



SACRED HEART COLLEGE, CHALAKUDY

(AFFILIATED TO UNIVERSITY OF CALICUT)
THRISSUR, KERALA - 680307

AQAR 2023-24

CRITERION VII

**Action Plan for Promoting Gender Sensitization and Empowerment at
Sacred Heart College (2023-2024)**



Submitted to

National Assessment and Accreditation Council

Action Plan for Promoting Gender Sensitization and Empowerment at Sacred Heart College (2023-2024)

1. Strengthening Safety and Security Measures

Objective: Ensure that students feel safe and protected, both physically and emotionally, within the college premises.

2. Enhancing Health and Wellness Programs

Objective: Promote physical and mental well-being among female students with a special focus on gender-specific health issues.

3. Conducting Gender Sensitization Workshops and Events

Objective: Raise awareness and educate the college community on gender equality, empowerment, and inclusivity.

4. Supporting Academic and Career Growth for Female Students

Objective: Empower female students academically and professionally through skill-building and career development initiatives.

5. Promoting Physical Fitness and Sports for Female Students

Objective: Encourage female participation in sports and physical activities to promote physical health and self-confidence.

6. Fostering a Gender-Inclusive Campus Culture

Objective: Establish policies and initiatives that challenge gender stereotypes and promote inclusivity.

7. Monitoring and Evaluation

Objective: Conduct bi-annual reviews to assess the effectiveness of these initiatives through feedback from students and faculty.