



SACRED HEART COLLEGE, CHALAKUDY

(AFFILIATED TO UNIVERSITY OF CALICUT)
THRISSUR, KERALA - 680307

AQAR 2023-24

CRITERION VII

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens



Submitted to
National Assessment and Accreditation Council

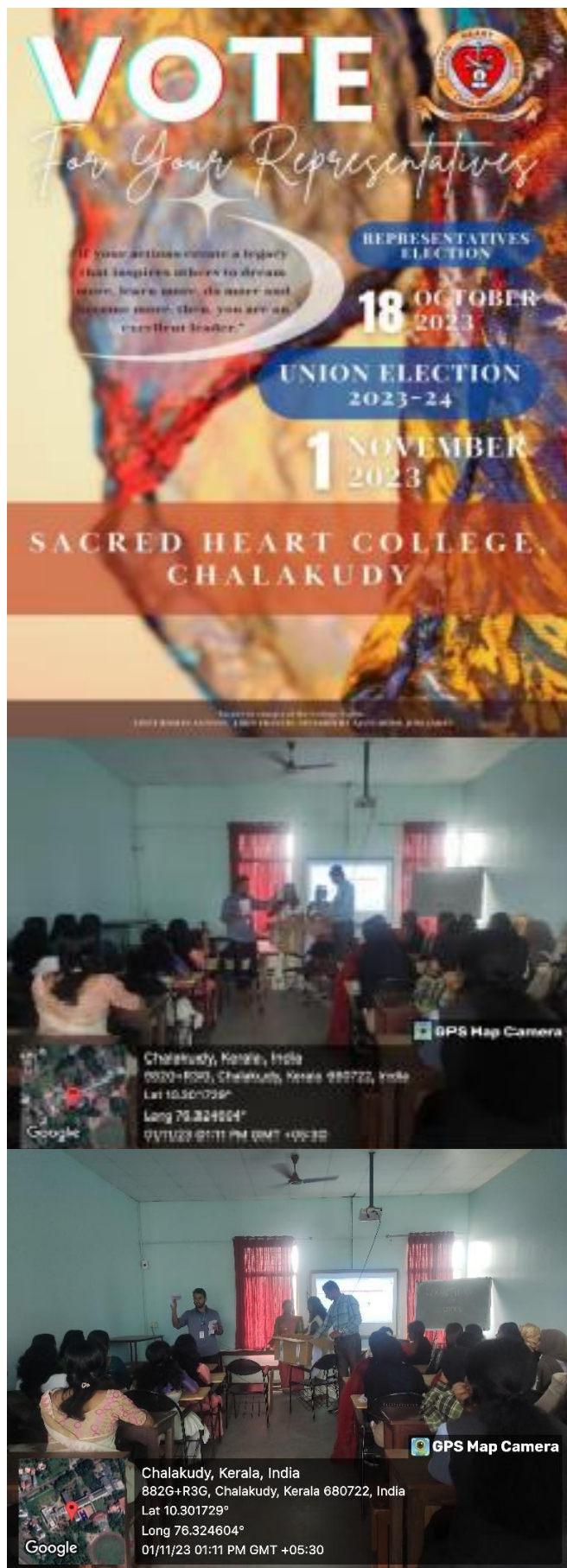
COLLEGE UNION ELECTIONS 2023

The College Union Elections at Sacred Heart College, Chalakudy, were a remarkable event, characterized by a vibrant and engaging atmosphere. In line with the recommendations of the Lyngdoh Committee Report, our college adhered to the Parliamentary mode of elections.

On the 18th of November 2023, Phase I of the elections was held, focusing on the selection of Class Representatives. Sixty-two elected representatives actively participated in the Phase II of the Election Process and submitted their nominations for the 22 main office bearers between the 18th and 20th of November. These nominations were submitted to the Union-in-Charges, consisting of Ms. Linet Roslin Antony, Libin Francis, Niveditha Ajayghosh, and Mr. Jose James. Notably, the withdrawal of nominations was allowed until the 20th of November 2023.

Following a scrutiny and review process conducted by the Returning Officer, Ms. Linet Roslin Antony, the finalized list of nominations was made public on the 20th of November 2023 at 3:00 pm. With that, the candidates commenced their election campaigns, with the main campaign event, 'Meet the Candidate,' taking place on the 26th of November 2023. This event added intensity and excitement to the Election for the Student Union.

On the designated voting day, all 62 representatives exercised their voting rights between 9:30 am and 12:30 pm. Subsequently, the vote counting process was carried out with great anticipation and transparency from



2:00 pm to 3:00 pm.

