sajan	III rd DC Physics	8589891909	
16	Sita KV	II nd MSc Physics	7572870013	
17	Gowry S	"	7510398920	
18	Anupsiya KM	"	7994362492	
19	S.M Chindha	III rd DC Physics	9544457112	
20	Sethulakshmi P.M	"	8086304152	
21	Megha K.S.	"	8089730477	Mega
22	Ann Mary Joy	"	9037280224	
23	Revathy Menon	III DC Phy	9074780709	
24	Shahima Axad	III rd DC Phy	9207668998	
25	Nandana Murali	"	8590555484	
26	Hiba Sherin	2 nd MSc Physics	9048458420	
27	Anagha Suresh M	"	9072028879	
28	Vineesha Babu	"	9744703881	

9/10/2023 DAY 2 - PRESENTATION CHALLENGE

Sl NO.	Name	class	phone NO	Signature
1	Vineesha Babu	IInd Msc phy	9744703881	
2	NESRIN MARIA BAIJU	I st Bsc Phy	9656295140	
3.	Soumya Charly	IInd Msc phy	8129157337	
4.	Hiba Shirin	"	9048458420	
5.	Amrutha. k. k	I st bsc phy	8078438520	
6.	Niveda. Surendran	I st bsc phy	8129644693	
7.	DILSHADA K.K.	"	9946638835	
8.	GOWRI. S	"	8129920084	
9.	Justly Manya Joseph	"	9656946140	
10.	Rathanath :V.M	"	8086734202	
11.	Anagha. V.R	"	9037779157	
12.	Veena Jaison	"	8592952324	
13.	Saniya Salim	"	8590808097	
14.	A.S. Devika	"	9072513286	
15.	Vaishika V menon	"	903734 6618	
16	Rathy Menon	III DC Physics	9074720109	
17	Gopika. M	"	9744629748	
18	Shamna. H	I st DC Physics	9947494402	
19.	Sya Devassy T	I msc phy	9496821570	
20	Vafa Mariyam	IIIrd DC Physics	9072702404	
21	Aiswarya P.A	"	7025013164	
22.	Devika k.s	"	9207983124	
23	Farsana K S	IInd DC physics	9562168639	
24	Savina. K. I	"	9846637423	
25	Adhinanda M Nair	"	6282471791	
26	Jenil Johnson	"	9633215706	
27	Anjali. K	"	9846839618	
28	krishnapriya E.R	"	6238924350	
29	Shana Nesrin. K.A	"	8714875615	
30	Aryalakshmi. C.S	"	9895137926	
31	Sivadha. K	"	7559076564	
32	Gowri.s	IInd Msc physics	7510348920	
33	Safa	I nd Msc physics	7592870013	

	Name	class	phone No.	Signature
34	Dr. Litty Thomas	II nd MSc physics	7708679812	Litty
35.	Angel Rose Bajin	III DC physics	9562709500	
36	Swathi Sajan	"	8589891909	
37.	Ann Mary Jay	"	9037280224	
38	Anupsiga k.m	II nd MSc Physics	7994362492	
39	Mavin Jose	II nd MSc physics	9188582645	Mavin
40	Anagha suresh	✓	9072028879	

Reels Making Competition

On 15th June 2023, the College Union and IQAC organized an exciting Reels Making Competition held online for both staff and students. The theme of the competition was "Campus in Monsoon," encouraging participants to capture the beauty and unique atmosphere of the campus during the rainy season. The competition was open in two categories: individual and group. Among the students, the first prize was awarded to II B.Com Finance, while the second prize went to II DC Chemistry and the third prize was secured by III DC Economics. In the staff category, the first prize was won by Ms. Mable Varghese from the Department of Zoology, while the second prize was claimed by the Angles of Sacred Heart (a non-teaching staff group). The event showcased creativity and team spirit, highlighting the beauty of the campus during the monsoon season while fostering engagement and participation from both students and staff.



Talents' Day



On 12th October 2023, Sacred Heart College Chalakudy hosted its annual Talents' Day in the college auditorium, organized by the Fine Arts Committee. The event provided first-year students with an opportunity to showcase their diverse talents before the entire college community, celebrating creativity and artistic expression. The day began with a prayer invoking blessings for a successful event, followed by the official inauguration by Dr. Sr. Irene, the Principal. In her motivating speech, she encouraged students to embrace their talents and pursue their passions with dedication. The event featured a variety of performances, including singing, instrumental music, dance, mime, painting, and ramp walks, offering a rich display of the students' skills and creativity. The competition was intense, with the Department of Commerce securing first place and the Department of English winning second, highlighting the impressive talent across different academic disciplines.The event culminated in a prize distribution ceremony, where Dr. Sr. Irene awarded cash prizes to the winning teams, applauding their hard work and creativity. She also congratulated all participants, encouraging them to continue developing their talents. Talent Day proved to be a tremendous success, fostering community interaction and giving students a valuable opportunity to engage with their seniors and teachers. It introduced first-year students to the vibrant cultural life of the college, strengthening the college's spirit of unity and artistic excellence. Overall, the event emphasized the importance of extracurricular activities in the holistic development of students and celebrated the rich diversity of talents within the college community.






TALENTS
DAY





CFI
CYCLING FEDERATION OF INDIA

ASIAN MOUNTAIN BIKE CHAMPIONSHIPS
26th - 29th October 2023
Ponmudi - Thiruvananthapuram, Kerala

28TH SENIOR & 14TH JUNIOR

ASIAN MOUNTAIN BIKE CHAMPIONSHIPS-2023

AMCYC/2023/58

CERTIFICATE OF APPRECIATION

This certificate is presented to....CAROLINE K B..... for the elite and generous contribution with the 28th Senior & 14th Junior Asian Mountain Bike Championships 2023 held at Ponmudi Hills, Thiruvananthapuram, Kerala from 26th to 29th October 2023 as ...Liaison Officer.....We would like to thank you for your creditable service.

SUDEESH KUMAR S.S.
Organizing Secretary

RAJEEV KUMAR CHOUDHARY I A S
Director, Sports & Youth Affairs
Government of Kerala

KERALA
29.10.2023

UCI ACC CFI SAI kerala God's Own Country

RCSS
RAJAGIRI COLLEGE OF SOCIAL SCIENCES (AUTONOMOUS)

9th EDITION SPLENDORE 2023
Harmony Beyond Horizons
24th NOVEMBER

RAJAGIRI COLLEGE OF SOCIAL SCIENCES (AUTONOMOUS)
KALAMASSERY

NATIONAL GRAD FEST

CERTIFICATE OF PARTICIPATION

This is to certify that **Caroline K B**

of **Sacred Heart College, Chalakudy** participated in

the event **Echoes of Unity (Music Band)** held on

24th November 2023, organized by

Rajagiri College of Social Sciences (Autonomous) Kalamassery, India.

