

Soft Tennis Coaching Camp 2019

A Soft Tennis coaching camp was conducted for the selected students of our campus at the Nayarangadi Govt. LP school Tennis court from 17th August to 1st September 2019. Selection was based on their performance and skills. Eight students were selected and a coaching of two weeks was given to them, under the leadership of Mr. Abhi S, former State Winner of Tennis. The camp mainly focused on improving the skills of the students and to shape them for the inter-collegiate tournaments. Fore and Backhand strokes, Slice shots, Lob shots and Drop shots were dealt in the first week. The second week was mainly used to improve the service techniques and the coordination between the players while playing doubles. Several practice matches including singles and doubles were played by the students to increase their coordination and capability to judge the ball. The camp ended on the 1st of July 2019.

List of students

Organised by: Department of Physical Education

Date : 17/08/2019 to 01/09/2019

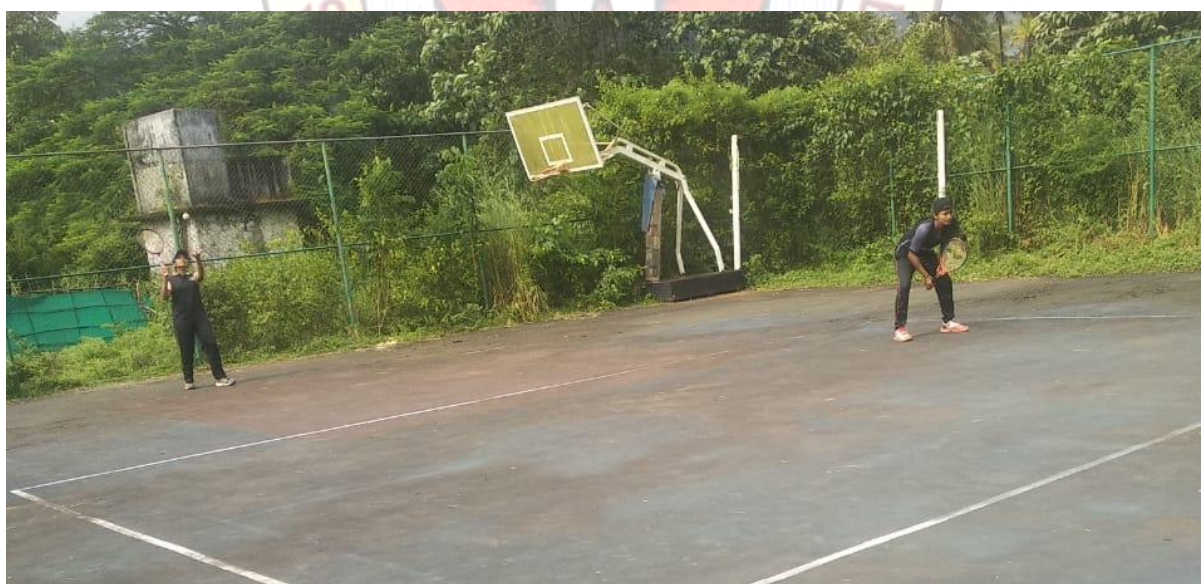
Venue : Nayarangadi Govt LP School Tennis Court

Duration of the programme: 42 Hrs

Resource Person : Mr Abhi S

List of Participants:

Sl No.	Name of the student	Department	Signature/Status
1.	Archana S	Chemistry	Present
2.	Dalna Davis	Zoology	Present
3.	Diya Pauly	English	Present
4.	Rugiya Winson	English	Present
5.	Josna Jose	Economics	Present
6.	Anju M A	Economics	Present
7.	Adithya P M	Economics	Present
8.	Aswathy V A	Bcom	Present



Students playing practise matches during the camp