The climax of this electoral journey arrived when the Principal of the college announced the elected office bearers at 3:00 pm. The announcement was met with resounding applause and an atmosphere filled with heightened enthusiasm, uplifting the spirits of the whole college.



SACRED HEART COLLEGE, CHALAKUDY

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(Affiliated to University of Calicut & Re-accredited with A* Grade by NAAC, CGPA 3.28)

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Date :

Union Election 2023 - List of Elected Union Office Bearers

1 November 2023

No	Designation	Name	Class
1.	The Chairperson	Alaisha Christy Jophy	II BCom Finance
2.	The Vice Chairperson	Farsana K S	II BSc Physics
3.	The Secretary	Subi A	II IMSc Psychology
4.	Joint Secretary	Roselin Maria Thomas	II IMSc Psychology
5.	Councillor to the Calicut University Union	Krishnapriya K K	II BSc Zoology
6.	The Secretary, Fine Arts	I S Ardra	II BCom Co-operation
7.	The Chief Student Editor	Nirupama K S	I BCom Finance
8.	The General Captain for Sports and Games	Kesiya Poullose	I IMSc Psychology
9.	Representative of I DC	Sivani T G	I BA Economics
10.	Representative of II DC	Sandra Shajan	II BA Economics
11.	Representative of III DC	Sona Joy	III BCom Finance
12.	Representative of P.G	Sumbula P E	I M.Sc. Zoology



13.	The Secretary of Economics Association	Devika A J	I BA Economics
14.	The Secretary of Physics Association	Alisha Shaji	III BSc Physics
15.	The Secretary of Zoology Association	Anagha P V	III BSc Zoology
16.	The Secretary of History Association	Sruthi Raj P	II BA History
17.	The Secretary of English Association	Swathy K Chandran	I MA English
18.	The Secretary of Chemistry Association	Shiga P Sunilkumar	II BSc Chemistry
19.	The Secretary of Commerce Association	Nirupama K S	I BCom Finance
20.	The Secretary of Mathematics Association	Niba	I MSc Mathematics
21.	The Secretary of Computer Science Association	Varsha Vijay	I MSc Computer Science
22.	The Secretary of Psychology Association	Alfia A A	I IMSc Psychology

Linat
Returning Officer


Principal

PRINCIPAL
SACRED HEART COLLEGE
CHALAKUDY



Manipur Solidarity Rally

The College Union, NSS & Women Cell of Sacred Heart College, Chalakudy, organised the Manipur Solidarity Rally on 25/07/2023. The preparatory discussion regarding the heart-hitting controversies in Manipur started at 11:00 am. Ms. Smitha Davis, Assistant Professor & Head, gave an outlook on how to empathetically view and solidarize with the people, especially women, of Manipur. Ms. Linet Roslin Antony, Mr. Libin Francis and Ms. Niveditha Ajaygosh, (Union-in-Charges) provided further discussions on the same. Many students shared their genuine point of view regarding the issue. Students also actively made rally slogans and placards during the discussion session.



The procession began with about 200 students at 12:30 pm when Dr. Sr. Irene, Principal, Sacred Heart College, Chalakudy, flagged off the Solidarity Rally with words of support. Many faculties also joined the rally to extend their solidarity to all the victims of the outbursts in Manipur. The College Union collected about 1000 signatures from the people who supported the cause while the rally marched throughout the township of Chalakudy. An official petition was initiated to the Prime Minister of India, to take the proper action to save Manipur and to stop the attacks as soon as possible.

Independence Day Celebrations and Meri Maati Mera Desh (MMMD)

The NSS Units 76 and 84, celebrated Independence Day and Meri Maati Mera Desh in Sacred Heart College Chalakudy on 15 August, 2023.