FR. SAJU M.D CMI, PhD
PRINCIPAL

BINOY JOSEPH, PhD
ASSOCIATE DIRECTOR

FR. SHINTO JOSEPH CMI, PhD
ASSISTANT DIRECTOR

KERALA KARATE ASSOCIATION

KERALA KARATE ASSOCIATION

Recognised by :
Kerala State Sports Council & Kerala Olympic Association
Affiliated to Karate Association of India
Krishna Building, Elinjipra, Thrissur-680 721

No. 1714

44th KERALA STATE SUB JUNIOR, CADET, JUNIOR, UNDER 21 & SENIOR KARATE CHAMPIONSHIP
KOLENCHERY, KADAYIRIPPU GOVT. HIGHER SECONDARY SCHOOL AUDITORIUM ON 26, 27, 28 DECEMBER 2023

CERTIFICATE OF PARTICIPATION

This is to certify that

Master/Kumari /Mr/ Mrs/Miss. NAFEELA ..... *has participated in the 44th Kerala State Sub Junior, Cadet, Junior, Under 21 & Senior Karate Championship held at the Kolenchery, Kadayirippu Govt. Higher Secondary School Auditorium on 26, 27, 28 December 2023.*

Sensei. S.Reghukumar
Hon. President
Kerala Karate Association

Coach

Sensei. K.A. Unnikrishnan
Gen. Secretary
Kerala Karate Association

2024
inspire inclusivity

Certificate of Participation

This certificate is presented to Anjana Anilkumar
of Sacred Heart College, Chalakudy for
participating in the Women's Day 2024 inter-college competition held on 06 March 2024
at the Jain University Campus, Kakkanad



Santhosh George Jacob
Co-ordinating Editor
Manorama Online

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS WITH DATA SCIENCE AND DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. ALISHA SHAJI of SACRED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

SRI. C. ACHUTHA MENON GOVERNMENT COLLEGE
Date.....
THRISSUR-680 014

Dr. P S Manojkumar
Principal
SCAMGCT

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS
WITH DATA SCIENCE AND
DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. AKSHARA UNNIKRISHNAN of SACRED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

Dr. P S Manojkumar
Principal
SCAMGCT

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS
WITH DATA SCIENCE AND
DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. ATHULYA MANOJ of SACRED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

Dr. P S Manojkumar
Principal
SCAMGCT

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS
WITH DATA SCIENCE AND
DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. ATHITYA SASI of SACRED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

Dr. P S Manojkumar
Principal
SCAMGCT

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS
WITH DATA SCIENCE AND
DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. CHITHRA M of SACRED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

Dr. P S Manojkumar
Principal
SCAMGCT

SRI. C. ACHUTHA MENON
GOVERNMENT COLLEGE, THRISSUR

DEPARTMENT OF MATHEMATICS WITH DATA SCIENCE AND DEPARTMENT OF STATISTICS

MaXsta
MAX THE VIBE

Certificate
of Appreciation

This is to certify that Mr./Ms. LAKSHMIPRIYA SUNIL of SCARED HEART COLLEGE CHALAKUDY has secured 1st prize in GROUP DANCE conducted in connection with the Intercollegiate Fest - MAXSTA 2024 organized by the Department of Mathematics with Data Science and Department of Statistics, Sri. C. Achutha Menon Government College, Thrissur on 16th February, 2024.

Dr. Unnikrishnan Thekkeppat
Staff Coordinator (MAXSTA) & HOD,
Mathematics with Data Science

Smt. Flowery Francis
HOD, Department of Statistics

Dr. P S Manojkumar
Principal
SCAMGCT

SACRED HEART COLLEGE
CHALAKUDY

Certificate of Merit

Awarded to Ms. Irfana K.K

of Department of Mathematics on being adjudged as First / Second / Third in Short Story (Mal)

in the Sports / Arts Competitions

Chalakudy

Date 22-02-2024

Seal

Principal
SACRED HEART COLLEGE
CHALAKUDY

SACRED HEART COLLEGE
CHALAKUDY

Certificate of Merit

Awarded to Ms. Arathy

of Department of Commerce on being adjudged as First / Second/ Third in Thiruvathirakkali

in the Sports / Arts Competitions

Chalakudy

Date 22-02-2024

Seal

Principal

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY

SACRED HEART COLLEGE
CHALAKUDY

Certificate of Merit

Awarded to Ms. Arunima

of Department of Commerce on being adjudged as First / Second/ Third in Thiruvathirakali

in the Sports / Arts Competitions

Chalakudy

Date 22-02-2024

Seal

Principal

ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Akshara Unnikrishnan
from Sacred Hearts has won
2nd position in SALTATIO conducted by
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Surabhi

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

Joy e-bike

ICCS

COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Alisha Shaji

from Sacred Hearts *has won*

2nd *position in* SALTATIO *conducted by*

ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Surabhi

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

JOY e-bike



ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA `23

Certificate of Appreciation

This is to certify that Mr/Ms. Thulasi R S
from Sacred Hearts has won
2nd position in SALTATIO conducted by
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

Joy e-bike

ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Athulya Manoj
from Sacred Hearts has won
2nd position in SALTATIO conducted by
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

Joy e-bikes

ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Lakshmipriya
from Sacred Hearts *has won*
2nd *position in* SALTATIO *conducted by*
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Surabhi.

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

JOY e-BIKE

ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Adhitya Sasi
from Sacred Hearts *has won*
2nd *position in* SALTATIO *conducted by*
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Surabhi

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

JOY

ICCS
COLLEGE OF ENGINEERING & MANAGEMENT

ASTRA '23

Certificate of Appreciation

This is to certify that Mr/Ms. Chithra M
from Sacred Hearts *has won*
2nd *position in* SALTATIO *conducted by*
ICCS COLLEGE OF ENGINEERING and MANAGEMENT, Mupliyam, Thrissur
on December 7&8, 2023 as part of ASTRA'23 State Level Tech Fest

Surabhi.

Ms. SURABHI M S
Techfest Coordinator

Dr. NIRMAL K RAJA
Principal

VYOM INNOVATION

Joy e-bikes

CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala-680732

(Re-Accredited by NAAC with 'A Grade' (Fourth Cycle))

REGALO 2K24

National Level Cultural Fest

CERTIFICATE OF APPRECIATION

This is to certify that ..... Alisha Shaji .....

..... Sacred Heart college ? chalakudy .....

has participated / ~~won First / Second / Third Prize~~ in the Gala - Dance Competition / ~~Raabta - Designer Contest / Brooksy - Fashion Show Contest~~ held as part of the REGALO 2K24 National Level Cultural Fest organized by Carmel College (Autonomous), Mala on 8th and 9th February 2024.

Mr. Amal Byju & Ms. Jissa Francis
Programme Co-ordinators

Mr. Amal Lloyd Antony
Event Co-ordinator

Dr. Sr. Rini Raphael
Convenor

Dr. Sr. Kochuthressia K.P.
Principal

CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala-680732

(Re-Accredited by NAAC with 'A Grade' (Fourth Cycle))

REGALO 2K24

National Level Cultural Fest

CERTIFICATE OF APPRECIATION

This is to certify that Athulya Manoj

Sacred Heart College, Chalakudy

has participated / ~~won First / Second / Third Prize~~ in the Gala - Dance Competition / ~~Raabta - Designer Contest / Brooksy - Fashion Show Contest~~ held as part of the REGALO 2K24 National Level Cultural Fest organized by Carmel College (Autonomous), Mala on 8th and 9th February 2024.

Mr. Amal Byju & Ms. Jissa Francis
Programme Co-ordinators

Mr. Amal Lloyd Antony
Event Co-ordinator

Dr. Sr. Rini Raphael
Convenor

Dr. Sr. Kochuthressia K.P.
Principal

CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala-680732

(Re-Accredited by NAAC with 'A Grade' (Fourth Cycle))

REGALO 2K24

National Level Cultural Fest

CERTIFICATE OF APPRECIATION

This is to certify that Akshara V. Nihishnan

Sacred Heart College, Chalakudy

has participated / ~~won First / Second / Third Prize~~ in the Gala - Dance Competition / ~~Raabta - Designer Contest / Brooksy - Fashion Show Contest~~ held as part of the REGALO 2K24 National Level Cultural Fest organized by Carmel College (Autonomous), Mala on 8th and 9th February 2024.

Mr. Amal Byju & Ms. Jissa Francis
Programme Co-ordinators

Mr. Amal Lloyd Antony
Event Co-ordinator

Dr. Sr. Rini Raphael
Convenor

Dr. Sr. Kochuthressia K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS)

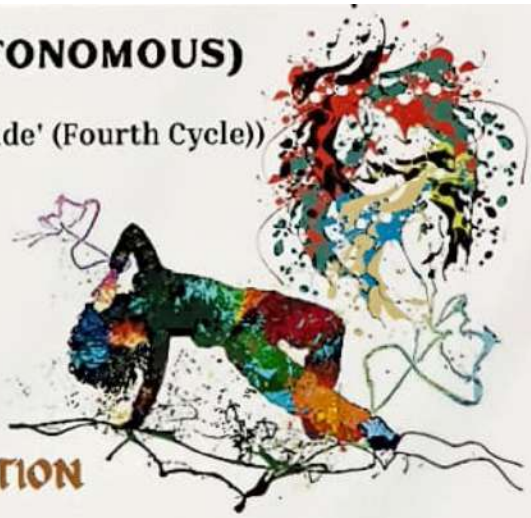
Mala, Thrissur, Kerala-680732

(Re-Accredited by NAAC with 'A Grade' (Fourth Cycle))

REGALO 2K24

National Level Cultural Fest





CERTIFICATE OF APPRECIATION

This is to certify that Adithya Sasi

Sacred Heart College, Chalakudy

has participated / ~~won First / Second / Third Prize~~ in the Gala - Dance Competition / ~~Raabta - Designer Contest / Brooksy - Fashion Show Contest~~ held as part of the REGALO 2K24 National Level Cultural Fest organized by Carmel College (Autonomous), Mala on 8th and 9th February 2024.

Mr. Amal Byju & Ms. Jissa Francis	Mr. Amal Lloyd Antony	Dr. Sr. Rini Raphael	Dr. Sr. Kochuthressia K.P.
Programme Co-ordinators	Event Co-ordinator	Convenor	Principal





CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

NAAC A++, SAAC A+

K. P. John's

ARTS KERALA - 2023

(An All Kerala Inter-Collegiate Arts Festival)

On
Saturday, 30th September 2023

Certificate of Recognition

This is to certify that

Ms/~~Mr~~ ALISHA SHAJI

has participated/~~won first~~/~~second~~/~~third prize~~ in the Group Dance competition

on 30th September 2023.

Rev. Fr. Joy Peenikaparambil CMI
Manager

Assoc. Prof. Sheeba Vargheese. U
Vice Principal & Convenor

Rev. Fr. Dr. Jolly Andrews CMI
Principal



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

NAAC A++, SAAC A+

K. P. John's

ARTS KERALA - 2023

(An All Kerala Inter-Collegiate Arts Festival)

On
Saturday, 30th September 2023

Certificate of Recognition

This is to certify that

Ms/~~Mr~~ AKSHARA UNNIKRISHNAN

has participated/~~won first~~/~~second~~/~~third prize~~ in the Group Dance competition

on 30th September 2023.

Rev. Fr. Joy Peenikaparambil CMI
Manager

Assoc. Prof. Sheeba Vargheese. U
Vice Principal & Convenor

Rev. Fr. Dr. Jolly Andrews CMI
Principal



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

NAAC A++, SAAC A+

K. P. John's
ARTS KERALA - 2023

(An All Kerala Inter-Collegiate Arts Festival)

On
Saturday, 30th September 2023

Certificate of Recognition

This is to certify that

Ms/~~Mr~~ ATHULYA MANOJ

has participated/~~won first~~/~~second~~/~~third prize~~ in the Group Dance competition

on 30th September 2023.

Rev. Fr. Joy Peenikaparambil CMI
Manager

Assoc. Prof. Sheeba Vargheese. U
Vice Principal & Convenor

Rev. Fr. Dr. Jolly Andrews CMI
Principal



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

NAAC A++, SAAC A+

K. P. Johns'

ARTS KERALA - 2023

(An All Kerala Inter-Collegiate Arts Festival)

On
Saturday, 30th September 2023

Certificate of Recognition

This is to certify that

Ms/Mr ADITHYA SASI

has participated/~~won first~~/~~second~~/~~third prize~~ in the Group Dance competition

on 30th September 2023.