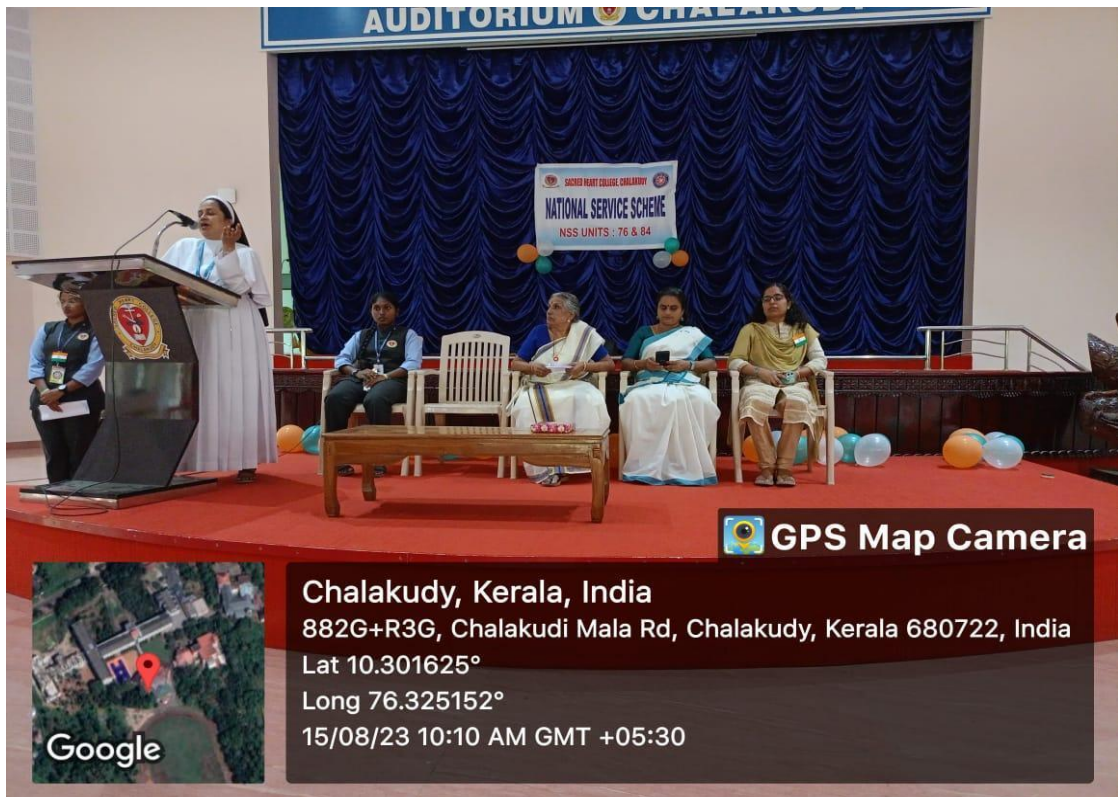
The celebrations started off with the flag hoisting ceremony in the college premises and was followed by Raastraganam. The program was led by NSS PO Dr. Vijitha Mukundan and Dr. Jesmy Jose, Department of Physical Education. Dr. Sr. Irene, Principal, Sacred Heart College, Chalakudy gave the message of the day. It was followed by an oath taking ceremony in which the Panch Pran Pledge was taken by volunteers. NSS volunteers sang patriotic songs and sweets were distributed to the gatherings.

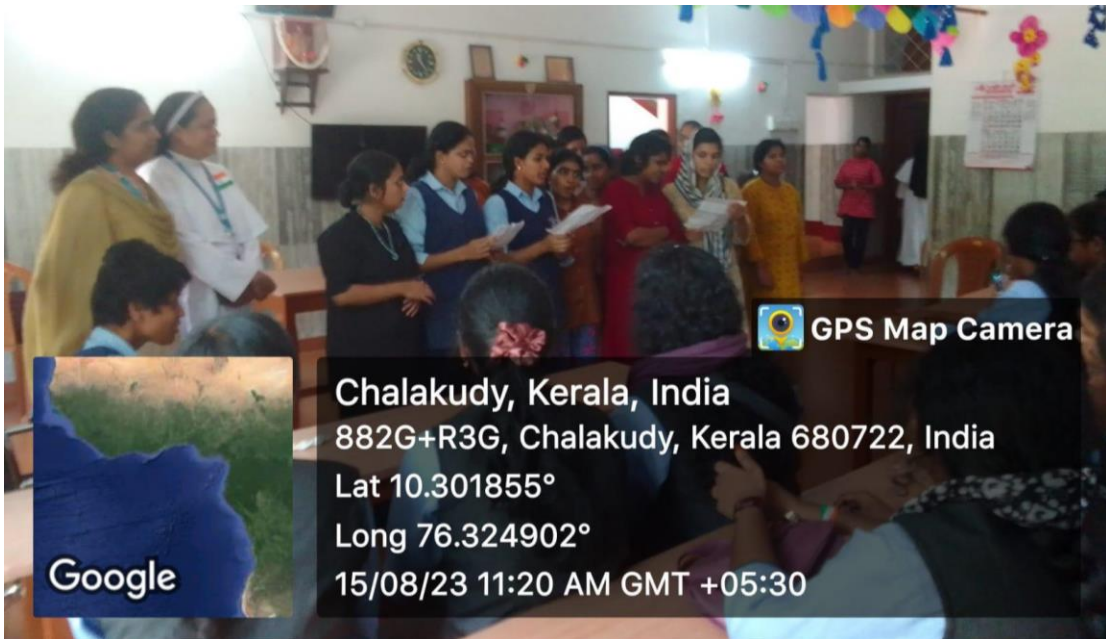
A quiz competition was conducted on Independence Day by NSS leader Rajeswari E.L. Volunteers actively took part in the competition and winners were awarded with prizes.