Rev. Fr. Joy Peenikaparambil CMI
Manager

Assoc. Prof. Sheeba Vargheese. U
Vice Principal & Convenor

Rev. Fr. Dr. Jolly Andrews CMI
Principal

CALICUT UNIVERSITY UNION 2022-23

D-ZONE ARTS FEST 2023

2023 June 17-21, Sreekrishna College, Guruvayur

D-ZONE ARTS FEST

RIVERA

VOICE OF RESISTANCE

2023 JUNE 17 18 19 20 21

This is to certify that Athulya Manoj

representing Sacred Heart College For women chalakudy

has won the Third place in Folk dance - Group - Female

Asharaf Muhammed

CHAIRMAN/SECRETARY
CALICUT UNIVERSITY UNION

CHAIRMAN/CONVENOR
PROGRAMME COMMITTEE



CALICUT UNIVERSITY UNION 2022-23

D-ZONE ARTS FEST 2023

2023 June 17-21, Sreekrishna College, Guruvayur

CALICUT UNIVERSITY UNION 2022-23
D-ZONE ARTS FEST
RIVERA
VOICE OF RESISTANCE
2023 JUNE 17 18 19 20 21
SREEKRISHNA COLLEGE, GURUVAYOOR

This is to certify that Adithya Sali

representing Sacred Heart college for women chalakudy

has won the Third place in Folk dance group female

Asharaf Muhammed

CHAIRMAN/SECRETARY
CALICUT UNIVERSITY UNION

CHAIRMAN/CONVENOR
PROGRAMME COMMITTEE



CALICUT UNIVERSITY UNION 2022-23

D-ZONE ARTS FEST 2023

2023 June 17-21, Sreekrishna College, Guruvayur

D-ZONE ARTS FEST

RIVERA

VOICE OF RESISTANCE

2023 JUNE 17 18 19 20 21

SREEKRISHNA COLLEGE, GURUVAYOOR

This is to certify that ALISHA SHAJI

representing Sacred Heart College for women chalakudy

has won the Third place in Folk Dance - Group - Female

Asharaf Muhammed

CHAIRMAN/SECRETARY
CALICUT UNIVERSITY UNION

CHAIRMAN/CONVENOR
PROGRAMME COMMITTEE



CALICUT UNIVERSITY UNION 2022-23

D-ZONE ARTS FEST 2023

2023 June 17-21, Sreekrishna College, Guruvayur

D-ZONE ARTS FEST

RIVERA

VOICE OF RESISTANCE

This is to certify that Gauri Nandanan

representing Sacred Heart college for women chalakudy

has won the First A grade place in Lalitha sangeetham - Female

Ashwak Muhammed

CHAIRMAN/SECRETARY
CALICUT UNIVERSITY UNION

CHAIRMAN/CONVENOR
PROGRAMME COMMITTEE



AFSTI
Empowering the Food Professional

EL ALIMENTO

NIRMALA COLLEGE of ARTS & SCIENCE
MELOOR, CHALAKUDY

- CERTIFCATE OF PARTICIPATION -

Proudly Presented to

AASHIFA AS

For participating in the National Seminar as part of the commemoration of World Food Day 2023, organised by the Department of Food Technology, NIRMALA COLLEGE OF ARTS AND SCIENCE, Meloor, and the AFSTI Cochin chapter on October 27, 2023

PROF.DR. SHAJU OUSEPH
PRINCIPAL
NIRMALA COLLEGE OF ARTS AND SCIENCE

DD NAMBOODIRI
PRESIDENT
AFSTI, COCHIN CHAPTER

harmony FESTIVAL 2024

harmony FESTIVAL-2024

Marthoma Shrine, Azhikode, Kodungallur
Thrissur Dt., Kerala, India. Ph: 0487-2336667,
E-mail: harmonyfestival2016@gmail.com
www: harmonyfestival.in

12-14 JANUARY 2024

GLOBAL CULTURAL FESTIVAL

CERTIFICATE

THIS IS TO CERTIFY THAT

Alisha Shaji

PARTICIPATED IN CLASSICAL MUSIC/ CLASSICAL DANCE/ FOLK ART IN

HARMONY INTERNATIONAL FESTIVAL 2024

ORGANISED BY MARTHOMA RESEARCH ACADEMY,
AZHIKODE, KODUNGALLUR, THRISSUR, KERALA

FR. SUNNY PUNNELIPARAMBIL CMI
Chairman

DR. C.K. THOMAS
PROF. GEORGE S. PAUL
Festival Directors

FR. DR. PAUL POOVATHINGAL CMI
Chief Cordinator

www.harmonyfestival.in

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harmony FESTIVAL-2024

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Thrissur Dt., Kerala, India. Ph: 0487-2336667
E-mail: harmonyfestival2016@gmail.com
www: harmonyfestival.in

12-14 JANUARY 2024

GLOBAL CULTURAL FESTIVAL

CERTIFICATE

THIS IS TO CERTIFY THAT

Thulasi G. S.

PARTICIPATED IN CLASSICAL MUSIC/ CLASSICAL DANCE/ FOLK ART IN

HARMONY INTERNATIONAL FESTIVAL 2024

ORGANISED BY MARTHOMA RESEARCH ACADEMY,

AZHIKODE, KODUNGALLUR, THRISSUR, KERALA

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DR. C.K. THOMAS
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Festival Directors

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Chief Cordinator

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harmony FESTIVAL 2024

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Thrissur DL, Kerala, India. Ph: 0487-2336887
E-mail: harmonyfestival2016@gmail.com
www: harmonyfestival.in

12-14 JANUARY 2024

GLOBAL CULTURAL FESTIVAL

CERTIFICATE

THIS IS TO CERTIFY THAT

Athulya Manoj

PARTICIPATED IN CLASSICAL MUSIC/ CLASSICAL DANCE/ FOLK ART IN

HARMONY INTERNATIONAL FESTIVAL 2024

ORGANISED BY MARTHOMA RESEARCH ACADEMY,

AZHIKODE, KODUNGALLUR, THRISSUR, KERALA

FR. SUNNY PUNNELIPARAMBIL CMI
Chairman

DR. C.K. THOMAS
PROF. GEORGE S. PAUL
Festival Directors

FR. DR. PAUL POOVATHINGAL CMI
Chief Cordinator

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HOLY GRACE GROUP OF INSTITUTIONS

MALA, THRISSUR

(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr.~~/Ms. Akshara Unnikrishnan

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Mala
08-12-2023

Chairman

Holy Grace Academy of Management studies, Engineering, Pharmacy, Arts and Science , Poly Technic College.

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HOLY GRACE GROUP OF INSTITUTIONS

MALA, THRISSUR

(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr.~~/Ms. Alisha Shaji

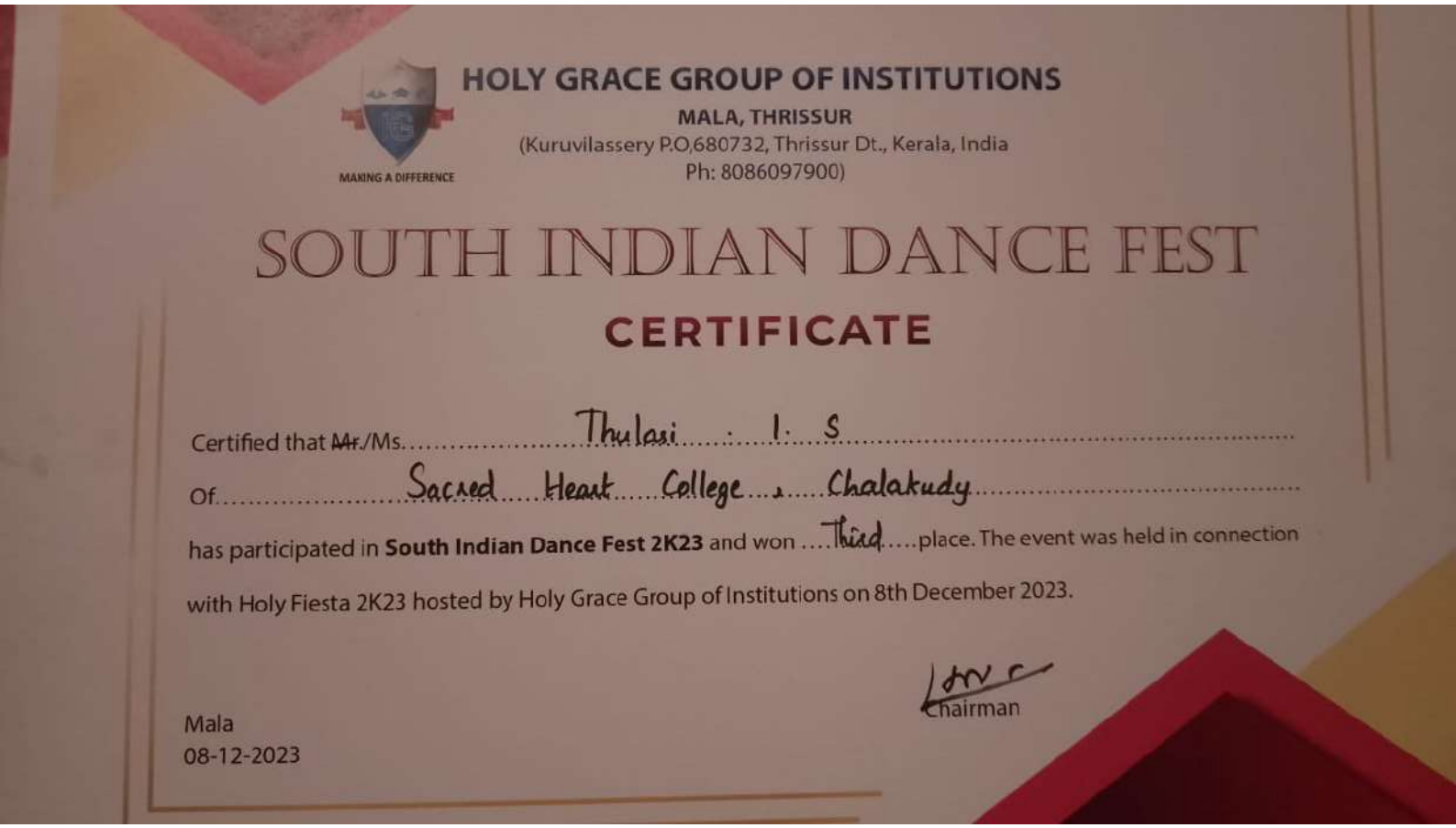
Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Mala
08-12-2023

Chairman

Holy Grace Academy of Management studies, Engineering, Pharmacy, Arts and Science , Poly Technic College.