Veero Ka Vandan- honoring freedom fighters/braves/retired defense personnel who protect the nation & families of braves was conducted in the College Auditorium. The program was conducted to honor the freedom fighter Late K. Madhavan Nair - former standing committee chairman Chalakudy municipality. NSS leader Rajeswari E.L delivered the welcome speech. Principal Dr. Sr. Irene presided over the function. Fathima V.H of I BA History delivered a speech on Independence Day. She verbalized the life of struggle led by freedom fighters to emancipate India from the clutches of British rule. Radha M Nair WO Late K. Madhavan Nair was honored by Principal Dr. Sr. Irene and Ward Councillor Bindu Sasikumar. The latter felicitated the gatherings with words of inspiration. Vote of thanks was proposed by NSS PO Dr. Vijitha Mukundan.

NSS volunteers directed by Principal Dr. Sr. Irene and NSS PO Dr. Vijitha Mukundan visited Santhi Bhavan Chalakudy - Social center for physically handicapped girls. Volunteers distributed sweets to the inmates, interacted with them and many cultural items were presented. The inmates of Santhi Bhavan also presented various activities. The volunteers spent much time with the inmates and they realized their social responsibilities too.







Voter Registration Campaign

The NSS units 76 & 84 of Sacred Heart College, Chalakudy in association with Electoral Literacy Club organized “New Voter Registration Campaign” in the college premises on 28-11-2023 from 01:00 pm, wherein inmates of Sacred Heart College, Chalakudy successfully registered their name in the Voter’s list. The event was coordinated by Dr. Vijitha Mukundan, ELC Coordinator, Student ambassadors and members. Students were asked to install the Voters helpline app in their mobile phones. Shri. Pookaya I.K, Deputy Tahsildar, Chalakudy gave an orientation to students emphasizing on the significance of registering their names in the voters list. Officials of Election Office Mr. Ashin and Ms. Anusree, NSS Volunteers Ms. Siya Santhosh, Ms. Rajeswari K L, Ms. Resha P, Ms. Ashima Shibu, Ms. Judevina Martin helped students in registering their name in the Voters list.







World Environmental Day

The World Environmental Day was conducted at Sacred Heart College, Chalakudy by the NSS units 76 and 84 in concert with the Kerala Wildlife and Forest Department, Thrissur on 5 June 2023 at 9:30 AM in the college auditorium. The World Environmental Day is organised worldwide for letting people know about the importance of conserving nature and it's elements. To promote that concept, respected guests started the event by planting the saplings. The official programme started with a prayer. Mr. B. Sajeesh Kumar, Deputy Conservator of Forests, Social Forestry Division, Thrissur, delivered the welcome address which was followed by Mr. Ebby George, Municipal Chairman, Chalakkudy delivering the presidential address. The inauguration was conducted by Mr. T. J. Saneesh Kumar Joseph MLA, Chalakudy by lighting the lamp along with appreciating the green campus and it's neat maintenance. The keynote lecture was rendered by Mr. K. R. Anoop IFS, Chief Conservator of Forests, Central Circle, Thrissur. The lecture was a literal token of knowledge for the students. Dr. Sr. Irene, Principal, Sacred Heart College, Chalakudy, distributed the saplings to the Heads of the various departments and student representatives. The felicitation notes were delivered by Mr. Sambudha Majumdar IFS, Divisional Forest Officer, Chalakudy, Mr. S. Jayashankar, Divisional Forest Officer, Thrissur, Ms. Bindu Sasikumar, Municipal Councillor, Chalakudy, Mr. Anas M. A., Asst. Conservator of Forests, SIP, Thrissur, Mrs. R. Lakshmi, Divisional Forest Officer, Vazhachal, Mr. Prabu P. M., Mr. Anuraj B. R., Dr. Neetha V., Asst. Prof., Dept. of Zoology, Sacred Heart College, Chalakudy, Ms. Gouri Nandan, NSS Volunteer, Mr. Sebastian C. O., Range Forest Officer, Chalakudy, verbalized words of gratitude.