HOLY GRACE GROUP OF INSTITUTIONS

MALA, THRISSUR

(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

MAKING A DIFFERENCE

SOUTH INDIAN DANCE FEST

CERTIFICATE

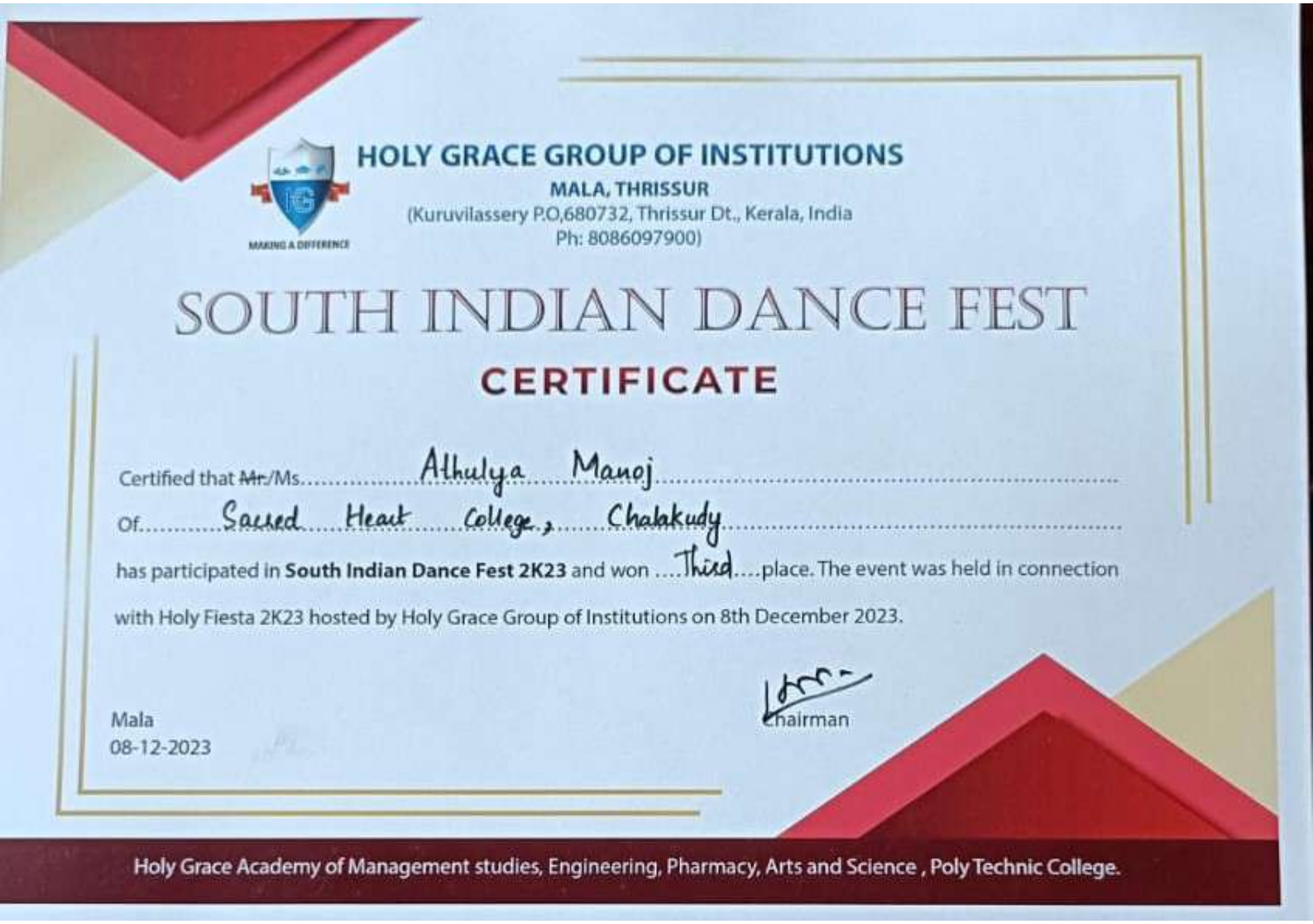
Certified that ~~Mr.~~/Ms. Thulasi . I. S

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Chairman

Mala
08-12-2023



HOLY GRACE GROUP OF INSTITUTIONS

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(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

MAKING A DIFFERENCE

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr.~~/Ms. Athulya Manoj

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Mala
08-12-2023

Chairman

Holy Grace Academy of Management studies, Engineering, Pharmacy, Arts and Science , Poly Technic College.



HOLY GRACE GROUP OF INSTITUTIONS
MALA, THRISSUR
(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr./~~Ms. Lakshmi Priya

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Mala
08-12-2023

Chairman

Holy Grace Academy of Management studies, Engineering, Pharmacy, Arts and Science , Poly Technic College.

HOLY GRACE GROUP OF INSTITUTIONS

MALA, THRISSUR

(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

MAKING A DIFFERENCE

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr.~~/Ms. Adithya Sai

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Chairman

Mala
08-12-2023

Holy Grace Academy of Management studies, Engineering, Pharmacy, Arts and Science , Poly Technic College.



MAKING A DIFFERENCE

HOLY GRACE GROUP OF INSTITUTIONS

MALA, THRISSUR

(Kuruvilassery P.O,680732, Thrissur Dt., Kerala, India
Ph: 8086097900)

SOUTH INDIAN DANCE FEST

CERTIFICATE

Certified that ~~Mr.~~/Ms. Chithra . M

Of Sacred Heart College, Chalakudy

has participated in **South Indian Dance Fest 2K23** and won Third place. The event was held in connection with Holy Fiesta 2K23 hosted by Holy Grace Group of Institutions on 8th December 2023.

Chairman

Mala
08-12-2023

SIMS MERAKI
NATIONAL LEVEL MANAGEMENT FEST

Certificate of Achievement

This is to certify (Mr./Ms.) Athulya Manoj

has won(1st/2nd) prize for Group Dance in

Meraki 2024 conducted by

Sahrdaya Institute of Management Studies, Kodakara, Thrissur

on 24th and 25th of October 2024.

Executive Director

Director

SAHRDAYA
INSTITUTE OF MANAGEMENT STUD
KODAKARA - THRISSUR - 680

Ph: +91 70251 65333 (M), Office: +91 81130 31122 (L)
Website: www.sahrdayasims.ac.in
Email:info@sahrdayasims.ac.in

SIMS MERAKI
NATIONAL LEVEL MANAGEMENT FEST

Certificate of Achievement

This is to certify (Mr./Ms.) Akshara Unnikrishnan

has won(1st/2nd) prize for Group Dance in

Meraki 2024 conducted by

Sahrdaya Institute of Management Studies , Kodakara, Thrissur

on 24th and 25th of October 2024.

Executive Director

Director

SAHRDAYA INSTITUTE OF MANAGEMENT STUDIES

SAHRDAYA
INSTITUTE OF MANAGEMENT STUDIES
KODAKARA - THRISSUR - 680684

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Website: www.sahrdayasims.ac.in
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SIMS MERAKI
NATIONAL LEVEL MANAGEMENT FEST

Certificate of Achievement

This is to certify (Mr./Ms.) Thulasi I S

has won(1st/2nd) prize for Group Dance in

Meraki 2024 conducted by

Sahrdaya Institute of Management Studies , Kodakara, Thrissur

on 24th and 25th of October 2024.

Executive Director

Director

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SAHRDAYA
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KODAKARA - THRISSUR - 680684

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SIMS MERAKI
NATIONAL LEVEL MANAGEMENT FEST

Certificate of Achievement

This is to certify (Mr./Ms.) Adithya Sasi

has won(1st/2nd) prize for Group Dance in

Meraki 2024 conducted by

Sahrdaya Institute of Management Studies, Kodakara, Thrissur

on 24th and 25th of October 2024.

Executive Director

Director

SAHRDAYA
INSTITUTE OF MANAGEMENT STUDIES
KODAKARA - THRISSUR - 680684

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Website: www.sahrdayasims.ac.in
Email:info@sahrdayasims.ac.in

SIMS MERAKI
NATIONAL LEVEL MANAGEMENT FEST

Certificate of Achievement

This is to certify (Mr./Ms.) Lakshmi Priya

has won(1st/2nd) prize for Group Dance in

Meraki 2024 conducted by

Sahrdaya Institute of Management Studies, Kodakara, Thrissur

on 24th and 25th of October 2024.

Executive Director

Director

SAHRDAYA
INSTITUTE OF MANAGEMENT STUDIES
KODAKARA - THRISSUR - 680684

Ph: +91 70251 65333 (M), Office: +91 81130 31122 (L)
Website: www.sahrdayasims.ac.in
Email:info@sahrdayasims.ac.in


M.E.S. ASMABI COLLEGE
P.VEMBALLUR, KODUNGALLUR
PG Department of Commerce and Management Studies
Certificate of Achievement
INVIERNO 2K24
This is to certify that ..Alisha Shaji.....
has Participated /Secured ..2nd Prize.....in the Inter Collegiate Management Fest
conducted by PG Department of Commerce & Management Studies
on Jan 13th 2024
Dr. Shahija V A / Reshma A R
Co-ordinators
Dr. K P Sumedhan
Director,
Self Financing Programmes
For Prof. (Dr.) A Biju
Principal



M.E.S. ASMABI COLLEGE
P. VEMBALLUR, KODUNGALLUR
PG Department of Commerce and Management Studies

Certificate of Achievement

INVIERNO 2K24

This is to certify that ....Thulasi. I.S.....

has Participated /Secured ..2nd Prize.....in the Inter Collegiate Management Fest

conducted by PG Department of Commerce & Management Studies

on Jan 13th 2024

Dr. Shahija V A / Reshma A R
Co-ordinators

Dr. K P Sumedhan
Director,
Self Financing Programmes

For Prof. (Dr.) A Biju
Principal


M.E.S. ASMABI COLLEGE
P.VEMBALLUR, KODUNGALLUR
PG Department of Commerce and Management Studies
Certificate of Achievement
INVIERNO 2K24
This is to certify that ...Akshara Unnikrishnan
has Participated /Secured ..2nd Prize.....in the Inter Collegiate Management Fest
conducted by PG Department of Commerce & Management Studies
on Jan 13th 2024
Dr. Shahija V A / Reshma A R
Co-ordinators
Dr. K P Sumedhan
Director,
Self Financing Programmes
For Prof. (Dr.) A Biju
Principal


M.E.S. ASMABI COLLEGE
P. VEMBALLUR, KODUNGALLUR
PG Department of Commerce and Management Studies
Certificate of Achievement
INVIERNO 2K24
This is to certify that ..Athulya Manoj.....
has Participated /Secured ..2nd Prize.....in the Inter Collegiate Management Fest
conducted by PG Department of Commerce & Management Studies
on Jan 13th 2024
Dr. Shahija V A / Reshma A R
Co-ordinators
Dr. K P Sumedhan
Director,
Self Financing Programmes
Prof. (Dr.) A Biju
Principal


CERTIFICATE
of Participation
LGR
Group Of Companies
This certificate is proudly presented to :
Thulasi I S
Has successfully participated in the Group Dance Competition organized by
LGR Group of Companies on 10-04-2024.
LGR TALENT FEST
10-04-2024
Queens Community Centre, Edakunnu
We acknowledge and appreciate your dedication, talent, and enthusiasm
displayed during the competition, making it a memorable event for all.
LEEDO GEORGE
Director
LGR Group of Companies

CERTIFICATE

of Participation

This certificate is proudly presented to :

Atitya Sasi

Has successfully participated in the Group Dance Competition organized by LGR Group of Companies on 10-04-2024.

LGR TALENT FEST

10-04-2024

Queens Community Centre, Edakunnu

We acknowledge and appreciate your dedication, talent, and enthusiasm displayed during the competition, making it a memorable event for all.

LEEDO GEORGE
Director
LGR Group of Companies

RTIFICATE

of Participation

This certificate is proudly presented to :

Chithra M

Has successfully participated in the Group Dance Competition organized by LGR Group of Companies on 10-04-2024.

LGR TALENT FEST

10-04-2024

Queens Community Centre, Edakunnu

We acknowledge and appreciate your dedication, talent, and enthusiasm displayed during the competition, making it a memorable event for all.

LEEDO GEORGE
Director
LGR Group of Companies

LGR
Group Of Companies

CERTIFICATE

of Participation

This certificate is proudly presented to :

Athulya Manoj

Has successfully participated in the Group Dance Competition organized by LGR Group of Companies on 10-04-2024.

LGR TALENT FEST

10-04-2024

Queens Community Centre, Edakunnu

We acknowledge and appreciate your dedication, talent, and enthusiasm displayed during the competition, making it a memorable event for all.

LEEDO

LEEDO GEORGE
Director
LGR Group of Companies

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LAQSHYA
TECHNO ★ CULTURAL MANAGEMENT ★ FEST 2023

This is to certify that

Mr./Ms. ATHULYA MANOJ

of SACRED HEART COLLEGE CHALAKUDY

has won the First/~~Second~~ prize

in RHYTHM REBELS competition

held during the National Level Inter Collegiate Cultural Fest "Talentzo 2K23"
as a part of LaQshya'23

on 19-12-2023.

Naipunnya
To reach the unreachable
Pongam, Koratty East
Thrissur District
Kerala-680 308

Ms. Vandana C. H.
Co-ordinator

Fr. Dr. Paulachan K. J.
Principal

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Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308

LAQSHYA
TECHNO ★ CULTURAL 2023
MANAGEMENT ★ FEST

This is to certify that

Mr./Ms. ALISHA SHAJI

of SACRED HEART COLLEGE CHALAKUDY

has won the First/~~Second~~ prize

in RHYTHM REBELS competition

held during the National Level Inter Collegiate Cultural Fest "Talentzo 2K23"

as a part of LaQshya'23

on 19-12-2023.

Naipunnya
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Thrissur District
Kerala-680 308
NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY

Ms. Vandana C. H.
Co-ordinator

Fr. Dr. Paulachan K. J.
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LAQSHYA TECHNO CULTURAL MANAGEMENT FEST 2023

This is to certify that

Mr./Ms. AKSHARA UNNIKRISHNAN

of SACRED HEART COLLGE CHALAKUDY

has won the First/~~Second~~ prize

in RHYTHM REBELS competition

held during the National Level Inter Collegiate Cultural Fest "Talentzo 2K23"

as a part of LaQshya'23

on 19-12-2023.

Ms. Vandana C. H.
Co-ordinator

Fr. Dr. Paulachan K. J.
Principal

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LAQSHYA TECHNO CULTURAL MANAGEMENT FEST 2023

This is to certify that

Mr./Ms. ADITHYA SASI

of SACRED HEART COLLEGE CHALAKUDY

has won the First/~~Second~~ prize

in RHYTHM REBELS competition

held during the National Level Inter Collegiate Cultural Fest "Talentzo 2K23"

as a part of LaQshya'23

on 19-12-2023.