Guests planting the sapling at the beginning of the event



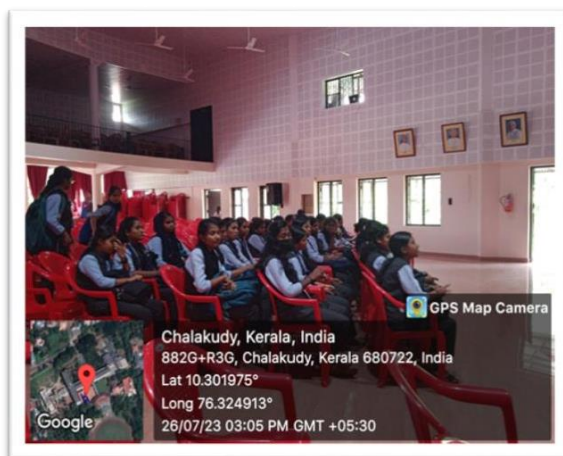
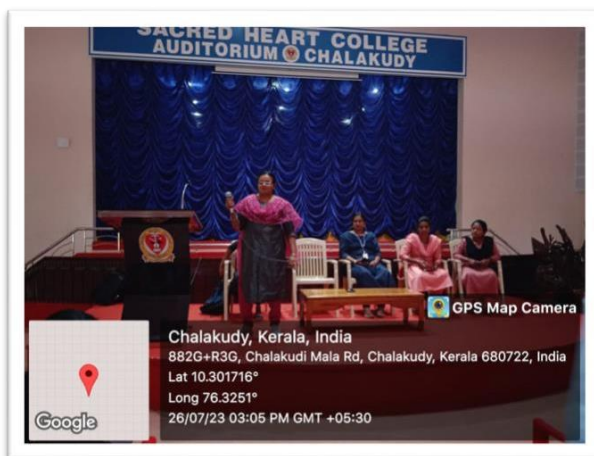
Mr. T. J. Saneesh Kumar Joseph, MLA, Chalakudy along with other guests officially inaugurating the event



Audience with the distributed saplings

Suchitwa Mission

On 26 July 2023, the NSS units 76 and 84 of Sacred Heart College, Chalakudy in coordination with Suchitwa Mission (Local Self Government Department, Kerala) have organised Swachh Survekshan, a voting event in order to create a well planned waste disposal method for Chalakudy Municipality in the College Auditorium of Sacred Heart College, Chalakudy. A few NSS volunteers voted for Chalakudy Municipality expressing their solidarity to waste management collection drive of Chalakudy Municipality.



Awareness on Drug Abuse

The NSS units 76 and 84 of Sacred Heart College, Chalakudy have organised a social awareness on drug abuse in coordination with ASAAD Sena and Anti-narcotics Cell on 26 September 2023. NSS volunteers and all the students along with the faculty members concerned have participated in this collective social event. The programme started with students taking pledge followed by a human chain formation through the streets of Chalakudy and an awareness rally to Railway Station, Chalakudy.





Sargameet

The NSS volunteers of units 76 & 84 of the college extended their services to the display of talents of the disabled children of AVARD, an NGO, Chalakudy established for the physically and mentally challenged on 06 January 2024 in the Sacred Heart College Auditorium. An exhibition-cum-sale of the products made by the associates of AVARD was arranged on the same day. The volunteers were divided into many groups like transportation, cultural, food and refreshments etc. NSS volunteers rendered their full support in the smooth conduction of this function.



Constitution Day

As a part of the 74 Constitution Day programmes, the Preamble of the Indian Constitution was read out by Dr. Sr. Irene, the College Principal in the College Auditorium of Sacred Heart College, Chalakudy, on 27 November 2023. The assemblage unanimously declared India to be a sovereign socialist secular democratic republic committed to justice, equality, and liberty for the people. The initiative was jointly coordinated by IQAC and NSS units 76 & 84 of Sacred Heart College, Chalakudy.

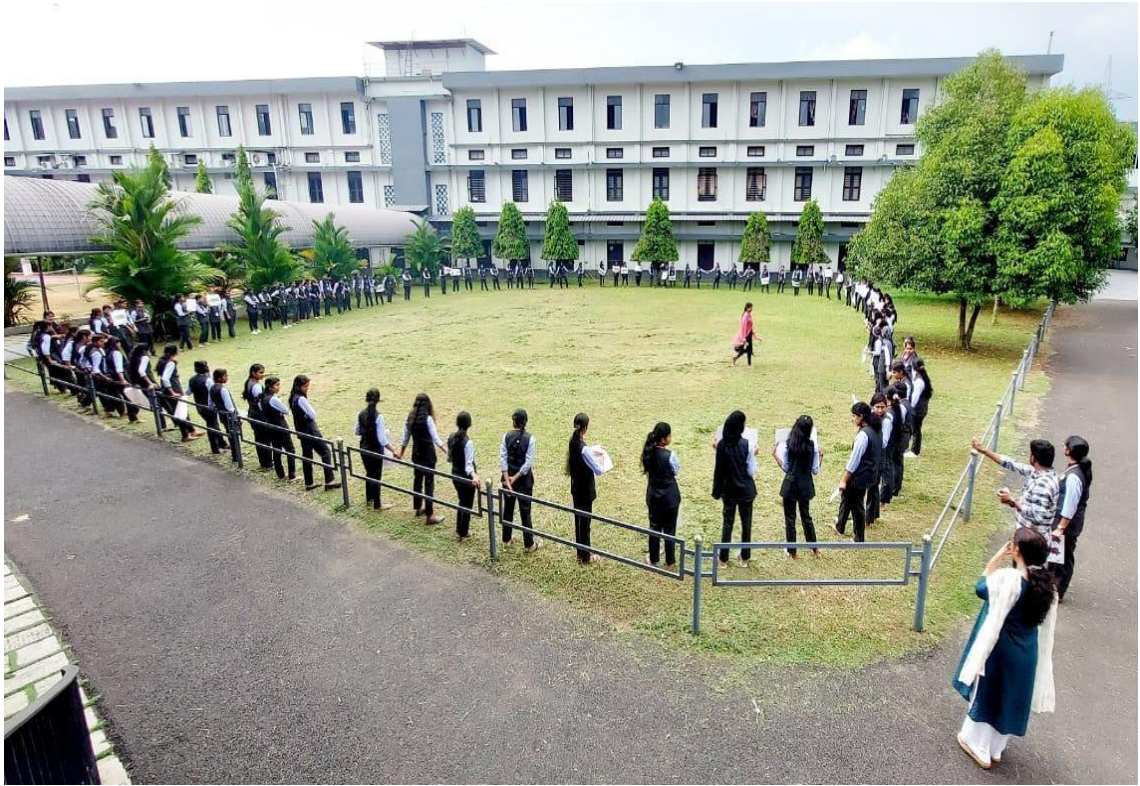


Principal reading out the Preamble of the Indian Constitution

Waste free New Kerala

In connection with the “Waste free New Kerala” Campaign several programmes were conducted by NSS Units 76 and 84 in association with District Suchitwa Mission Thrissur on 23 November 2023 at SH College Auditorium. An orientation was given by Mr. Rajinesh Rajan, Program Officer, Suchitwa Mission. Ms. Sonia M S, YP, Chalakudy Municipality conducted the oath taking ceremony. Volunteers also participated actively in the Signature Campaign and Human Chain Formation.





GPS Map Camera

Chalakydy, Kerala, India

882G+R3G, Chalakudi Mala Rd, Chalakudy, Kerala 680722, India

Lat 10.301747°

Long 76.325173°

22/11/23 02:45 PM GMT +05:30

Google



 GPS Map Camera



Google

Chalakudy, Kerala, India

882G+R3G, Chalakudi Mala Rd, Chalakudy, Kerala 680722, India

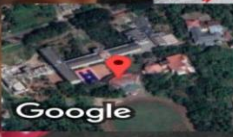
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Long 76.32517°

22/11/23 02:47 PM GMT +05:30



 GPS Map Camera



Google

Chalakudy, Kerala, India

882G+R3G, Chalakudi Mala Rd, Chalakudy, Kerala 680722, India

Lat 10.301805°

Long 76.325168°

22/11/23 02:49 PM GMT +05:30

Awareness Rally

The NSS volunteers of units 76 and 84 of Sacred Heart College, Chalakudy, conducted an awareness rally to Railway Station, Chalakudy on 11 Dec 2023 sensitizing the masses to take effectual measures to eliminate unchecked violence against women. The rally turned out to be a rallying cry to put an end to all kinds of violence against women.