Ms. Vandana C. H.
Co-ordinator

Fr. Dr. Paulachan K. J.
Principal

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Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308

LAQSHYA TECHNO CULTURAL MANAGEMENT FEST 2023

This is to certify that

Mr./Ms. CHITHRA M

of SACRED HEART COLLEGE CHALAKUDY

has won the First/~~Second~~ prize

in RHYTHM REBELS competition

held during the National Level Inter Collegiate Cultural Fest "Talentzo 2K23"

as a part of LaQshya'23

on 19-12-2023

Ms. Vandana C. H.
Co-ordinator

Fr. Dr. Paulachan K. J.
Principal

CHRIST COLLEGE (AUTONOMOUS),IRINJALAKUDA
THRISSUR, KERALA RE-ACCREDITED WITH 'A++' GRADE BY NAAC
NO.7 COY.23K BN NCC THRISSUR ERNAKULAM GROUP
KERALA AND LAKSHADWEEP DIRECTORATE

CERTIFICATE OF APPRECIATION

This is proudly presented to

ATHULYA MANOJ

For winning FIRST in INTER COLLEGE GROUP DANCE COMPETITION **TIRANGA 2.3** conducted on 14th August 2023 in context of 76th Independence Day.

Ashlin K Ashok
CSUO

Lt.Dr.Franco T Francis
ANO

Rev.Dr.Jolly Andrews CMI
Principal

EGE (AUTONOMOUS),IRINJALAKUDA
RALA RE-ACCREDITED WITH 'A++' GRADE BY NAAC
23K BN NCC THRISSUR ERNAKULAM GROUP
KERALA AND LAKSHADWEEP DIRECTORATE

CERTIFICATE OF APPRECIATION

This is proudly presented to

ADITHYA SASI

For winning FIRST in INTER COLLEGE GROUP DANCE COMPETITION **TIRANGA 2.3** conducted on 14th August 2023 in context with 77th Independence Day.

Ashlin K Ashok
CSUO

Lt.Dr.Franco T Francis
ANO

Rev.Dr.Wolly Andrews CMI
Principal

CHRIST COLLEGE (AUTONOMOUS),IRINJALAKUDA
THRISSUR, KERALA RE-ACCREDITED WITH 'A++' GRADE BY NAAC
KL-TCR/Y.23K BN NCC THRISSUR ERNAKULAM GROUP
KERALA AND LAKSHADWEEP DIRECTORATE

CERTIFICATE OF APPRECIATION

This is proudly presented to

CHITHRA M

For winning FIRST in INTER COLLEGE GROUP DANCE COMPETITION **TIRANGA 2.3** conducted on 14th August 2023 in context of 78th Independence Day

Ashlin K Ashok	**Lt.Dr.Franco T Francis**	**Rev.Dr.Jolly Andrews CMI**
CSUO	**ANO**	**Principal**



SCMS SCHOOL OF TECHNOLOGY AND MANAGEMENT

PRATHAP NAGAR, MUTTOM, ALUVA, COCHIN - 683 106, KERALA, INDIA

Accredited by NAAC with 'A+' Grade and MBA Programme Accredited by NBA & ACBSP
Approved by All India Council for Technical Education & Affiliated to M.G University

Sl. No.' 045

AROHA 2024

Certificate of Merit

This is to certify that ~~Mr~~/Ms. Thulasi I·S of Sacred Heart Chalakkudy has won

First/Second position in the event titled ..... at AROHA-2024 inter college

UG fest conducted by SCMS School of Technology and Management, Prathap Nagar, Muttom, Aluva, on 22/01/2024.

SCMS SCHOOL OF TECHNOLOGY & MANAGEMENT ALUVA

Place : Cochin
Date : 22.01.2024

Dr. G. Sashikumar
Principal, SSTM

Dr. Radha Thevannoor
Registrar & Group Director
SCMS Group of Educational Institutions

SCMS SCHOOL OF TECHNOLOGY AND MANAGEMENT

PRATHAP NAGAR, MUTTOM, ALUVA, COCHIN - 683 106, KERALA, INDIA

Accredited by NAAC with 'A+' Grade and MBA Programme Accredited by NBA & ACBSP
Approved by All India Council for Technical Education & Affiliated to M.G University

Sl. No: 017

AROHA 2024

Certificate of Merit

This is to certify that ~~Mr~~/Ms. Chithra M of Sacred Heart Chalakkudy has won ~~First~~/Second position in the event titled Group Dance at AROHA-2024 inter college UG fest conducted by SCMS School of Technology and Management, Prathap Nagar, Muttom, Aluva, on 22/01/2024.

SCMS SCHOOL OF TECHNOLOGY & MANAGEMENT * ALUVA 683 106

Place : Cochin
Date : 22.01.2024

Dr. G. Sashikumar
Principal, SSTM

Dr. Radha Thevannoor
Registrar & Group Director
SCMS Group of Educational Institutions

SCMS SCHOOL OF TECHNOLOGY AND MANAGEMENT

PRATHAP NAGAR, MUTTOM, ALUVA, COCHIN - 683 106, KERALA, INDIA

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Approved by All India Council for Technical Education & Affiliated to M.G University

Sl. No. 020

AROHA 2024

Certificate of Merit

This is to certify that ~~Mr~~/Ms. Athulya Manoj of Sacred Heart Chalakkudy has won ~~First~~/Second position in the event titled Group Dance at AROHA-2024 inter college UG fest conducted by SCMS School of Technology and Management, Prathap Nagar, Muttom, Aluva, on 22/01/2024.

Place : Cochin
Date : 22.01.2024

SCMS SCHOOL OF TECHNOLOGY & MANAGEMENT ALUVA 683 106

Dr. G. Sashikumar
Principal, SSTM

Dr. Radha Thevannoor
Registrar & Group Director
SCMS Group of Educational Institutions

ST.JOSEPH'S COLLEGE (AUTONOMOUS)

Irinjalakuda, Kerala, India
College with Potential for Excellence
NAAC accredited with 'A' Grade

Certificate

Awarded to

Mr. / Ms. ALISHA SHAJI

of SACRED HEART COLLEGE CHALAKUDY

for ~~securing~~ / participating in the state level Inter collegiate physics Quiz Competition 'PHYSIKOS-2022'

conducted by the Department of Physics on 28-10-2022

COORDINATOR H.O.D. PRINCIPAL

ST.JOSEPH'S COLLEGE (A) PIN 680 121