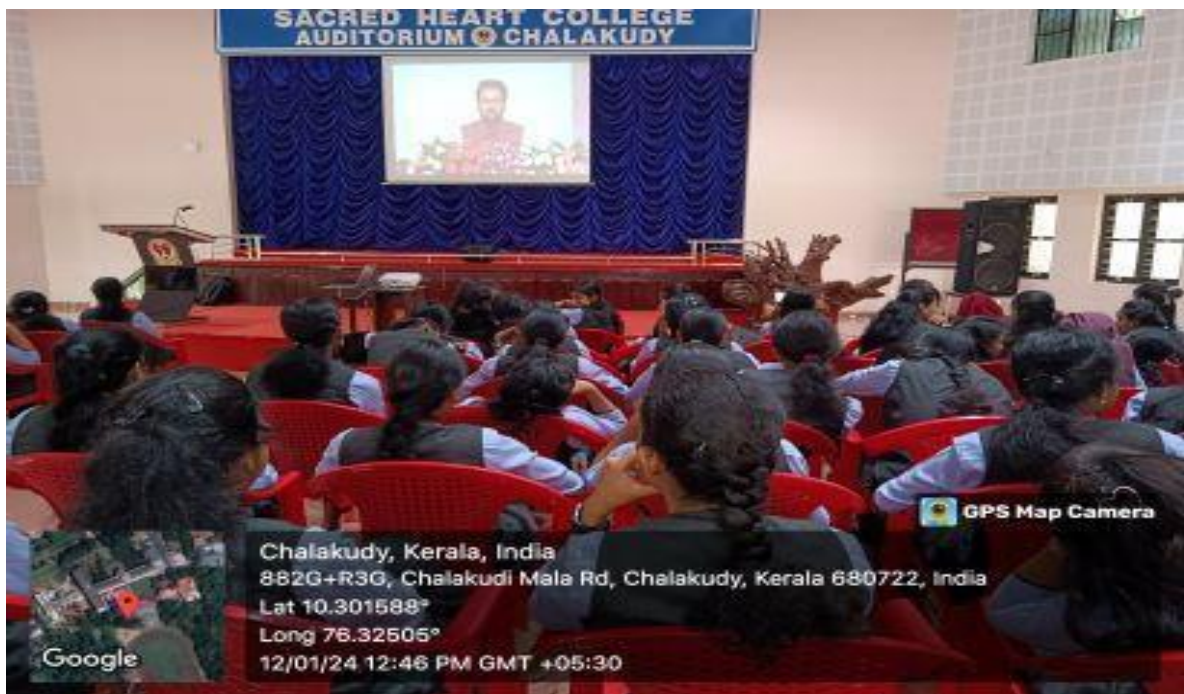
NSS volunteers taking part in the awareness rally

National Youth Day

The NSS Units 76 and 84 of Sacred Heart College, Chalakudy, in collaboration with the Internal Quality Assurance Cell (IQAC), organized a special event on January 12, 2024, to celebrate National Youth Day. As part of the celebration, a mass viewing facility was set up in the College Auditorium, allowing students, staff, and faculty to listen to a live address by the Honorable Prime Minister of India, Mr. Narendra Modi.

The Prime Minister's address, delivered on the occasion of National Youth Day, was aimed at inspiring and motivating the youth of the nation. The event was an important occasion for students to engage with the national discourse on youth empowerment and the role of young people in shaping the future of the country.

The initiative was part of the college's ongoing efforts to promote values of leadership, empowerment, and social responsibility among students. By providing this platform for the live broadcast of such a significant address, the NSS Units and IQAC aimed to foster a sense of national pride and motivate the students to actively contribute to society's growth.



Inaugural Ceremony of National Youth Day



Mass Viewing of the Inaugural Ceremony of National Youth Day

E-Waste Unplugged

The Department of Economics & Eco Club jointly organized an invited lecture titled "E-Waste Unplugged" on August 10, 2023. The topic was "Towards a Greener Tomorrow: Nurturing a Sustainable World for Generations to Come." Mr. Ashik John (Managing Director of Progressive E Recycling & Trading) and Mr. Nirmal (CEO of Progressive E Recycling & Trading) were the resource persons for the same. Mr. Ashik John delivered a talk on "Towards a Greener Tomorrow: Nurturing a Sustainable World for Generations to Come."



The poster features a light green background with a wavy pattern at the top and bottom. At the top left is the Sacred Heart College logo, a circular emblem with a heart and text. To its right, the college name and accreditation details are listed. At the top right is a green circular recycling symbol with the words 'Reduce', 'Reuse', and 'Recycle' around it. The main title 'ECOSOC Organizes E-WASTE UNPLUGGED' is in large, bold, green letters. Below the title is an illustration of a man in a striped shirt standing next to a large pile of electronic waste, including laptops, monitors, and cardboard boxes. Below the illustration, the guest speaker's name and title are listed. At the bottom, the date, time, and location are provided, along with a small clock icon. The footer includes the text 'An initiative of the Department of Economics & Eco Club' and a small circular logo at the very bottom.

Sacred Heart College, Chalakudy
Light shines in darkness
Govt Aided College, Affiliated to the University of Calicut
Re-accredited by NAAC with A+ grade in 2023 (4th cycle)

ECOSOC
Organizes
E-WASTE UNPLUGGED

Guest Speaker
Mr. Ashik John
Managing Director
Progressive E-Recycling & Trading

 *10-August-2023*  *Auditorium*

 *10:00 AM IST*

*An initiative of the Department of Economics
& Eco Club*





Green Couture: Fashion with Purpose

The Department of Economics, in collaboration with E Progressive Waste, Eco Club, IQAC, and IIC, organized the "Green Couture - Fashion with Purpose" interdepartmental fashion contest on October 18, 2023, at the College Auditorium. Seven teams presented innovative and sustainable costume designs, captivating the audience and judges. The event showcased the intersection of fashion and sustainability, with the Department of Economics emerging as champions, winning a 2000 INR cash prize sponsored by E Progressive Waste. The Department of Commerce secured the first runner-up position, earning a 1000 INR cash award from IQAC. Individual honors went to Smruthi Rajesh as the Best Costume Designer and Els Maria as Miss Ramp Walk. The event marked a commendable contribution to both fashion and sustainability within the college community, showcasing the seamless integration of creative design and eco-conscious initiatives.





The Green Start Series

The Green Start Series event, titled "Trading of Green Write Pens: To Write for a Greener Tomorrow," was organized by the ED Club and the PG Department of Commerce in association with the IQAC at Sacred Heart College, Chalakudy. Held on 12th October 2023 in the college auditorium, the program focused on promoting sustainable practices through the use of eco-friendly pens. The event aimed to encourage students and staff to adopt greener alternatives in their daily writing activities, symbolizing a step towards a more environmentally conscious future.

The series was inaugurated by Dr. Sr. Irene, Principal of Sacred Heart College, who highlighted the importance of sustainability and innovation in shaping a greener tomorrow. This event marks the beginning of the "Green Start" initiative, which aims to instill environmental responsibility through various activities, starting with simple changes like using green pens. The program concluded with a motivational call to continue adopting green habits and making thoughtful choices for the environment. The positive energy and forward-thinking agenda set by the inaugural session have created a strong foundation for future activities in the series.

**ED CLUB & PG DEPARTMENT OF
COMMERCE**

in association with IQAC

organizes

**GREEN START
SERIES _I_**

Trading of Green Write Pens
to write for a Greener Tomorrow

 12 October 2023  Auditorium

Stay Tuned!

Inauguration :



*Dr. Sr. Irene
Principal
Sacred Heart College, Chalakudy*



Human Rights Day

On December 11, 2023, Sacred Heart College, Chalakudy, commemorated Human Rights Day with a pledge ceremony and various programs to raise awareness on the significance of human rights. The event took place in a classroom where a large group of students, faculty, and staff gathered.

The session started with a solemn pledge where participants committed themselves to uphold and respect human rights in all aspects of life. The event also included discussions and presentations aimed at educating the students about the importance of protecting and promoting human rights globally and locally.

A mural on the classroom wall that read “All the world’s a stage,” further set the tone for the occasion, highlighting themes of equality, justice, and dignity for all. The diverse group of participants symbolized unity in support of the cause, emphasizing the importance of human rights for everyone regardless of background or identity.

The program underscored Sacred Heart College's commitment to advocating for a just and equitable society through education and active participation in global issues like human rights.





Systematic Voters' Education and Electoral Participation (SVEEP)

Several volunteers, dressed in their signature pink uniforms, set up help desks where students, faculty, and members of the local community could verify and update their voter details. The program included guidance on the steps for correcting or adding names to the electoral rolls. NSS volunteers actively assisted citizens by providing necessary forms, helping them fill out details, and submitting required documents, ensuring a smooth process for everyone involved.

The event saw active participation, especially from older members of the community, who received assistance with technology and document verification. The posters and banners displayed at the venue indicated the involvement of the Systematic Voters' Education and Electoral Participation (SVEEP) initiative, reflecting the college's commitment to promoting democratic participation and electoral awareness.

This NSS-driven effort demonstrates the college's dedication to social responsibility and civic engagement, ensuring that every eligible citizen has the opportunity to participate in the electoral process.



Republic Day

On January 26, 2024, Sacred Heart College, Chalakudy, held a vibrant Republic Day celebration, marked by the hoisting of the Indian national flag. The ceremony, attended by faculty, students, and staff, began with a solemn flag hoisting by one of the senior faculty members, symbolizing the nation's unity and pride.

Students gathered around the flag, showing their respect and patriotism during the event. The atmosphere was filled with enthusiasm as the tricolor fluttered proudly. The participants were dressed in their formal attire, adding to the solemnity of the occasion.

The Republic Day event at Sacred Heart College served as a reminder of the values of democracy, justice, liberty, and equality enshrined in the Indian Constitution. It also provided an opportunity for students to reflect on their responsibilities as citizens and the importance of upholding the country's democratic principles.

This annual celebration of Republic Day showcases the college's dedication to nurturing responsible and patriotic individuals, aware of their roles in the nation's progress.

